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# U. S. DEPARTMENT OF AGRICULTURE,

BUREAU OF CHEMISTRY—BULLETIN No. 84, PART IV.

H. W. WILEY, CHIEF OF BUREAU.

# INFLUENCE OF FOOD PRESERVATIVES AND ARTIFICIAL COLORS ON DIGESTION AND HEALTH.

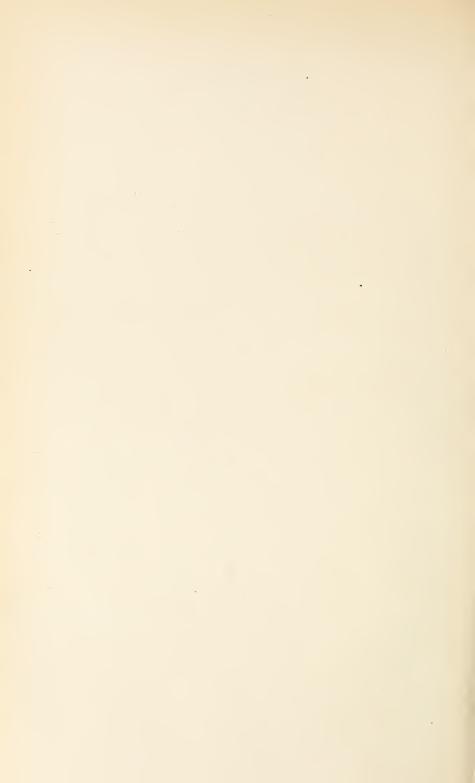
# IV.—BENZOIC ACID AND BENZOATES.

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# LETTER OF TRANSMITTAL.

United States Department of Agriculture,
Bureau of Chemistry,
Washington, D. C., December 26, 1907.

Sir: I beg to submit for your inspection and approval the results of the investigations which have been made in this Bureau to determine the effect of benzoic acid and benzoates upon digestion and health. The work is a continuation in plan of that described in Parts I–III of Bulletin 84. I recommend that this report be published as Part IV of Bulletin 84.

Respectfully,

H. W. WILEY, Chief of Bureau.

Hon. James Wilson, Secretary of Agriculture.

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# CONTENTS.

	Page.
Introduction	1043
SERIES VIII.	
Administration of the preservative.	1045
Excretion of hippuric and benzoic acid.	1046
Method for determining hippuric and benzoic acid in the urine	1046
Discussion of results.	1048
Supplementary study.	1049
Plan of the experiment.	1049
Analytical method used	1049
Discussion of analytical data.	1050
Daily medical and clinical notes.	1062
Individual data.	1062
Conclusions	1084
Body weights.	1084
Variations in body weights.	1084
Ratio of food weight to body weight	1087
Weight and water content of the feces.	1098
Individual data.	1098
Summaries.	1099
The urine.	1107
Volume, specific gravity, and total solids.	1107
Individual data	1107
Summaries	1108
Ratio of sulphur, sulphates, and phosphates to nitrogen excreted in the	
urine	1114
Individual data	1114
Summaries	1116
Changes in the relative quantities of sulphur compounds excreted in the	
urine	1127
Individual data	1127
Summaries	1132
Microscopical examination of the urine	1151
Discussion of observations.	1151
Conclusion	1152
Microscopical examination of the blood	1155
Individual data	1155
Summaries	1156
Metabolic processes.	1159
Nitrogen balance	1159
Individual data	1159
Summaries	1164

Metabolic processes—Continued.	Page.
Phosphoric acid balance	1181
Individual data	1181
Summaries.	1185
Sulphur balance.	1202
Individual data	1202
Summaries.	1206
Fat balance	1224
Individual data	1224
Summaries.	1227
Calories balance.	1244
Individual data	1244
Summaries.	1248
Solids balance	1264
Individual data	1264
Summaries	1267
Summary of results	1285
General conclusions.	1293
List of tables	1294

# ILLUSTRATIONS.

			Page.
Fig.	1.	Average body weights for Series VIII, Nos. 1–9	1085
	2.	Average body weights for Series VIII, Nos. 10–12 and summaries	1086

# INFLUENCE OF FOOD PRESERVATIVES AND ARTIFICIAL COLORS ON DIGESTION AND HEALTH.

# IV.—BENZOIC ACID AND BENZOATES.

# INTRODUCTION.

In the continuation of the work described in Parts I to III of this bulletin, experiments were conducted, according to the general plan already described, to determine the effects of benzoic acid and benzoates upon health and digestion. This investigation is of special importance because of the opinion held by many manufacturers, food officials, and consumers that benzoic acid and benzoates are probably the least harmful of the preservative substances employed. believed that for this reason there has been a very large increase in the use of these preservatives in the last few years with a corresponding decrease in the amount of other preservative substances employed. It has also been claimed that there can be no reasonable objection to the use of benzoic acid by reason of its natural occurrence in many food products, either in traces or in considerable quantities. the products cited the cranberry occupies the most prominent position because of the notable amount of benzoic acid it contains. considerations, however, had no determining influence on the choice of this substance for the experimental work, inasmuch as it was included in the original scheme which was prepared before the work reported in Part I was begun.

The same principles which guided the organization of the work as described in Part I were followed in the present instance. Upon the selection of the members of the hygienic table each man was subjected to a thorough medical examination of the character already described. No one was admitted to the table who was suffering from any organic disease, who manifested any tendency to hereditary disease, or who had been seriously ill within the year previous to the beginning of the experimental work.

The delay which has attended the presentation of this report for publication has been due to several causes. First, the great burden of collating the data, condensing the analytical tables, and checking the data for accuracy, required, as is usual in such cases, a large amount of time and expert labor. There were also a number of points brought out in the investigations which required further study of the question, both experimentally and in consulting authorities thereon.

Another reason for the delay consisted in the fact that various representations were making on the part of manufacturers and others respecting the effect upon the industries using benzoic acid should the conclusions reached in this report receive executive and judicial confirmation. It was thought advisable, therefore, to give ample time to the industries involved to experiment with methods of manufacture looking to the elimination of objectionable preservatives. Investigations were also undertaken by this Bureau in collaboration with the manufacturing interests along the same line. Results of these investigations have shown that there is not a single article of food which has been commonly preserved by means of benzoic acid or benzoate of soda which cannot be preserved and offered to the consumer in perfect condition without the aid of any chemical preservative. This fact has been completely demonstrated in the case of cider and grape juice, mince-meat, jelly, jams, catsups, preserves, and other articles of the same character, and there seems, therefore, to be no longer any industrial reason for delaying publication even if the former necessity for such delay be admitted.

It is believed that the distribution of the results of this investigation at the present time will neither work hardship to any manufacturing interest nor interfere in any way with any legitimate business. At the same time it will indicate to the manufacturer, as well as to the consumer, the important truth that the use of benzoic acid or benzoate of soda as a preserving medium is not without danger, that its effects are always injurious or tend to injury, and that its exclusion from food products is desirable not only in order to conform to the food and drugs act, but also for hygienic reasons.

The greater care which is required in the manufacture of food products without the use of benzoic acid or benzoate of soda, necessitating the use of a higher quality of raw material, will place the industries which would otherwise use these preservatives in foods on a better plane, and secure for their products a greater consumption.

### SERIES VIII.

# ADMINISTRATION OF THE PRESERVATIVE.

In Table I are recorded the dates of the periods and subperiods during which this experiment was conducted. A preliminary or relaxation period of one month elapsed between the close of Series VII and the beginning of Series VIII, the subjects being the same in both series with the exception of No. 4.

Table I.—Dates of periods and subperiods in Series VIII.

Period and subperiod.	Date of begin-ning.	Date of ending.
Fore period. First subperiod Second subperiod Preservative period First subperiod Second subperiod Second subperiod Third subperiod Fourth subperiod First subperiod Second subperiod Fourth subperiod After period First subperiod Second subperiod	April 16 April 21 do April 26 May 1 May 6	A DTH 20

In Table II is given a schedule of the administration of the preservative. The sodium benzoate used is calculated in the table as benzoic acid. The preservative was given in all cases in capsules, as experience had shown this to be the best method from every point of view of administering a substance of this nature.

In the first preservative subperiod there was given to Nos. 1 to 6, inclusive, one gram of benzoic acid per day; to Nos. 7 to 12, inclusive, one gram per day with the exception of the first day when only 0.9 gram was given. During the second preservative subperiod 1.5 grams of benzoic acid were given each day to each member. In the third preservative subperiod 2 grams, and in the fourth 2.5 grams were given each day, with the exceptions noted in the table. There were several cases during the fourth subperiod when the preservative, by reason of its ill effects and for other causes, had to be withdrawn. The maximum quantities of benzoic acid, therefore, given during the entire preservative period are 35 and 34.9 grams, and only three men were able to take these amounts. In all of the other cases it was necessary to withdraw a portion or all of the preservative for the reasons already stated.

Table II.—Schedule of administration of preservative, Series VIII.
[In capsules.]

Period and date.		]	Benzoio	acid.			S	odium		ate (ex	pressed).	as
Terror and dave.	No. 1.	No. 2.	No. 3.	No. 4.	No. 5.	No. 6.	No. 7.	No. 8.	No. 9.	No. 10.	No. 11.	No. 12.
First subperiod: April 21, 1904	Gms.  1  1  1  1  1	Gms. 1 1 1 1 1	Gms.  1 1 1 1 1 1	Gms. 1 1 1 1 1	Gms. 1 1 1 1 1	Gms. $1$ $1$ $1$ $1$ $1$	Gms. 0.9 1 1 1	Gms. 0.9 1.0 1.0 1.0	Gms. 0.9 1.0 1.0 1.0	Gms. 0.9 1.0 1.0 1.0	Gms. 0.9 1.0 1.0 1.0	Gms. 0.9 1.0 1.0 1.0
Total per indi- vidual	5	5	5	5	5	5	4. 9	4. 9	4. 9	4. 9	4.9	4.9
Second subperiod: April 26, 1904 27, 1904 28, 1904 29, 1904 30, 1904	1. 5 1. 5 1. 5 1. 5 1. 5	1. 5 1. 5 1. 5 1. 5 1. 5	1. 5 1. 5 1. 5 1. 5 1. 5	1. 5 1. 5 1. 5 1. 5 1. 5	1. 5 1. 5 1. 5 1. 5 1. 5	1. 5 1. 5 1. 5 1. 5 1. 5	1. 5 1. 5 1. 5 1. 5 1. 5	1. 5 1. 5 1. 5 1. 5 1. 5	1. 5 1. 5 1. 5 1. 5 1. 5	1. 5 1. 5 1. 5 1. 5 1. 5	1. 5 1. 5 1. 5 1. 5 1. 5	1. 5 1. 5 1. 5 1. 5 1. 5
Total per indi- vidual	7. 5	7. 5	7. 5	7. 5	7. 5	7. 5	7. 5	7. 5	7. 5	7. 5	7.5	7. 5
Third subperiod:  May 1, 1904 2, 1904 3, 1904 4, 1904 5, 1904	2 2 2 2 2 2	2 2 2 2 2 2 2	1 0 0 0 0	2 2 1. 5 2. 5 2	2 2 a 1 1 2	2 2 2 2 2 2	2 2 2 2 2 2	2 2 2 2 2 2	2 2 2 2 a 2 2	2 2 2 2 2 0	2 2 2 2 2 2 2	2 2 2 2 2 2
Total per indi- vidual	10	10	1	10.0	8	10	10	10	10	8	10	10
Fourth subperiod: May 6, 1904 7, 1904 8, 1904 9, 1904 10, 1904	2.5 2.5 2.5 2.5 2.5 2.5	2.5 0 0 0 0	0 0 0 0	2.5 2.5 2.5 2.5 2.5 2.5	2 1 0 0 0	0 0 0 0 0	1. 5 2. 5 2. 5 0 0	2.5 2.5 2.5 2.5 2.5 2.5	0 0 0 0	0 0 0 0 0	2.5 0 0 0 0	0 0 0 0 0
Total per indi- vidual	12.5	2.5	0	12.5	3	0	6.5	12.5	0	0	2.5	0
Total per indi- vidual for en- tire preserv- ative period.	35. 0	25. 0	13. 5	35. 0	23. 5	22. 5	28. 9	34. 9	22, 4	20, 4	24.9	22. 4

a Took preservative, but became sick immediately afterwards.

# EXCRETION OF HIPPURIC AND BENZOIC ACID.

In Table III are given the results of the determinations of hippuric and benzoic acid in the urine during the entire time of observation.

# METHOD FOR DETERMINING HIPPURIC AND BENZOIC ACID IN THE URINE.

The method employed was that described by Bunge and Schmiedeberg.<sup>a</sup> The essential features of the method are as follows:

Make alkaline 100 to 200 cc of urine with sodium carbonate, evaporate to dryness, and extract the residue with alcohol. Completely distill off the alcohol, make the remaining water solution acid with hydrochloric acid and extract at least five times with acetic ether. Wash the acetic ether extract with water and then evaporate.

<sup>&</sup>lt;sup>a</sup> Arch. exp. Path. Pharmakol., 1876, 6:235; also Analyse des Harns, Neubauer and Vogel, 1898, p. 226.

Purify the hippuric acid and benzoic acid, crystallize, and weigh. Separate the hippuric acid from benzoic acid by means of petroleum ether; the difference in weight of the crystalline forms is benzoic acid.

The method is not as exact as could be desired and presents many difficulties, particularly in the case of concentrated urines, where a considerable quantity of fatty and resinous matter is removed by the acetic ether employed to extract the benzoic and hippuric acids. As in other determinations the analyses were made on composited samples.

Hippuric acid occurs as a normal constituent of human urine in amounts varying from 0.1 gram to 1 gram per day (Analyse des Harns, Neubauer and Vogel), and in some cases after eating freely of vegetables and fruit, especially plums, cranberries, etc., it may be more than 2 grams per day.<sup>a</sup> In the ordinary mixed diet the average quantity of hippuric acid eliminated is given as 0.7 gram per day.

Hippuric acid is the chief nitrogenous constituent in the urine of herbivora. This is explained by the fact that animals feeding wholly on vegetable foods consume a large amount of aromatic substances, which, by oxidation, as toluol (cinnamic acid), or by reduction, as quinnic acid, are converted into benzoic acid, or substances containing the benzene nucleus, and then, by combination with glycocoll, are converted into hippuric acid and excreted as such.

The formation of hippuric acid in the human organism is therefore associated with the formation of benzoic acid. It has been proven conclusively, both synthetically and by feeding experiments, that hippuric acid is formed as the resulting product of the union of benzoic acid, or a substance containing the benzene nucleus, and glycocoll. Thus any substance or material taken with the food which contains the benzene nucleus or is capable, by oxidation or reduction, of being converted into benzoic acid will unite with glycocoll, which is derived from the protein metabolism within the body, to form hippuric acid.

There are also a few cases where the benzoic acid is derived solely from protein. Salkowski, Meissner, Shepard, and others found hippuric acid in the urine of starving dogs, also in dogs' urine after a diet consisting entirely of meat. The benzoic acid in these cases evidently originated from the putrefaction of protein in the intestines.

The amount of hippuric acid eliminated is influenced, first, by the amount of glycocoll present, and, second, by the amount of benzoic acid formed. If there is sufficient glycocoll formed during the digestion of proteids to combine with the benzoic acid, then all will

a Hammarsten, Physiological Chemistry, 1904.

be eliminated as hippuric acid. Experiments have been conducted on rabbits by Wiener,<sup>a</sup> in which he administered small amounts of benzoic acid and recovered the entire amount in the urine, combined with glycocoll, as hippuric acid.

### DISCUSSION OF RESULTS.

Table II, page 1046, shows the daily ingestion of benzoic acid, and sodium benzoate in amounts equivalent to benzoic acid, during the preservative period.

In Table III are given the determinations of benzoic and hippuric acid for the fore period, preservative period, and after period. The table shows amounts of ether extract or benzoic acid, varying from 0.00 to 0.07 gram daily in the urine during the fore period, the amounts for Nos. 4 and 7 being quite high. The quantity of benzoic acid excreted in the preservative period varies from 0.064 gram, in the case of No. 11, to 0.784 gram in the case of No. 8. That benzoic acid remains in the system some time after its ingestion is shown by the increased excretion in the after period over the fore period. For Nos. 4, 7, 9, and 10 there is a diminished excretion in the after period as compared with that of the fore period. The average increase during the preservative period for Nos. 1 to 6, who received benzoic acid, is 0.159 gram over the fore period; for Nos. 7 to 12, who received sodium benzoate, there is an increased excretion of 0.255 gram over the fore period. The average increase in the after period over the fore period is 0.031 and 0.029 gram for Nos. 1 to 6 and 7 to 12, respectively.

In that section of the table which shows the excretion of hippuric acid, the variations in the amounts in the fore period are again quite marked, as in the case of benzoic acid, though there is apparently no general relation between the excretion of these two substances, the hippuric acid varying independently of the excretion of benzoic acid.

The amounts of hippuric acid excreted in the fore period vary from 0.330 gram per day for No. 6 to 1.118 grams per day in the case of No. 9. The average excretion for Nos. 1 to 6 during the fore period is 0.508 gram per day, while for Nos. 7 to 12, it is 0.784 gram.

During the preservative period there is, of course, an increase in the amounts of hippuric acid excreted, which again shows quite an individual variation. The average increase for Nos. 1 to 6 is 1.017 grams per day, and for Nos. 7 to 12, 0.677 gram per day over the fore period.

In the after period the average increase over the fore period is 0.293 gram per day for Nos. 1 to 6, and for Nos. 7 to 12 it is 0.062 gram.

In the third section of this table the results are expressed and calculated in terms of benzoic acid, that is, the amount of hippuric acid found is calculated to benzoic acid and added to the ether extract considered as benzoic acid, given in the first part of the table.

The maximum amount of hippuric acid excreted (Part 2 of Table III) occurs in the third preservative subperiod, during which the largest amount of benzoic acid was administered. There is also quite a decrease in this period in the excretion of benzoic acid as compared with the previous subperiod.

In the summary of Table III, the entire amount recovered as benzoic and hippuric acids is 81.32 per cent for Nos. 1 to 6 and for Nos. 7 to 12 (No. 9 omitted) 61.41 per cent of the amount ingested. There is evidently a marked difference shown in the manner and amount in which the benzoic acid and the sodium benzoate are excreted.

It is also seen that the elimination of hippuric and benzoic acid had not returned to normal at the close of the after period and that the entire amount had not been eliminated at the close of the experiment. This point is further discussed in the supplemental study which follows.

It is very probable also that, under the conditions of the experiment, the supply of glycocoll in the body would not be sufficient in quantity at all times to combine with the benzoic acid ingested. Under the powerful oxidizing and reducing actions, to which the drug is subjected, various products resulting from this action as well as substitution products are doubtless formed, resulting in the elimination and destruction of part of the benzoic acid.

For the further elaboration of these points, especially the difference shown in the rate of elimination of the preservative when administered in the two forms, a supplementary study of the excretion of benzoic and hippuric acid was made.

# SUPPLEMENTARY STUDY. a

### PLAN OF THE EXPERIMENT.

The supplementary study included six subjects, and was begun on November 26, 1907. The experiment was divided into a fore period of five days, a preservative period of ten days, and an after period of fourteen days, during which the diet was kept practically constant. A somewhat longer after period in this case was deemed necessary, as the data obtained in the previous investigation indicated a considerable lag in the excretion of the ingested benzoic acid, particularly in the case of the benzoate of soda.

During the preservative period a total of 12.5 grams of benzoic acid was given to Nos. 1, 2, and 3, and an amount of benzoate of

<sup>&</sup>lt;sup>a</sup> E. W. Brown and H. L. Amoss performed most of the analytical work in this investigation.

soda equivalent to this was administered to Nos. 4, 5, and 6, giving 1 gram per day the first five days and 1.5 grams per day during the second subperiod of five days.

## ANALYTICAL METHOD USED.

The same method, essentially that of Bunge and Schmiedeberg, was employed in this investigation as in the original series, the details of its application in this case being as follows:

Evaporate 200 cc of urine to dryness on a steam bath after making alkaline with sodium carbonate. Extract the dry residue with hot alcohol (98 to 99 per cent), using a blunt glass stirring rod or a pestle to break up the coarse particles. Extract by using two 100 cc portions of alcohol and one 50 cc portion, heat to boiling each time and then filter. Finally wash the residue on the filter, using from 25 to 50 cc of cold alcohol. Evaporate the alcohol and take up the residue with 15 to 25 cc of water and transfer to a Squibbs separatory funnel of 200 cc capacity.

Extract five times with acid and alcohol-free acetic ether, using 50 cc for the first two portions and three 25 cc portions. Wash each portion of acetic ether extract with an equal volume of water saturated with acetic ether. Allow the combined extracts to evaporate spontaneously and, when the acetic ether has disappeared, transfer to weighed dishes by a small amount of acetic ether. Again evaporate the acetic ether and dry the residue in a vacuum oven at a temperature of 50° to 55° C. and a vacuum of 25 to 28 inches for six hours; cool and weigh.

After weighing extract the residue with from 20 to 30 cc of petroleum ether divided into three portions, dry in vacuo and again weigh. The final residue is hippuric acid and the difference due to the extraction with petroleum ether contains any benzoic acid that may be present as such.

As was pointed out in the previous study, this method is not as clear-cut as could be desired, but by the procedure described fairly accurate results were obtained and the residue of hippuric acid was in all cases crystalline and only slightly colored.

In order to test the degree of extraction and to determine whether any hippuric acid remained in the residue or was removed by washing the acetic ether with water, a series of these residues and wash waters were evaporated to dryness with excess of sodium carbonate and treated in the usual manner. In all cases only slight traces of crystals were obtained, showing the extraction to be fairly complete.

## DISCUSSION OF ANALYTICAL DATA.

The results of the supplementary experiment are given in Table IV. The data are calculated, from the analysis, on the daily samples and also on the composites for each period, which were kept during the progress of the experiment. In the first test only composite samples were used, which probably accounts in part for such differences as are found in the two sets of results.

In part 1 of the table the results are given in terms of hippuric acid, obtained by direct weighing and also by titration of the final residue with tenth-normal sodium hydroxid. Unfortunately the

titrations were not made on the daily samples throughout, and these data are lacking for the first subperiod of both the fore and preservative periods. The titration figures given, however, serve to show that part of the residue which is weighed is not hippuric acid. It is believed that this is, at least in part, a compensating error, inasmuch as all the hippuric acid is probably not extracted and there is a slight loss during the washing of the acetic ether extract with water.

An inspection of the data shows an increase during the preservative period in the amount of hippuric acid excreted, which is much more marked in the case of the results on the daily samples than on the composites and also is much greater in the case of Nos. 1, 2, and 3, receiving benzoic acid, than for Nos. 4, 5, and 6, receiving benzoate of soda.

In the summary for Nos. 1, 2, and 3 there is in the fore period an average excretion by the daily samples of 1.1389 grams of hippuric acid as compared with 1.0361 grams by the composite samples. For Nos. 4, 5, and 6 the figures representing the excretion in the fore period are 1.0389 and 1.1954 for the daily and composite samples, respectively.

During the preservative period for Nos. 1, 2, and 3 the average excretion is 2.7677 grams for the daily samples and 2.2833 grams for the composites. For Nos. 4, 5, and 6 the same relation holds between the daily and composite samples and there is a marked decrease from the figures obtained for Nos. 1, 2, and 3, namely, 2.4127 and 1.5026 grams for the daily and composite samples, respectively.

One striking point in the data is the marked decrease in the amount of hippuric acid obtained for Nos. 4, 5, and 6 in the composite samples during the first preservative subperiod. No. 4 shows about onefourth and Nos. 5 and 6 about one-third as much hippuric acid excreted during this period as is shown by the daily samples. There is, however, a corresponding increase (see part 2 of Table IV) in the amount of benzoic acid excreted, which was obtained in these instances in pure crystalline form and the amount titrated. The composited samples were not analyzed at the close of each period or subperiod, but were taken up at the close of the experiment. This particular composite probably stood twenty-five days, preserved with thymol and chloroform. As is well known, boiling with acids or alkalis decomposes hippuric acid into benzoic acid and glycocoll. There is a probability of such a decomposition having taken place in this instance, and this change is, moreover, of special interest, since it is confined to those subjects receiving benzoate of soda and occurs only during the first preservative subperiod. The average excess of hippuric acid excreted during the preservative period in the daily samples in 16.3072 grams for the subjects receiving benzoic acid and 13.7381 grams for those receiving sodium benzoate.

During the after period the excretion is still in excess of that of the fore period, amounting to 3.1646 grams for Nos. 1, 2, and 3 and 2.9884 grams for Nos. 4, 5, and 6 during the first subperiod, bringing the total excess per man up to 17.3621 grams and 14.7342 grams for those receiving benzoic acid and sodium benzoate, respectively. During the second after subperiod the excretion for Nos. 1, 2, and 3 is a little less than during the fore period, while for Nos. 4, 5, and 6 there is again an excess of 2.4263 grams over the fore period, bringing the total excretion from the sodium benzoate subjects up to 15.5430 grams per man. There is thus seen a marked tendency to an earlier excretion of the benzoic acid as hippuric acid than in the case of sodium benzoate.

In part 2 of Table IV the data are expressed in terms of benzoic acid. The total hippuric acid as determined by weighing the residue is calculated to benzoic acid. The residue obtained after the extraction with petroleum ether, which in the original experiment is regarded as benzoic acid, is marked "petroleum ether extract." In this experiment (with the exception of the incident with Nos. 4, 5, and 6 in the first preservative subperiod on the composite samples) no crystals were ever obtained in this extract, and, moreover, by collecting and keeping the individual extractions during the different periods, only slight traces of benzoic acid were recorded on one or two occasions, when tested by Mohler's method. a To further test this point two young men were given 2.5 grams of benzoic acid and two an equivalent quantity of sodium benzoate. In only one case was a positive reaction for benzoic acid obtained, and that was for one of the subjects receiving sodium benzoate. It is only fair to assume then that under the conditions of this experiment no benzoic acid as such was excreted in the urine. It must be remembered, however, that in the original experiment only the composite samples were analyzed and a larger amount of benzoic acid was ingested. It is possible, therefore, that under the conditions of the original experiment, in which the amounts of the preservative ingested were much greater, the supply of glycocoll was not sufficient to combine with all of the benzoic acid, and the petroleum ether extract in the first experiment did contain benzoic acid, although in the supplementary study the results indicate that the benzoic acid is all recovered as hippuric acid.

According to several authorities b benzoic acid is found in rabbits' urine and sometimes in small quantities in dogs' urine. It is also found in human urine in diseases of the kidneys. This occurrence of benzoic acid seems to be due to a fermentative decomposition of hippuric acid, such a decomposition readily occurring in an alkaline urine or in one containing proteid. According to Cushing some

a U. S. Dept. Agr., Bureau of Chemistry, Bul. 107, p. 181.

b Cited in Hammarsten's Physiological Chemistry, 1904, p. 503.

c Pharmacology and Therapeutics, 1901, 2d ed., p. 412.

ingested benzoic acid escapes in the urine unchanged, this depending on the general health of the subject, the condition of the kidneys, and the amount administered. This is of considerable interest in relation to the point already brought out in regard to the benzoic acid excretion and also in connection with the lessened excretion of the hippuric acid when ingested as benzoate of soda.

The same relations hold in this part of the table in regard to the excretion, as were brought out in the discussion under part 1, as the benzoic acid is calculated directly from the hippuric acid. The weight of the extract, since it contains oxyacids, phenols, and resinous bodies, and was found to contain no benzoic acid, was not added to the calculated benzoic acid from hippuric acid. Further, this residue, if added to the data for the composite samples, is not sufficient to make up the deficiency between the composite samples and the daily samples, although in general there is an increased amount of "extract" for the composite samples over the daily samples, especially in the after period. This form of expressing the data merely affords a means of readily calculating the percentage amount, excreted as hippuric acid, of the amounts of benzoic acid ingested.

Based on the excess excreted in the preservative period 92.9 per cent of the amount ingested in the case of Nos. 1, 2, and 3 is recovered, while for Nos. 4, 5, and 6 only 71.9 per cent is excreted. There is again an increase in the first after subperiod, which brings the excretion for Nos. 1, 2, and 3 up to 100.5 per cent and for Nos. 4, 5, and 6 to 76.0 per cent. The excretion in the second and third after subperiods is practically of the same magnitude as that of the fore period for Nos. 1, 2, and 3, but in the case of the subjects receiving sodium benzoate there is still a slight increase in the second after subperiod, bringing the percentage excreted up to 77.6.

It is apparent that the rate of elimination and the total amount of hippuric acid eliminated are quite different under the influence of benzoic acid and of sodium benzoate. With benzoic acid the elimination seems to be complete within five days after its administration is discontinued, while in the case of sodium benzoate there is quite a retardation in the excretion, which extends at least over ten days, and 22.4 per cent of the amount ingested still remains unrecovered.

These results are in the main confirmatory of those obtained in the original series, in so far as they show the difference in the excretion of hippuric acid when derived from the ingestion of benzoic acid and from benzoate of soda; also the fact is brought out in this investigation that there is a disparity between the results on the daily samples and composite samples, evidently due to a decomposition of the hippuric acid taking place on standing, and that these subjects, with the ingestion of 12.5 grams of benzoic acid over a period of ten days, showed no benzoic acid excreted as such.

Table III.—Exerction of the benzoic acid in the urine, Series VIII.

1. Petroleum ether extract (Benzoic acid).

_	Nos. 7 to 12. a	Grams.	1.5818 .0527	.1806	1.7624 .0294		4.8008	16.9804 .5660	5.7534 .1918	5, 1419 . 2057	32, 6765 , 2841		.9796 .0327	2,5436 .0848	3,5232
Summaries.				E- 90									8 13		
Sum	Nos. 1 to 6.		1.0022	. 2027	1.2049		3.6225	11, 2334	4.4592	2.2349	21,5500		1.0648	1.9770	3.0418
	No. 12.	Grams.	0, 1916	$\frac{1806}{0361}$	. 3722		. 8440	2, 5203	. 9030	. 2120	4. 4793		0000.	1.9246	1,9246
	No. 11.	Grams	0.0000	0000	0000.		. 2614	. 3336	. 5307	. 1572	1.2829		.0994	0000	.0094
	No. 10.	Grams	0.3536	0000	.3536		. 4298	.6195	.5289	. 2257	1.8039		0000.	.0652	.0052
	No. 9.	Grams	0.3469	0000	.3469		. 2782	. 4603	2, 1716		2, 9101		.0557	0000	.0279
I. PETROLEGIA ETHEN EXTRACT (DENOTE SOLD). Individual data.	No. 8.	Grams	0.0000	0000	0000		2,6298	8, 2835 1, 6567	. 7898	3.9738	15. 6769		. 5604	.3730	. 9334
al data.	No. 7.	Grams	0.6897	0000	. 6897		.3576	4.7632	. 8294	.5732	6, 5234		. 0413	.1808	. 0222
Individual data.	No. 6.	Grams	0.0323	0000	.0323		. 4671	1,5029	. 0944	. 2618	2, 7037 . 1352		.0584	.1561	. 0215
1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	No. 5.	Cramo	0, 1088	0000	.0108		. 1673	. 6691	.3696	. 0360	1.3859		. 0575	.4160	. 0703
ROLLEO	No. 4.	Carrie	0.6589	.0782	. 7371		. 4553	1,5530	.3022	. 4275	2,7380		.0412	.0000	. 2058
1. 1.	No. 3.	· V	0.0000	0000	0000.		. 8966	2, 1083	. 1857	. 4159	3,6065		. 1446	.6138	. 7584
	No. 2.	0	0.2022 0.2022 0.404	.0200	.3022		1. 4560	4, 7208	2.6769	.7298	9.5835		.3485	. 6363	. 9848
	No. 1.		0.0000 0.0000	.0245	. 0245		. 1802	.6793	.4529	.2200	1.5324		.0202	.1548	.1750
	Period.	Fore period.	First subperiod: Total Average	Second subperiod: Total Average.	Entire fore period: Total. Average	Preservative period.	First subperiod: Total. Average.	Second subperiod: Total Average	Third subperiod: Total Average	Fourth subperiod: Total Average	Entire preservative period: Total. Average	After period.	First subperiod: Total Average	Second subperiod: Total. Average	Entire after period: Total

		B	ENZOIC	ACI	D A	ND :	BENZ	ZOATES.		
Grams. 22.0452 .7348	24.9910 .8330	47.0362	37. 7317 1. 2577	31.3550 $1.0452$	69, 1809 2, 3060	29.7594 1.1904	168.0270 1.4611	23, 9091 . 7970	26.8571	50.7662
Grams. 19.0613 .6354	11. 4049	30, 4662	36.1152 1.2038	48. 1628 1. 6054	58. 5367 1. 9512	40, 1777	182, 9924 1, 5249	20.6483	27. 4216	48.0699
Grams. 4.0231 .8046	5. 2765 1. 0553	9, 2996	6.3983 1.2797	8.0241 1.6048	14, 4092 2, 8818	5.0713 1.0143	33, 9029 1, 6951	5.3519	7.0359	12,3878
Grams. 3.1990 .6398	2, 3270	5. 5260	7.0953	6. 5629 1. 3126	11.7991	4, 5661	30.0234 1.5012	4.7888	3.9863	8.7751
Grams. 3.7805 .7561	2.9406	6.7211	7. 4529	6. 2717	9.9889	2,8880	26.6015	2. 9525	4, 1006	7.0531
Grams. 2. 4305 . 4861	8.7487 1.7497	11.1792	4.9648	6, 2752 1, 2550	8.9273		20, 1673	4.1775	4.5463	8.7238
Grams. 6. 1326 1. 2265	3, 1279	9.2605	6. 9258 1. 3852	1. 4940	13, 7241 2, 7448	11. 2412 2. 2482	33,3851 1,6693	4. 2866	4.3441	8.6307
Grams. 2. 4795 . 4959	2, 5703	5.0498	4.8946	2, 7271	10.3323	5. 9928 1. 1986	23. 9468 1. 1973	2.3518	2,8439	5.1957
Grams. 1.9718 .3944	1.3314	3,3032	6. 2705 1. 2541	$\begin{array}{c} 10.0661 \\ 2.0132 \end{array}$	9.1770	4.3150	29,8286	4.3741	2,7019	7.0760
Grams. 2.7201 .5440	1.2908	4.0109	5.9472 1.1894	7.7706	9.8028 1.9606	4. 9392	28, 4598 1, 4230	3.2489	4.0602	7.3091
Grams. 3.0438 .6088	2.1840	5.2278	6. 0351 1. 2070	9, 4809	11.9408	11, 1761 2, 2352	38. 6329 1. 9316	3.0761 .6152	4, 7721	7.8482
Grams. 2.8288 . 5658	1,6239	4, 4527	5. 5106 1. 1021	7.6092	3.8607	2, 2268	19, 2073	2.6280	4, 2209	6.8489
Grams. 6.3443 1.2689	3, 1999	9.5442	6. 7025 1. 3405	5. 4282	12, 8208 2, 5642	6.2411	31, 1926 1, 5596	4,8083	7.8636	12. 6719
Grams. 2.1525 . 4305	1.7749	3.9274	5.6493 1.1299	7.8078	10, 9346 2, 1869	11, 2795	35.6712 1.7836	2. 5129	3.8029	6.3158
Fore period. First subperiod: Total Average	Second subperiod: Total. Average	Average	First subperiod:  Total.  Average Second subperiod	Total Average Third subnoried	Total Average Fourth submarida	Total Average	Total  Average	After period. First subperiod: Total Average	Decond supperiod. Total. A Verage	Average

a No. 9 omitted in summary.

Table III.—Exerction of the benzoic acid in the wrine, Series VIII—Continued.

3. TOTAL HIPPURIC AND BENZOIC ACIDS CALCULATED TO BENZOIC ACID.

						Individual data	al data.						Summaries.	aries.
Period.	No. 1.	No. 2.	No. 3.	No. 4.	No. 5.	No. 6.	No. 7.	No. 8.	No. 9.	No. 10.	No. 11.	No. 12.	Nos. 1 to 6.	Nos. 7 to 12. a
Fore period.														
First subperiod: Total Average	Grams. 1. 4671 2934	Grams. 2.0628 .4126	Grams. 1.9281 .3856	Grams. 2.7336 .5467	Grams. 1.5920 .3184	Grams. 1.3763 .2753	Grams. 1.3797 ,2759	Grams. 4.1800 .8360	Grams. 2.0035 .4007	Grams. 2.9304 .5861	Grams. 2.1804 .4361	Grams. 2.9337 .5867	Grams. 11.1599 .3720	Grams. 15.6077 .5203
Second subperiod: Total. Average	1.2343	2.1811	1.0685	1.4886	.8798	.9075	1.7519	2.1320	5.9631 1.1926	1.3227	1.5861	3.7771	7.7598	16.5329
Entire fore period: Total	2.7014	4.2439	2.9966	4. 2222	2.4718	2.2838	3.1316	6.3120	7.9666	4.2531	3.7665	6.7108	18.9197 .3154	32,1406
Preservative period.								-						
First subperiod: Total Average	4.0308	6.0244	4.5526	4.5688	4.2209	4.7412	3.6837	7.3505	3.6622	5.5097	5.0976 1.0195	5.2048	28.1387	30.5085 1.0170
Total. Average	6.0011	8. 4172 1. 6834	7.2947	8.0152	7.3175	8.3231	5.9404	9.3018	4.7443	5.0986 1.0197	6.9974	6.2180 1.2436	45.3688 1.5123	38.3005 1.2767
Total Average	7.9059	11.4167 2.2833	2.8173	8.5206	7.0512	6.2552	7.8712	10.1441 2.0288	8.2664	7.3373	8.5730	10.7243 $2.1449$	43.9669	52, 9163 1, 7639
Fourth Subperiod: Total.	7.9081	4.9837	1.9337	8.0451	3.0194	3.2029	4.6579	11.6358		2.1942	3.2688	3.6686	29.0929 .9698	25, 4253 1, 0170
Entire preservative period: Total. Average	25.8459 1.2923	30.8420	16.5983	29.1497 1.4575	21.6090	22.5224 1.1261	22.1532 1.1076	38. 4322 1. 9216	16.6729	20.1398	23.9368	25.8157 1.2908	146.5673	$^{147.1506}_{1.2796}$
After period.		4												
First subperiod: Total Average Accord submitted	1.7330	3.6258	1.9358	2.3025	2.3018	3.0361	1.6443	3.4821	3.1259	2.0124	3.3634	3.6479	14.9350	17.2760
Total Average	2.7469	5.9961	3.4908	3.2186	3.1834	2.2561	2.0192	3.3339	3.0988	2.8602	2.7171	6.7203	20.8919	20.7495

ار∞ور	ا وب	
38.0255 .6338	80.7555	61.41
35.8269 .5971	125.6351	81.32
10.3682	16.0515 125.6351	64.46
6.0805	18.7178	75.17
4.8726	12.2531	90.09
6. 2247		
6.8160	17.3122	49.61
3.6635	16. 4209	56.82
5, 2922	20.9632	93.17
5.4852	19.6788	83.74
5.5211	22.0042	62.87
5. 4266	13.0351	96.56
9.6219	27.7322	110.93
4.4799	22.2216	63. 49
Entire after period: Total. Average	Excess in preservative and after periods over fore period.	Per cent recovered of amount ingested (calculated to benzoic acid)

a No. 9 omitted in summary.

Table IV.—Exerction of benzoic acid—supplemental study.

# 1. HIPPURIC ACID.

10.4966 .6998	13.4229	13.7133 .9142	4.1882	5.8884	31.5980	30.0983		4.5435	
13.7217	9.9855	12.2596	7.9808	6.7466	33.3833	32.7279		11.8022	
13.8010	18.0096 1.2006	17.3440 1.1563	8.2132	7.3910	44.7945	38.5364	13.7381	3.0903	
17. 4890 1.1660	14.4749	15.5730 1.0382	.8015	8.2390	45. 9441 1.0939	41.3010	16.3079	12.5063	
3.0591	4.3120	4.1058	1.7589	.8861	9.8828	8.0510		5.3718	
4.2638	4.9480 .9896	5.5907	.1737	3.5943	10.8218	13.4488 .9606		5.0042	
3.1738	4.1629	4.0168 .8034	1.7341	1.4080 .2816	10.8952	8.5985		3.2545	
2.8080	2.0905	3.6820 .7364	1.9392	1.2978	7.4664	7.7878		12.3139 11.6904	-
4.9261	4.5595	5.4702 1.0940	2. 7016 .6745	2.8461	12. 4792	13.2424		12.3139	
5.9876 1.1975	3.3355	3.1074	3.3400	2.6027	13.4377	11.6977 .8355		11. 4023	
3.9110	5.8735	5.2960 1.0592	3.5139	1.4080	14.6443 1.0462	$\frac{10.6150}{.7582}$	12.9124	4.2130	
5.5880	6.8401 1.3680	6.6954 1.3391	1,9524	4.2370	15.4557 1.1040	1.1800	16.5745	2.8150	
4.3020	5.2960 1.0592	5.3530	2.7469 .6867	1.7460	14.6943 1.0496	11.4010 .8144	11.7275	2.2430	1
3.7850	3.4992	5.0330 1.0066	3.1086	1.8540	11.4871	10.6720	13.1896	11.9130	
6.2750	5. 4269 1.0854	6.6060	3.5803 .8951	3.3210	15.7597 1.1256	16.2020	16.1371	12. 5990 11. 9130	
7.4290	5.5488	3.9340	4.5325 1.1331	3.0640 .6128	18.6973 1.3364	14. 4270 1.0305	19.5948	13.0070	
Composited samples— Total Actal Second Average Accomber 16-20:	Dany samples— Total Average Anorginal composited comples—	Third subperiod, December 20-24:	Dally samples— Total A Verage	Total Average	Entire after period: Dally samples— Total. Average	Total	Excess in preservative period over fore period—daily samples Average per man	Excess in preservative period over fore period—composite samples Average per man	

a Received benzoic acid benzoic acid

Table IV.—Exerction of benzoic acid—supplemental study—Continued.
2. Benzoic acid—supplemental study—Continued.

														1
		Pet	rolenm et	Petroleum ether extract.	et.		Tota	Total hippurie acid calculated to benzoic acid.	acid calc	ulated to	benzoic :	scid.	Hippuric acid as benzoic acid.	acid as acid.
Period and sample,	No. 1.	No. 2.	No. 3.	No. 4.	No. 5.	No. 6.	No. 1.	No. 2.	No. 3.	No. 4.	No. 5.	No. 6.	Nos. 1, 2, 1 and 3.a	Nos. 4, 5, and 6.0
Fore period, November 26-30, 1907.														
Daily samples; Total Average	Grams. 0.3946 .0789	Grams. 0.0840	Grams. 0.4638	Grams. 0. 2026 .0405	Grams. 0.3915	Grams. 0.2419	Grams. 4. 4570 .8914	Grams. 3. 2381 .6476	Grams. 3.1794 .6359	Grams. 4. 2424 .8485	Grams. 4.0751	Grams. 2.8156 .5631	Grams. 10.8745	Grams. 11. 1331 .7422
Composited samples: Total Average	.1730	.0432	.0160	.0570	. 2060	.0480	4. 1578 .8316	3.9410	2. 4599 .4920	3, 5743	5.5435	3. 1040 .6208	10. 5587 .7039	12. 2218 .8148
Preservative period, December 1-10.														
First subperiod, December 1–5: Daily samples————————————————————————————————————	. 2325	.0598	.1378	.1829	.0406	.0315	10. 5328 2.1066	9. 5538 1.9108	7.3325	8. 1352 1.6270	9.1412	6.9154	27, 4191 1,8280	23.1873 1.5458
Composited samples— Total A Verage	. 1230	.0296	.0990 .0198	2, 4350	3.3190	2.0980	7,2590	6.0874	4. 7003	1.8138 .3628	3. 3214	2. 6944	18.0472 1.2032	7.8296
become surperior, December 0-10. Day samples— Total Average.	.1405 .0281	.1419	.1524	.4916	.2249	.0674	11. 7983 2.3596	9.4634	8.0161 1.6032	7.5802	9.9452 1.9890	7.5172	29. 2778 1.9518	24.7771 1.6518
Composited samples— Total Average	1,1670	. 2310	.2350	.2390	.3490	.2250	9.9221	10. 3821 2.0764	8. 3394 1.6679	6.8617 1.3605	9. 6842 1.9368	6, 3852	28. 6436 1.9096	22. 9311 1.5287
Entire preservative period: Daily samples— fotal Average	.03725	. 4303	. 2903	.6745	.04278	.0224	22. 3311 2.2331	18.9177	15. 3486 1.5349	15.7154 1.5715	19.0864 1.9086	14. 4326 1.4433	56. 5974 1.8866	49. 2344 1.6411
Composited samples— Total Average	1, 2900	.3790	.3340	2.6740	3. 6680 .3668	2.3230	17.1811	16, 4695 1.6470	13. 0397 1.3040	8. 6755 .8676	13.0056 1.3006	9.0796	46. 6908 1.5563	22. 5891 .7529
After period, December 11-24.														
First subperiod, December 11–15: Dally samples— Average	. 1018	.0816	.0685	.0793	.1087	.0855	5,8726	4, 6025	3. 3257	4. 5297	4. 5416	3, 5831	13. 8008	12. 6544 .8486

9. 4067	11.7371 .7825	11.8220 .7881	5.3783 .4482 5.0370	29.7638	26. 2657 .6254	26. 9684 71.9 6. 3167 14.2	28. 4897 <b>76.0</b>	29. 0937
11.9205	9.9718	10. 6379 . <b>7092</b>	7. 4747 .6229 5. 6157 4679	31.1420	28.1741	34.8464 92.9 21.1180 56.3	37.7025 100.5	
2. 6657	4.0034	3. 6098	2.3259 .4652 .9590	9.9124	7.2345	8.8016 70.4 2.8716 22.9	9. 5691 76.6	
3.8088	4. 6621 .9324	4. 5635	1. 2960 . 2592 2. 8879 7990	10, 4997	11.2603 .8036	10.9364 87.5 1.9186 15.3	11. 4029 91.2	
2. 9322	3.0716	3.6486	1,7564 .3513 1,1901	9.3517	7.7709	7.2304 57.8 1.5265 12.2	7.5177	
2. 5799	2.3852	3. 4305 .6861	2.0754 .4151 1.2637 3.159	7,7863	7.2741	8. 9896 71.9 4. 9200 65.0	9.1357	
4.2770	3.6992	4, 5260	2. 4205 .4841 2. 2636 5659	10, 7222	11.0666	12. 4417 91.5 7. 8820 68.7	13.8061 110.4	
5.0636	3.7821	2. 6814	2.9788 .5958 2.0884 5991	12, 6335	9.8334	13. 4171 106.8 8.3160 70.9	14,7607	
.0384	.0205	. 2480	.0358	. 3312	. 4990			
.0280	.0323	. 4310	. 0527 . 0132 . 0830	.3228	.6540			
. 3310	.0621	.1830	.0397 .0397 .0110	.3003	.0478			
.0550	.0211	.0790	.0660 .0165	.2398	.0288			
.3450	.0948	.0440	.0653	.0169	. 4543			
.1190	.1542	.0356	.0372	.0289	.0319			
Composited samples—  Total  Average.  Second subperiod, December 16-20:	Dany samples— Total A Verage Composited samples—	Composited samples— Total Average Third subperiod, December 21-24: Daily samples—	Total Average Composited samples— Total Average	Entire after period: Daily samples— Total Average	Composited samples— Total Average.	Excess excreted in preservative period over fore period.  Daily samples.  Percentage excreted.  Composited samples  Percentage excreted.  Excess excreted in preservative period and excess treated in preservative forecasts.	Daily samples. Percentage excreted Excess excreted in preservative and first and	seond anter subperious overtore period: Baily samples. Perentage excreted

a Received benzoic acid.

b Received benzoate of soda.

# DAILY MEDICAL AND CLINICAL NOTES.

# INDIVIDUAL DATA.

No. 1.—C. W. N.

At the opening of the fore period No. 1 was normal: recorded temperature 98.4° F., pulse 72 beats per minute, weight 70.45 kilograms. This normal condition continued throughout the first fore subperiod with very little variation in temperature and pulse, the recorded temperature for the last day being 98.2° F., pulse 66, weight 71.4 kilograms. The average body weight for No. 1 for this first subperiod was 71.02 kilograms.

He was also normal throughout the second fore subperiod, the average body weight being 70.51 kilograms, and that for the entire fore period, 70.77 kilograms.

This subject had no illness during the relaxation period and all the vital functions, including heart action, were in normal condition. The clinical examination of the urine during the fore period for No. 1 showed nothing abnormal, no albumin, no casts, the kidneys performing their natural functions properly.

No. 1 started the first preservative subperiod with a temperature of 98.4° F., pulse 72, and weight 70.5 kilograms. This condition prevailed throughout the period with only slight deviations in temperature and pulse, and no symptoms of any nature were recorded. The average weight for this period was 70.21 kilograms.

The same normal conditions prevailed until the last day of the second preservative subperiod when the recorded temperature was 98.8° F., slightly higher than the previous average. The pulse was 84, and the weight 70 kilograms, the average weight for this subperiod being 70.3 kilograms.

On the first day of the third preservative subperiod the subject's temperature had fallen to normal and his weight was somewhat lower, 69.2 kilograms. This condition prevailed throughout this subperiod, and evidently the slight rise in temperature and pulse on the last day of the previous subperiod had no special significance. The average body weight for this period was 69:18 kilograms.

No. 1 continued in the same normal condition throughout the whole fourth preservative subperiod except that he complained of being hungry for several days and claimed that he had not had enough to eat from the beginning of the experiment, although the ration which was allowed him amounted to 4,000 calories a day, with a very wide choice of food. In fact, all of the members of this series were allowed considerable liberty in selecting their ration, with somewhat more variation during the first fore subperiod than in Series VII on sulphurous acid. The average body weight for the

fourth preservative subperiod was 69.32 kilograms, and that for the entire preservative period, 69.75 kilograms. There were no symptoms during the preservative period which the subject thought worthy to be recorded at the time; but he mentioned on several different occasions that, although he did not suffer from acute pains, he noticed a gradual decline in strength and a general physical weakness, so that at times he was scarcely able to attend to his work. The kidneys remained normal during this period, no abnormal constituents from a clinical point of view being found in the urine.

The after period for No. 1 is characterized by a remarkable constancy both in temperature and pulse, the temperature throughout being 98.4° F. and the pulse 66 beats. The average body weight for the first after subperiod was 69.33 kilograms, for the second subperiod, 69.41 kilograms, and for the entire after period, 69.37 kilograms. The feeling of hunger still persisted somewhat during this after period, and the subject complained that he felt excessively hungry during the entire period of observation.

There is nothing in the data as recorded by No. 1 which would indicate very alarming symptoms produced by the administration of the preservative with the exception, as stated, of the general depressed feeling and weakness which was evidenced during the time that the greatest amount of the preservative (2.5 grams per day) was given. The body weight showed a slight decrease throughout.

# No. 2.-W. P.

The recorded temperature for No. 2 for the first fore subperiod was 98° F., pulse 61 beats, and weight 70.53 kilograms. He remained in a normal condition throughout this subperiod with only slight variations from these figures, the average body weight being 70.57 kilograms.

In the second fore subperiod the recorded temperature on the first day was 98° F., pulse 67 beats, and weight 70.43 kilograms. No abnormal conditions were reported during this subperiod, but on the last two days there was a slight depression in the temperature, 97.8° F. being recorded; the pulse, however, was normal, 66 beats, and the weight 70.65 kilograms. The average body weight for the second fore subperiod was 70.46 kilograms, and that for the entire fore period, 70.51 kilograms. No. 2 experienced some difficulty in selecting his ration and complained several times of not relishing his food and of loss of appetite. His general appearance was somewhat below normal and he evidently was not in first-class condition.

At the beginning of the preservative period No. 2's temperature was 98° F., pulse 68 beats, and weight 70.45 kilograms. He complained of sour stomach, of pains in the stomach, and a slight headache on this day, probably the result of his condition during the

fore period from which he had not yet recovered. Except for these complaints, registered on the first day, no symptoms were recorded during the first subperiod, and his condition remained practically the same. The average body weight for this period was 70.35 kilograms.

On the first day of the second preservative subperiod the temperature for No. 2 was 98° F., pulse 71 beats, weight 70.28 kilograms. On the third day No. 2 complained of a burning sensation in the stomach; the recorded temperature, pulse, and weight, however, are practically the same as on the first day of this subperiod. No. 2 had a slight headache on the next day and on the last day complained of a sour stomach which persisted during the entire afternoon. His temperature for the last day was 98.4° F., pulse 69 beats, and weight 70 kilograms. The average body weight for the second subperiod was 70.21 kilograms.

On the first day of the third preservative subperiod his temperature was 98° F., pulse 67 beats, and weight 70.05 kilograms. The subject was feeling normal but on the second day there was a recurrence of the sour stomach and the headache, with a slight rise in temperature and quickened pulse. The weight remained practically the same. On the fourth day his temperature registered 97.8° F., pulse 60 beats, and weight 70 kilograms. He complained of being sick at the stomach, of headache, and of a general weariness. The nauseated feeling persisted the following day, accompanied by headache and some loss of appetite. The recorded temperature on the last day was 98.1° F., pulse 68 beats, and weight 69.81 kilograms. The average body weight for this subperiod was 70.08 kilograms.

No. 2 had a temperature of 98.9° F. on the first day of the fourth preservative subperiod, pulse 76 beats, weight 69.21 kilograms. He complained of a burning sensation and pains in the stomach, and also of headache and a nauseated feeling continuing from the day before. The preservative was withdrawn after the first day of this subperiod. On the second day No. 2's temperature registered 98° F., pulse 66 beats, and weight 69.42 kilograms. He still complained of being sick at the stomach and of a headache. The temperature and pulse remained the same for the rest of the period, with a very slight variation in body weight. The feeling of weakness continued throughout the subperiod and the appetite remained poor, but the headache gradually disappeared. The recorded temperature on the last day was 98° F., pulse 72 beats, and weight 69.75 kilograms. No. 2 reported that he was feeling well on this day. The average body weight for the fourth preservative subperiod was 69.58 kilograms, and for the entire preservative period, 70.06 kilograms.

The first after subperiod was characterized by a gradual increase in temperature, reaching normal on the third day of the period and

then falling to 98° F. on the fourth day, and again being normal on the last day. The pulse on an average was 68 beats per minute. The appetite improved, and on the second and third days of this period No. 2 reported himself as being very hungry. On the fourth day there was a slight feeling of nausea which disappeared on the following day. The average body weight for this subperiod was 69.47 kilograms.

During the second after subperiod No. 2's temperature remained practically constant at 98° F., the pulse averaging 69 beats. He complained on the second and third days of having a bad taste in his mouth and a somewhat impaired appetite. The average body weight for this subperiod was 69.28 kilograms, and for the entire after period

69.37 kilograms.

As is seen, there was a gradual decline in weight throughout the period of observation. The characteristic symptoms for No. 2 were headache accompanied by a burning sensation in the stomach, which, as the preservative was increased, produced nausea.

# No. 3.—W. F. H.

No. 3 began the fore period with a temperature of 99.1° F., pulse 90 beats, and body weight 64.3 kilograms. This high temperature and pulse must have been due to some irrelevant circumstance, as on the succeeding days of this subperiod his temperature and pulse were normal, and on the last day the recorded temperature was 98.4° F., pulse 72 beats, and weight 64.35 kilograms. The average body weight for the first fore subperiod was 64.13 kilograms. All the body functions of No. 3 were in normal condition, as was shown by the clinical examination.

In the second fore subperiod the subject reported himself in good condition the entire time. His heart action was normal and he had

had no sickness during the relaxation period.

On the first and second days of the first preservative subperiod the recorded temperature was 99° F. and 99.3° F., and the pulse 85 and 78 beats, respectively. On the third and fourth days the temperature and pulse were normal, while on the last day the recorded temperature was 99° F., pulse 84 beats, and weight 64.45 kilograms. The average weight for this subperiod was 64.64 kilograms.

The temperature on the first day of the second preservative subperiod was normal, but the subject reported that he had passed a restless night. No other symptoms were recorded until the last day of this subperiod when he reported that he had a burning sensation in the esophagus and pit of the stomach which persisted all day. His temperature showed a gradual increase until the last day when it was recorded as 100° F., the pulse as 90 beats, and the weight as 64.4 kilograms. The average body weight for this subperiod was 64.62

kilograms, which was practically the same as the weight for the first

preservative subperiod.

During the third preservative subperiod the high temperature still continued, 100.2° F. being registered on the first day, pulse 94 beats, body weight 63.75 kilograms. No. 3 complained of having a headache, indigestion accompanied by severe heartburn, and of tiring easily, also of poor appetite. He was unable to eat his full ration at dinner on this day, and the administration of the preservative was discontinued. The high temperature continued throughout the rest of the period. The same symptoms, that is, pains in the stomach, a feeling of weakness or faintness accompanied by nausea, headache and dizziness, and burning sensations in the throat and esophagus, were manifest on the next two days, diminishing somewhat on the last day; but the subject still complained of a slight touch of indigestion.

On the first three days of the fourth preservative subperiod the temperature was somewhat high, the pulse gradually approaching normal. The average weight for the period was 63.58 kilograms, which shows a slight gain over the weight of the third preservative subperiod. The average body weight for the entire preservative period was 64.04 kilograms, a loss of nearly 0.2 kilogram as compared with

that of the fore period.

On the first day of the after period No. 3 complained of a slight headache, a feeling of dizziness, and a disagreeable sensation in the stomach. His temperature was 98.4° F., pulse 74 beats, and body weight 63.8 kilograms. No abnormal conditions obtained during the remainder of this subperiod. The body weight showed a slight increase, the average for the first after subperiod being 63.95 kilograms.

Normal temperature and pulse were recorded throughout the five days of the second after subperiod. The only symptom which persisted up to this time was the bad taste in the mouth. On the first day No. 3 reported that he was hungry. The average body weight for the subperiod was 63.58 kilograms, while that for the entire after period was 63.77 kilograms, still showing a gradual loss of weight, which is nearly 0.3 kilogram less than the average of the preservative period.

No. 4.-G. W. H.

No. 4 of this series, who replaced the original No. 4 of Series VII, began the fore period with all bodily functions in normal condition. He never had had any serious illness, his family history was good, his heart action normal, and all other body functions apparently discharged in a perfectly healthy manner. The temperature and pulse were normal throughout with the exception of the first day, when the temperature was slightly higher. The body weight on the last day of

the subperiod was 58.52 kilograms, the average for the entire subperiod being 58.89 kilograms.

This same normal condition prevailed during the first and second days of the second fore subperiod, but on the third day a temperature of 99.2° F. was recorded. There evidently existed a slightly febrile condition at this time, as the temperature on the following day was slightly above normal. The temperature and pulse for the last day were 98.6° F., and 90, respectively, and the body weight was 57.6 kilograms. The average body weight for this period was 57.92 kilograms, that for the entire fore period being 58.41 kilograms. The clinical examination of the urine for No. 4 during the fore period showed nothing abnormal, the kidneys performing their function properly.

The temperature and pulse were normal during the first preservative subperiod with the exception of the first and last days, when a slightly higher temperature was recorded. The body weight for the last day was 58.05 kilograms. The average body weight for the entire subperiod was 58.02 kilograms. No. 4 reported himself through-

out the subperiod as feeling in good condition.

There were no striking symptoms during the second preservative subperiod in the case of No. 4, although a recurrence of the high temperature on two days of the period, preceded and followed in each case by a normal condition, was noted. There was a complaint, however, on the second day of a slightly uncomfortable feeling in the stomach which disappeared during the succeeding days of the subperiod. The average body weight for this subperiod was 58.26 kilograms.

At the beginning of the third preservative subperiod, No. 4's temperature was 99° F., pulse 78 beats, and weight 57.8 kilograms. He reported during the afternoon of the first day that he suffered from an acute pain, accompanied by a burning sensation in the stomach, which continued, however, only for a few hours in the afternoon. The temperature for the next day was still somewhat high, 98.8° F. being recorded, pulse 72 beats, and body weight 58.35 kilograms. The temperature and pulse for the remainder of the period were normal, and the body weight on the last day was 58.3 kilograms. There had been no recurrence of the symptoms he experienced on the first day, and the average body weight for this subperiod was 58.17 kilograms.

On the first day of the fourth preservative subperiod No. 4 reported that he had acute pains in the stomach and evidently experienced some indigestion. His appetite, however, was not impaired. The recorded temperature for this day was 99° F., pulse 72 beats, and weight 58 kilograms. This high temperature continued on the next day, pulse and weight being practically the same. On the third day he reported a sour stomach and a dull headache which persisted from the dinner of the preceding day throughout this day. The same

symptoms continued on the following day, and on the last day of the period he suffered from pains in the stomach, a constant dull headache, and a loss of appetite. The temperature and pulse for this day were 99.2° F., and 78 beats, respectively, while his weight was 58.15 kilograms. The average body weight for this subperiod was 58.1 kilograms, that for the entire preservative period being 58.14 kilograms, showing a loss of 0.27 kilogram from the average weight of the fore period.

On the first day of the after period the pain in the stomach persisted and the recorded temperature and pulse were 98.8° F., and 72 beats, respectively. The only abnormal symptom for the remainder of the first subperiod was a slightly increased temperature which persisted until the last day, when it returned to normal, 98.6° F. The weight for this day was 58.1 kilograms, and the average body weight for the subperiod, 58.22 kilograms.

The second after subperiod was characterized by a slightly increased temperature, the pulse a little above normal, and the average body weight, 58.11 kilograms. The body weight for the entire after period averaged 58.17 kilograms, being practically the same as that of the preservative period. There were no symptoms whatever during this last after subperiod.

The characteristic symptoms for this subject during the preservative period were pains in the abdominal region, a dull headache, some loss of appetite, slight indigestion, and, as was reported during the time of observation, a general feeling of weakness which was so marked as almost to incapacitate him at times for his work.

This subject passed through the relaxation period without any sickness. The heart action and all the other vital functions were normal. No. 5 began the first fore subperiod with a temperature 98.4° F., pulse 90 beats, body weight 51.43 kilograms. All bodily functions at the beginning of this series were normal. The clinical examination of the urine showed it to be normal, and the subject passed through the relaxation period without any disturbance worthy of mention. This condition continued throughout the first fore subperiod, on the last day of which his temperature was 98.6° F., pulse 82 beats, and weight 51.24 kilograms. The average body weight for this subperiod was 51.56 kilograms.

The same normal condition prevailed throughout the second fore subperiod, the temperature remaining quite uniform and the pulse showing very slight fluctuations from day to day. The average body weight for this subperiod was 51.23 kilograms, and for the entire fore period 51.39 kilograms.

At the beginning of the first preservative subperiod the temperature and pulse of No. 5 were 98.4° F., and 80 beats, respectively, while the body weight was 51.44 kilograms. He was normal on the second day, but on the third day reported a slight headache in the afternoon; no increase of either temperature or pulse, however, was noted. The headache continued during the following day accompanied by a slight burning in the stomach and the throat for a few minutes after breakfast. No increase in either temperature or pulse, however, was recorded. On the last day the temperature was normal, pulse 88 beats, and body weight 51 kilograms. No symptoms of any kind were reported on this day and the subject stated that he felt well. The average body weight for this subperiod was 51.08 kilograms.

The recorded temperature for No. 5 on the first day of the second preservative subperiod was 98.6° F., pulse 88 beats, and body weight 51 kilograms. He complained during the day of a burning sensation in the throat and had felt very badly during the night. On the next day he had symptoms which indicated slight indigestion. These disappeared, however, on the following day, and a small increase both in temperature and pulse was noted. His condition was normal on the fourth day, but on the last day of the subperiod the symptoms of indigestion recurred. His temperature and pulse, however, were normal, and the body weight was 50.8 kilograms, the average weight for the subperiod being 50.97 kilograms.

No. 5 reported that he felt well at the beginning of the third preservative subperiod. On the next day, however, a slight rise in temperature and pulse was noted, and he complained of severe pains in the stomach during the night, accompanied by headache and a general feeling of malaise. A very decided increase in appetite was noted which was not satisfied at meal times. On the following day his pulse and temperature still remained somewhat higher than normal and he experienced sharp pains in the head. After breakfast he was suddenly taken with nausea and vomiting. The temperature for the next day was normal. The subject, however, reported that he had a slight headache and felt generally miserable, the feeling of intense hunger continuing. The next day his temperature was still normal, the pulse slightly increased, and the feeling of hunger persisted together with the general feeling of malaise. The average body weight for this subperiod was 50.59 kilograms, a loss of nearly 0.4 kilogram, as compared with the preceding subperiod.

The recorded temperature and pulse at the beginning of the fourth preservative subperiod were 98.6° F., and 86 beats per minute, respectively, with a body weight of 50.4 kilograms. The subject reported himself as feeling well but very hungry. On the following day a slight rise in temperature was noted. No. 5 reported that after

meals he had a decidedly nauseated sensation for a few hours. Fearing a recurrence of the nausea and vomiting, the preservative was withdrawn at this point. On the following day his temperature and pulse were normal but the subject still complained of a feeling of hunger and pains in the side. On the last two days there were no symptoms recorded and the temperature and pulse continued normal. The body weight on the last day was 50.25 kilograms, that for the fourth subperiod 50.28 kilograms—again a loss of a little over 0.3 kilogram as compared with the preceding subperiod—and that for the entire preservative period, 50.73 kilograms—nearly 0.7 kilogram less than the average weight of the fore period.

In the first after subperiod the temperature and pulse were normal throughout, but a few symptoms, such as hunger and pain in the back, were noted on three different occasions. The average body

weight for this subperiod was 50.33 kilograms.

On the first two days of the second after subperiod No. 5 still had a feeling of hunger; the temperature and pulse, however, remained normal throughout. The body weight on the last day of this subperiod was 50.63 kilograms, temperature and pulse 98.4° F., and 86 beats, respectively. The average body weight was 50.56 kilograms, showing a slight gain over that of the first after subperiod. The average weight for the entire after period was 50.45 kilograms.

The characteristic symptoms developed by this subject during the observation, as noted, are a burning sensation in the esophagus and alimentary canal, headache, and later, as the preservative was increased, a nauseated feeling which came on suddenly and on one day resulted in vomiting. The preservative was diminished on this occasion, but when it was again increased the nausea returned and the preservative was withdrawn entirely. The subject complained of a feeling of hunger from this time on until well into the after period.

# No. 6.-L. M. S.

No. 6 entered the period of observation in good condition, having had no illness during the relaxation period, and his heart action was normal. The recorded temperature and pulse for the first day of the fore period were 98.5° F., and 79, respectively, with a body weight of 59.9 kilograms. The subject remained normal throughout the first subperiod, at the end of which he weighed 59.4 kilograms. The average weight for the subperiod was 59.6 kilograms.

During the second fore subperiod the subject remained in good condition; his temperature on the last day was 98.3° F., pulse 72 beats, body weight 59 kilograms. The body weight for this subperiod averaged 59.26 kilograms, and for the entire fore period, 59.43

kilograms.

In the first preservative subperiod the recorded temperature and pulse for the first day were 98.7° F., and 94 beats, respectively, the body weight being 59.34 kilograms. A slight rise in temperature was noted on the second day, the pulse dropping back to normal, and the subject reported that he had a slight attack of indigestion and headache in the morning. The same temperature and pulse were recorded on the following day, the dull headache continuing. On the fourth day the subject's temperature and pulse were 99° F., and 84 beats, respectively, and a slight attack of indigestion was noted. The temperature on the last day of this subperiod was 98.8° F., pulse 78 beats, and body weight 59 kilograms. He complained of a dry, irritated feeling in the throat. The average body weight for the first subperiod was 59.24 kilograms, practically the same as the average weight for the preceding subperiod.

On the first day of the second preservative subperiod. No. 6 had a temperature of 99° F., pulse 79 beats, and body weight 59.1 kilograms. He complained of sore throat and his tongue was slightly coated. Temperature and pulse were high on the second day of this subperiod, being 99° F., and 90 beats, respectively, and the dry and irritated feeling in the throat continued. On the next day, however, the temperature and pulse were normal but he still complained of a slight irritation in the throat. High temperature and pulse were recorded on the following day but no other symptoms worthy of notice were mentioned. The temperature and pulse were normal on the last day of the second subperiod, but the subject complained of having a slight headache accompanied by ringing in the ears. The body weight for this day was 58.9 kilograms and the average for the subperiod was 59.11 kilograms, a very slight loss as compared with the first subperiod.

At the opening of the third preservative subperiod the temperature was 99.8° F., pulse 78 beats, and body weight 58.94 kilograms. A slight headache was recorded which continued during the next day accompanied by ringing in the ears, pains in the stomach, and loss of appetite. Although temperature was normal, the pulse was exceedingly high, registering 98 beats. The temperature and pulse were normal on the third day, but the ringing in the ears continued on this and the following day though the temperature and pulse remained normal. On the last day of the subperiod No. 6 complained of severe headache, ringing in the ears, and pronounced pains in the stomach. Later in the evening he became nauseated and vomited a slight amount. The recorded temperature and pulse for this day were 98.5° F., and 79 beats, respectively, and the body weight 58.5 kilograms. The average body weight for this subperiod was 58.56 kilograms, 0.55 kilogram less than the average weight of the second preservative subperiod.

In the fourth subperiod no preservative was administered. On the first day the subject's temperature was 99° F., pulse 79, and body weight 58.55 kilograms. He complained of headache, nausea, and a touch of indigestion, also a dry, parched feeling in the throat. His temperature and pulse were normal on the following day, but a loss of appetite was reported; otherwise he felt very well. The normal temperature and pulse continued throughout the remainder of this subperiod, the subject feeling well with the exception of a loss of appetite. The body weight on the last day was 58.25 kilograms, while for the subperiod it averaged 58.4 kilograms, and for the entire preservative period 58.83 kilograms, showing a decrease of 0.6 kilogram from the average of the fore period.

The first day of the after period a temperature of 98.6° F., pulse 78 beats, and body weight 58.55 kilograms were recorded. The subject complained of a dry, parched feeling in his throat which, however, was not noted on the succeeding days when temperature and pulse, also, remained normal. The body weight on the last day was 58.4 kilograms and the average for the subperiod 58.47 kilograms, prac-

tically the same as that for the last preservative subperiod.

No. 6 was under observation only three days in the second after subperiod. His temperature and pulse were normal with no symptoms of any kind, the subject recording that he felt in good condition. The average weight for this subperiod was 58.44 kilograms and that for the entire after period 58.46 kilograms.

The characteristic symptoms developed by No. 6 during the period in which the preservative was administered were headache, ringing in the ears, slight indigestion, irritated feeling in the throat and esophagus, and nausea.

This subject was the least accurate of all the members of this series, and his recorded observations were subjected to the closest scrutiny. He had a very vivid imagination and the least excitement developed almost any symptoms which his fancy might dictate. At the beginning of the fore period the temperature was 98.1° F., pulse 84 beats, and the body weight 70.1 kilograms. He was in excellent physical condition and had entirely recovered from the supposed effects recorded in Series VII. He had a uniformly low temperature throughout this subperiod, pulse normal, and body weight 70.15 kilograms on the last day. The average body weight for the subperiod was 70.16 kilograms.

The temperature continued subnormal during the second fore subperiod but the pulse was normal. The body weight on the last day of this period was 70 kilograms, the average for the subperiod 70.02 kilograms, and that for the entire fore period 70.09 kilograms.

At the beginning of the preservative period No. 7 had a temperature of 98.3° F., pulse 72, and body weight 69.65 kilograms, the temperature and pulse remaining normal throughout the first subperiod. The recorded weight for the last day was 69.5 kilograms, the average for the entire subperiod being 69.8 kilograms.

The continued subnormal temperature was noted at the beginning of the second preservative subperiod, pulse normal, and body weight 69.9 kilograms. Temperature and pulse were normal on the third day, but the subject complained of drowsiness. A touch of indigesday, but the subject complained of drowsiness. A touch of indigestion was noted on the next day; temperature and pulse, however, continued normal. No symptoms were recorded on the last day, the subject closing the second subperiod with a temperature of 98.7° F., pulse 78 beats, and body weight 69.8 kilograms. The average body weight for this subperiod was 69.84 kilograms, a slight increase as compared with the average weight of the first preservative subperiod.

In the third preservative subperiod the temperature and pulse showed a slight variation, but not enough to be considered abnormal. Slight indigestion and a feeling of nervousness are reported but no other symptoms worthy of note during the remainder of the subperiod. The body weight on the last day was 69.4 kilograms and the average

weight for the subperiod 69.49 kilograms.

The recorded temperature for No. 7 on the first day of the fourth preservative subperiod was 98.4° F., pulse 78 beats, body weight 68.9 kilograms. Temperature and pulse were normal on the second day, but the subject reported that he was taken sick immediately after luncheon. On the following day the recorded temperature was slightly subnormal, the pulse 90 beats, and body weight 69.45 kilograms. There was a decided loss of appetite which continued during the following two days, accompanied on the last day by general lassitude. Temperature and pulse were normal during this time and the recorded body weight for the last day was 69.05 kilograms, the average weight for the last subperiod being 69.28 kilograms and that for the entire preservative period 69.6 kilograms, showing a loss of nearly 0.5 kilogram as compared with the average weight of the fore period. No preservative was given No. 7 after he developed nausea.

The temperature and pulse for this subject were normal throughout the first after subperiod and the body weight on the last day was 69.25 kilograms. No symptoms of any nature were recorded with the exception of a possible feeling of malaise on the third day. The average body weight for this subperiod was 69.36 kilograms.

The temperature during the second after subperiod was somewhat subnormal throughout, pulse normal, and body weight on the last day 69.05 kilograms. There were no symptoms of any nature

recorded and the subject had regained his normal condition. The average body weight for the last subperiod was 69.17 kilograms, practically the same weight as was recorded for the last preservative subperiod, but there is a decrease of 0.33 kilogram comparing the averages for the entire preservative and after periods.

This subject was by far the most regular in his habits and paid the strictest attention to detail of all the members of the table. As is mentioned in the medical data for Series VII (Part III of Bulletin 84), he had certain idiosyncracies which would make a study of his metabolic processes somewhat different from that of the other members. He regularly took a prescribed laxative throughout this experiment and drank large quantities of water during the day, as well as at meal times. He had a very vivid imagination and some of the symptoms which he noted were entirely irrelevant, requiring considerable analysis before credit could be given them.

He entered the fore period with a temperature of 98.4° F., pulse 68 beats, and a body weight of 61.65 kilograms. His temperature was slightly subnormal on two days during the subperiod, pulse normal throughout, and recorded body weight 61.42 kilograms on the last day. He had suffered no sickness of any nature during the relaxation period and entered the experiment in excellent condition. His average weight for this subperiod was 61.59 kilograms.

He was normal throughout the second fore subperiod with the exception of a slight headache on the last day, probably due to excitement caused by an examination which he had undergone the day before. His average weight for the second fore subperiod was 61.08 kilograms and that for the entire fore period 61.33 kilograms.

No. 8 entered the preservative period with a temperature of 98.5° F., pulse 67, and body weight 60.9 kilograms. His temperature throughout the first subperiod was slightly subnormal, pulse normal with some variation, and body weight on the last day 60.5 kilograms. No symptoms of any nature were recorded that had any bearing on the work. The average weight for this subperiod was 60.74 kilograms.

On the first day of the second preservative subperiod the temperature of No. 8 was 98.3° F., pulse 57, and body weight 60.8 kilograms. He complained on this day of a slight feeling of indigestion and looseness of bowels. On the following day he drank a large quantity of water and these symptoms disappeared; his temperature and pulse were normal. On the third day his temperature was slightly subnormal and the pulse normal, but complaint was made of an uncomfortable feeling in the stomach. Temperature and pulse on the following day were normal, the pain in the stomach, however, continuing during

the night and the last day of the subperiod when the temperature recorded was 98.3° F., pulse 60, and body weight 60.8 kilograms. The average weight for this subperiod was 60.91 kilograms, a slight increase as compared with the preceding one.

On the first day of the third preservative subperiod the temperature and pulse recorded were normal and the body weight 60.2 kilograms. The subject complained of a restless night and a slight pain in the stomach which still continued in the morning. The temperature and pulse on the fourth day were normal and the pain in the stomach previously noted had disappeared, but he experienced a slightly nauseated feeling in the afternoon and did not relish his meals. However, later in the day, he developed a feeling of hunger. His temperature on the last day of this subperiod was slightly subnormal, pulse normal, and body weight 60.4 kilograms. He complained of a slight headache after luncheon and developed quite a strong nauseated feeling after dinner. His average weight for the subperiod was 60.36 kilograms, a loss of 0.55 kilogram as compared with that of the second subperiod.

On the first day of the fourth preservative subperiod the subject's temperature and pulse were 98.4° F., and 65 beats, respectively, and the body weight 59.8 kilograms. He reported that he had not slept well the previous night and had a slight headache during the day, with some pain in the stomach. The following day he again complained of a slight headache during the afternoon and a feeling of weakness. slight pain in the stomach was also noted just before dinner on this day. His temperature for the third day of this subperiod was 98.8° F., with pulse normal, but he still complained of a slight headache and weakness. Although his rations seemed a little large at this time, he experienced no difficulty in eating them. A feeling of drowsiness was noted during the afternoon of each day of this subperiod. On the fourth day his temperature and pulse were normal, although a slight headache and a marked feeling of weakness were noted. Also a feeling of hunger developed in the afternoon which was accompanied at intervals by slight nausea. The recorded temperature for the last day of the subperiod was 98° F., pulse 62, body weight 60.5 kilograms. The subject reported that he felt very weak during this and the previous day. His average weight for this subperiod was 60.14 kilograms, a decrease of 0.22 kilogram from the average of the preceding subperiod. The average weight for the entire preservative period was 60.54 kilograms, representing a loss of 0.8 kilogram as compared with the fore period.

An analysis and summary of the symptoms developed by No. 8 during this period show that he suffered with headache, slight pains in the stomach at various times, a marked feeling of weakness, and slight nausea which was noticeable several times during the last pre-

servative subperiod, in which the highest amount of preservative was given, namely, 2.5 grams per day. This record accords with the symptoms noted by Nos. 1 and 4, who developed the same feeling of weakness when this amount of preservative was given. It might be well to mention here that No. 8, although physically the weakest member of the class, had in this observation as well as in Series VI and VII taken the entire amount of preservative during the whole series. Although he developed the same symptoms as the other members of the class, his general appearance at the end of each observation was by far better than that of any other member who took the same amount of preservative, or even less. This may well be ascribed, as was suggested before, to the large amount of water which he drank, and this should be taken into consideration in studying the data for this subject.

The temperature for No. 8 at the beginning of the after period was quite subnormal, pulse normal, and body weight 60.05 kilograms. He reported a slight improvement in his condition over that of the previous day, but was still weak. The same condition prevailed on the second day, the subject reporting that he felt quite weak, but otherwise in good condition. The weakness and malaise continued on the third day, the temperature and pulse, however, being normal. The temperature and pulse continued normal on the following day, the subject reporting that he felt considerably better. On the last day of this subperiod the temperature for No. 8 was 98.7° F., pulse 75 beats, body weight 59.3 kilograms. The subject reported that he slept poorly during the night and awoke with a headache, but felt fairly well during the day. He also reported a slight headache and nausea immediately after dinner, and the symptoms of a slight cold. The average weight for this first subperiod was 59.93 kilograms, which shows a slight loss as compared with the last preservative subperiod, and a decrease of 0.61 kilogram from the average of the entire preservative period.

On the first day of the second after subperiod the temperature was normal, pulse slightly above normal, and body weight 59.45 kilograms. The subject reported that he felt very well. On the following day the temperature and pulse were normal, but he complained of having had a slight headache during the previous night and forenoon. Temperature and pulse were normal on the last three days of this subperiod and the subject reported himself as feeling all right.

No. 9.-G. W. L.

No. 9 passed through the relaxation period without trouble of any sort and was in excellent condition at the beginning of the fore period.

In the first fore subperiod the temperature and pulse were normal throughout, and the body weight on the last day was 62.1 kilograms, the average for the entire subperiod being 61.79 kilograms.

His temperature was normal throughout the second fore subperiod, pulse slightly higher than in the previous subperiod, registering 81 beats. The body weight for the last day was 61.85 kilograms, the average for this subperiod being 61.78 kilograms, which was practically the same as that for the first subperiod, giving an average of 61.79 kilograms for the entire fore period.

There were no changes from this normal condition throughout the first preservative subperiod, the temperature remaining practically constant at 98.4° F., pulse 81 beats. The subperiod closed with the subject weighing 62 kilograms, the average weight for the

five days being 61.81 kilograms.

There was no deviation from this normal condition throughout the second preservative subperiod with the exception of a slight rise in temperature on the second day. The body weight on the last day was 61.82 kilograms, the average weight for the subperiod being 61.77 kilograms.

On the first day of the third preservative subperiod No. 9's temperature registered 98.6° F., pulse 82 beats, and body weight 61.65 kilograms. The same normal condition prevailed on the second day, but on the following day a temperature of 99° F. was noted, pulse 82 beats, and the subject complained of having a very sore and inflamed throat and of being somewhat constipated. On the following day the temperature was still 99° F., pulse 82 beats, and the subject complained that he felt sick, having pains in the stomach and bowels, and a sore throat. Later, after dinner on that day, he became nauseated and vomited part of the meal. On the last day of the third subperiod his temperature registered 99.1° F., pulse 83 beats, and body weight 61.7 kilograms. He complained of feeling very weak and of soreness in the region of the stomach. The administration of the preservative was discontinued after this day. The average body weight for this subperiod was 61.73 kilograms.

No. 9 was ill and remained in his room on the first day of the fourth preservative subperiod. On the next day he reported that he felt somewhat better but had no appetite and complained of soreness in the region of the stomach. His temperature was 99.4° F., pulse 84 beats. On the third day his temperature was still high, registering 99.4° F., and pulse 82 beats, but continued improvement was reported. His temperature on the following day was 98.8° F., pulse 82 beats, and he was gradually regaining his normal condition although he still had a feeling of soreness in the stomach and the bowels. The temperature on the last day of this subperiod had again risen to 99.1° F., pulse 81 beats, body weight 61.5 kilograms, and the subject reported that he was again feeling all right. The body weight for this subperiod, which includes the last three days

only, averaged 61.27 kilograms. The average body weight for the entire preservative period was 61.77 kilograms.

All of the analytical data for No. 9 during the fourth preservative subperiod were discarded as he was ill on the first day and was allowed to eat other food than the prescribed ration.

On the first day of the after period No. 9's temperature registered 98.4° F., pulse 82 beats, and body weight 61.3 kilograms. He reported himself in good condition throughout the first after subperiod. His pulse and temperature were normal and his body weight on the last day was 61.4 kilograms. The average body weight for this subperiod was 61.39 kilograms.

Normal conditions prevailed throughout the second after subperiod, temperature and pulse were normal, and No. 9 reported that he was in fine condition in every way. The body weight on the last day was 61.5 kilograms, and the average for this subperiod 61.46 kilograms. The average body weight for the entire after period was 61.43 kilograms.

The characteristic symptoms for No. 9 were burning sensations in the alimentary canal, but this subject did not pay the strictest attention to these details and may not have recorded them all. He had one attack of nausea with vomiting which was noted after dinner on May 4, and another attack after breakfast on May 6. He did not complain of being nauseated at any other time, and these attacks apparently came on suddenly.

#### No. 10.-R. D. B.

No. 10 entered the period of observation in first-class condition. He had had no illness during the relaxation period and all of his bodily functions were normal. He continued normal throughout the first fore subperiod, the body weight on the last day being 57.4 kilograms, and the average weight for the subperiod 56.73 kilograms.

He was normal throughout the second fore subperiod with only a slight deviation from time to time in pulse and temperature, the body weight for the last day being 56.45 kilograms and the average for the subperiod 56.49 kilograms. The average weight for the entire fore period was 56.61 kilograms.

On the first day of the preservative period No. 10's temperature and pulse registered 98.2° F., and 80 beats, respectively, and the body weight 56.4 kilograms. His temperature for the remainder of the first subperiod was normal with only slight variations from day to day, the pulse, however, showing a wide range each day. On the second and fourth days 102 and 120 beats, respectively, were recorded. This can hardly be attributed to any influence of the preservative, the only plausible explanation being that No. 10, who had to walk a considerable distance from the medical school in which he was a

student, had hurried and was not allowed sufficient time to rest before taking the pulse. His body weight on the last day was 56.6 kilograms, the average for the first preservative subperiod being 56.41 kilograms.

On the first day of the second preservative subperiod the subject's recorded temperature was 98.6° F., pulse 86 beats, and body weight 56.65 kilograms. Temperature and pulse were normal throughout this subperiod, but on the fourth day No. 10 complained of cramps in the stomach which continued during the following day accompanied by headache. His body weight on this day was 56.5 kilograms, pulse 94 beats, temperature normal. The average weight for the second subperiod was 56.53 kilograms.

On the first day of the third preservative subperiod the temperature and pulse were normal and the body weight 56.6 kilograms. The subject still suffered from cramps in the stomach. On the following day his temperature registered 98.8° F., and pulse 82 beats. There was a slight increase in temperature noted on the third day, 99° F. being recorded, and pulse 108 beats. He complained upon this day of having pains in the stomach with a return of headache in the frontal region. On the following day his temperature was somewhat subnormal, pulse slightly above normal, and he complained of having a sweet, sickening taste in his mouth and pains in the stomach. The same conditions existed upon the last day of this subperiod, when his temperature registered 98.9° F., his pulse 88 beats, and his body weight 56 kilograms. The average body weight for the third subperiod was 56.26 kilograms. The subject's appetite had been growing less during the last few days until on the morning of the fifth day of this subperiod he ate very little breakfast. No preservative was given on this day, yet he was suddenly taken sick during the night with cramps, followed by vomiting.

No. 10 did not receive the preservative during the fourth preservative subperiod which he entered with a temperature of 98.9° F., pulse 80 beats, and a body weight of 55 kilograms. He complained of a severe pain in the frontal region of the head and a pain in the stomach during this first day. The headache continued on the second day, the subject's temperature registering 98.5° F., and his pulse 70. His temperature and pulse were normal on the third day, but he again suffered from cramps and had an attack of nausea and vomiting after breakfast. He was feeling well on the last two days of this subperiod, pulse normal and temperature somewhat subnormal. The body weight for the last day was 55.65 kilograms and the average for the subperiod 55.30 kilograms, which is a loss of nearly a kilogram as compared with the average weight of the third preservative subperiod. The average for the entire preservative period was 56.13

kilograms, which is a decrease of nearly half a kilogram from the average of the fore period.

During the first after subperiod No. 10 reported that he was feeling well. His temperature still registered subnormal throughout the period, pulse normal, and his body weight for the last day was 57.05 kilograms. The average weight for this subperiod was 56.6 kilograms.

The same gradual improvement was noted during the second after subperiod, the subject reporting that he was in good condition at the end of this time. The body weight on the last day was 56.82 kilograms, the average weight for the subperiod being 57.08 kilograms and that for the entire after period 56.84 kilograms—0.71 kilogram more than the average for the preservative period.

The characteristic symptoms for this subject during the preservative period were cramps and pains in the stomach and in the frontal region of the head. He also was nauseated to such an extent that he vomited on two different occasions. This feeling, as in the case of No. 9, came on very suddenly. In addition to these symptoms, No. 10 also had a sweetish, disagreeable taste in his mouth for several days during the period.

#### No. 11.—A. F. M.

No. 11 entered the fore period in excellent condition. He was normal in every particular and had no sickness during the period of relaxation. On the first day his temperature and pulse were 98.2° F., and 66 beats, respectively, and his body weight 68.18 kilograms. He was normal during the remainder of the first fore subperiod, the body weight for the last day being 68.3 kilograms and the average for the subperiod 68.12 kilograms.

The same normal condition prevailed throughout the five days of the second fore subperiod, the body weight on the last day being 67.6 kilograms. The weight for this subperiod averaged 67.95 kilograms, and for the entire fore period 68.03 kilograms.

No. 11 had a temperature of 98.2° F. and pulse 66 on the first day of the preservative period and weighed 67.54 kilograms. He had a normal temperature and pulse until the fourth day when the temperature rose to 99.2° F., and the pulse to 72 beats. He noted in his "Remarks" that he was suffering from a slight cold. His temperature was 99.3° F. on the following or last day of the subperiod, pulse 84 beats, and body weight 67.61 kilograms. He noted that he had a dry, parched feeling in his throat, which in his case was probably due to the cold which still persisted. His average weight for this subperiod was 67.64 kilograms.

On the first day of the second preservative subperiod No. 11's temperature registered 98.2° F., pulse 72 beats, and weight 67.4 kilograms. He reported that his cold was better, but the dry sensation

in his throat still remained. Temperature and pulse were normal on the second and third days of this subperiod, but a slight headache was noted on the third and fourth days. The temperature and pulse on the fourth day were normal, but on the last day the temperature rose to 98.9° F., and the pulse to 80 beats, while the body weight was 67.1 kilograms. The subject reported that he had a feeling of weakness in his stomach and was somewhat feverish. The average body weight for the second subperiod was 67.28 kilograms.

No. 11's temperature and pulse were 98.7° F., and 72 beats, respectively, on the first day of the third preservative subperiod; his body weight was 67.14 kilograms. He recorded that he had a general feeling of weakness, and on the following day his temperature rose to 99° F., and his pulse to 75 beats. On this day he also suffered from a slight headache which continued during the third day. The temperature and pulse, however, were normal and remained so on the next day, though the slight headache still persisted. His temperature registered 98.8° F., pulse 69 beats, and body weight 67.08 kilograms on the last day of this subperiod, for which the average body weight was 67.13 kilograms.

On the first day of the fourth preservative subperiod No. 11 had a temperature of 99.4° F., pulse 66 beats, and a body weight of 67.04 kilograms. He complained of feeling very weak and of having nausea after dinner. The administration of the preservative was stopped at this time. The following day his temperature and pulse were normal, but he complained of a weak and uncomfortable feeling in his stomach. On the third day the pulse and temperature were normal, the subject was feeling fairly well and had no abnormal symptoms. His temperature showed a slight increase on the fourth day, but his pulse was normal and he felt well. On the last day he was normal and had no distressing symptoms. The body weight on this day was 67.51 kilograms, and the average for the last subperiod 67.13 kilograms, the same as in the previous subperiod. The average weight for the entire preservative period was 67.29 kilograms.

No. 11 was normal throughout the first after subperiod with the exception of his temperature on the third day which reached 99° F., and his pulse which rose to 81 beats. He reported, however, that he felt very well on this day and during the remainder of the subperiod. His body weight on the last day was 66.43 kilograms, the average weight for this subperiod being 66.63 kilograms.

On the first day of the second after subperiod No. 11's temperature and pulse were normal, and the body weight 66.15 kilograms. He became nauseated shortly after eating breakfast and vomited the entire meal. On the following day he felt well again but his temperature was slightly high, 98.8° F. His pulse, however, was normal, and there were no abnormal symptoms throughout the remainder of

this subperiod which he closed weighing 66.65 kilograms and feeling well. The average body weight for this subperiod was 66.34 kilograms, and that for the entire after period 66.49 kilograms, showing a gradual decrease throughout the period of observation.

The characteristic symptoms for No. 11 were slight inflammation in the throat, some headache, a weak and distressed feeling in the stomach, a general lassitude, and nausea which occurred even after the administration of the preservative had stopped.

## No. 12.—R. B. R.

No. 12 had an attack of measles during the relaxation period and was confined to his bed one week and to his room for nearly two weeks. All symptoms of the disease had passed away at the opening of the period of observation and his physical condition had been restored to a perfect normal.

On the first day of the fore period his temperature was 98.4° F., pulse 74 beats, and weight 67.55 kilograms. His condition continued normal throughout this subperiod and when it closed his body weight was 67.7 kilograms, the average weight for the subperiod being 67.45 kilograms.

During the second fore subperiod the temperature and pulse continued normal with slight variations from day to day, the body weight for the last day being 67.7 kilograms and his average body weight 67.76 kilograms, thus making the average for the entire fore period 67.61 kilograms.

No. 12 entered the preservative period with a temperature of 98.2° F., pulse 76 beats, and body weight 67.95 kilograms. His appetite was noted as being very "keen." The temperature and pulse remained normal during the following days, and the subject reported that he felt all right. The body weight on the last day of the first subperiod was 67.85 kilograms and the average for the subperiod 68.01 kilograms.

On the first day of the second preservative subperiod the temperature and pulse were normal and the body weight 67.8 kilograms. The subject reported that he felt well and that his appetite was good. The following day a subnormal temperature was noted, the pulse remained normal, and the subject complained that he felt somewhat fatigued, but he still had a good appetite. He was normal again on the following three days and closed the second subperiod with a body weight of 68.3 kilograms, the average weight for the subperiod being 68.32 kilograms.

On the first day of the third preservative subperiod No. 12's temperature and pulse were 98.6° F., and 76 beats, respectively, his body weight being 68.4 kilograms. He reported that he had a heavy and depressed feeling in his stomach, and on the following day expe-

rienced a decided loss of appetite so that he did not eat his ration with the usual enjoyment. Moreover, he felt very tired, although he had not taken an undue amount of exercise. His temperature and pulse were normal and remained so on the following day, but the gradual loss of appetite continued. On the fourth day the subject's temperature and pulse were normal but he reported that he had a headache and did not rest well during the night, also that he had some pain in his stomach and felt generally uncomfortable. Temperature and pulse were normal on the last day of the third subperiod and the body weight 68.2 kilograms; but on the evening of this day No. 12 reported that he felt quite sick, having had a severe pain in his stomach all day accompanied by headache, and pains in the region of the kidneys. His average weight for the third subperiod, however, was 68.42 kilograms, showing a gradual increase.

In the fourth preservative subperiod No. 12 did not receive any preservative. His temperature and pulse were normal on the first day and the body weight 68.2 kilograms, but he complained of some pain in the stomach. On the following day he still showed a normal temperature and pulse, and reported that his appetite was returning but that he had experienced a sensation of weakness for a few hours during the morning. On the third day the temperature and pulse were normal, but a loss of appetite was noted. A "tired feeling," continuing throughout the fourth day, was reported and the subject said that he no longer relished his meals. The temperature and pulse were normal on the last day of this subperiod and the body weight was 68.3 kilograms. No. 12 reported that he felt very well during this day and that his appetite was somewhat improved. The average weight for this subperiod was 68.18 kilograms, that for the entire preservative period 68.23 kilograms, showing a gain of 0.62 kilogram as compared with the average of the fore period.

Throughout the first after subperiod, No. 12's temperature and

pulse were normal with slight variations from day to day. He reported himself as feeling well, but on one occasion noted that his appetite was still somewhat below normal; otherwise, he was in good condition. The body weight on the last day was 68.3 kilograms, the average weight for this subperiod being 68.23 kilograms.

The temperature on the first four days of the second after subperiod was somewhat subnormal, pulse normal. On the second day the subject reported that he was nauseated, although he did not vomit, and felt weak. But on the following day he felt well again and closed the observation with a temperature of 98.4° F., pulse 74 beats, and a body weight of 68.25 kilograms. The weight for this subperiod averaged 68.1 kilograms and that for the entire after period 68.17 kilograms.

A summary of the symptoms of No. 12 shows a most striking loss of appetite, although his ration at the beginning was eaten with a relish. Headache, slight irritation and pains in the stomach, and a nauseated feeling on one occasion near the end of the after period are also recorded.

#### CONCLUSIONS.

These data show that the preservatives in the quantities administered produced marked symptoms of discomfort and positive malaise in the majority of cases. The most common symptoms are nausea and headache, which occurred in nine and eight cases, respectively, the nausea producing vomiting in only three cases. Seven of the subjects complained of weakness and burning and irritating sensations in the esophagus. Symptoms of hunger and indigestion occurred in three and five cases, respectively. It is thus seen that there was a marked effect under the administration of the preservative to produce headache and nausea, accompanied by lassitude.

## BODY WEIGHTS.

## VARIATIONS IN BODY WEIGHTS.

The data showing the variations in body weight are given in Table V, and in graphic form in figures 1 and 2.

The platted figures represent all the weight data irrespective of variations in administration of the preservative.

The data show a loss in the preservative period in nine cases and a gain in one case (No. 12). In only two cases, Nos. 4 and 10, is there any appreciable gain in the after period over the preservative period, and these gains are very slight. In the case of No. 1 the chart shows a very great loss of weight during the preservative period, and this loss is continued, though in a less degree, in the after period. No. 2 experienced a slight loss of weight during the preservative period and an increased loss during the after period. The chart of No. 3 shows a very slight loss of weight during the preservative period, followed by another slight loss of weight in the after period. The data for No. 4 show a slight loss of weight during the preservative period and a very slight gain during the after period. No. 5 suffered a marked loss of weight in the preservative period and a slight loss in the after period. No. 6 shows a notable loss of weight in the preservative period and almost as much in the after period. No. 7 experienced a considerable loss of weight in the preservative period and a slight loss in the after period. No. 8 shows a marked loss of weight in the preservative period and another loss equally great in the after period. No. 9 is probably the only member of the table whose weight is not perceptibly affected during the preservative period. There is, however,

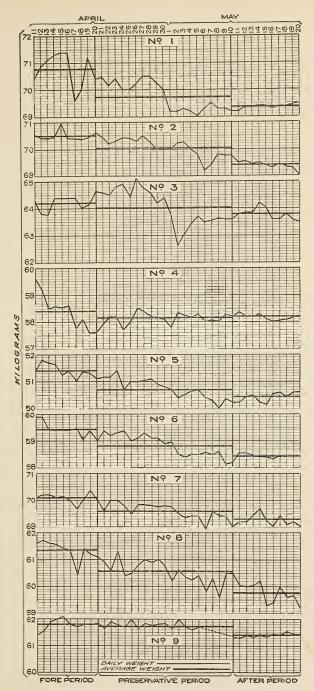


Fig. 1.—Average body weights for Series VIII, Nos. 1 to 9.

23360—Bull. 84, pt 4—08——4

a very slight loss of weight in the after period. No. 10 shows quite a loss of weight in the preservative period and a larger gain in the after period, so that his weight at the end of the observation is greater than at the beginning. No. 11 suffered a notable loss of weight in the preservative period and a still greater loss in the after period. No. 12 shows a marked gain in weight in the preservative period, and his weight during the after period remains the same as in the preservative period.

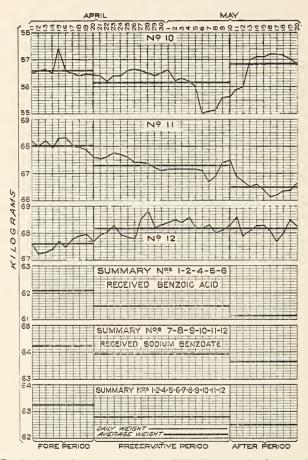


Fig. 2.—Average body weights for Series VIII, Nos. 10 to 12 and summaries.

The charts show a loss throughout the observation in nine cases and a gain in one case, while in two cases, Nos. 4 and 10, there is a loss in the preservative period and a gain in the after period.

Combining the data for Nos. 1, 2, 4, 5, and 6, who received benzoic acid, it is seen that the average loss of weight during the preservative period is about half a kilogram and the loss during the after period an additional 0.4 of a kilogram. The average weights of Nos. 7 to 12, who received sodium benzoate, show a loss of weight of

about 0.3 kilogram during the preservative period and an additional loss of about the same magnitude during the after period. The general effect upon the weight of the body appears to be more marked in the case of benzoic acid than in the case of sodium benzoate. though the effect is to decrease the weight in both cases. The general average, omitting No. 3 on account of imperfections in the observations, shows for the eleven men a notable loss of weight during the preservative period and an additional loss, of about the same magnitude, in the after period. The general conclusion, therefore, to be drawn from these observations is that the administration of benzoic acid as such or as sodium benzoate, in the quantities mentioned, tends to produce a condition of the system which causes a loss in the weight of the body; that is, the activities of a katabolic nature, destroying and excreting tissue, are greater than those of an anabolic nature, absorbing and building up tissue. This effect does not cease immediately upon the withdrawal of the preservative, but is continued in the majority of cases to a greater or less extent throughout the after period.

## RATIO OF FOOD WEIGHT TO BODY WEIGHT.

In Table V are found the data relating to the quantity of food consumed by each individual and the ratio of the weight of the food consumed to the weight of the body. The average weight of No. 1 for the fore period is 70.77 kilograms and the average weight of the moist food consumed is 2,388 grams, equivalent to 606 grams of dry substance. The weight of the dry food consumed is 0.86 per cent of the body weight. In the preservative period there was a loss of weight of about 1 kilogram, the quantity of moist food consumed being slightly increased and that of dry food slightly decreased. The ratio of the weight of dry food to the body weight is practically the same as that of the fore period. In the after period there is a further loss of weight and a smaller quantity of dry food is consumed, amounting to 0.82 per cent of the weight of the body.

No. 2 weighs about the same as No. 1 but consumes a slightly larger quantity of food, the amount of dry food consumed in the fore period being 0.93 per cent of the body weight, in the preservative period 0.93 per cent, and in the after period 0.91 per cent. The quantity of dry food consumed remains almost constant during the three periods, being 659 grams in the fore period, 651 grams in the preservative period, and 634 grams in the after period. There was a progressive loss of weight during the experiment, decreasing from 70.51 kilograms in the fore period to 70.06 in the preservative period, and 69.37 kilograms in the after period.

No. 3 weighed notably less than Nos. 1 and 2 and ate, proportionately, a larger quantity of food, the amount of dry food consumed being 1.01 per cent of the body weight in the fore period, 0.96 per cent

in the preservative period, and 1.04 per cent in the after period. There was a progressive loss of weight during the observation. The quantity of dry food consumed was reasonably constant, though somewhat less in the preservative period, the quantities being 648 grams, 613 grams, and 666 grams for the three periods, respectively. There is a continued loss of weight in the after period, although the quantity of dry food was notably increased.

No. 4 was still lighter in weight than No. 3, but ate about the same quantity of food in proportion to the weight of his body as No. 2. The weight of dry food is 0.90, 0.88, and 0.89 per cent of the weight of the body for the three periods, respectively. The quantities of dry food eaten in the three periods are almost identical. There is a slight loss of weight noticed in the preservative period and a very slight gain

over the preservative period in the after period.

No. 5 is a smaller man than any of the preceding subjects, weighing only 51.39 kilograms, but eats practically the same quantity of food in proportion to the weight of his body, the weight of the dry food being 0.94, 0.96, and 0.98 per cent of the weight of the body for the three periods, respectively. There is a progressive loss of weight during the observation. The quantity of dry food remains almost the same, though it is slightly greater in the preservative and after periods than in the fore period.

No. 6 weighs almost 60 kilograms at the beginning of the experiment and loses weight progressively throughout the period of observation. The weight of the dry food consumed is 0.97, 0.95, and 0.98 per cent of the weight of the body for the three periods, respectively.

In the case of No. 7, the weight of dry food is 0.74, 0.72, and 0.64 per cent of the body weight for the three periods. In this case there was again a progressive decrease in the weight of the body, and the quantity of dry food consumed also decreased, especially in the after period. The loss of weight, therefore, may be in this case justly attributed to the decrease in the quantity of food.

No. 8, although a much smaller subject, ate more food than No. 7, the percentage of dry food as compared with the body weight being 0.94, 0.94, and 0.96, respectively. In this case also there was a decrease in weight which can hardly be due to a decrease in the quantity of food, the amounts eaten being practically the same in the fore and after periods and only slightly less in the preservative period.

In the case of No. 9, the weight of the dry food is 0.84, 0.82, and 0.82 per cent of the body weight in the three periods, respectively. The body weight in the fore period is practically the same as in the preservative period, and there is a slight loss in the after period. The quantity of dry food consumed is slightly greater in the fore period than in the preservative or after period. Little effect is noticed on the part of the preservative to disturb the ratio in this case. The data for No. 10 show that he was the heartiest eater in proportion to

his weight of all the members of the table, with the exception perhaps of No. 12. The percentages are 1.03, 0.96, and 0.98, respectively. The quantity of dry food consumed is notably less in the preservative period, and somewhat less in the after period, than in the fore period. There is a slight loss of weight in the preservative period, which is more than regained in the after period, although the quantity of food consumed is not so great as in the fore period. There is, therefore, practically no effect produced in this case by the preservative on the relation between the weight of the body and the weight of the dry food consumed.

In the case of No. 11, the weight of dry food is 0.94, 0.95, and 0.96 per cent of the body weight in the three periods, respectively. The quantity of dry food consumed in the fore period and the preservative period is almost identical, while the quantity consumed in the after period is larger than in either. There is again a progressive loss of weight which is more marked in this case, since the quantity of food consumed is increased toward the end of the observations rather than diminished.

No. 12 is also a very hearty eater, as shown by the relation of body weight to the weight of the dry food consumed, this percentage being 1.02, 0.98, and 0.94, respectively. Slightly less food is consumed in the preservative period than in the fore period and much less in the after period, notwithstanding which there was a gain in weight in the preservative period and only a slight decrease in the after period, the final weight being higher than that of the fore period.

The data for Nos. 1 and 4 may be summarized for the entire period of observation. There is a progressive decrease in weight which can be accounted for only in a very small degree by the differences in food. There is 13 grams less food consumed daily in the preservative period than in the fore period, but the loss in weight is 640 grams. In the after period there is an additional loss of weight of 180 grams, only 10 grams of which can be ascribed to the decreased quantity of food. The variations in weight of dry food compared with body weight are expressed by 0.87, 0.86, and 0.85 per cent for the three periods, respectively.

A summary for Nos. 1, 2, 4, 5, and 6 is made for the whole of the fore period, for three of the preservative periods, and the whole of the after period. This also shows a progressive loss of weight with a very slight decrease in the amount of dry food consumed daily, amounting to 5 grams in the preservative period and 16 grams in the after period. The weights for dry foods are 0.92, 0.91, and 0.91 per cent of the body weight for the three periods, respectively.

A complete summary for Nos. 7 to 12, inclusive, is made for the entire observation period, with the exception of the fourth preservative subperiod. There is again shown a progressive loss of weight

attended by a very slight decrease in the daily food consumed of 8 grams in the preservative period and 25 grams in the after period. The ratios are 0.92, 0.91, and 0.88, respectively. They also show that the quantity of dry food consumed by the men composing this table is slightly less than 1 per cent of the weight of the body.

Omitting No. 3 (on account of incomplete data), a summary for all the members of the table may be made for the entire observation with the exception of the fourth preservative subperiod. This summary shows the progressive decrease in weight, amounting to about 0.75 kilogram if the averages for the fore and after periods be compared. The amount of dry food consumed daily is 7 grams less in the preservative period, and 21 grams less in the after period than in the fore period. The relations of food weight to body weight are expressed by 0.92, 0.91, and 0.89 per cent for the three periods, respectively.

Table V.—Amount of moist and dry food consumed, expressed as percentage of body weight, Series VIII.

F 4					- 7
Avera	ıges	are	per	da:	7-1

			[Averag	ges are j	per day.	.]				
		]	No. 1.					No. 2.		
Period.	Body weight.			Average daily ratio of food weight to body weight.		Body weight.	Weight of food.		Average daily ratio of food weight to body weight.	
		Moist.	Dry.	Moist.	Dry.		Moist.	Dry.	Moist.	Dry.
Fore period.										
First subperiod: TotalAverage	Kilos. 355.10 71.02	Grams. 11,815 2,363	Grams. 2,980 596	Per ct. 3.33	Per ct. 0.84	Kilos. 352.85	Grams. 16,354	$Grams. \\ 3,255$	Per ct. 4.63	Per ct. 0.92
Second subperiod: TotalAverage	352.55 70.51	12,067 2,413	3,076 615	3.42	.87	70.57 352.28 70.46	3,271 $16,153$ $3,231$	651 3,335 667	4.59	.95
Entire fore period: Total Average	707.65 70.77	23,882 2,388	6,056 606	3.37	.86	705.13 70.51	32, 507 3, 251	6, 590 659	4.61	.93
Preservative period.										
First subperiod: Total Average	351.05 70.21	12,316 2,463	2,957 591	3.51	.84	351.77 70.35	15, 939 3, 188	3,294 659	4.53	.94
Total	351.50 70.30	11, 576 2, 315	2,953 591	3.29	.84	351.05 70.21	16, 983 3, 397	$3,250 \\ 650$	4.84	.93
Total Average	$345.90 \\ 69.18$	$12,109 \\ 2,422$	$2,908 \\ 582$	3.50	.84	350.38 70.08	16,797 3,359	3,309 662	4.79	.94
Total	$346.60 \\ 69.32$	12,404 $2,481$	$2,976 \\ 595$	3.58	.86	347.92 69.58	17,757 3,551	3,165 633	5.10	.91
Entire preservative period: TotalAverage	1,395.05 69.75	48, 405 2, 420	11, 794 590	3.47	.85	1,401.12 70.06	67, 476 3, 374	13,018 651	4.82	.93
After period.										
First subperiod: Total Average	346.65 69.33	11,321 2,264	2,860 572	3.27	.83	347.33 69.47	17, 448 3, 490	3, 167 633	5.02	.91
Second subperiod: Total Average	347.07 69.41	$10,782 \\ 2,156$	$2,813 \\ 563$	3.11	.81	346.41 69.28	15,731 3,146	3,168 634	4.54	. 91
Entire after period: TotalAverage	693.72 69.37	22, 103 2, 210	5, 673 567	3.19	.82	693.74 69.37	33.179 3,318	6,335 634	4.78	.91

Table V.—Amount of moist and dry food consumed, expressed as percentage of body weight, Series VIII—Continued.

			No. 3.			No. 4.					
Period.	Body weight.	Weight of food.		Average daily ratio of food weight to body weight.		Body weight.	Weight of food.		Average daily ratio of food weight to body weight.		
		Moist.	Dry.	Moist.	Dry.		Moist.	Dry.	Moist.	Dry.	
Fore period.											
First subperiod: Total Average Second subperiod:	Kilos. 320.65 64.13	Grams. 13,808 2,762	Grams. 3,225 645	Per ct. 4.31	Per (t. 1.01	Kilos. 294.47 58.89	Grams. 11,151 2,230	Grams. 2,654 531	Per ct. 3.79	Per ct. 0.90	
Total	$321.62 \\ 64.32$	$13,816 \\ 2,763$	$3,257 \\ 651$	4.30	1.01	289.62 57.92	$11,010 \\ 2,202$	2,578 516	3.80	.89	
Entire fore period: Total Average	642.27 64.23	27, 624 2, 762	6, 482 648	4.30	1.01	584.09 58.41	22, 161 2, 216	5, 232 523	3.79	.90	
Preservative period.											
First subperiod: Total Average Second subperiod:	323.20 64.64	13,821 2,764	3,300 660	4.28	1.02	290.10 58.02	12, 130 2, 426	2,610 522	4.18	.90	
Total	$323.10 \\ 64.62$	15, 269 3, 054	3,301 660	4.73	1.02	291.31 58.26	10,885 2,177	2, 569 514	3.74	.88	
Total	$316.60 \\ 63.32$	12,899 2,580	2, 483 497	4.07	.78	290.85 58.17	$11,560 \\ 2,312$	2,596 519	3.97	.89	
Total Average	317.90 63.58	$15,206 \\ 3,041$	3, 183 637	4.78	1.00	290.50 58.10	$11,377 \\ 2,275$	2, 515 503	3.92	.87	
Entire preservative period: Total	1,280.80 64.04	57, 195 2, 860	12, 267 613	4.47	.96	1, 162.76 58.14	45, 952 2, 298	10, 290 514	3.95	.88	
After period.											
First subperiod: Total Average Second subperiod:	319.75 63.95	15, 136 3, 027	3,362 672	4.73	1.05	291.10 58.22	10,837 2,167	2,560 512	3.72	.88	
Total	$317.92 \\ 63.58$	14,835 2,967	3,295 659	4.67	1.04	290.55 58.11	$10,865 \\ 2,173$	2,615 523	3.74	•90	
Entire after period: Total Average	637.67 63.77	29, 971 2, 997	6,657 666	4.70	1.04	581.65 58.17	21,702 2,170	5, 175 518	3.73	.89	

Table V.—Amount of moist and dry food consumed, expressed as percentage of body weight, Series VIII—Continued.

		1	No. 5.					No. 6.		
Period.	Body weight.	Weig foo	tht of od			Body weight.	Weight of food.		Average daily ratio of food weight to body weight.	
		Moist.	Dry.	Moist.	Dry.		Moist.	Dry.	Moist.	Dry.
Fore period.										
First subperiod: Total Average	Kilos. 257. 80 51. 56	Grams. 10.558 2.112	Grams. 2,363 473	Per ct. 4. 10	Per ct. 0.92	Kilos. 298. 01 59. 60	Grams, 12.386 2.477	Grams. 2.880 576	Per ct. 4.16	Per ct. 0.97
Second subperiod: TotalAverage	250, 13 51, 23	11.027 2.205	2.486 497	4. 31	. 97	296, 32 59, 26	$13.776 \\ 2,755$	2.888 578	4. 65	. 97
Entire fore period: Total Average	513. 93 51. 39	21, 585 2, 159	4.849 485	4. 20	. 94	594. 33 59. 43	26.162 2.616	5,768 577	4. 40	.97
Preservative period.										
First subperiod: Total Average Second subperiod:	255. 39 51. 08	10.493 2.099	2.451 490	4.11	.96	296. 22 59. 24	13.339 2.66S	2,938 588	4. 50	. 99
Total	254. 86 50. 97	11.424 2.285	2,505 501	4. 48	.98	295. 54 59. 11	13 487 2.697	2,767 553	4. 56	.94
Total	252. 93 50. 59	11.518 2.304	2.435 487	4. 55	.96	292, 82 58, 56	13 727 2.745	2.743 549	4.69	. 94
Total	251. 39 50. 28	11.004 2.201	2.397 479	4.38	. 95	292. 00 58. 40	12.854 2.571	2.695 539	4:0	. 92
Entire preservative period: TotalAverage	1,014.57 50.73	44, 439 2, 222	9.788 489	4. 38	. 96	1, 176. 58 58. S3	53.407 2.670	11.143 557	4. 54	. 95
After period.										-
First subperiod: Total Average Second subperiod:	251. 64 50. 33	11.414 2.283	2,462 492	4.54	.98	292. 36 58. 47	12.648 2.530	2,769 a 554	4. 33	.95
Total	252.81 50.56	11,557 2,311	2.495 499	4. 57	. 99	292. 21 58. 44	12.336 2.467	$2.814 \\ 563$	4. 22	.96
Entire after period: Total Average	504. 45 50. 45	22,971 2,297	4.957 496	4. 55	. 98	584. 57 58. 46	24,984 2,498	5,583 558	4. 27	. 96

a Daily average added in order to complete record.

Table V.—Amount of moist and dry food consumed, expressed as percentage of body weight, Series VIII—Continued.

-		N	lo. 7.				N	io. 8.		
Period.	Body weight.	Weight of food.		Average daily ratio of food weight to body weight.		Body weight.	Weight of food.		A verage daily ratio of food weight to body weight.	
		Moist.	Dry.	Moist.	Dry.		Moist.	Dry.	Moist.	Dry.
Fore period.										
First subperiod: TotalAverage	Kilos. 350. 81 70. 16	Grams. 10,848 2,170	Grams. 2,530 506	Per ct. 3. 09	Per ct. 0.72	Kilos. 307. 93 61. 59	$\begin{array}{c} Grams. \\ 16,091 \\ 3,218 \end{array}$	Grams. 2,843 569	Per ct. 5. 23	Per ct. 0. 92
Second subperiod: Total Average	350. 10 70. 02	$10,965 \\ 2,193$	$2,672 \\ 534$	3.13	.76	305. 41 61. 08	19,065 3,813	2,935 587	6. 24	. 96
Entire fore period: Total Average	700, 91 70, 09	21,813 2,181	5,202 520	3. 11	.74	613. 34 61. 33	35, 156 3, 516	5,778 578	5, 73	. 94
Preservative period.					3					
First subperiod: Total Average	349. 00 69. 80	10,693 2,139	2,463 493	3.06	.71	303. 70 60. 74	16, 457 3, 291	2,933 587	5. 42	.97
Second subperiod: Total Average. Third subperiod:	349. 20 69. 84	$11,312 \\ 2,262$	2,591 518	3. 24	.74	304. 55 60. 91	18,056 3,611	2,820 564	5. 93	. 93
Total	347. 45 69. 49	10,875 2,175	2,619 524	3. 13	.75	301.80 60.36	16.788 3,358	2,840 568	5, 56	.94
Total Average	346. 40 69. 28	10,851 $2,170$	2,290 458	3. 13	.66	300. 70 60. 14	16,279 3,256	2,806 561	5. 41	. 93
Entire preservative period:										
Total	1,392.05 69.60	43,731 2,187	9,963 498	3. 14	.72	1,210.75 60.54	67,580 3,379	11,399 570	5. 58	. 94
After period.										
First subperiod: Total Average	346.80 69.36	11,072 2,214	2,387 477	3. 19	.69	299. 65 59. 93	15,631 3,126	2,907 581	5. 22	. 97
- Second subperiod: Total	345. 85 69. 17	8,829 1,766	2,075 415	2.55	.60	298.00 59.60	16,979 3,396	2,858 572	5. 70	. 96
Entire after period: Total Average		19,901 1,990	4,462 446	2.87	. 64	597. 65 59. 77	32,610 3,261	5,765 576	5. 46	. 96

Table V.—Amount of moist and dry food consumed, expressed as percentage of body weight, Series VIII—Continued.

		1	No. 9.				1	No. 10.		
Period.	Body weight.			Average daily ratio of food weight to body weight.		Body weight.		ght of od.	Average daily ratio of food weight to body weight.	
		Moist.	Dry.	Moist.	Dry.		Moist.	Dry.	Moist.	Dry.
Fore period.										
First subperiod: Total Average Second subperiod:	Kilos. 308. 96 61. 79	Grams. 11,371 2,274	Grams. 2,615 523	Per ct. 3. 68	Per et. 0.85	Kilos. 283. 65 56. 73	Grams. 11,544 2,309	Grams. 2,808 562	Perct. 4.07	Per ct. 0. 99
Total Average	308. 90 61. 78	$11,422 \\ 2,284$	2,596 519	3.70	. 84	282. 45 56. 49	12,196 2,439	3,018 604	4.32	1.07
Entire fore period: Total Average	617. 86 61. 79	22,793 2,279	5,211 521	3. 69	.84	566. 10 56. 61	23,740 2,374	5,826 583	4. 19	1.03
Preservative period.										
First subperiod: Total Average Second subperiod:	309. 04 61. 81	11,828 2,366	2,566 513	3.83	.83	282.05 56.41	11,406 2,281	2,803 561	4.04	. 99
Total	308. 85 61. 77	11,473 2,295	2,536 507	3.71	. 82	282. 67 56. 53	11,766 2,353	2,844 569	4.16	1.01
Total	308. 66 61. 73	$11,849 \\ 2,370$	$2,502 \\ 500$	3.84	. 81	281. 30 56. 26	11,359 2,272	2,647 529	4.04	.94
Fourth subperiod: Total Average						276. 48 55. 30	10,765 2,153	2,446 489	3.89	. 88
First, second, and third subperiods: Total Average	926. 55 61. 77	35,150 2,343	7,€04 507	3.79	. 82					
Entire preservative period: TotalAverage						1,122.50 56.13	45,296 2,265	10,740 537	4.04	.96
After period.										
First subperiod: Total	306. 95 61. 39 307. 32	12,084 2,417 12,283	2,547 509 2,502	3.94	. 83	282, 99 56, 60 285, 42	11,658 2,332 11,382	2,858 572 2,717	4. 12 3. 99	1.01
Average	61. 46	2,457	500			57. 08	2,276	543		
Entire after period: Total Average	614. 27 61. 43	24,367 2,437	5,049 505	3. 97	. 82	568. 41 56. 84	23,040 2,304	5,575 558	4. 05	. 98

Table V.—Amount of moist and dry food consumed, expressed as percentage of body weight, Series VIII—Continued.

		1	No. 11.				1	No. 12.		
Period.	Body weight.	Weight of food.		Average daily ratio of food weight to body weight.		Body weight.	Weight of food.		Average daily ratio of food weight to body weight.	
		Moist.	Dry.	Moist.	Dry.		Moist.	Dry.	Moist.	Dry.
Fore period.										
First subperiod: Total Average	Kilos. 340. 61 68. 12	Grams. 15,501 3,100	Grams, 3,092 618	Per ct. 4. 55	Per ct. 0.91	Kilos, 337. 25 67. 45	Grams. 13,492 2,698	Grams. 3,382 676	Per ct. 4.00	Per ct. 1.00
Second subperiod: Total Average	339. 73 67. 95	15,206 3,041	3,295 659	4.48	. 97	338. 82 67. 76	14,148 2,830	3,503 701	4.18	1.03
Entire fore period: TotalAverage	680. 34 68. 03	30,707 3,071	6,387 639	4. 51	.94	676. 07 67. 61	27,640 2,764	6,885 688	4. 09	1.02
Preservative period.										
First subperiod: Total Average Second subperiod:	338. 20 67. 64	14,531 2,906	3,319 664	4. 30	. 98	340. 05 68. 01	14,674 2,935	3,486 697	4. 32	1.03
Total	336. 40 67. 28	15,269 3,054	3,201 640	4. 54	. 95	341. 58 68. 32	$^{13,981}_{2,796}$	3,432 686	4. 09	1.00
Total	335. 63 67. 13	16,022 3,204	3,263 653	4.77	97	342. 10 68. 42	14,430 2,886	3,329 666	4. 22	. 97
Total	335. 63 67. 13	15,940 3,188	2,948 590	4. 75	. 88	340. 90 68. 18	14,069 2,814	3,104 621	4. 13	. 91
Entire preservative period: Total	1,345.86 67.29	61,762 3,088	12,731 637	4. 59	. 95	1,364.63 68.23	57,154 2,858	13,351 668	4. 19	. 98
After period.										
First subperiod: Total Average Second subperiod:	333. 14 66. 63	15,357 3,071	3,305 661	4. 61	. 99	341. 15 68. 23	13,312 2,662	3,262 652	3.90	. 96
Total	$331.71 \\ 66.34$	14,286 2,857	$3,226 \\ 645$	4. 31	. 97	340. 50 68. 10	12,922 2,584	$3,144 \\ 629$	3. 80	. 92
Entire after period: Total	664. 85 66. 49	29,643 2,964	6,531 653	4. 46	. 98	681. 65 68. 17	26,234 2,623	6,406 641	3.85	. 94

Table V.—Amount of moist and dry food consumed, expressed as percentage of body weight, Series VIII-Continued.

#### SUMMARIES.

[Averages are per man per day.]

		Nos	. 1 and 4				Nos. 1,	2, 4, 5, a	nd 6.	
Period.	Body weight.		Averadaily rafood we to boo weigh		ratio of weight ody	atio of veight ody Body		ght of od.	Average daily ratio of food weight to body weight.	
		Moist.	Dry.	Moist.	Dry.		Moist.	Dry.	Moist.	Dry.
Fore period.										
First subperiod: Total Average Second subperiod:	Kilos. 649. 57 64. 96	Grams. 22,966 2,297	Grams. 5,634 563	Per ct. 3. 54		Kilos. 1, 558. 23 62. 33	Grams. 62, 264 2, 491	Grams. 14, 132 565	Per ct. 4.00	Per ct. 0. 91
TotalAverage	642. 17 64. 22	23, 077 2, 308	5,654 565	3. 59	.88	1, 546. 90 61. 88	64, 033 2, 561	14,363 574	4. 14	
Entire fore period: Total Average		46, 043 2, 302	11, 288 565	3. 56	.87	3, 105. 13 62. 10	126, 297 2, 546	28, 495 570	4. 07	. 92
Preservative period.										
First subperiod: TotalAverageSecond subperiod:	641. 15 64. 12	24, 446 2, 445	5, 567 557	3. 81	. 87	1, 544. 53 61. 78	64, 217 2, 569	14, 250 570	4. 16	. 92
Total	642. 81 64. 28	22, 461 2, 246	5, 522 552	3. 49	. 86	1, 544. 26 61. 77	$\substack{64,355 \\ 2,574}$	$14,044 \\ 562$	4. 17	. 91
Total	636, 75 63, 68	$23,669 \\ 2,367$	5, 504 550	3.72	. 86	1, 532. 88 61. 32	$65,711 \\ 2,628$	13, 991 560	4. 29	. 91
Total	637. 10 63. 71	23,781 2,378	5, 491 549	3.73	. 86					
third subperiods: Total Average						4, 621, 67 61, 62	194. 283 2, 590	42, 285 565	4. 20	. 91
Entire preservative period: Total		94,357 2,359	22, 084 552	3.69	. 86					
After period.										
First subperiod: Total Average Second subperiod: Total Average	637.75 63.78 637.62 63.76	22, 158 2, 216 21, 647 2, 165	5, 420 542 5, 428 542	3. 47	.85	1, 529. 08 61. 16 1, 529. 05 61. 16	63,668 2,547 61,271 2,451	13, 818 553 13, 905 556	4. 16	.90
Entire after period: Total	-	43, 805 2, 190	10, 848 542	3. 43	. 85	3, 058. 13 61. 16	124, 939 2, 499	27,723 554	4. 09	. 91

Table V.—Amount of moist and dry food consumed, expressed as percentage of body weight, Series VIII—Continued.

## ${\tt SUMMARIES--Continued}.$

[Averages are per man per day.]

		Nos	. 7 to 12.	•		Nos. 1 to 12 (omitting No. 3).				
Period.	Body weight.			daily r food v to b	Average daily ratio of food weight to body weight.		Weight of food.		Average daily ratio of food weight to body weight.	
		Moist.	Dry.	Moist.	Dry.		Moist.	Dry.	Moist.	Dry.
Fore period.										
First subperiod: Total Average.	Kilos. 1,929.21 64.31	Grams. 78,847 2,628	Grams, 17, 270 576	Per ct. 4.09	Per ct. 0.90	Kilos. 3, 487. 44 63. 41	Grams. 141, 111 2, 566	Grams. 31, 402 571	Per ct. 4.05	Per ct. 0. 90
Second subperiod: Total Average	1, 925. 41 64. 18	83,002 2,767	18, 019 601	4.31	. 94	3, 472.31 63.13	$^{147,035}_{2,673}$	32,382 589	4. 23	. 93
Entire fore period: Total Average	3, 854. 62 64. 24	161, 849 2, 697	35, 289 588	4. 20	. 92	6, 959. 75 63. 27	288, 146 2, 620	63, 784 580	4. 14	. 92
Preservative period.										
First subperiod: Total Average Second subperiod:	1, 922. 04 64. 07	79, 589 2, 653	17,570 586	4. 14	.91	3, 466. 57 63. 03	143, 806 2, 615	31, 820 579	4. 15	.92
Total Average Third subperiod:	1, 923, 25 64, 11	81, 857 2, 729	17, 424 581	4. 26		3, 467. 51 63. 05	146, 212 2, 658	31, 468 572	4. 22	. 91
Total	1,916.94 63.90	81,323 2,711	17, 200 573	4. 24	. 90	3, 449. 82 62. 72	$147,034 \\ 2,673$	31, 191 567	4. 26	. 90
First, second, and third subperiods: Total Average	5,762.23 64.02	242,769 2,697	52, 194 580	4. 21	. 91	10, 383, 90 62, 93	437, 052 2, 649	94, 479 573	4. 21	. 91
After period.										
First subperiod: Total	1, 910. 68 63. 69	79, 114 2, 637	17, 266 576	4. 14	.90	3, 439. 76 62. 54	142, 782 2, 596	31, 084 565	4. 15	. 90
TotalAverage	1, 908. 80 63. 63	76,681 2,556	16, 522 551	4. 02	. 87	3, 437. 85 62. 51	137, 952 2, 508	30, 427 553	4. 01	. 88
Entire after period: Total	3, 819. 48 63. 66	155, 795 2, 597	33,788 563	4.08	. 88	6, 877. 61 62. 52	280, 734 2, 552	61, 511 559	4.08	. 89

## WEIGHT AND WATER CONTENT OF THE FECES.

## INDIVIDUAL DATA.

In Table VI are given the individual data and summaries of the weight of the moist feces, their water content, and the dry weight thereof. In the case of No. 1 the relative weights of the moist and dry feces and the percentage of water are practically the same for the fore and preservative periods. During the after period the percentage of water and the weight of the feces are considerably increased. The dry feces also are greater in weight than in the other two periods.

No. 2 excretes more than double the weight of feces indicated in the case of No. 1. The water content is diminished during the preservative period, but the total weight of feces is very much increased. There is again an increase in the amount of water in the after period, but a decrease in the weight of the dry and moist feces excreted.

In the case of No. 3 there is a diminution in the water content of the feces during the preservative period, but an increase in the total moist and dry weight of the feces excreted. There is a great diminution, however, in both these weights and also in the percentage of moisture during the after period.

In the case of No. 4 the amount of water in the feces is diminished in the preservative period and the total weight of dry feces is also slightly diminished. The weight of moist and dry feces remains the same in the after period as in the preservative period.

In the case of No. 5 there is a decided increase in the weight of moist and dry feces in the preservative period, but the water content remains practically the same. There is little change in the composition of the feces in the after period as compared with the preservative period.

No. 6 excretes by far the largest quantity of feces of any member of the table, and the water content is also the highest. There is a diminution both in the amount of moist feces and dry feces in the preservative period, though there is a slight increase in the moisture. There is a still further diminution in the quantity of wet and dry feces in the after period, and the amount of moisture therein also decreases.

In the case of No. 7 there is a diminution both in the weight of moist and dry feces and in the percentage of water in the moist feces during the preservative period. There is a great increase in the weight of moist and dry feces in the after period, though the amount of water present is slightly less than in the preservative period.

In the case of No. 8 there is a marked increase in the weight of the moist and dry feces in the preservative period, and the percentage of water is also greater. This increase is continued in a marked degree in the after period.

The data for No. 9 show a decided diminution in the weight of the moist and dry feces excreted. The percentage of water in the feces is also slightly less than in the fore period. In the after period there is a very large increase in the quantity of feces excreted, though the percentage of water therein is not sensibly changed.

In the case of No. 10 there is a marked increase in the weight of the moist feces and the percentage of water therein, and a slight increase in the dry feces during the preservative period. There is a notable increase both in the weight of moist feces and dry feces in the after period, but the percentage of water is less than in the preservative period.

In the case of No. 11 there is a marked increase in the moist and dry feces in the preservative period and a slight decrease in the percentage of water. The data for the after period are almost the same as those for the preservative period.

In the case of No. 12 there is a decrease in moist and dry feces in the preservative period, the water content remaining almost the same as in the fore period. In the after period there is a marked increase in the moist feces without a corresponding increase in the dry feces, due to an increase in the percentage of water.

#### SUMMARIES.

The summary for Nos. 1 and 4 is the only one which is complete for the whole period of observation, inasmuch as they are the only members of the class for whom unbroken data were obtained. The summary shows that in the preservative period there is a slight decrease in the weight of the moist feces excreted, accompanied by a decrease in the percentage of water therein and a very slight decrease in the weight of dry feces excreted. During the after period there is an increase in the weight of moist feces, which is greater than in the fore period. There is an increase in the percentage of moisture as compared with the preservative period, and the weight of dry feces excreted is the same as in the fore period.

The summary for Nos. 1, 2, 4, 5, and 6, who received benzoic acid, is made for the entire series, excluding the fourth preservative subperiod on account of variations in administration of the preservative. A slight increase in the weight of the moist feces is shown in the preservative period, a slight decrease in the percentage of moisture therein, and a slight increase in the weight of the dry feces. In the after period there is a marked loss in the weight of the moist feces and a continued diminution of the percentage of moisture, while the weight of the dry feces is slightly decreased, returning to the figure of the fore period.

The summary for Nos. 7 to 12, inclusive (who received sodium benzoate), covers the entire series, with the exception of the fourth preserv-

ative subperiod, and shows a slight increase in the weight of the moist feces and the percentage of water therein, while the amount of dry feces excreted is the same as in the fore period. In the after period there is a marked increase in the weight of the moist feces with practically no change in the water content as compared with the preservative period, and a correspondingly marked increase in the weight of dry feces excreted.

The summary for Nos. 1 to 12, inclusive, omitting No. 3, also covers the entire observation with the exception of the fourth preservative subperiod. It shows that in the preservative period there is a slight increase in the quantity of moist and dry feces, as well as in the moisture content. In the after period there is again a slight increase in the weight of the moist feces and a slight decrease in the percentage of moisture as compared with the preservative period, while the weight of dry feces excreted is the same as in the preservative period.

The data do not show any notable effect upon the composition of the feces which can be attributed to the preservative administered, but the following points may be noted: There is evidently no pronounced tendency to produce any diarrheal condition, though the quantities of moist and dry feces do not vary in any uniform way in the preservative

period as compared with the fore and after periods.

The summary for Nos. 1 to 12 is the most complete expression of the mass action of the preservative, and shows little change in the excretion of the feces, either as respects the weight of the moist and dry feces or the water content. It is fair to conclude, therefore, from a study of these data that the preservative has not produced any effect of a systematic character in these particulars. Attention should be called, however, to the fact that the summary for those receiving benzoic acid (Nos. 1 to 6) and that for those receiving sodium benzoate (Nos. 7 to 12), while agreeing in that they show a slight increase in moist feces excreted and practically no change in the amount of dry feces in the preservative period, show in the first case a continued decrease in moisture throughout and in the other a continued increase. In the after period also opposite tendencies are shown, the weights increasing for Nos. 7 to 12 and decreasing for Nos. 1 to 6. It seems probable, therefore, that the form in which the preservative is administered should be considered in interpreting these results.

Table VI.—Weight and water content of feces, by periods, Series VIII.

[Averages are per day.]

		No. 1.			No. 2.		No. 3.			
Period.	Feces, moist.	Water con- tent.	Feces, dry.	Feces, moist.	Water con- tent.	Feces, dry.	Feces, moist.	Water con- tent.	Feces, dry.	
Fore period.										
First subperiod: Total	Grams. 134 27	Per ct. 68.60	Grams.	Grams. 389 78	Per ct. 73.34	Grams. 104 21	Grams. 321 64	Per ct. 71.56	Grams. 91 18	
Total	218 44	70. 56	64 13	480 96	73.83	126 25	316 63	70. 54	93 19	
Entire fore period: Total	352 35	69.89	106 11	869 87	73. 53	230 23	637 64	71. 11	184 18	
Preservative period.										
First subperiod: Total	202 40	69. 62	61 12	482 96	71.51	137 27	355 71	68. 37	112 22	
Total	119 24	64.74	42 8	509 102	71.82	143 29	430 86	70. 40	· 127	
Total	237 47	72. 20	66 13	503 101	70. 22	150 30	154 31	66. 28	52 10	
Total	136 27	70. 43	40 8	437 87	68. 92	136 27	422 84	70.60	124 25	
Entire preservative period: Total	694 35	69. 88	209 10	1, 931 97	70. 69	566 28	1,361 68	69. 51	415 21	
After period.										
First subperiod: Total	222 44	71.12	64 13	491 98	72. 10	137 27	210 42	64. 20	75 15	
TotalAverage	231 46	73. 28	62 12	409 82	70. 42	121 24	214 43	65. 94	73 15	
Entire after period: TotalAverage		72. 19	126 13	900 90	71. 33	258 26	424 42	65. 09	148 15	

23360—Bull. 84, pt 4—08——5

Table VI.—Weight and water content of feces, by periods, Series VIII—Continued.

		No. 4.			No. 5.		No. 6.			
Period.	Feces, moist.	Water con- tent.	Feces, dry.	Feces, moist.	Water con- tent.	Foces, dry.	Feces, moist.	Water con- tent.	Feces, dry.	
Fore period.										
First subperiod: Total	323	Per ct. 74.32	Grams. 83 17	Grams. 187 37	Per ct. 75.34	Grams. 46 9	Grams. 736 147	Per ct.	Grams. 162 32	
Total Average	246 49	72.63	67 13	308 62	74.58	78 16	661 132	79.60	135 27	
Entire fore period: TotalAverage	569 57	73.64	150 15	495 50	74.95	124 12	1,397 140	78.74	297	
Preservative period.										
First subperiod: Total. Average	274 55	72.30	76 15	369 74	76.48	87 17	752 150	80.46	147 29	
Second subperiod: Total. Average. Third subperiod:	236 47	71.29	68 14	251 50	71. 41	72 14	578 116	80.98	110 22	
Total	227 45	70.23	68 14	316 63	76.34	75 15	639 128	79.08	134 27	
Total	241 45	69.36	74 15	344 69	72.62	94 19	585 117	80, 52	114 23	
Entire preservative period: Total. Average.	978 49	70. 76	286 14	1,280 64	74.38	328 16	2, 554 128	80.23	505 25	
After period.										
First subperiod: Total	276 55	71.39	79 16	3 <u>82</u> 76	74.74	96 19	582 116	76. 58	136 27	
Total. Average.	210 42	70.60	62 12	244 49	74. 93	61 12	332 66	79.98	66 13	
Entire after period: Total Average	486 49	70. 99	141 14	626 63	74. 92	157 16	914 91	77.90	202 20	

Table VI.—Weight and water content of feces, by periods, Series VIII—Continued.

[Averages are per day.]

		No. 7.			No. 8.		No. 9.			
Period.	Feces, moist.	Water con- tent.	Feces, dry.	Feces, moist.	Water con- tent.	Feces, dry.	Feces, moist.	Water con- tent.	Feces, dry.	
Fore period.										
First subperiod: Total Average Second subperiod:	Grams. 464 93	Per ct. 80.07	Grams. 92 18	Grams. 564 113	Per ct. 77.72	Grams. 126 25	Grams. 297 59	Per ct. 69. 10	Grams. 92 18	
TotalAverage	381 76	76, 99	88 18	182 36	72.86	49 10	264 53	69. 38	81 16	
Entire fore period: Total	845 84	78. 70	180 18	746 75	76, 54	175 18	561 56	69. 16	173 17	
Preservative period.										
First subperiod: Total	344 69	77. 35	78 16	559 112	80.02	112 22	140 28	66. 56	47 9	
Second subperiod: Total Average Third subperiod:	377 75	72.08	105 21	500 100	79.90	101 20	264 53	65. 66	91 18	
Total	337 67	78. 62	72 14	497 99	80.10	99 20	103 21	61.70	39 8	
Total	296 59	75. 26	73 15	471 94	77.64	105 21	357 71	73. 80	94	
Entire preservative period: Total	1,354 68	75. 78	328 16	2, 027 101	79. 43	417 21	864 43	68, 63	271 14	
After period.										
First subperiod: Total	434 87	78. 22	95 19	504 101	78. 46	109 22	260 52	67. 68	84 17	
Second subperiod: Total	402 80	70.90	117 23	668 134	82. 49	117 23	400 80	69. 40	122 24	
Entire after period: Total	- 836 84	74. 64	212 21	1, 172 117	80.72	226 23	660 66	68.79	206 21	

 ${\tt Table\ VI.-Weight\ and\ water\ content\ of\ feces,\ by\ periods,\ Series\ VIII.-Continued.}$ 

	No. 10.				No. 11.		No. 12.		
Period.	Feces, moist.	Water con- tent.	Feces, dry.	Feces, moist.	Water con- tent.	Feces, dry.	Feces, moist.	Water con- tent.	Feces, dry.
Fore period.									
First subperiod: Total	Grams. 353 71	Per ct. 72.84	Grams. 96 19	Grams. 320 64	Per ct. 76.70	Grams. 75 15	Grams. 520 104	Per ct. 74. 92	Grams. 130 26
Total	198 40	74.32	51 10	396 79	78.75	84 17	496 99	77. 28	113 23
Entire fore period: Total Average	551 55	73. 32	147 15	716 72	77. 79	159 16	1,016 102	76.08	243 24
Preservative period.									
First subperiod: Total	231 46	79. 32	48 10	487 97	74. 45	124 25	648 130	82. 26	115 23
Total	551 110	74. 32	141 28	466 93	76.02	112 22	383 77	74. 46	98 20
Total	362 72	80. 92	72 14	296 59	75. 68	72 14	370 74	74. 44	95 19
Fourth subperiod: TotalAverage	227 45	71.80	64 13	408 82	75. 46	100 20	478 96	70.84	139 28
Entire preservative period: Total. Average.	1, 371 69	76. 29	325 16	1, 657 83	75. 38	408 20	1,879 94	76. 21	447 22
After period.									
First subperiod: Total	394 79	76.16	94 19	456 91	76.70	106 21	540 108	80. 86	103 21
TotalAverage	379 76	75.16	94 19	380 76	74.56	97 19	535 107	79. 86	108 22
Entire after period: TotalAverage	773 77	75. 68	188 19	836 84	75. 72	203 20	1, 075 108	80. 37	211 21

Table VI.—Weight and water content of feces, by periods, Series VIII—Continued.

## SUMMARY FOR NOS. 1 AND 4 THROUGHOUT SERIES.

[Averages are per man per day.]

Period.	Feces, moist.	Water content.	Feces, dry.	Period.	Feces, moist.	Water content.	Feces, dry.
Fore period.  First subperiod: Total Average Second subperiod:	Grams. 457 46	Per cent. 72.65	125 12	Preservative period— Continued.  Fourth subperiod: Total	Grams. 377 38	Per cent.	Grams. 114 11
Total	464 46	71. 77	131	Entire preservative period:	1,672		495
Total	921 46	72. 20	256 13	After period	42	70. 39	12
Preservative period.  First subperiod:	477.0		107	First subperiod:	498 50	71, 29	143 14
Total	476 48 355	71. 22	137 14	Average Second subperiod: Total Average	441 44	71. 29	124 12
Average Third subperiod: Total	36 464	69. 02	11 134	Entire after period: Total	939		267
Average	46	71. 12	13	Average	47	71. 57	13

# SUMMARY FOR NOS. 1, 2, 4, 5, AND 6, OMITTING FOURTH PRESERVATIVE SUBPERIOD. [Averages are per man per day.]

Period.	Feces, moist.	Water content.	Feces, dry.	Period.	Feces, moist.	Water content.	Feces, dry.
Fore period.  First subperiod: Total	Grams. 1,769 71 1,913 77 3,682 74	Per cent.  75. 30  75. 43	Grams. 437 17 470 19 907 18	Preservative period— Continued.  Entire preservative period: Total	Grams. 5,694 76	Per cent. 74.78	Grams. 1,436 19 512 20
Preservative period.  First subperiod: Total	2,079		508	Second subperiod: Total A verage	1,426 57	73. 91	372 15
A verage Second subperiod: Total A verage Third subperiod: Total A verage	83 1,693 68 1,922 77	75. 57 74. 31 74. 35	20 435 18 493 20	Entire after period: Total	3,379 68	73.84	884 18

Table VI.—Weight and water content of feces, by periods, Series VIII—Continued. SUMMARY FOR NOS. 7 TO 12, OMITTING FOURTH PRESERVATIVE SUBPERIOD.

[Averages are per man p	per d	lay.]
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Period.	Feces, moist.	Water content.	Feces, dry.	Period.	Feces, moist.	Water content.	Feces, dry.
Fore period.  First subperiod: Total	Grams. 2,518 84 1,917 64	Per cent.  75. 73  75. 69	466 16	Preservative period— Continued.  Entire preservative period: Total	Grams. 6,915 77	Per cent. 76. 56	Grams. 1,621 18
Total Average	4, 435 74	75. 72	1,077	First subperiod: Total Average	2,588 86	77, 16	591 20
Preservative period.  First subperiod:				Second subperiod: Total. Average	2,764 92	76. 30	655 22
Total	2,409 80 2,541 85	78. 25	524 17 648 22	Entire after period: TotalAverage	5,352 89	76. 72	1,246 21
Third subperiod: TotalAverage	1,965 66	77. 15	449 15	5			

## SUMMARY FOR NOS. 1 TO 12, OMITTING NO. 3 AND THE FOURTH PRESERVATIVE SUBPERIOD.

## [Averages are per man per day.]

Period.	Feces, moist.	Water content.	Feces, dry.	Period.	Feces, moist.	Water content.	Feces, dry.
Fore period:  First subperiod: Total	Grams. 4,287 78 3,830 70 8,117 74 4,488 82 4,234 77 3,887 71	Per cent.  75.56  75.56  75.56  77.01  74.42	Grams. 1,048 19 936 17 1,984 18 1,032 19 1,083 20 942 17	Preservative period— Continued.  Entire preservative period: Total	Grams. 12,609 76 4,541 83 4,190 76 8,731 79	75.76	Grams. 3,057 19 1,103 20 1,027 19 2,130 19

### THE URINE.

# VOLUME, SPECIFIC GRAVITY, AND TOTAL SOLIDS.

INDIVIDUAL DATA.

In Table VII are found the data relating to the volume of the urine excreted, its specific gravity, and the total solids therein. In the case of No. 1 the volume of the urine is less in the preservative period than in the fore period, and it is still less in the after period than in the preservative period. The total solids excreted are slightly greater in the preservative period and less in the after period than in the fore period. In the case of No. 2 there is a notable increase in the volume of the urine during the preservative period. This increase is partly lost in the after period, but the volume of the urine is still greater than in the fore period. The quantity of total solids excreted is larger in the preservative period than in either of the other periods. In the case of No. 3 there is a diminution in the volume of the urine in the preservative period, but a larger quantity is excreted in the after period than in the fore period. There is little change in the amount of total solids excreted in the three periods, though the quantity is slightly less in both the preservative and after periods than in the fore period.

In the case of No. 4 there is a marked diminution in the volume of the urine in the preservative period which continues, though to a less extent, in the after period. The diminution in the quantity of total solids is not so great as that in the volume, inasmuch as the specific gravity is higher in the preservative period and in the after period than in the fore period. In the case of No. 5 there is also a diminution in the volume of the urine in the preservative period, and the quantity remains almost the same in the after period as in the preservative period. The specific gravity, however, is high and the amount of total solids excreted in the preservative and after

periods is greater than in the fore period.

No. 6 also shows a diminution in the volume of urine in the preservative period and a continued decrease in the after period. The total solids excreted in the preservative period are the same as in the fore period, while in the after period there is a loss in the quantity of total solids excreted. In the case of No. 7 there is again a diminution in the volume of the urine in the preservative period and this loss is still more marked in the after period. The total solids excreted are slightly diminished in the preservative period and notably diminished in the after period. In the case of No. 8 the normal volume of urine excreted is very large, but there is a considerable diminution in volume in the preservative period which is partially restored in the after period. Although the volume of the urine varies considerably,

the total solids excreted remain almost the same throughout the three periods. In the case of No. 9 there is an increase in the volume of the urine excreted with practically no diminution in specific gravity. and therefore a considerable increase in total solids. During the after period there is a further increase in the volume of the urine with but little change in the specific gravity and a marked increase in the total solids. In the case of No. 10 there is a notable diminution in the volume of the urine in the preservative period and a notable increase in the after period over the fore period. The total solids excreted are somewhat less in the preservative period than in the fore period, while in the after period they are greater than in the fore period. The case of No. 11 shows a marked diminution in the volume of the urine, but with such an increase in specific gravity that the total solids excreted are greater than in the fore period. The diminution in volume continues during the after period. There is a marked increase in the total solids excreted in the case of No. 11 in the preservative period, although the volume decreases. The amount of total solids in the after period is almost the same as in the fore period. No. 12 shows an increase in the volume of the urine in the preservative period, a slight increase in its specific gravity, and a marked increase in the amount of total solids excreted. In the after period there is again noticed an increase in the volume of the urine, but a diminution of the specific gravity and total solids below the figures for the fore period.

### SUMMARIES.

The summary for Nos. 1 and 4, which extends over the whole series of observations, shows a notable decrease in the volume of the urine in the preservative period and this decrease is continued in the after period. The decrease in volume is attended with a slight increase of specific gravity and a very small decrease in the total solids in the preservative and after periods. The summaries for Nos. 1, 2, 4, 5, and 6, and Nos. 7 to 12, inclusive, offer a comparison of data for those who received benzoic acid with those who received sodium benzoate. In the former summary it is noticed that the volume of urine is not greatly changed in the preservative period but it is notably less in the after period, the figures being 997, 992, and 922 cc, respectively. The specific gravity is slightly greater in the preservative and after periods than in the fore period, the figures being 1.0230, 1.0246, and 1.0246, respectively. The total solids are increased in the preservative period and somewhat smaller in the after period than in the fore period, the numbers being 55.5, 57.8, and 54.2 grams daily for the three periods, respectively.

In the case of Nos. 7 to 12 there is also a slight loss of volume in the preservative period, and this volume remains practically unchanged in the after period. The specific gravity is slightly higher in the preservative period than in either the fore or after periods. The total solids are 57.6 grams in the fore period, rise to 60.9 in the preservative period, and fall again to 58.1 in the after period. These data indicate but little change in the volume of the urine, especially as to any effect of the preservative, inasmuch as the weather was growing warmer during the progress of the experiment, and this slight decrease in volume may be accounted for partly by the rise in temperature. There is, however, a tendency shown to increase the amount of total solids excreted under the influence of the preservative. The two points, therefore, brought out by this study are that neither the benzoic acid nor the benzoate of soda has any diuretic effect, but that they do have a tendency to increase slightly the total solids excreted in the urine, and this general effect is further confirmed by the summary for Nos. 1 to 12.

Table VII.—Urine determinations—Volume, specific gravity, and total solids, Series VIII.

			LAVEL	ages are	per day	-1				
			No. 1.			No. 2.			No. 3.	
	Period.	Volume.	Specific gravity at 25°/25° C.	Total solids (factor 0.245).	Volume.	Specific gravity at 25°/25° C.	Total solids (factor 0.245).	Vol- ume.	Specific gravity at 25°/25° C.	Total solids (factor 0.245.)
	Fore period.									
	st subperiod: Total Average	cc. 4,100 820	1.0297	Grams. 298.3 59.7	cc. 6,740 1,348	1.0198	Grams. 326. 9 65. 4	cc. 5,880 1,176	1.0200	Grams. 288.1 57.6
· Sec	ond subperiod: Total Average	5,435 1,087	1.0234	$\begin{array}{c} 311.6 \\ 62.3 \end{array}$	7,355 $1,471$	1.0208	374. 8 75. 0	6,270 1,254	1.0199	$305.7 \\ 61.1$
En	tire fore period: Total Average	9,535 954	1.0266	609. 9 61. 0	14,095 1,410	1.0203	701. 7 70. 2	12, 150 1, 215	1.0200	593. 8 59. 4
	Preservative period.									
	st subperiod: TotalAverageond subperiod:	4,450 890	1.0280	305.3 61.1	7,100 1,420	1.0212	368. 8 73. 8	4,670 934	1.0265	303. 2 60. 6
	Total. Averageird subperiod:	4,440 888	1.0284	308.9 61.8	8,725 1,745	1.0180	384.8 77.0	$8,450 \\ 1,690$	1.0167	345.7 69.1
	Total	3,990 798	1.0309	302. 1 60. 4	7,920 1,584	1.0197	382.3 76.5	$5,090 \\ 1,018$	1.0207	$258.1 \\ 51.6$
10	Total	4,190 838	1.0306	314.1 62.8	$6,950 \\ 1,390$	1.0209	355.9 71.2	4, 265 853	1.0267	278.9 55.8
En	tire preservative period: Total	17,070 854	1.0295	1, 230. 4 61. 5	30,695 1,535	1.0200	1, 491. 8 74. 6	22, 475 1, 124	1. 0227	1, 185. 9 59. 2
	After period.									
	st subperiod: Total Average cond subperiod:	4,040 808	1.0292	289. 0 57. 8	7,040 1,408	1.0207	357. 0 71. 4	5,670 1,134	1.0220	305.6 61.1
560	TotalAverage	4,020 804	1.0274	269. 9 54. 0	7,355 1,471	1.0195	351.4 70.3	6,830 1,366	1.0166	277.8 55.6
En	tire after period: TotalAverage	8,060 806	1.0283	558.9 55.9	14,395 1,440	1.0201	708.4 70.8	12,500 1,250	1.0193	583.4 58.3

Table VII .- Urine determinations-Volume, specific gravity, and total solids, Series VIII—Continued.

		No. 4.	-		No. 5.			No. 6.	
Period.	Vol- ume.	Specific gravity at 25° 25° C.	Total solids (factor 0.245).	Vol- ume.	Specific gravity at 25°/25°	Total solids (factor 0.245).	Vol- ume.	Specific gravity at 25°/25°	Total solids (factor 0.245).
Fore period.									
First subperiod: TotalAverage	cc. 4,640 928	1.0230	Grams, 261. 5 52. 3	cc. 3,885 777	1.0177	Grams. 168.5 33.7	cc. 4,310 862	1.0274	Grams. 289.3 57.9
Second subperiod: Total. Average	4,885 977	1.0224	268.1 53.6	4, 260 852	1.0196	204.6 40.9	4, 240 848	1.0263	273. 2 54. 6
Entire fore period: Total. Average	9,525 953	1.0227	529.6 53.0	8, 145 815	1.0187	373.1 37.3	8,550 855	1.0268	562.5 56.3
Preservative period.									
First subperiod: Total	4,645 929	1.0224	254.9 51.0	3,935 787	1.0228	219.8 43.9	4,115 823	1.0280	282.3 56.5
Total. Average. Third subperiod:	4,290 858	1.0248	260.7 52.1	$\frac{3,885}{777}$	1.0207	197.0 39.4	4,300 860	1.0274	288.7 57.7
Total. Average Fourth subperiod:	4,-030 806	1.0263	259.7 51.9	4, 200 840	1.0234	240.8 48.2	4,410 882	1.0261	281.9 56.4
Total Average	3,885 777	1.0271	257.9 51.6	2,570 514	1.0257	161.8 32.4	4,090 818	1.0272	272.6 54.5
Entire preservative period: Total	16,850 843	1.0252		14,590 730	1.0232	819.4 41.0	16,915 8.6	1.0272	1, 125, 5 56, 3
After period.									
First subperiod: Total Average	4,425 885	1.0266	288.4 57.7	3,105 621	1.0234	178.0 35.6	4, 215 843	1.0270	278.8 55.8
Second subperiod: TotalAverage	3,730 746	1.0263	240.3 48.1	4,160 832	1.0198	201. 8 40. 4	4,034 807	1.0258	254. 9 51. 0
Entire after period: Total. Average.	8, 155 816	1.0265	528.7 52.9	7, 265 727	1.0216	379.8 38.0	8, 249 825	1.0264	533.7 53.4

Table VII.—Urine determinations—Volume, specific gravity, and total solids, Series VIII—Continued.

			No. 7.			No. 8.			No. 9.	
	Period.	Vol- ume.	Specific gravity at 25°/25° C.	Total solids (factor 0.245).	Vol- ume.	Specific gravity at 25°/25° C.	Total solids (factor 0.245).	Vol- ume.	Spe- cific gravity at 25°/25° C.	Total solids (factor 0.245).
	Fore period.									
Tot Ave	abperiod: cal erage subperiod:	cc. 5,705 1,141	1.0194	Grams. 271.2 54.2	cc. 8,290 1,658	1.0143	Grams. 290.4 58.1	cc. 4,475 895	1.0246	Grams. 269.7 53.9
Tot	subperiod. calerage	$5,820 \\ 1,164$	1.0198	282.3 56.5	9,930 1,986	1.0115	279.8 56.0	5,060 1,012	1.0248	307.4 61.5
Tot	fore period: salerage	11,525 1,153	1.0196	553. 5 55. 4	18,220 1,822	1.0129	570. 2 57. 0	9,535 954	1.0247	577.1 57.7
Pre	eservative period.									
Tot Ave	abperiod: salerage	4,470 894	1.0247	270. 5 54. 1	8,030 1,606	1.0154	302.9 60.6	4,280 856	1.0250	262. 2 52. 4
Tot Ave	subperiod: calerageubperiod:	6, 170 1, 234	1.0182	275.1 35.0	7,395 1,479	1.0135	244.6 48.9	$5,260 \\ 1,052$	1.0237	305. 4 61. 1
Tot	alerage		1.0202	262.3 52.5	7,820 1,564	1.0161	308. 5 61. 7	$6,100 \\ 1,220$	1.0237	354. 2 70. 8
Tot Ave	subperiod: calerageecond, and third sub-	4. 660 932	1.0243	277.4 55.5	7, 160 1, 432	1.0171	299. 9 60. 0			
period Tot	ds: .alerage							15,640 1,043	1.0241	921.8 61.5
. Tot	preservative period: alerage	20,600 1,030	1.0219	1,085.3 54.3	30, 405 1, 520	1.0155	1, 155. 9 57. 8			
	After period.									
Tot Ave	abperiod: sal erage subperiod:	4,125 825	1.0235	237.5 47.5	8,555 1,711	1.0145	303. 9 60. 8	5, 570 1, 114	1.0247	337.1 67.4
Tot	sabpenod. salerage	$4,575 \\ 915$	1.0213	238.7 47.7	8,775 1,755	1.0128	275. 2 55. 0	5, 690 1, 138	1.0245	$   \begin{array}{r}     341.5 \\     68.3   \end{array} $
Tot	after period: alerage	8,700 870	1.0224	476. 2 47. 6	17,330 1,733	1.0137	579.1 57.9	11,260 1,126	1.0246	678.6 67.9

Table VII.—Urine determinations—Volume, specific gravity, and total solids, Series VIII—Continued.

W. data		No. 10.			No. 11.			No. 12.	
Period.	Vol- ume.	Spe- cific gravity at 25°/25° C.	Total solids (factor 0.245).	Vol- ume.	Specific gravity at 25°/25°	Total solids (factor 0.245).	Vol- ume.	Specific gravity at 25°/25° C.	Total solids (factor 0.245).
Fore period.									
First subperiod: Total Average Second subperiod:	cc. 4, 980 996	1.0202	Grams. 246.5 49.3	cc. 6,970 1,394	1.0195	Grams. 332.9	cc. 6, 385 1, 277	1.0199	Grams. 311.3 62.3
Total. Average.	5, 200 1, 040	1.0196	249.7 49.9	6,060 1,212	1.0200	$296.9 \\ 59.4$	6, 020 1, 204	1.0214	$315.6 \\ 63.1$
Entire fore period: Total Average	10, 180 1, 018	1.0199	496. 2 49. 6	13, 030 1, 303	1.0198	629.8 63.0	12, 405 1, 241	1.0207	626.9 62.7
Preservative period.									
First subperiod: Total	5, 210 1, 042	1.0222	283. 4 56. 7	6, 080 1, 216	1.0238	354. 5 70. 9	7, 070 1, 414	1.0210	363.8 72.8
Total	4, 490 898	1.0205	$225.5 \\ 45.1$	6,010 1,202	1.0225	331.3 66.3	$6,870 \\ 1,374$	1.0214	360.2 72.0
Total	5, 085 1, 017	1.0193	240.4 48.1	6, 355 1, 271	1.0242	376.8 75.4	6, 520• 1, 304	1.0223	356.2 71.2
Fourth subperiod: Total. Average	3, 525 705	1.0201	173.6 34.7	5,330 1,066	1.0258	336.9 67.4	5, 890 1, 178	1.0211	304.5 60.9
Entire preservative period: Total	18, 310 916	1.0205	922.9 46.1	23, 775 1, 189	1.0241	1,399.5 70.0	26, 350 1, 318	1.0212	1,384.7 69.2
After period.									
First subperiod: Total	6, 370 1, 274	1.0176	274.7 54.9	4,720 944	1.0275	318. 0 63. 6	6, 795 1, 359	1.0196	326.3 65.3
Total	5, 015 1, 003	1.0200	245.7 49.1	5,030 1,006	1.0248	305.6 61.1	$7,050 \\ 1,410$	1.0162	$279.8 \\ 56.0$
Entire after period: TotalAverage	11, 385 1, 139	1.0185	520. 4 52. 0	9,750 975	1.0262	623.6 62.4	13,845 1,385	1.0179	606.1 60.6

Table VII.—Urine determinations—Volume, specific gravity, and total solids, Scries VIII—Continued.

### SUMMARIES.

## [Averages are per man per day.]

. •	1	Nos. 1 and	4.	Nos.	1, 2, 4, 5, 8	and 6.
Period.	Volume.	Specific gravity at 25°/25° C.	Total solids (factor 0.245).	Volume.	Specific gravity at 25°/25° C.	Total solids (factor 0.245).
Fore period.						
First subperiod: TotalAverageSecond subperiod:	ec. 8,740 874	1.0264	Grams. 559. 8 56. 0	23, 675 947	1, 0235	Grams. 1, 344. 5 53. 8
Total	10, 320 1, 032	1,0229	579. 7 58. 0	26, 175 1, 047	1. 0225	1, 432. 3 57. 3
Entire fore period: Total	19,060 953	1. 0247	1, 139. 5 57. 0	49, 850 997	1. 0230	2,776.8 55.5
Preservative period.						
First subperiod: Total. Average. Second subperiod:	9, 095 910	1, 0252	560. 2 56. 0	24, 245 970	1. 0245	1, 431. 1 57. 2
Total. Average. Third subperiod:	8, 730 873	1.0266	569. 6 57. 0	25, 640 1, 026	1.0239	1, 440. 1 57. 6
Total	- 8,020 802	1. 0286	561. 8 56. 2	24, 550 982	1. 0253	1, 466. 8 58. 7
Total				74, 435 992	1. 0246	4, 338. 0 57. 8
Fourth subperiod: Total Average	8, 075 808	1.0289	572. 0 57. 2			
Entire preservative period: Total	33, 920 848	1. 0274	2, 263. 6 56. 6			
After period.						
First subperiod: Total. Average. Second subperiod:	8, 465 847	1. 0279	577. 4 57. 7	22, 825 913	1.0254	1, 391. 2 55. 6
TotalAverage	7,750 775	1,0269	510. 2 51. 0	23, 299 932	1. 0238	1, 318. 3 52. 7
Intire after period: Total Average	16, 215 811	1.0274	1, 087. 6 54. 4	46, 124 922	1.0246	2, 709. 5 54. 2

Table VII.—Urine determinations—Volume, specific gravity, and total solids, Series VIII—Continued.

#### SUMMARIES-Continued.

[Averages are per man per day.]

	2	Nos. 7 to 12	3.	Nos. 1 to	12 (omitti	ng No. 3).
Period.	Volume.	Specific gravity at 25°/25° C.	Total solids (factor 0.245).	Volume.	Specific gravity at 25°,25° C.	Total solids (factor 0.245).
Fore $p\epsilon riod$ .						
First subperiod: Total Average Second subperiod:	cc. 36, 805 1, 227	1, 0197	Grams. 1,722.0 57.4	cc. 60, 480 1, 100	1.0213	Grams. 3, 066. 5 55. 8
Total. Average		1.0195	1,731.7 57.7	64, 265 1, 168	1.0209	3, 164. 0 57. 5
Entire fore period: TotalAverage.		1.0196	3, 453. 7 57. 6	124, 745 1, 134	1.0211	6, 230. 5 56. 6
Preservative period.						
First subperiod: Total Average Second subperiod:	35, 140 1, 171	1.0220	1, 837. 3 61. 2	59, 385 1, 080	1. 0231	3, 268. 4 59. 4
Total. Average.	36, 195 1, 207	1,0200	1,742.1 58.1	61, 835 1, 124	1.0217	3, 182. 2 57. 9
Third subperiod: Total Average		1.0210	1, 898. 4 63. 3	61,730 1,122	1.0229	3, 365. 2 61. 2
First, second, and third subperiods: Total Average		1.0210	5, 477. 8 60. 9	182,950 1,109	1.0226	9, 815. 8 59. 5
$After\ period.$						
First subperiod: Total. Average.	36, 135 1, 205	1.0212	1,797.5 59.9	58, 960 1, 072	1. 0231	3, 188. 7 58. 0
Second subperiod: Total	36, 135 1, 205	1,0199	1, 686. 5 56. 2	59, 434 1, 081	1.0216	3,004.8 54.6
Entire after period: Total. Average	72, 270 1, 205	1.0206	3, 484. 0 58. 1	118,394 1,076	1.0224	6, 193. 5 56. 3

## RATIO OF SULPHUR, SULPHATES, AND PHOSPHATES TO NITRO-GEN EXCRETED IN THE URINE.

## INDIVIDUAL DATA.

In Table VIII are given the data relating to the comparative quantities of sulphur, sulphates, and phosphates excreted in the urine to the nitrogen therein. The object of this study was to determine whether the administration of the preservative in the form either of benzoic acid or sodium benzoate disturbs in any notable degree the proteid metabolism as shown by the relation existing between the sulphur, sulphates, and phosphates excreted in the urine and the nitrogen therein. The data show that the total nitrogen in the urine in the case of No. 1 is almost the same in the fore period and the preservative period but is diminished considerably in the after period. The ratio

of the sulphates as SO<sub>3</sub> is slightly decreased in the preservative period and is the same in the after period as in the fore period. The ratio of phosphoric acid is increased in the preservative period and slightly increased in the after period.

In the case of No. 2 the quantity of nitrogen excreted in the urine is markedly increased in the preservative period while it is almost the same in the fore and after periods. The ratio of the total sulphur to the nitrogen is slightly increased in the preservative period and again in the after period. The ratio of sulphates as SO<sub>3</sub> is the same in the fore and preservative periods and is slightly diminished in the after period. The phosphoric acid ratio is slightly increased in the preservative period and remains the same in the after period as in the preservative period.

The quantity of nitrogen excreted in the urine in the case of No. 3 in all the three periods is almost the same, being slightly less in the after period. The total sulphur ratio is the same in the fore and preservative periods and is notably increased in the after period. The ratio of sulphates as SO<sub>3</sub> to nitrogen is practically the same throughout the observation. The phosphoric acid ratio is slightly less in the preservative period and is practically the same in the after period.

In the case of No. 4 there is slightly less nitrogen in the urine in the preservative period than in either the fore or after periods. The ratio of total sulphur is slightly increased in the preservative and after periods. The sulphate ratio is practically the same throughout the observation. The phosphoric acid ratio is decidedly increased in the preservative period and again increased to even a greater extent in the after period.

The total quantity of nitrogen in the urine in the case of No. 5 is notably larger in the preservative period than in the fore or after period. The ratio of total sulphur is increased in the preservative and after periods. The sulphate ratio is diminished in the preservative period while in the after period it rises almost to the same magnitude as in the fore period. The phosphoric acid ratio is increased in the preservative period and in the after period falls again by about half the quantity of the increase. In the case of No. 6 the quantity of nitrogen is decreased in the preservative period. The ratio of the sulphur is the same in the fore and preservative periods and is decidedly increased in the after period. The ratio of phosphoric acid is diminished in the preservative and after periods.

In the case of No. 7 the total quantity of nitrogen is less in the preservative period and decidedly less in the after period. The ratio of sulphur remains the same in all the periods. The ratio of sulphates is slightly diminished in the preservative period while there is a very

slight increase in the after period. The ratio of the phosphoric acid is notably increased in both the preservative and after periods.

No. 8 shows a slightly increased excretion of the nitrogen in the preservative and after periods. The ratio of the total sulphur is markedly increased both in the preservative and after periods. The ratio of the sulphates remains nearly constant throughout, while the ratio of phosphoric acid increases both in the preservative and after periods.

No. 9 shows a slight increase in the nitrogen excreted both in the preservative and after periods. The sulphur ratio is increased both in the preservative and after periods, while the sulphate ratio is very slightly increased in the preservative period and falls again in the after period to almost the same magnitude as the fore period. The phosphoric acid ratio is notably increased both in the preservative and after periods.

In the case of No. 10 there is but little change in the amount of nitrogen excreted, though there is a larger quantity in the preservative period and a slightly larger quantity in the after period than in the fore period. The ratio of the total sulphur is notably increased both in the preservative and after periods. The ratio of the sulphates remains almost constant throughout. The ratio of phosphoric acid is notably increased in the preservative period and to a less extent in the after period.

In the case of No. 11 there is a notable increase in the quantity of nitrogen excreted in the preservative period. The ratio of the sulphur is largely increased in the preservative period. The sulphate ratio is almost the same throughout, while the phosphoric acid ratio is notably increased in both the preservative and after periods.

No. 12 shows an increase of the nitrogen excreted in the preservative period. The sulphur ratio is slightly larger in the preservative period, the sulphates ratio remains unchanged throughout, and there is but little change in the phosphoric acid ratio, which is slightly larger in the preservative period.

### SUMMARIES.

A summary of Nos. 1 and 4 is made for the whole period. This summary shows very little variation in the excretion of nitrogen, an increase in the sulphur ratio both in the preservative and after periods, no change in the sulphate ratio, and a notable increase in the phosphoric-acid ratio in the preservative period and a greater increase in the after period.

The summary for Nos. 1, 2, 4, 5, and 6 shows a slight increase in the quantity of nitrogen excreted in the preservative period and a decrease of slightly greater magnitude in that excreted in the after period. The ratio of the sulphur to the nitrogen is increased in both the preservative and after periods. The ratio of the sulphates is almost the same in all the periods, while the ratio of phosphoric acid to the nitrogen is increased in both the preservative period and the after period.

The summary for those who received benzoic acid shows a tendency on the part of this preservative to decrease the relative quantities of sulphur and phosphoric acid excreted in the preservative period as compared with the total nitrogen excreted, and there is no change

in the relative quantity of sulphates expressed as SO<sub>3</sub>.

The summary for Nos. 7 to 12, inclusive, shows a slight increase in the quantity of nitrogen excreted in the preservative period. There is also an increase in the ratio of the sulphur both in the preservative and after periods. The ratio of the sulphates remains the same in all the periods, but there is an increase in the ratio of phosphoric acid both in the preservative and in the after period. These data for the subjects using sodium benzoate indicate the same tendency, though less pronounced, as was shown for Nos. 1 to 6 receiving benzoic acid, namely, a relative decrease in the amounts of P<sub>2</sub>O<sub>5</sub> and sulphur excreted, as compared with the nitrogen.

The final summary includes all the men except No. 3 and all the periods except the fourth preservative period. These data show a slight increase in the quantity of nitrogen in the urine in the preservative period and a decrease of somewhat greater magnitude in the after period. The sulphur ratio is slightly increased in the preservative period and still further increased in the after period. sulphate ratio remains the same in all the periods. The phosphoric acid ratio is increased in the preservative period and again increased in the after period. This summary of necessity confirms the uniform tendency manifested in the preceding cases to decrease the excretion of sulphur and of phosphoric acid in relation to the quantity of nitrogen excreted, while no effect is produced upon the excretion of the sulphates in the urine in relation to the quantity of nitrogen.

23360—Bull, 84, pt 4—08——6

Table VIII.— Urine determinations—Ratio of sulphur, sulphates, and phosphates to nitrogen, Series VIII.

				No. 1.							No. 2.			
Period.		Quantity.	tity.			Ratio.			Quantity.	tity.			Ratio.	
	Nitrogen.	Sulphur.	SO <sub>3</sub> .	P2O5.	S: N.	SO3:N.	P2O5:N.	Nitrogen.	Sulphur.	SO <sub>3</sub> .	P2O5.	S: N.	SO <sub>3</sub> :N.	P2O5:N.
First subperiod: Total. Average	Grams. 58.26 11.65	Grams. 4.431 .886	Grams. 9.430 1.886	Grams. 10.674 2.135	1:13.1	1:6.2	1:5.5	Grams. 73.13 14.62	Grams. 5.248 1.050	Grams. 11. 195 2. 239	Grams. 15.664 3.133	1:13.9	1:6.5	1:4.7
Second subperiod: Total. Average.	65.93 13.19	4.867	10.317	11, 389	1:13.5	1:6.4	1:5.8	90. 25 18. 05	6.086	12. 892 2. 578	17. 187 3. 437	1:14.8	1:7.0	1:5.3
Entire fore period: Total Average	124. 19 12. 42	9, 298	19, 747	22. 063 2. 206	1:13.4	1:6.3	1:5.6	163.38 16.34	11. 334 1. 133	24, 087 2, 409	32.851 3.285	1:14.4	1:6.8	1:5.0
Preservative period. First subperiod: Total Average	66. 44 13. 29	4. 730	10.720	10.000	1:14.0	1:6.2	1:6.6	88.32 17.66	5.987	12. 827 2. 565	16. 621 3. 324	1:14.8	1:6.9	1:5.3
Second supperiod: Total Average	61. 18 12. 24	4. 735	10.079	9. 728 1. 946	1:12.9	1:6.1	1:6.3	86.12 17.22	5.968	12, 721 2, 544	17. 157 3. 431	1:14.4	1:6.8	1:5.0
Third subperiod: Total. Average	65.87	4.767	10, 558	10.309	1:13.8	1:6.2	1:6.4	88.47 17.69	5. 950 1. 190	12. 905 2. 581	16.873 3.375	1:14.9	1:6.9	1:5.2
Fourth subperiod: Total Average	64.36 12.87	4.678	10.291	9.382 1.876	1:13.8	1:6.3	1:6.9	83. 12 16. 62	5. 737	12. 302 2. 460	15. 436 3. 087	1:14.5	1:6.8	1:5.4
Entire preservative period: Total. Average.	257.85 12.89	18. 910 . 946	41.648	39. 419 1. 971	1:13.6	1:6.2	1:6.5	346. 03 17. 30	23.642	50, 755 2, 538	66. 087 3. 304	1:14.6	1:6.8	1:5.2
After period. First subperiod: Total. Average	58. 42 11. 68	4.311	9. 486 1. 897	7. 897 1. 579	1:13.6	1:6.2	1:7.4	82. 23 16. 45	5, 545 1, 109	12. 272 2. 454	15. 361 3. 072	1:14.8	1:6.7	1:5.4
Second Subperiod: Total Average	55.64	3.973	8.715	7.882 1.576	1:14.0	1:6.4	1:7.1	82. 38 16. 48	5, 616 1, 123	12. 283 2. 457	16. 268 3. 254	1:14.7	1:6.7	1:5.1
Entire after period: Total Average	114.06	8. 284	18.201	15, 779	1:13.8	1:6.3	1:7.2	164, 61	11. 161	24. 555 2. 456	31.629	1:14.7	1:6.7	1:5.2

		!										
		No. 3.							No. 4.			
Quantity.	7.		I	Ratio.			Quantity.	ty.			Ratio.	
Sulphur.	SO <sub>3</sub> .	P2O5.	S: N.	SO3:N.	P2O5:N. 1	Nitrogen.	Sulphur.	SO3.	P2O5.	S: N.	SO <sub>3</sub> :N.	P2O5:N.
Grams. G 5.027 1.005	Grams. 11.005 2.201	Grams. 12, 546 2, 509	1:14.1	1:6.4	1:5.7	Grams. 60.55 12.11	Grams. 4.391 .878	Grams. 9.582 1.916	Grams. 11.609 2.322	1:13.8	1:6.3	1:5.2
4.986	10.754 2.151	12.024	1:14.5	1: 6. 7	1:6.0	70.49	4.914	10, 630 2, 126	10, 485	1:14.3	1:6.6	1:6.7
10.013	21.759 2.176	24.570	1:14.3	1: 6. 6	1:5.8	131.04	9.305	20, 212 2, 021	22, 094	1:14.1	1:6.5	1:5.9
5.224	11.628	12.901	1:14.1	1:6.3	1:5.7	67.96 13.59	4. 663	10.470	10.526	1:14.6	1:6.5	1:6.5
5.124	11. 323 2. 265	3.719	1:14.5	1:6.6	1:4.0	63. 11 12. 62	4.278	9.434	10.203	1:14.8	1:6.7	1:6.2
4.939	10.811	2.150	1:14.4	1:6.6	1:6.6	61.66	4.204	9.329	9.682	1:14.7	1:6.6	1:6.4
4.607	10. 236 2. 047	10.324	1:14.2	1: 6. 4	1:6.3	61.93	4.335	9.340 1.868	9.263	1:14.3	1:6.6	1:6.7
19.894	43. 998	52.570	1:14.3	1:6.5	1:5.4	254. 66 12. 73	17.480	38. 573 1. 929	39.674	1:14.6	1:6.6	1:6.4
4.602	10. 976 2. 195	11.863	1:15.3	1:6.4	1:5.9	70. 45	4.695	10.593	10.131	1:15.0	1:6.7	1:7.0
4. 437	10. 032 2. 006	12. 984 2. 597	1:14.8	1:6.6	1:5.1	59. 79 11. 96	4.180	9.347	8.072	1:14.3	1:6.4	1:7.4
9.039	21.008	24.847	1:15.1	1:6.5	1:5.5	130.24 13.02	8.875	19.940	18.203	1:14.7	1:6.5	1:7.2
	602 602 602 887 603 920 939 939	607 607 602 602 887 887 887	607 10, 236 921 2, 047 995 2, 200 995 2, 200 920 2, 195 837 2, 006 939 21, 008 939 21, 008	607 10.236 10.324 10.324 43.998 52.570 2.200 2.220 2.220 2.220 2.220 2.220 2.220 2.220 2.220 2.220 2.220 2.220 2.220 2.220 2.2373 2.200 2.24.847 2.2008 24.847 2.2008 24.847 2.2008 24.847 2.2010 2.485 2.2010 2.485 2.2010 2.485 2.2010 2.485 2.2010 2.485 2.2010 2.485 2.2010 2.485 2.2010 2.2010 2.2485 2.2010 2.24	607 10.236 10.324 11.14.2  884 43.998 52.570 11.14.3  905 2.200 2.629 11.15.3  907 10.976 11.863 11.15.3  887 2.006 2.373 11.15.3  908 21.008 24.847 11.15.1	602 10.236 10.324 1:14.2 1:6.4   89.4 43.998 52.570 1:14.3 1:6.5   80.2 200 2.629 1:15.3 1:6.4   80.2 2.195 2.373 1:15.3 1:6.4   80.3 2.1008 24.847 1:15.1 1:6.5   80.4 2.101 2.485 1:15.1 1:6.5   80.4 2.101 2.485 1:15.1 1:6.5   80.5 2.5 2.5 2.5 2.5 2.5 2.5 2.5 2.5 2.5 2	602 10.976 11.863 11.15.3 11.6.5 11.5.4 11.5.9 10.0976 12.373 11.15.3 11.6.5 11.5.4 11.5.9 10.0976 12.373 11.15.3 11.6.5 11.5.9 10.0976 12.373 11.15.3 11.6.6 11.5.1 10.092 12.373 11.15.3 11.6.6 11.5.1 10.092 12.394 11.14.8 11.6.6 11.5.1 10.092 12.894 11.15.1 11.6.5 11.5.5 10.098 24.847 11.15.1 11.6.5 11.5.5	607         10.236         10.324         1:14.2         1:6.4         1:6.3         61.93           884         43.98         52.570         1:14.3         1:6.5         1:5.4         254.66           995         2.200         2.629         1:14.3         1:6.5         1:5.4         254.66           902         2.195         2.573         1:14.8         1:6.5         1:5.9         14.09           497         10.022         12.984         1:14.8         1:6.6         1:5.1         59.79           887         2.006         2.597         1:15.1         1:6.6         1:5.1         11.96           989         21.008         24.847         1:15.1         1:6.5         1:5.5         130.24           989         21.001         2.485         1:15.1         1:6.5         1:5.5         130.24	607         10.236         10.326         10.324         11.42         11.6.4         11.6.3         61.03         4.357         9           884         43.998         52.570         11.14.3         11.6.5         115.4         254.66         17.480         38           995         2.200         2.639         11.43         11.6.5         115.4         254.66         17.480         38           602         2.105         2.537         11.15.3         11.6.4         11.5.9         70.45         4.05         10           857         2.006         2.537         11.4.8         11.6.6         11.5.1         11.96         33         9           897         2.507         11.4.8         11.6.6         11.5.1         11.96         836         1           939         21.008         24.847         11.5.1         11.6.5         11.5.5         11.3.02         888         1	607         10.236         10.324         1:14.2         1:6.4         1:6.3         61.93         4.331         1.504           884         43.98         52.570         1:14.2         1:6.5         1:5.4         254.66         17.480         38.573           905         2.200         2.629         1:14.3         1:6.5         1:5.4         254.66         17.480         38.573           905         2.200         2.637         1:14.3         1:6.5         1:5.4         254.66         17.480         38.573           920         2.195         2.573         1:16.3         1:6.5         1:5.9         4.695         10.593           847         2.566         1:14.8         1:6.6         1:5.1         11.96         8.875         10.940           889         2.101         2.487         1:15.1         1:6.5         1:5.5         130.24         8.875         10.940	602         10.376         11.883         1:14.2         1:6.4         1:6.5         61.93         4.335         9.340         9.263         1:14           804         43.396         52.570         1:14.3         1:6.5         1:5.4         254.66         17.480         38.573         39.674         1:14           805         2.200         2.629         1:14.3         1:6.5         1:5.4         254.66         17.480         38.573         39.674         1:14           802         2.200         2.629         1:14.3         1:6.5         1:5.9         70.45         4.695         10.593         10.94         1:154           802         2.195         1:14.8         1:6.6         1:5.1         11.96         3.39         2.119         2.026         1:14           807         2.106         2.547         1:14.8         1:6.6         1:5.1         11.96         3.39         2.119         2.026         1:14           803         2.106         2.547         1:15.1         1:6.5         1:5.1         4.180         9.347         8.072         1:14           804         2.101         2.485         1:15.1         1:6.5         1:5.5         130.24         1:040<	607         10.236         10.326         11.14.2         11.6.4         11.6.3         61.23         4.353         9.340         9.253         11.14.3           884         43.986         52.570         11.14.3         11.6.5         11.5.4         254.66         17.480         38.573         39.674         11.14.3           894         43.998         52.570         11.14.3         11.6.5         11.5.4         254.66         17.480         38.573         39.674         11.14.6           802         2.200         2.029         11.6.5         11.5.4         12.73         12.73         12.93         11.14.6         11.14.6           802         10.976         11.863         11.15.3         11.6.4         11.5.9         70.45         4.605         10.593         10.131         11.15.0           887         10.092         12.984         11.14.8         11.6.6         11.5.1         11.96         8.875         19.940         18.203         11.14.3           889         21.008         24.847         11.15.1         11.6.5         11.5.5         130.24         8.875         19.940         18.203         11.14.7

TABLE VIII.—Urine determinations—Ratio of sulphur, sulphates, and phosphates to nitrogen, Series VIII—Continued.

		Omntile	5	N 9. 5.		G Spirit			i i i		No. 6.		1	
	Nitrogen.	Nitrogen, Sutphur.	so.	P,O.5.	Z.	SO <sub>3</sub> :N.	P.O.:N.	Nitrogen	Sulohur.	.so.:	P.O.	Z.	SOUTH NEEDS	N.O.9
Fore period.														
0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Grams, a 41, 85 8, 37	Grams. 2,915 .583	Grams. 6.204 1.241	Grams. 9.251 1.850	1:14.4	1: 6. 7	1:4.5	Grams. 66.55 13.31	Grams. 4. 670	Grams. 9, 952 1, 990	Grams. 11, 385 2, 277	1:14.3	1:6.7	1:5.8
	42.34	2,820	5.889 1.178	7, 683	1:15.0	, 1:7.2	1:5,5	69.15	4.650	9, 905 1, 981	10.931	1:14.9	1:7.0	1:6.3
fre fore period: Total Averuge	84.19	5.735	12,093	16, 934	1: 14.7	1:7.0	1:5.0	135.70	9.320	19, 857	22, 316	1:14.6	1: 6.8	1: 6: 1
Preservative period. ubportod: tal. orugo.	44. 43 8. 89	3.078	6.646	8, 548 1, 710	1:14.4	1:6.7	1:5.2	64.24 12.85	4.374	9. 473 1. 895	11.174	1:14.7	1:6.8	1:5.7
ond subporiod: Total Average	a 49.63	3. 421	7.341	8,776	1:14.5	 	1:5.7	13, 24	4.530	9, 795	2, 295	1.14.6	1:6.8	1:5.8
	53. 63 10. 73		7. 728	8. 757	1:15.6	1:6.9	1: 6. L	65.09	4.509	9, 676	10, 675	1:14.4	1:6.7	1:6.1
rrth subperiod: Total Average	a 44, 11 8, 82	3.066	6.778	7.718	1:14.4	1:6.5	1:5.7	63.52	4,289	9.350	11, 124 2, 225	1:14.8	1:6.8	1:5.7
Entire preservative period: Total Average	191.80 9.59	12, 996	28. 493	33, 799	1:14.8	1:6.7	1: 5.7	259. 03 12. 95	17, 702	38.294 1.915	44, 448	1:14.6	1: 6. ×	1:5.8
After period. period: go.	a 45.53 9.11	2.953	6,612	8. 469 1. 694	1:15.4	1: 6.9	1:5.4	64.87	4.118	9.366 1.873	11. 431	1:15.8	1: 6. 9	1:5.7
ond subperiod: Total Average	41.81 8.36	2, 802	5.974	7.709	1:14.9	1:7.0	1:5.4	a 60. 46 12. 09	4. 088 818.	9. 228 1. 846	10.633	1: 14. 8	1: 6. 6	1:5.7
dre ufter period: Tobut Average	87.34 8.73	5.755	12, 586	16, 178	1:15.2	1:6.9	1:5.4	125. 33 12. 53	8.206	18, 594	22.064	1:15.3	1: 6.7	1:5.7
				a V v	erage adde	a Average added to complete record	plete recon	d.						

				No. 7.							No. 8.			1
Period.		Quar	Quantity.			Ratio.			Quantity.	tity.			Ratio.	
	Nitrogen.	Sulphur.	SO <sub>3</sub> .	P <sub>2</sub> O <sub>5</sub> .	S:N.	SO3:N.	P2O5: N.	Nitrogen.	Sulphur.	SO <sub>3</sub> .	P <sub>2</sub> O <sub>5</sub> .	S:N.	SO3:N.	P2O5: N.
Fore period.														
First subperiod: Total. Average.	Grams. 62.01 12.40	Grams. 4. 423 . 885	Grams. 9.589 1.918	Grams. 9.854 1.971	1:14.0	1:6.5	1:6.3	Grams. 55.38 11.08	Grams. 4.133 .827	Grams. 8.618 1.724	Grams. 9.160 1.832	1:13.4	1:6.4	1:6.0
Second subperiod: Total Average	61.92 12.38	4.576	9.519	9.239	1:13.5	1:6.5	1:6.7	59.68 11.94	4. 132	8.901	9. 458	1:14.4	1:6.7	1:6.3
Entire fore period: Total. Average.	123. 93 12. 39	8.999	19. 108	19.093	1:13.8	1:6.5	1:6.5	115.06	8.265	17. 519 1. 752	18.618	1:13.9	1:6.6	1:6.2
Preservative period.														
First subperiod: Total. Average.	61. 95 12. 39	4.564	9.897	8.903	1:13.6	1:6.3	1: 7. 0	62. 47	4.373	9.283	2.030	1:14.3	1:6.7	1: 6. 2
TotalAverage	55.96 11.19	3.987	8. 686	8.377	1:14.0	1: 6. 4	1: 6. 7	61.29	4.253	9.166	10. 481	1:14.4	1:6.7	1: 5.8
Third subperiod: Total. Average.	54.17	3.796	8.370	7.685	1:14.3	1:6.5	1: 7. 0	58.88	4.113	8.865	8.649	1:14.3	1:6.6	1:6.8
Fourth subperiod: Total Average	60.72	4. 464	9. 721	7. 939	1:13.6	1:6.2	1: 7. 6	61.29	4.047	8.947	8.988	1:15.1	1:6.9	1:6.8
Entire preservative period: Total. Average.	232. 80 11. 64	16.811	36.674	32.904 1.645	1:13.8	1: 6.3	1:7.1	243. 93 12. 20	16.786	36.261	38.270	1:14.5	1:6.7	1:6.4
After period. First subperiod:														
Total. Average	50.94 10.19	3.603	7.943	1.480	1:14.1	1:6.4	1:6.9	62. 19 12. 44	4.074	9. 469	8. 694	1:15.3	1:6.6	1:7.2
Second subperiod: Total Average	53.80 10.76	3.996	8. 489 1. 698	7.193	1:13.5	1:6.3	1:7.5	62.39 12.48	4.182	9.544	9,560	1:14.9	1:6.5	1:6.5
Entire after period: Total Average	104. 74	7. 599	16. 432	14.591	1:13.8	1:6.4	1:7.2	124. 58 12. 46	8. 256	19.013	18.254	1:15.1	1:6.6	1: 6. 8
														-

Table VIII.—Urme determinations—Ratio of sulphur, sulphates, and phosphates to nitrogen, Series VIII—Continued.

				No. 9.							No. 10.			
Period.		Quan	Quantity.			Ratio.			Quantity.	tity.			Ratio.	
	Nitrogen.	Sulphur.	SO <sub>3</sub> .	P <sub>2</sub> O <sub>5</sub> .	S: N.	SO <sub>3</sub> :N.	P2O5:N.	Nitrogen.	Sulphur.	SO <sub>3</sub> .	P <sub>2</sub> O <sub>5</sub> .	S: N.	SO <sub>3</sub> :N.	P2O5:N.
Fore period.														
First subperiod: Total. Average	Grams. a 68.98 13.80	Grams. 4.833 .967	Grams. 10.871 2.174	Grams. 13, 154 2, 631	1:14.3	1:6.3	1:5.2	Grams. 53.83 10.57	Grams. 3.861	Grams. 8.158 1.632	Grams. 10, 562 2, 112	1:13.9	1:6.6	1:5.1
Second subperiod: Total. Average.	68.46	4.753	10.667	11.246	1:14.4	1:6.4	1:6.1	57.82 11.56	3.842	8.263 1.653	9.774	1:15.0	1:7.0	1:5.9
Entire fore period: Total. Average.	137. 44	9.586	21.538	24. 400 2. 440	1:14.3	1:6.4	1:5.6	111.65	7.703	16.421	20.336	1:14.5	1:6.8	1:5.5
Preservative period.														
First subperiod: Total. Average	a 70.63	4.861	10, 732	11,772	1:14.5	1:6.6	1:6.0	67.57	4.394	9.691	11, 172	1:15.4	1:7.0	1:6.0
Second subperiod: Total Average			9.981	10.589	\1:14.6	1:6.5	1:6.1	a 62.75	4. 236	9.329	10.563	1:14.8	1:6.7	1:5.9
			11.450	11.336	1:14.5	1:6.6	1:6.7	54.46	3.555	7.609	8. 298 1. 660	1:15.3	1:7.2	1; 6. 6
								a 48, 25	3.244	7.008	8. 429	1:14.9	1:6.9	1:5.7
First, second, and third sub- periods: Total. Average.	211. 29 14. 09	14.544	32. 163 2. 144	33. 697 2. 246	1:14.5	1:6.6	1:6.3							
Entire preservative period: Total Average								233. 03 11. 65	15. 429	33.637 1.682	38. 462 1. 923	1:15.1	1:6.9	1:6.1

	1:6.0	1:5.8	1:5.9
	1:6.9	1:6.8	1:6.8
	1:16.1	1:14.9	1:15.5
	9.900	9.294	19, 194
	8.602	7.958	16.560
	3.674	3.654	7.328
	58.99	54.31 10.86	113.30
	1:6.7	1:6.7	1:6.7
	1:6.5	1:6.5	1:6.5
	1:14.5	1:15.2	1:14.8
	10.589	10.919	21.508
	10, 928 2, 186	11, 253	22, 181
	4.919	4.810	9. 729
	71.30	73.17	144. 47 14. 45
After period.	Total  Average  Avera	Total Average	Entire after period: Total Average.

a Average added to complete record

Table VIII.— Urine determinations—Ratio of sulphur, sulphates, and phosphates to wilrogen, Series VIII.—Continued.

1:5.4 1:5.7 1:5.5 1:5.7 1:5.6 1:6.2 1:5.4 1:5.7 1:5.8 1:5.5 1:5.6 P2O5:N. 1:6.61:6.7 1:6.6 SO3:N. 1:6.8 1:6.7 1:6.8 1:6.7 1:6.7 1:6.8 1:6.7 1:6.7 Ratio. 1:14.8 1:14.8 1:14.01:14.4 1:15.01:14.5 S: N 12, 080 2, 416 23, 676 2, 368 13, 306 2, 661 11, 266 2, 253 48, 835 2, 442 10, 747 2, 149 21. 512 2. 151 12, 737 2, 547 No. 12.  $P_2O_5$ . 9.558 1.9129, 974 1, 995 19, 532 1, 953 10. 459 2. 092 41, 755 2, 088 8.804 1.761 18, 053 1, 805 10, 657 2, 131 9, 181 1, 836 Grams. SO3. Quantity. 19, 231 Nitrogen. Sulphur. . 921 9. 112 . 911 5, 277 1, 055 4,883 4.146 4, 199 8.394 .839 4, 507 4.925 Grams. Grams. 62. 96 12. 59 131, 23 13, 12 280, 13 14, 01 62, 92 12, 58 58, 39 11, 72 121. 51 12. 15 68, 27 13, 65 75. 79 15. 16 71, 38 61.37 12.27 1:5.3 1:6,6 1:6.6 1:6.3 1:5.7 1:6,2 1:6,1 1:6.3 1:6.1 1.6.2 1:6.5P2O5:N. [Averages are per day.] 1:6.9 1:6.7 1:6.7 1: 6.5 1:6.7 1:6.6 1:6.7 1:6.5 1:6.7 1:6.6 1:6.5Ratio. SO3:N. 1:15,2 1:14.5 1:15.51:15.01:14,3 1:14,4 1:14,4 1:13.7 1:14,4 1:15.1 1:15.1 S: N. Grams. 13. 543 2. 709 24, 472 2, 447 12, 904 2, 581 50.392 2.520 $\frac{11.004}{2.201}$ 11.366 2.273 22, 370 2, 237 10, 929 2, 186 No. 11. 11,030P2O5.  $\frac{10,028}{2,006}$ 21.059 2.10710,366 2,073 11. 031 2. 006 12, 537 2, 507 46.823 2.341 22, 301 2, 230 Quantity. Grams. 5, 189 1, 038 9, 758 . 976 5. 437 Sulphur. 4. 569 . 914 4.655 5. 241 1. 048 20, 690 1, 035 5.027 1.005 5, 223 1, 045 10, 250 1, 025 5, 357 1, 071 Nitrogen. 69. 08 13. 82 140, 31 14, 03 84. 01 16. 80 78. 72 15. 74 311, 81 15, 59 67. 67 13. 53 72, 07 14, 41 75. 40 15. 08 147, 47 14, 75 81, 41 16, 28 Total Total Total Average Average..... Average Fourth subperiod: Entire preservative period: Average.... Preservative period. Average..... After period. Fore period. Third subperiod: Total Total Total Average..... Second subperiod: Average Period. Average..... Total..... Entire after period: A verage.... Second subperiod: Entire fore period Total Average..... Average.... Second subperiod: First subperiod: First subperiod: First subperiod:

SUMMARIES.
[Averages are per man per day.]

					[Weights	Averages are per man per day.	til per day					0.5		1
			4	Nos. 1 and 4	4.					Nos.	Nos. 1, 2, 4, 5, and 6.	nd 6.		1
Period.		Quar	Quantity.			Ratio.			Quai	Quantity.			Ratio.	
	Nitrogen.	Sulphur.	SO3.	P2O5.	S: N.	SO3: N.	$\mathrm{P}_2\mathrm{O}_5:\mathrm{N}$	Nitrogen.	Sulphur.	SO <sub>3</sub> .	P2O5.	S: N.	SO3: N.	P2O5: N.
First subperiod:  Total Average	Grams. 118.81 11.88	Grams. 8.822 .882	Grams. 19.012 1.901	Grams. 22. 283 2. 228	1:13.5	1:6.2	1:5.3	Grams. 300.34 12.01	Grams. 21.655 .866	Grams. 46.363 1.855	Grams. 58.583 2.343	1:13.9	1:6.5	1:5.1
Second subperiod: Total Average	136.42		20.947	21.874 2.187	1:14.0	1:6.5	1:6.2	338.16 13.53	23.337	49.633	57.675	1:14.5	1:6.8	1:5.9
Entire fore period: Total. Average.	255.23 12.76	18.603	39, 959 1, 998	44.157	1:13.7	1:6.4	1:6.0	638.50	44.992	95. 996 1. 920	116, 258	1:14.2	1:6.7	1:5.5
Preservative period. First subperiod: Total Average	134.40	9.393	21.190	20.526	1:14.3	1:6.3	1:6.5	331.39 13.26	22.832	50.136	56.869	1:14.5	1:6.6	1:5.8
Second subperiod: Total Average	124. 29	9.013	19.513	19.931	1:13.8	1:6.4	1:6.2	326. 22 13. 05	22.932	49.370 1.975	57.339	1:14.2	1:6.6	1:5.7
hird subperiod: Total Average	127.53 12.75	8.971 .897	19.887	19,991	1:14.2	1:6.4	1:6.4	334.72 13.39	22.861	50.196 2.008	56. 296	1:14.6	1:6.7	1:5.9
Fourth subperiod: Total Average.	126. 29 12. 63	9.013	19.631	18,645	1:14.0	1:6.4	1:6.8							
First, second, and third sub- periods: Total.								992.33	68.625	149.702 1.996	170.504	1:14.5	1:6.6	1:5.8
Entire preservative period: Total Average.	512.51	36.390	80.221	79.093 1.977	1:14.1	1:6.4	1:6.5							
After period. First subperiod: Total. Average.	128.87 12.89	9.006	20.079	18.028 1.803	1:14.3	1:6.4	1:7.1	321.50 12.86	21.622	48.329 1.933	53.289	1:14.9	1:6.7	1:6.0
Second subperiod: Total. Average.	115.43	8.153 .815	18.062 1.806	15.954 1.595	1:14.2	1:6.4	1:7.2	300.08	20.659	45.547 1.822	50.564	1:14.5	1:6.6	1:5.9
Entire after period: Total Average	244.30 12.22	17.159	38.141	33.982 1.699	1:14.2	1:6.4	1:7.2	621.58	42.281	93.876	2.077	1:14.7	1:6.6	.1:6.0

Table VIII.—Urine determinations—Ratio of sulphur, sulphates, and phosphates to mirrogen, Series VIII—Continued.

SUMMARIES—Continued.
[Averages are per man per day.]

				471	vod o m co em vo tvol		I for and							
			A	Nos. 7 to 12.	a:					Nos. 1 to	Nos. 1 to 12 (omitting No. 3).	ng No. 3).		
Period.		Quar	Quantity.			Ratio.			Quantity.	tity.			Ratio.	
	Nitrogen.	Sulphur.	SO <sub>3</sub> .	$P_2O_5$ .	S:N.	SO3:N.	$P_2O_5:N.$	Nitrogen.	Sulphur.	SO <sub>3</sub> .	$P_2O_5$ .	S: N.	SO3: N.	P2O5: N.
Fore period. First subperiod: Total	Grams. 374, 39 12, 48	Grams. 26.946 .898	Grams. 57.825 1.928	Grams. 67.869 2.262	1:13.9	1:6.5	1:5.5	Grams. 674.73 12.27	Grams. 48,601 ,884	Grams. 104. 188 1. 894	Grams. 126. 452 2. 299	1:13.9	1:6.5	1:5.3
Second subperiod: Total Average	385. 23 12. 84	26.477	57.352	62, 726	1:14.5	1:6.7	1:6.1	723.39	49.814	106.985 1.945	120, 401 2, 189	1:14.5	1:6.8	1: 6. 0
Entire fore period: Total Average	759. 62 12. 66	53. 423	115.177	130, 595	1:14.2	1:6.6	1:5.8	1,398.12	98.415	211.173 1.920	246. 853 2. 244	1:14.2	1:6.6	1:5.7
Preservative period. First subperiod: Total Average	419.82	28.826	63.138 2.105	68.513 2.284	1:14.6	1:6.6	1:6.1	751.21 13.66	51.658	113. 274	125, 382 2, 280	1:14.5	1:6.6	1:6.0
Second subperiod: Total Average.	384. 01 12. 80	26. 478	58.185	63.777	1:14.5	1:6.6	1:6.0	710.23	49. 410	107.555 1.956	2. 202	1:14.4	1:6.6	1:5.9
Third subperiod: Total. Average.	398.81	27.045	59.290	60.744	1:14.7	1:6.7	1:6.6	733.53	49.906	109, 486	117.040 2.128	1:14.7	1:6.7	1:6.3
First, second, and third sub- periods: Total Average.	1, 202. 64	82. 349 . 915	180, 613	193. 034 2. 145	1:14.6	1:6.6	1:6.2	2, 194. 97 13. 30	150.974	330.315	363.538	1:14.5	1:6.6	1:6.0
After period. First subperiod: Total Average	378.41	25.492	57. 255 1. 909	58.350 1.945	1:14.8	1:6.6	1:6.5	699.91	47.114	105.584	2.030	1:14.9	1:6,6	1:6.3
Second subperiod: Total. Average.	377. 66 12. 59	26.064	57.285	59. 079 1. 969	1:14.5	1:6.6	1:6.4	677.74	46.723	102,832	109, 643	1:14.5	1:6.6	1:6.2
Entire after period: Total. Average	756.07	51.556	114.540	117. 429	1:14.7	1:6.6	1:6.4	1,377.65	93, 837	208.416	221, 282	1:14.7	1:6.6	1:6.2

## CHANGES IN THE RELATIVE QUANTITIES OF SULPHUR COM-POUNDS EXCRETED IN THE URINE.

The sulphur and the sulphur compounds, as in the previous experiments, were determined as follows: Total sulphur, which is entered as S and as SO<sub>3</sub> in the table (Table IX), was determined by fusion with sodium peroxid. The total sulphates, which are entered in the table as SO<sub>3</sub>, were determined by acidifying a sample of urine with hydrochloric acid, boiling and precipitating with barium chlorid. The ethereal sulphates were determined by precipitating the inorganic sulphates with a barium hydrate-barium chlorid solution, filtering and determining the ethereal sulphates in the filtrate. The neutral sulphur was calculated from the difference between the total sulphur as SO<sub>3</sub> and the total sulphates. The inorganic sulphates represent the difference between the ethereal sulphates and the total sulphates. The ratio of the ethereal to the inorganic sulphates was obtained by dividing the latter by the former. The results are also expressed in percentage of total sulphur found in the urine in terms of SO<sub>2</sub>.

### INDIVIDUAL DATA.

For No. 1 it is seen that 0.930 gram of sulphur is eliminated in the fore period, 0.946 gram in the preservative period, and 0.828 gram in the after period. The ingestion of sulphur in the food of No. 1, as shown in the balance sheets (Table XIV), is practically constant, being very little less in the preservative period than in the fore period and continuing to diminish slightly in the after period. It is, therefore, seen that there is an increased elimination of total sulphur during the preservative period which is not influenced in any way by the sulphur in the food. The neutral sulphur is diminished in the preservative period and continues to diminish in the after period, and the percentage excretion of neutral sulphur is 3.1 per cent less in the preservative period than in the fore period. The amount of total sulphates is slightly increased in the preservative period and diminished in the after period. The ethereal sulphates are practically constant throughout, being less in the after period than in the preservative or fore period. It is, therefore, seen that the increased elimination of sulphur is due to inorganic sulphates and this increase amounts to 0.112 gram daily in the preservative period, decreasing in the after period to an amount even less than in the fore period. The ratio of the ethereal sulphates to the inorganic sulphates is about normal in the fore period, being 1:10.7, and is slightly increased in the preservative and after periods, reaching 1:11.7 and 1:11.8, respectively.

For No. 2 the excretion of total sulphur is slightly increased during the preservative period, with a very slight decrease in the amount of sulphur in the food. The total sulphur returns to about the same magnitude in the after period as in the fore period, with a considerable reduction of the sulphur ingested in the food. An inspection of the data for No. 2 in regard to the other forms of sulphur shows a decrease in the neutral sulphur throughout; an increase in the total sulphates in the preservative period and a slight decrease in the after period; a very slight increase in the ethereal sulphates throughout; and, as is to be expected, an increase in the amount of inorganic sulphates, which again shows the increased sulphur elimination to be in an inorganic form. The ratio of ethereal to inorganic sulphur is practically normal in the fore period, being 1:10.7, and is slightly increased in the preservative period, being 1:11; in the after period it returns to normal, namely, 1:10.4. The percentage figures show a diminution in the amount of neutral sulphur, the ethereal sulphates remaining the same, while there is an increase in the inorganic sulphates.

For No. 3 the elimination of total sulphur is practically the same in the fore and preservative periods with a diminution of 0.097 gram per day during the after period as compared with the fore period. The sulphur ingested in the food, on the other hand, is 0.102 gram per day less in the preservative period and rises to practically the same amount in the after period as in the fore period. The diminution, then, in the elimination of sulphur is partly offset by the decreased ingestion of sulphur in the food, but it is to be noted that the decrease in sulphur elimination does not accompany the decrease in the amount of sulphur ingested. The amount of neutral sulphur shows a gradually decreased elimination throughout the observation, falling to 0.156 gram per day in the after period, which is 0.168 gram less than the amount eliminated in the fore period. There is an increased amount of total sulphates eliminated in the preservative period. ethereal sulphates remain constant throughout, and there is only a very slight change in the amount of inorganic sulphates eliminated. It is thus seen in the case of No. 3 that the change in the relation of the sulphur compounds is not so marked as in the cases of Nos. 1 and 2.

In the case of No. 4 there is a diminution of 0.057 gram per day of sulphur in the preservative period, which is slightly overcome in the after period. The ingestion of sulphur in the food is practically constant during the entire period of observation, though slightly less in the after period than in either of the other two. The neutral sulphur again shows a gradual diminution throughout, but not so marked as in the case of No. 3. The total sulphates are quite constant, being reduced only 0.092 gram per day in the preservative period and rising again in the after period to nearly the same magnitude as in the fore period. The ethereal sulphates are practically constant throughout. The amount of inorganic sulphates shows a diminution of 0.089 gram in the preservative period, rising in the after period to practically the

same amount as in the fore period. The ratio of ethereal sulphates to inorganic sulphates is 1:10.7 in the fore period, 1:10.4 in the preservative period, rising to 1:11.2 in the after period. There is a percentage diminution in the neutral sulphur and a corresponding increase in the total sulphates both in the preservative and after periods. The amount of ethereal sulphates, though smaller in actual amount, shows an increased percentage elimination in the preservative period of 0.3 per cent over that of the fore and after periods. The inorganic sulphates, expressed in percentage of the total sulphur eliminated, show an increase of 1 per cent and of 3 per cent in the preservative and after periods over the fore period.

There is very little change in the metabolism of sulphur for this subject, a slight tendency being shown to diminish the amount of total sulphur eliminated in the urine. Very little relative variation is shown in the different forms in which this sulphur is eliminated, the most marked change being again in the neutral sulphur, which is diminished

throughout the observations.

There is an increased elimination of total sulphur in the case of No. 5 in the preservative period of 0.076 gram per day, returning in the after period to practically the same amount as in the fore period. There is an increased ingestion of food sulphur of 0.024 gram daily during the preservative period. Again it is seen that the amount of neutral sulphur gradually decreases throughout the period of observation; there is a marked increase in the quantity of total sulphates, and the ethereal sulphates remain practically constant throughout. As is plainly shown, the increased elimination of sulphur is due to the formation of inorganic sulphates. The ratio of ethereal sulphates to inorganic sulphates in the fore period is just a little below normal, being 1:9.2, and rising in the preservative period to 1:11. In the after period the ratio is 1:10.6. There is a decrease of 3.4 per cent in the neutral sulphur eliminated in the preservative period and a corresponding increase in the amount of total sulphates. The ethereal sulphates decrease 1 per cent in the preservative period, although the actual amount excreted is the same as in the fore period. There is an increased excretion of 4.4 per cent of inorganic sulphates over the fore period.

In the case of No. 6 there is a diminution of 0.047 gram per day of sulphur in the preservative period but a decrease of 0.066 gram per day in the amount of sulphur ingested in the food. In the after period the elimination is 0.111 gram per day less than in the fore period and the amount ingested 0.137 less. The amount of neutral sulphur gradually decreases throughout the observation; there is a diminution in the amount of total sulphates throughout, and also in the amount of ethereal sulphates which, however, is very slight. The inorganic sulphates also show a decreased elimination throughout, corresponding,

of course, to the change in total and ethereal sulphates. The ratio of ethereal to inorganic sulphates is 1:14.7 in the fore period, 1:15 in the preservative period, and 1:15.6 in the after period. Considering these figures alone, there is shown in this case a decreased elimination of sulphur. The decrease in the amount of sulphur ingested in the food, however, is even greater than the decrease in the amount excreted. The percentage amount of neutral sulphur excreted is slightly decreased throughout while the ethereal sulphates eliminated are practically constant. The percentage of total and inorganic sulphates is slightly increased throughout the observation.

There is a decreased elimination of total sulphur in the case of No. 7 throughout the observation, amounting to 0.059 gram per day in the preservative period and 0.140 gram per day in the after period as compared with the fore period. There is also a decrease throughout in the amount of sulphur ingested of about the same magnitude. Again, there is shown a diminished quantity of neutral sulphur excreted throughout the observation, and a decreased amount of ethereal sulphates which, in this case, is quite marked. The total sulphates show a gradual falling off throughout the observation, as do also the inorganic sulphates. The ratio of ethereal to inorganic sulphates is 1:14 in the fore period, 1:14.6 in the preservative period, and 1:15.1 in the after period. The neutral sulphur in the preservative period is 2.4 per cent less than in the fore period. The percentage of ethereal sulphates remains practically the same throughout, although the actual quantity is somewhat less in the two other periods than in the fore period. There is a corresponding increase to these amounts in the total sulphates and the inorganic sulphates. It is seen in the case of No. 7 that there is a diminished elimination of sulphur in the urine, but this is partly offset by the diminished amount of sulphur ingested during the observation.

The data for No. 8 show a slight gain of 0.012 gram per day in the total sulphur eliminated in the preservative period. The amount eliminated in the after period is almost exactly the same as in the fore period. The sulphur ingested in the food shows a gradual diminution throughout the observation, being 0.030 gram per day less in the preservative and 0.069 gram per day less in the after period than in the fore period. The neutral sulphur is quite markedly decreased in amount throughout, being just about one-half the quantity in the after period that it is in the fore period. The total sulphates show a gradual increase, the ethereal sulphates a decrease. Consequently it is in the amount of inorganic sulphates, in the case of No. 8, that the increased excretion of sulphur occurs. The figures expressing the ratio of the ethereal to the inorganic sulphates are 1:8.2, 1:9.6 and 1:10.3, respectively, for the three periods. Expressed in percentage of the total sulphur eliminated, the figures show a marked decrease in the pre-

servative period in the neutral sulphur eliminated, and a reduction in the ethereal sulphates of one per cent, while an increase occurs in the inorganic sulphates. There is evidence in this case of an increase in the sulphur excretion with marked changes in the forms in which it is eliminated in the urine.

In the case of No. 9 there is a slight increase throughout in the total sulphur eliminated, though the sulphur ingested in the food slightly decreases. The neutral sulphur is greater in the preservative period by 0.037 gram and less by 0.029 gram in the after period than in the fore period. The total sulphates show a slight diminution in the preservative period but are increased in the after period. The ethereal sulphates are practically the same throughout. The inorganic sulphates show very little change, being slightly less in the preservative period and increasing in the after period. The ratio of ethereal to inorganic sulphates is 1:13.2 in the fore period, 1:12.6 in the preservative period, and 1:13.0 in the after period. There is shown in this case a slight increase in the amount of sulphur eliminated, which differs from the previous data in that it is excreted in the neutral and organically combined form, whereas heretofore when there has been an increase, it is in the oxidized and inorganic form.

In the case of No. 10 there is practically no change in the amount of total sulphur excreted in the fore and preservative periods, while in the after period there is a decrease of 0.037 gram as compared with the amount in the fore period. There is a decrease of 0.037 gram in the amount of neutral sulphur in the preservative period and a still greater decrease in the after period. The ethereal sulphates are nearly constant in amount, while the inorganic sulphates show an increase in the preservative period, returning to practically the original figure in the after period. The ratios for the three periods are 1:11.0, 1:11.0, and 1:10.4, respectively. The percentage figures as well as those expressing actual amounts show that, considering the diminished amount of sulphur in the food, there is a small increase in the excretion of inorganic sulphur.

No. 11 shows an increased elimination of 0.058 gram per day of total sulphur during the preservative period and 0.049 gram during the after period as compared with the fore period. The sulphur ingested in the food gradually decreases throughout the observation. In this case there is a marked increase in the katabolic activities, at least, as regards the sulphur, which is even more pronounced when it is considered that the sulphur content of the food is diminished in about the same magnitude as the excretion is increased. The increase in sulphur, as in the majority of cases, is in the inorganic sulphates, which are increased 0.220 gram during the preservative period; in the after period there is a strong tendency shown to return to normal conditions. The ethereal sulphates in the case of No. 11 show an

increase during the preservative period of 0.016 gram and return to normal in the after period. The amount of neutral sulphur shows quite a decrease in the preservative period, rising to practically the same amount in the after period as in the fore period. The ratio of ethereal sulphates to inorganic sulphates is nearly twice the magnitude of the normal ratio and shows very little change, being 1: 18.7, 1: 18.1, and 1: 19.7, respectively, for the three periods. The percentage figures, showing relative amounts in terms of the total sulphur excreted, are in harmony with the figures showing the actual amounts present.

The data for No. 12 show an increased excretion of total sulphur of 0.051 gram per day during the preservative period with a decreased ingestion of 0.105 gram per day in the food. The amount of sulphur eliminated in the after period is less than in the fore period with a corresponding decrease in the amount of sulphur in the food. The neutral sulphur is diminished throughout as are the ethereal sulphates, the increase being entirely in the quantity of inorganic sulphates which show 0.152 gram more in the preservative period than in the fore period, but there is a decrease of 0.080 gram in the after period from the fore period. The results expressed in percentage show the same relative increase and decrease of the various forms as do the actual amounts.

### SUMMARIES.

The summary for Nos. 1 and 4 is complete for the whole observation. This summary shows a decrease in the quantity of sulphur excreted in the preservative period and a still further decrease in the after period. The ratio of the ethereal to the inorganic sulphates is higher in the preservative period and still further increased in the after period. The ethereal sulphates and neutral sulphur decrease throughout the observation both in percentage and actual amount.

The summary for Nos. 1, 2, 4, 5, and 6, omitting the fourth preservative subperiod, shows a slight increase in the amount of total sulphur eliminated during the preservative period and a decrease during the after period. The sulphur ingested in the food slightly decreases throughout the observation.

In regard to the various forms in which this sulphur is eliminated, it is seen that there is quite a diminution in the neutral sulphur throughout, falling from 0.327 gram in the fore period to 0.289 gram in the preservative period and 0.238 gram in the after period. The ethereal sulphates are practically of the same magnitude (0.158 and 0.156 gram, respectively) in the fore and preservative periods, but fall to 0.148 gram in the after period. The increased excretion is due to the inorganic sulphates which amount to 1.762 grams in the fore period, 1.840 in the preservative period, and 1.729 in the after period.

The ratio is about normal and is 1: 11.1 in the fore period, 1: 11.8 in the preservative period, and 1: 11.7 in the after period. The same changes are shown by the figures expressing the relative percentage amounts of the different forms of sulphur for each period.

Taking the decrease in the amount of sulphur in the food into consideration, it is seen that there is a general tendency on the part of the preservative, benzoic acid, to increase the excretion of metabolized sulphur; individually this is shown in Nos. 1, 2, and 5, Nos. 4 and 6 showing a decrease during the preservative period. The decrease in food sulphur, however, in the case of No. 4 is practically the same as the decreased excretion, while for No. 6 the decrease in food sulphur is greater. Attention is called to the reduction of the neutral sulphur throughout the observation, which is uniformly shown for all the individuals of this summary. Another point is the remarkable constancy of the ethereal sulphates. The increased excretion of the sulphur is completely oxidized and excreted in an inorganic form which naturally slightly increases the ratio of the ethereal to the inorganic sulphates.

The next summary is for Nos. 7 to 12, who received benzoate of soda. There is a slightly larger increase in the excretion of sulphur for those taking the preservative in this form than for Nos. 1 to 6 (omitting No. 3), and there is also a decreased ingestion of sulphur throughout the entire observation. The neutral sulphur is decreased throughout, and the ethereal sulphates again remain constant during the fore and preservative periods with a slight decrease during the after period. The inorganic sulphates are increased 0.090 gram during the preservative period, as compared with 0.078 gram increase in the summary for Nos. 1, 2, 4, 5, and 6, and return to practically the same amount in the after period as in the fore period. The ratio is slightly larger than in the benzoic acid summary and is largest in the after period.

The same trend in the percentage excretion is shown in both summaries, with the exception of the ethereal sulphates in the after period which continues to be decreased in the sodium benzoate summary (Nos. 7 to 12) and is returned to normal in the benzoic acid summary. In general, it is quite noticeable that there is practically no difference in the effect produced by benzoic acid and sodium benzoate on the excretion of sulphur in the urine. This is further shown by inspection of the data in the summary for Nos. 1 to 12, the data being merely combined in one expression. These figures show the general effect of this preservative in its two forms on the excretion of sulphur.

It is quite evident that there is a slight tendency manifested to increase the katabolic activities, as shown by the increased excretion

of metabolized sulphur, which is more pronounced when the diminution in the amount of sulphur in the food is taken into consideration. There is a reduction in the amount of neutral sulphur eliminated under the influence of the preservatives and this diminution is increased in the after period.

The average increased excretion of total sulphates during the preservative period is 0.082 gram per day, which is entirely in the form of inorganic sulphates, as the ethereal sulphates are practically of the same magnitude in the fore and preservative periods. From this it is quite evident that there is a marked tendency, as is shown by the sulphur and sulphate excretion, to increase katabolic activities, at least during the administration of the preservative. Considered in connection with the decrease in body weight, this point becomes more significant.

Another point worthy of mention in this discussion is the constancy of the ethereal sulphates. These organically combined sulphates are regarded as an index to putrefactive changes in the intestines due to proteid decomposition. The average elimination for the 11 men is as follows: Fore period, 0.157; preservative period, 0.154, and after period, 0.143.

It is evident, therefore, that the administration of benzoic acid and benzoates has practically no effect on the excretion of the ethereal sulphates. This condition may be accounted for in two ways. The preservative may be broken up or absorbed, the aromatic nucleus being taken up by the glycocoll in the body, and therefore it does not reach that part of the intestinal canal where the ethereal sulphates are formed, or it may in part reach the lower intestines where the reduction in these sulphates caused by the antiseptic action of the preservative is offset by the increase due to the combination with the benzene nucleus. From the uniform manner in which these aromatic sulphates are excreted, it would seem that the first explanation is more plausible and that the excretion of ethereal sulphates is, therefore, maintained under nearly normal conditions.

Table IX.—Urine determinations—Ratio of preformed sulphates to ethereal sulphates and neutral sulphur, Series VIII.

No. 1.

		as S.	as SO <sub>3</sub> .	nur as	tes as	ates as	sulphates	ethereal to sulphates.	per	lts ex cent o ur in te	of total	sul-
	Period.	Total sulphur as	Total sulphur as	al sulphur SO <sub>3</sub> .	sulphates SO <sub>3</sub> .	Ethereal sulphates SO <sub>3</sub> .	56	Ratio of ethereal to inorganic sulphates.	itral sul-	tal sul- phates.	hereal sul- phates.	Inorganic sul- phates.
		Total	Total	Neutral	Total	Ether	Inorganic as S	Ratio	Neutral phui	Total	Ethereal phates	Inorg
	Fore period.											
	est subperiod: Total Average	Grams. 4. 431 . 886	Grams. 11.064 2.213	Grams. 1.634 .327	Grams. 9. 430 1. 886	Grams. 0.784 .157	Grams. 8. 646 1. 729	1: 11. 0	P. ct. 14.8	P. ct. 85. 2	P. ct. 7. 1	P.ct. 78. 1
Sec	ond subperiod: Total Average	4.867 .973	12. 153 2. 431	1.836 .367	10. 317 2. 063	. 906	9. 411 1. 882	1:10.4	15. 1	84.9	7. 5	77. 4
En	tire fore period: Total Average	9. 298 . 930	23. 217 2 322	3. 470 . 3 17	19. 747 1. 975	1. 690 . 169	18. 057 1. 806	1: 10. 7	14. 9	85. 1	7.3	77. 8
Pi	reservative period.											
	st subperiod: Total Average	4. 730 . 946	11. 812 2. 362	1.092 .218	10. 720 2. 144	. 815 . 163	9. 905 1. 981	1:12.2	9. 2	90.8	6.9	83. 9
	Total	4.735 .947	$11.823 \\ 2.365$	1.744 .349	10.079 2.016	. 805 . 161	9. 274 1. 855	1; 11. 5	14.8	85. 2	6.8	78. 4
	Total	4. 767 . 953	11. 904 2. 381	1.346 .269	10. 558 2. 112	. 844 . 169	9. 714 1. 943	1:11.5	11.3	88.7	7.1	81.6
10	Total	4. 678 . 936	11. 681 2. 336	1. 390 . 278	10. 291 2. 058	.822	9. 469 1. 894	1 11.5	11. 9	88. 1	7.0	81.1
	tire preservative eriod: Total Average	18. 910 . 946	47. 220 2. 361	5. 572 . 279	41. 648 2. 082	3. 286 . 164	38. 362 1. 918	1:11.7	11.8	88. 2	7.0	81. 2
	After period.											
	Total	4 311 . 862	10. 765 2. 153	1. 279 . 256	9. 486 1. 897	. 709	8. 777 1. 755	1:12.4	11.9	88.1	6. 6	81. 5
596	rotal	3. 973 . 795	9. 920 1. 984	1. 205 . 241	8 715 1.743	. 708	8. 007 1. 601	1;11.3	12.1	87. 9	7. 1	80. 7
En	tire after period. TotalAverage	8. 284 . 828	20. 685 2. 069	2. 484 . 248	18. 201 1. 820	1. 417 . 142	16. 784 1. 678	1.11.8	12. 0	88.0	6.9	81. 1

 $\begin{tabular}{ll} {\bf Table \ IX.-Urine \ determinations-Ratio \ of \ preformed \ sulphates \ to \ ethereal \ sulphates \ and \ neutral \ sulphur, \ Series \ VIII-Continued. \end{tabular}$ 

No. 2.

	s s	as SO <sub>3</sub> .	nur as	tes as	ates as	sulphates	ethereal to sulphates.	per	ts ex cent c ir in te	f tota	l sul-
Period.	Potal sulphur as	Total sulphur as	ral sulphur SO <sub>3</sub> .	l sulphates SO <sub>3</sub> .	Ethereal sulphates as SO <sub>3</sub> .	Inorganic sul as SO <sub>3</sub> .	of nic	Neutral sulphur.	tal sul- phates.	Ethereal sulphates.	Inorganic sul- phates.
	Tota	Tota	Neutral	Total	Ethe	Inor	Ratio	Neur	Total pha	Ethe	Inor
Fore period.											
First subperiod: Total Average	Grams. 5.248 1.050	Grams. 13. 105 2. 621	Grams. 1.910 .382	Grams. 11. 195 2. 239	Grams. 0.956 .191	Grams. 10. 239 2. 048	1:10.7	P. ct. 14.6	P. ct. 85. 4	P. ct. 7.3	P.ct. 78.1
Second subperiod: Total Average	6.086 1.217	15.197 3.039	2.305 .461	12.892 2.578	1.094 .219	11.798 2.360	1:10.8	15. 2	84.8	7.2	77.6
Entire fore period: TotalAverage	11.334 1.133	28. 302 2. 830	4. 215 . 422	24. 087 2. 409	2.050 .205	22.037 2.204	1:10.7	14.9	85. 1	7.2	77.9
Preservative period.					-						
First subperiod: Total Average Second subperiod:	5. 987 1. 197	14.951 2.990	2.124 .425	12. 827 2. 565	. 833 . 167	11.994 2.399	1:14.4	14.2	85.8	5. 6	80. 2
Total Average Third subperiod:	5.968 1.194	14.902 2.980	2. 181 . 436	12.721 2.544	1.137 .227	11. 584 2. 317	1:10.2	14.6	85. 4	7.6	77.7
Average Fourth subperiod:	5.950 1.190	14. 856 2. 971	1.951	12.905 2.581	1.130	11.775 2.355	1: 10. 4	13.1	86.9	7.6	79.3
Total	5. 737 1. 147	14.324 2.865	2.022	12. 302 2. 460	1.144	11.158 2.232	1: 9.8	14.1	85. 9	8.0	77.9
Entire preservative period: TotalAverage	23. 642 1. 182	59.033 2.952	8. 278 . 414	50.755 2.538	4, 244 . 212	46. 511 2. 326	1:11.0	14.0	86.0	7.2	78.8
After period.											
First subperiod: TotalAverage	5. 545 1. 109	13. 845 2. 769	1. 573 . 315	12. 272 2. 454	1. 137 . 227	11. 135 2. 227	1: 9.8	11.4	88.6	8.2	80. 4
Second subperiod: Total Average	5. 616 1. 123	14.024 2.805	1.741	12. 283 2. 457	1.022 .204	11. 261 2. 252	1:11.0	12.4	87.6	7.3	80.3
Entire after period: Total Average	11. 161 1. 116	27. 869 2. 787	3. 314 . 331	24. 555 2. 456	2. 159 . 216	22. 396 2. 240	1:10.4	11.9	88.1	7.7	80.4

Table IX.—Urine determinations—Ratio of preformed sulphates to ethereal sulphates and neutral sulphur, Series VIII—Continued.

# [Averages are per day.]

# No. 3.

	as S.	as SO3.	ur as	ces as	ates as	sulphates	ethereal to sulphate.	per	cent o	presse of tota erms of	l sul-
Period.	Total sulphur as	Total sulphur as $\mathrm{SO}_3$ .	ral sulphur SO <sub>3</sub> .	sulphates SO <sub>3</sub> .	Ethereal sulphates as SO <sub>3</sub> .	Inorganic sul as SO <sub>3</sub> .	Ratio of ethereal to inorganic sulphate.	Neutral sul- phur.	otal sul- phates.	Ethereal sulphates.	Inorganic sul- phates.
	Tota	Tota	Neutral	Total	Ethe	Inorg	Rati	Neut	Total pha	Ethe	Inor
Fore period.											
First subperiod: Total Average	Grams. 5.027 1.005	Grams. 12.552 2.510	Grams. 1.547 .309	Grams. 11.005 2.201	Grams. 0.714 .143	Grams. 10.291 2.058	1:14.4	P.ct. 12.3	P. ct. 87.7	P. ct. 5.7	P.ct. 82.0
Second subperiod: Total Average	4.986 .997	12.450 2.490	1.696 .339	10.754 2.151	.776 .155	9.978 1.996	1:12.9	13.6	86.4	6.2	80.1
Entire fore period: TotalAverage	10.013 1.001	25.002 2.500	3.243 .324	21.759 2.176	1.490 .149	20. 269 2. 027	1:13.6	13.0	87.0	6.0	81.1
$Preservative\ period.$											
First subperiod: Total Average	5.224 1.045	13.044 2.609	1.416 .283	11.628 2.326	.769 .154	10.859 2.172	1:14.1	10.9	89.1	5.9	83.2
Second subperiod:  Total Average Third subperiod:	5.124 1.025	12.795 2.559	1.472 .294	11.323 2.265	.730 .146	10.593 2.119	1:14.5	11.5	88.5	5.7	82.8
Total Average	4.939 .988	12.332 2.466	1.521 .304	$10.811 \\ 2.162$	.693 .139	$10.118 \\ 2.024$	1:14.6	12.3	87.7	5.6	82.0
Fourth subperiod: Total Average	4.607 .921	11.504 2.301	1.268 .254	10.236 2.047	.696 .139	9.540 1.908	1:13.7	11.0	89.0	6.1	82.9
Entire preservative period:											
Total	19.894	49.675 2.484	5.677 .284	43.998 2.200	2.888	$\begin{array}{c} 41.110 \\ 2.056 \end{array}$	1:14.2	11.4	88.6	5.8	82.8
After period.											
First subperiod: TotalAverage	4.602 .920	11.492 2.298	.516	10.976 2.195	.770 .154	10.206 2.041	1:13.3	4.5	95.5	6.7	88.8
Second subperiod: Total Average	4.437 .887	11.079 2.216	1.047 .209	10.032 2.006	.700 .140	9.332 1.866	1:13.3	9.5	90.6	6.3	84.2
Entire after period: Total Average	9.039	$22.571 \\ 2.257$	1.563 .156	21.008 2.101	1.470 .147	19.538 1.954	1:13.3	6.9	93.1	6.5	86.6

Table IX.—Urine determinations—Ratio of preformed sulphates to ethereal sulphates and neutral sulphur, Series VIII—Continued.

### No. 4.

	as S.	as SO3.	nur as	tes as	ates as	sulphates J <sub>3</sub> ,	ethereal to sulphates.	per	lts ex cent c ir in te	f total	sul-
Period.	Potal sulph <mark>u</mark> r	Total sulphur as	Neutral sulphur SO <sub>3</sub> .	Total sulphates SO <sub>3</sub> .	Ethereal sulphates SO <sub>3</sub> .	Inorganic sul as SO <sub>3</sub> .	Ratio of ethereal to inorganic sulphates.	Neutral sul- phur.	Total sul- phates.	Ethereal sulphates.	Inorganic sul- phates.
Fore period.			<del>-</del> -			=				_	
First subperiod: Total Average	Grams. 4.391 .878	Grams. 10, 964 2, 193	Grams. 1, 382 , 276	Grams. 9. 582 1. 916	Grams. 0.799 .160	Grams. 8.783 1.757	1:11.0	P. ct. 12. 6	P. ct. 87. 4	P. ct. 7.3	P. ct. 80. 1
Second subperiod: Total Average	4. 914 . 983	12. 271 2. 454	1.641 .328	10.630 2.126	.926 .185	9. 704 1. 941	1:10.3	13.4	86.6	7.5	79.1
Entire fore period: Total Average	9.305 .931	23. 235 2.324	3. 023 . 302	20. 212 2.021	1.725 .173	18. 487 1. 849	1:10.7	13.0	87.0	7.4	79.6
Preservative period.											
First subperiod: Total Average	4.663 .933	$11.644 \\ 2.329$	1.174 .235	10.470 2.094	.805 .161	9.665 1.933	1:12.0	10.1	89.9	6.9	83.0
Second subperiod: TotalAverage	4.278 .856	$10.681 \\ 2.136$	1.247 .249	9.434 1.887	.887 .177	8.547 1.709	1: 9.6	11.7	88.3	8.3	80.0
Third subperiod: TotalAverage	4.204 .841	$10.497 \\ 2.099$	1.168 .234	9.329 1.866	.825 .165	8.504 1.701	1:10.3	11.1	88.9	7.9	81.0
Fourth subperiod: TotalAverage	4.335 .867	$10.824 \\ 2.165$	1.484 .297	9.340 1.868	.862	8.478 1.696	1: 9.8	13.7	86.3	8.0	78
Entire preservative period: TotalAverage	17.480 .874	43.646 2.182	5.073 .254	38.573 1.929	3.379 .169	35.194 1.760	1:10.4	11.6	88.4	7.7	80.6
After period.											-
First subperiod: Total Average Second subperiod:	4.695 .939	11.723 2.345	1.130 .226	10.593 2.119	.873 .175	9.720 1.944	1:11.1	9.6	90.4	7.4	82.9
Total	4.180 .836	$10.438 \\ 2.088$	1.091 .218	9.347 1.869	.764 .153	8.583 1.717	1:11.2	10.5	89.5	7.3	82.2
Entire after period: Total Average	8.875 .888	22.161 2.216	2.221 .222	19.940 1.994	1.637 .164	18.303 1.830	1:11.2	10.0	90.0	7.4	82.6

Table IX.—Urine determinations—Ratio of preformed sulphates to ethereal sulphates and neutral sulphur, Series VIII—Continued.

No. 5.

				140. 6	•						
	as S.	as SO3.	ıur as	tes as	ates as	sulphates	real to	per	lts ex cent c ir in te	of tota	l sul-
Period.	Total sulphur as	Total sulphur as	Neutral sulphur SO <sub>3</sub> .	Total sulphates SO <sub>3</sub> .	Ethereal sulphates as SO <sub>3</sub> .	Inorganic sul as SO <sub>3</sub> .	Ratio of ethereal to inorganic sulphates.	Neutral sul- phur.	Total sul- phates.	Ethereal sulphates.	Inorganic sulphates.
Fore period.											
First subperiod: Total Average	Grams. a 2. 915 . 583	Grams. 7. 279 1. 456	Grams. 1.078 .216	Grams. 6. 201 1. 240	Grams. 0.585 .117	Grams. 5. 616 1. 123	1:9.6	P. ct. 14. 8	P. ct. 85, 2	P. ct. 8. 0	P. ct. 77.1
Second subperiod: Total Average	2.820 .564	7.042 1.408	1. 153 , 231	5. 889 1. 178	.602	5. 287 1. 057	1:8.8	16. 4	83. 6	8.5	75.1
Entire fore period: Total Average	a 5. 735 . 574	14, 321 1, 432	2. 231 . 223	12.090 1.209	1.187 .119	10.903 1.090	1:9.2	15. 6	84. 4	8.3	76.1
Preservative period.											
First subperiod: Total Average	3.078 .616	7. 686 1. 537	1.040 .208	6.646 1.329	. 576	6. 070 1. 214	1:10.5	13. 5	86.5	7. 5	79. 0
Second subperiod: Total Average	a 3. 421 . 684	8. 542 1. 708	1. 201 . 240	7. 341 1. 468	. 598 . 120	6, 743 1, 349	1:11.3	14.1	85. 9	7.0	78.9
Third subperiod: Total Average	3. 431 . 686	8.566 1.713	. 838 . 168	7.728 1.546	. 662 . 132	7.066 1.413	1:10.7	9.8	90.2	7.7	82. 5
Fourth subperiod: Total Average	a 3, 066 . 613	7. 656 1. 531	.877 .175	6.779 1.356	. 534	6. 245 1. 249	1:11.7	11. 5	88. 5	7. 0	81.6
Entire preservative period: Total Average	12.996 .650	32. 450 1. 623	3.956 .198	28. 494 1. 425	2.370 .119	26. 124 1. 306	1:11.0	12.2	87.8	7.3	80. 5
After period.											
First subperiod: Total Average Second subperiod:	a 2. 953 . 591	7.374 1.475	.761 .152	6. 613 1. 323	.571	6. 042 1. 208	1:10.6	10. 3	89. 7	7.7	81. 9
Total	2.802 .560	6.997 1.399	1.023 .205	5. 974 1. 195	. 515	5. 459 1. 092	1:10.6	14. 6	85. 4	7.4	78. 0
Entire after period: Total Average		14. 371 1. 437	1.784 .178	12. 587 1. 259	1.086 .109	11. 501 1. 150	1:10.6	12. 4	87. 6	7. 6	80.0

 $<sup>{\</sup>it a}$  Average added to complete record.

Table IX.—Urine determinations—Ratio of preformed sulphates to ethereat sulphates and neutral sulphur, Series VIII—Continued.

No. 6.

	as S.	as SO <sub>3</sub> .	hur as	tos as	natos as	sulphates	ethereal to sulphates.	per	cent o	presse f total erms o	sul-
Period.	Total sulphur as	Total sulphur as SO <sub>3</sub> .	Neutral sulphur SO <sub>3</sub> .	Total sulphates SO <sub>3</sub> ,	Ethereal sulphates as SO <sub>3</sub> .	Inorganie sul as SO <sub>3</sub> .	Ratio of ethereal to inorganic sulphates.	Neutral sul- phur.	Total sul- phates.	Ethereal sul- phates.	Inorganic sul- phates.
Fore period.											
First subperiod: Total Average	Grams. 4.670 .934	Grams. 11.662 2.332	Grams. 1.710 .342	Grams. 9.952 1.990	Grams. 0.627 .125	Grams. 9.325 1.865	1:14.9	P. ct. 14.7	P. ct. 85.3	P. ct. 5. 4	P. ct. 80. 0
Second subperiod: Total Average	4.650 .930	11.610 2.322	1.705 .341	9. 905 1. 981	. 638 . 128	9. 267 1. 853	1: 14. 5	14.7	85.3	5. 5	79.8
Entire fore period: TotalAverage	9.320 .932	23. 272 2. 327	3. 415 . 342	19. 857 1. 986	1. 265 . 127	18. 592 1. 859	1:14.7	14.7	85.3	5. 4	79. 9
Preservative period:											
First subperiod: TotalAverage	4.374 .875	10. 922 2. 184	1. 449 . 290	9. 473 1. 895	. 590 . 118	8. SS3 1. 777	1: 15.1	13.3	86.7	5.4	81.3
Second subperiod: Total Average Third subperiod:	4.530 .906	11.310 2.262	1.515 .303	9.795 1.959	.609 .122	9. 186 1. 837	1:15.1	14.6	86.6	5. 4	81.2
Total Average	4.509 .902	$11.259 \\ 2.252$	1.583 .317	9. 676 1. 935	. 606 . 121	9.070 1.814	1: 15. 0	14.1	85.9	5.4	80.6
Fourth subperiod: TotalAverage	4. 289 . 858	10.709 2.142	1.359 .272	9.350 1.870	. 582 . 116	8.768 1.754	1:15.1	12.7	87.3	5. 4	81.9
Entire preservative period: TotalAverage	17. 702 . 885	44. 200 2. 210	5.906 .295	38. 294 1. 915	2.387 .119	35. 907 1. 795	1: 15. 0	13. 4	86.6	5.4	81.2
After period.											
First subperiod: Total		10. 282 2. 056	.916 .183	9.366 1.873	. 571 . 114	8.795 1.759	1: 15. 4	8.9	91.1	5.6	85. 5
Second subperiod: TotalAverage		10. 210 2. 042	. 981 . 196	9. 229 1. 846	. 549 . 110	8. 680 1. 736	1: 15.8	9,6	90.4	5. 4	85.0
Entire after period: Total Average	8. 207 . 821	20. 492 2. 049	1.897 .190	18. 595 1. 860	1. 120 . 112	17. 475 1. 748	1:15.6	9.3	90.7	5. 5	85.3

a Average added to complete record.

Table IX.—Urine determinations—Ratio of preformed sulphates to ethereal sulphates and neutral sulphur, Series VIII—Continued.

### No. 7.

		÷	as	as	S	80	0.	Resu	lts ex	presse	d in
	as S.	ıs SO3.			ates g	sulphates	eal thates	per	cent c ir in te	f total	sul-
Period.	Total sulphur as	Total sulphur as	sulphur SO <sub>2</sub> .	sulphates SO <sub>3</sub> .	Ethereal sulphates as SO <sub>3</sub> .	Š	Ratio of ethereal to inorganic sulphates.	-lns	-In	sul-	sul-
	l sul	las la	Neutral 8		ereal	Inorganic	Ratio of inorganic	Neutral phur.	otal sul- phates.	Ethereal sphates.	Inorganic sul- phates.
	Tota	Tots	Nen	Total	Eth	Inor	Rati	Nen	Total phs	Etho	Inor
Fore period.											0
First subperiod: Total Average	Grams. 4. 423 . 885	Grams. 11.044 2.209	Grams. 1. 455 . 291	Grams. 9. 589 1. 918	Grams. 0.622 .124	Grams. 8.967 1.793	1:14.4	P. ct. 13. 2	P. ct. 86, 8	P. ct. 5. 6	P. ct. 81. 2
Second subperiod: TotalAverage	4. 576 . 915	11. 427 2. 285	1.908 .382	9. 519 1. 904	. 648 . 130	8. 871 1. 774	1:13.7	16.7	83.3	5. 7	77.6
Entire fore period: Total Average	8. 999 . 900	22. 471 2. 247	3. 363 , 336	19. 108 1, 911	1. 270 , 127	17. 838 1. 784	1:14.0	15, 0	85. 0	5. 7	80. 3
Preservative period.		====									
First subperiod: TotalAverage	4. 564 . 913	11. 397 2. 279	1.500 .300	9.897 1.979	. 598	9. 299 1. 860	1:15.5	13, 2	86.8	5. 2	81.6
Second subperiod: Total Average	3. 987 . 797	9. 956 1. 991	1. 270 . 254	8. 686 1. 737	. 588	8. 098 1. 620	1:13.8	12.8	87.2	5. 9	81.3
Third subperiod: Total Average	3. 796 . 759	9. 178 1. 896	1.108 .222	8. 370 1. 674	. 565 . 113	7. 805 1. 561	1:13.8	11.7	88.3	6.0	82.3
Fourth subperiod: Total Average	4, 464 . 893	11. 146 2. 229	1. 425 . 285	9. 721 1. 944	. 603 . 121	9.118 1.824	1:15.1	12.8	87.2	5. 4	81.8
Entire preservative period:	10.011	44 0	* 000	00.071	0.054	0.4.000	1 11 0	10.0	0.5		01.0
Total	16.811	41. 977 2. 099	5. 303	36. 674 1. 834	2.354	34. 320 1. 716	1:14.6	12.6	87.4	5. 6	81.8
After period.											
First subperiod: Total Average Second subperiod:	3.603 .721	8. 997 1. 799	1. 054 . 211	7. 943 1. 589	. 516 . 103	7. 427 1. 485	1:14.4	11.7	88.3	5. 7	82.5
Total	3. 996 . 799	9. 978 1. 996	1. 489 . 298	8. 489 1. 698	. 505	7. 984 1. 597	1:15.8	14.9	85.1	5. 1	80.0
Entire after period: Total Average	7. 599 . 760	18. 975 1. 898	2. 543 . 254	16. 432 1. 643	1. 021 . 102	15. 411 1. 541	1:15.1	13. 4	86. 6	5. 4	81. 2

Table IX.—Urine determinations—Ratio of preformed sulphates to ethereal sulphates and neutral sulphur, Series VIII—Continued.

No. 8.

	88 S.	as SO <sub>3</sub> .	nur as	tes as	ntes as	sulphates ) <sub>3</sub> ,	read to	per	lts ex cent ur in te	of tota	alsul-
Period.	Total sutphur as	Total sulphur as SO <sub>3</sub> .	Neutral sulphur SO <sub>3</sub> .	Total sulphates SO <sub>3</sub> .	Ethereal sulphates as SO <sub>3</sub> .	Inorganie su as SO <sub>3</sub> ,	Ratio of ethereal to inorgante sulphates.	Neutral sul- phur.	Total sul- phates.	Etheren sulphates.	Inorganic sul- phates.
Fore period.											
First subperiod: Total Average	Grams. 4.133 .827	Grams. 10.319 2.064	Grams. 1.701 .340	Grams. 8.618 1.724	Grams. 0.884 .177	Grams. 7.734 1.547	1:8.7	P. ct. 16. 5	P. ct. 83. 5	P. ct. 8-6	P.ct. 74.9
Second subperiod: Total Average	4. 132 . 826	10.317 2.063	1. 416 . 283	8.901 1.780	1.012 .202	7. 889 1. 578	1:7.8	13.7	86.3	9.8	76.5
Entire fore period: Total Average	8. 265 . 827	20. 636 2. 064	3. 117 . 312	17. 519 1. 752	1. 896 . 190	15.623 1.562	1:8-2	15.1	84.9	9. 2	75. 7
Preservative period.											
First subperiod: Total Average	4.373 .875	10. 920 2. 184	1.637 .327	9. 283 1. 857	. 895 . 179	8.388 1.678	1:9.4	15.0	85. 0	8.2	76.8
Second subperiod: Total Average. Third subperiod:	a 4. 253 . 851	10.620 2.124	1. 454 . 291	9. 166 1. 833	.745 .149	8. 421 1. 684	1:9.4	13.7	86.3	7.0	79.3
Total	4. 113 . 823	10. 271 2. 054	1. 406 . 281	8. 865 1. 773	. 823 . 165	8. 042 1. 608	1:9.8	13. 7	86.3	8.0	78.3
Total Average	4. 047 . 809	10. 105 2. 021	1.158 .232	8.947 1.789	. 967 . 193	7. 980 1. 596	1:9.7	11.5	88. 5	9.6	79.0
Entire preservative period: TotalAverage	16.786 .839	41. 916 2. 096	5. 655 . 283	36. 261 1. 813	3, 430 . 172	32. 831 1. 642	1:9.6	13. 5	86.5	8. 2	78.3
After period.		,									
First subperiod: TotalAverageSecond subperiod:	4.074 .815	10.173 2.035	. 704 . 141	9. 469 1. 894	. \$60 . 172	8.609 1.722	1:10.0	6.9	93. 1	8.5	85. 4
Total	4. 182 . 836	10. 443 2. 089	. 899 . 180	9.544 1.909	. 821 . 164	8.723 1.745	1:10.6	8.6	91. 4	7.9	83. 5
Entire after period: TotalAverage	8. 256 . 826	20.616 2.062	1.603 .160	19. 013 1. 901	1.681 .168	17. 332 1. 733	1:10.3	7.8	92. 2	8.2	84.1

a Average added to complete record.

Table IX.—Urine determinations—Ratio of preformed sulphates to ethereal sulphates and neutral sulphur, Series VIII—Continued.

No. 9.

	as S.	as SO <sub>3</sub> .	hur as	tes as	ates as	sulphates	real to	per	lts ex	of total	sul-
Period.	Total sulphur	Total sulphur as	Neutral sulphur SO <sub>3</sub> .	Total sulphates SO <sub>3</sub> .	Ethereal sulphates SO <sub>5</sub> .	Inorganic sul as SO <sub>3</sub> .	Ratio of ethereal to inorganic sulphates.	Neutral sul- phur.	Total sul- phates.	Ethereal sulphates.	Inorganic sulphates.
Fore period.											
First subperiod: Total Average Second subperiod:	Grams. a 4. 833 . 967	Grams. 12.068 2.414	Grams. 1.197 .239	Grams. 10. 871 2. 174	Grams. 0.748 .150	Grams. 10. 123 2. 025	1:13.5	P. ct. 9. 9	P. ct. 90.1	P. ct. 6. 2	P. ct. 83. 9
Total	4. 753 . 951	11. 869 2. 374	1. 202 . 240	10. 667 2. 133	. 765 . 153	9. 902 1. 980	1:12.9	10.1	89.9	6.4	83.4
Entire fore period: Total Average	9. 586 . 959	23. 937 2. 394	2. 399 . 240	21. 538 2. 154	1. 513 . 151	20. 025 2. 003	1:13.2	10.0	90.0	6.3	83. 7
$Preservative\ period.$											
First subperiod: TotalAverage	a 4.860 .972	12. 135 2. 427	1. 402 . 280	10. 733 2. 147	.789	9. 944 1. 989	1:12.6	11.6	88.4	6.5	81.9
Second subperiod: Total Average	4.464 .893	11. 147 2. 229	1. 166 . 233	9. 981 1. 996	. 718 . 144	9. 263 1. 853	1: 12. 9	10.5	89.5	6.4	83.1
Third subperiod: Total Average	5. 219 1. 044	13. 032 2. 606	1.582 .316	11. 450 2. 290	.866 .173	10. 584 2. 117	1:12.2	12.1	87.9	6.6	81.2
First, second, and third subperiods: Total	14. 543 . 970	36. 314 2. 421	4. 150 . 277	32. 164 2. 144	2. 373 . 158	29. 791 1. 986	1:12.6	11.4	88. 6	6.5	82.0
After period.											
First subperiod: Total. Average	4. 919 . 984	12. 282 2. 456	1. 354 . 271	10. 928 2. 186	.774	10. 154 2. 031	1: 13. 1	11.0	89.0	6.3	82.7
Second subperiod: Total Average	4.810 .962	12. 010 2. 402	. 757 . 151	11. 253 2. 251	. 810 . 162	10. 443 2. 089	1:12.9	6.3	93. 7	6.7	87.0
Entire after period: Total Average	9. 729 . 973	24. 292 2. 429	2. 111 . 211	22. 181 2. 218	1.584 .158	20. 597 2. 060	1:13.0	8.7	91.3	6.5	84.8

a Average added to complete record.

Table IX.—Urine determinations—Ratio of preformed sulphates to othereal sulphates and neutral sulphur, Series VIII—Continued.

No. 10.

	as S.	as SO <sub>3</sub> .	nur as	tes as	ates as	sulphates <sub>3</sub> ,	ethereal to sulphates.	per	lts ex cent ur in te	of tota	l sul-
Period.	Total sulphur as	Total sulphur as SO <sub>3</sub> .	Neutral sulphur SO <sub>3</sub> .	Total sulphates SO <sub>3</sub> .	Ethereal sulphates as SO <sub>3</sub> .	Inorganic sul as SO <sub>3</sub> .	Ratio of ethereal to inorganic sulphates.	Neutral sulphur.	Total sul- phates.	Ethereal sulphates.	Inorganic sul- phates.
Fore period.											
First subperiod: Total Average	Grams. 3. 861 . 772	Grams. 9. 641 1. 928	Grams. 1. 483 . 297	Grams. 8.158 1.632	Grams. 0. 661 . 132	Grams. 7. 497 1. 499	1:11.3	P. ct. 15. 4	P. ct. 84. 6	P. ct. 6. 9	P.ct. 77. 8
Second subperiod: Total Average	3. 842 . 768	9. 594 1. 919	1. 331 . 266	8. 263 1. 653	. 713 . 143	7. 550 1. 510	1:10.6	13. 9	86.1	7.4	78.7
Entire fore period: Total Average	7. 703 . 770	19. 235 1. 924	2. 814 . 281	16. 421 1. 642	1. 374 . 137	15. 047 1. 505	1:11.0	14. 6	85. 4	7. 1	78. 2
Preservative period.										,	
First subperiod: Total	4. 394 . 879	10. 971 2. 194	1. 280 . 256	9. 691 1. 938	. 779 . 156	8. 912 1. 782	1:11.4	11.7	88. 3	7.1	81. 2
Second subperiod: Total Average	4. 236 . 847	10. 577 2. 115	1. 248 . 250	9, 329 1, 866	. 753 . 151	8. 576 1. 715	1:11.4	11.8	88. 2	7.1	81.1
Third subperiod: Total. Average.	3, 555 . 711	8. 877 1. 775	1. 268 . 254	7. 609 1. 522	. 664	6. 945 1. 389	1:10.5	14.3	85. 7	7. 5	78.2
Fourth subperiod: TotalAverage	3. 244 . 649	8. 100 1. 620	1. 092 . 218	7. 008 1. 402	. 613 . 123	6. 395 1. 279	1:10.4	13. 5	86. 5	7. 6	79.0
Entire preservative period: Total Average	15. 429 . 771	38. 525 1. 926	4. 888 . 244	33. 637 1. 682	2. 809 . 140	30. 828 1. 541	1:11.0	12.7	87. 3	7. 3	80. 0
After period.											
First subperiod: Total Average Second subperiod:	3. 674 . 735	9. 174 1. 835	. 572	8. 602 1. 720	. 732	7. 870 1. 574	1:10.8	6. 2	93. 8	8. 0	85. 8
Total	3. 654 . 731	9. 124 1. 825	1. 166 . 233	7. 958 1. 592	. 724 . 145	7. 234 1. 447	1:10.0	12. 8	87. 2	7. 9	79. 3
Entire after period: Total Average	7. 328 . 733	18. 298 1. 830	1. 738 . 174	16. 560 1. 656	1. 456 . 146	15. 104 1. 510	1:10.4	9. 5	90. 5	8. 0	82. 5

Table IX.—Urine determinations—Ratio of preformed sulphates to ethereal sulphates and neutral sulphur, Series VIII—Continued.

No. 11.

	as S.	as SO <sub>3</sub> .	ıur as	tes as	ates as	sulphates J <sub>3</sub> .	real to	per	lts ex cent o ir in te	of tota	l sul-
Period.	Total sulphur	Total sulphur as	Neutral sulphur SO <sub>3</sub> .	Total sulphates SO <sub>3</sub> .	Ethereal sulphates SO <sub>3</sub> .	Inorganic sul as SO <sub>3</sub> .	Ratio of ethereal to inorganic sulphates.	Neutral sulphur.	Total sul- phates.	Ethereal sulphates.	Inorganic sul- phates.
Fore period.											
First subperiod: Total Average	Grams. 5. 189 1. 038	Grams. 12. 956 2. 591	Grams. 1.925 .385	Grams. 11. 031 2. 206	Grams. 0. 559 . 112	Grams. 10. 472 2. 094	1:18.7	P. ct. 14. 9	P. ct. 85. 1	P. ct. 4. 3	P. ct. 80. 8
Second subperiod: Total Average	4. 569 • 914	11. 409 2. 282	1. 381 . 276	10. 028 2. 006	. 509 2. 102	9. 519 1. 904	1:18.7	12.1	87.9	4. 4	83. 4
Entire forc period: Total Average	9.758 .976	24. 365 2. 437	3. 306 . 331	21. 059 2. 106	1. 068 . 107	19. 991 1. 999	1:18.7	13. 6	86. 4	4.4	82.0
Preservative period.											
First subperiod: Total Average	5. 357 1. 071	13.375 2.675	1.298 .260	12. 077 2. 415	. 634	11. 443 2. 289	1:18.0	9. 7	90.3	4.7	85.6
Second subperiod: Total Average	4. 655 . 931	11. 624 2. 325	1. 258 . 252	10. 366 2. 073	. 544	9.822 1.964	1:18.1	10.8	89. 2	4.7	84. 5
Third subperiod:  Total Average Fourth subperiod:	5. 437 1. 087	13. 577 2. 715	1.040 .208	12. 537 2. 507	. 656 . 131	11.881 2.376	1:18.1	7.7	92. 3	4.8	87.5
TotalAverage	5. 241 1.048	13. 087 2. 617	1. 244 . 249	11. 843 2. 369	.618 .124	11.225 2.245	1:18.2	9.5	90.5	4.7	85.8
Entire preservative period: Total	20. 689 1. 034	51. 663 2. 583	4.840 .242	46. 823 2. 341	2. 452 . 123	44. 371 2. 219	1:18.1	9. 4	90.6	4.7	85. 9
After period.											
First subperiod: Total Average Second subperiod:	5. 027 1. 005	12. 553 2. 511	1. 489 . 298	11. 064 2. 213	. 599	10. 465 2. 093	1:17.5	11. 9	88.1	4.8	83. 4
TotalAverage		13. 041 2. 608	1.804 .361	11. 237 2. 247	. 476	10. 761 2. 152	1: 22. 6	13.8	86. 2	3.7	82.5
Entire after period: Total Average	10. 250 1. 025	25. 594 2. 559	3. 293 . 329	22. 301 2. 230	1.075 .108	21. 226 2. 123	1:19.7	12.9	87.1	4. 2	82. 9

Table IX.—Urine determinations—Ratio of preformed sulphates to ethereal sulphates and neutral sulphur, Series VIII—Continued.

No. 12.

g Z Z Z Z Results expressed in												
	as S.	as SO <sub>3</sub> .	ıur as	tes as	ates as	sulphates J <sub>3</sub> .	ethereal to sulphates.	per	lts ex cent o	f total	sul-	
Period.	Total sulphur	Total sulphur as	Neutral sulphur SO <sub>3</sub> .	Total sulphates SO <sub>3</sub> .	Ethereal sulphates as SO <sub>3</sub> .	Inorganic sul as SO <sub>3</sub> .	Ratio of ethereal to inorganic sulphates.	Neutral sulphur.	Total sul- phates.	Ethereal sulphates.	Inorganic sul- phates.	
Fore period.												
First subperiod: Total Average	Grams. 4.507 .901	$Grams. \\ 11.254 \\ 2.251$	Grams. 1.696 .339	Grams. 9.558 1.912	Grams. 1.123 .225	Grams. 8.435 1.687	1:7.5	P. ct. 15.1	P. ct. 84.9	P. ct. 10.0	P.ct. 74.9	
Second subperiod: TotalAverage	4.605 .921	$\frac{11.499}{2.300}$	1.525 .305	$9.974 \\ 1.995$	1.061 .212	$8.913 \\ 1.783$	1:8.4	13.3	86.7	9.2	77.5	
Entire fore period: TotalAverage	9.112 .911	22.753 2.275	3.221 .322	19.532 1.953	2.184 .218	17.348 1.735	1:7.9	14.2	85.8	9.6	76.2	
Preservative period.												
First subperiod: TotalAverage	5.277 1.055	13.177 2.635	1.719 .344	$11.458 \\ 2.292$	1.149 .230	10.309 2.062	1:9.0	13.0	87.0	8.7	78.2	
Second subperiod: TotalAverage	4.883 .977	12.192 2.438	1.535 .307	$10.657 \\ 2.131$	.987	$9.670 \\ 1.934$	1:9.8	12.6	87.4	8.1	79.3	
Third subperiod: TotalAverageFourth subperiod:	4.925 .985	12.298 2.460	1.839 .368	$10.459 \\ 2.092$	.953 .191	$9.506 \\ 1.901$	1:10.0	15.0	85.0	7.7	77.3	
TotalAverage	4.146 .829	$10.353 \\ 2.071$	1.172 .234	$9.181 \\ 1.836$	.923 .185	$8.258 \\ 1.652$	1:8.9	11.3	88.7	8.9	79.8	
Entire preservative period: TotalAverage	19.231 .962	48.020 2.401	6.265 .313	41.755 2.088	4.012 .201	37.743 1.887	1:9.4	13.0	87.0	8.4	78.6	
After period.												
First subperiod: Total Average Second subperiod:	4.195 .839	10.474 2.095	1.225 .245	9.249 1.850	.771 .154	8.478 1.696	1:11.0	11.7	88.3	7.4	80.9	
Total	4.199 .840	$10.485 \\ 2.097$	1.681 .336	8.804 1.761	.730 .146	$8.074 \\ 1.615$	1:11.0	16.0	84.0	7.0	77.0	
Entire after period: TotalAverage	8.394 .839	20.959 2.096	2.906 .291	18.053 1.805	1.501 .150	16.552 1.655	1:11.0	13.9	86.1	7.2	79.0	

Table IX.—Urine determinations—Ratio of preformed sulphates to ethereal sulphates and neutral sulphur, Series VIII—Continued.

## SUMMARIES.

### [Averages are per man per day.]

## Nos. 1 and 4.

	2 2 2 3 Results expressed in													
	as S.	as SO <sub>3</sub> .	nur as	tes as	ates as	sulphates	ethereal to sulphates.	per	lts ex cent c ir in te	of tota	l sul-			
Period.	Total sulphur as	Total sulphur as	Neutral sulphur $SO_3$ .	Total sulphates SO <sub>3</sub> .	Ethereal sulphates as SO <sub>3</sub> .	Inorganic sul as SO <sub>3</sub> .	Ratio of ethereal to inorganic sulphates.	Neutral sulphur.	Total sul- phates.	Ethereal sulphates.	Inorganic sulphates.			
Fore period.														
First subperiod: Total Average	Grams. 8. 822 . 882	Grams. 22. 028 2. 203	Grams. 3. 016 . 302	Grams. 19. 012 1. 901	Grams. 1. 583 . 158	Grams. 17. 429 1. 743	1:11.0	P. ct. 13. 7	P. ct. 86. 3	P. ct. 7. 2	P.ct. 79. 1			
Second subperiod: Total Average	9. 781 . 978	24. 424 2. 442	3. 477 . 348	20. 947 2. 095	1. 832 . 183	19. 115 1. 912	1:10.4	14.2	85, 8	7.5	78. 3			
Entire fore period: Total Average	18. 603 . 930	46. 452 2. 323	6. 493 . 325	39. 959 1. 998	3. 415 . 171	36. 544 1. 827	1:10.7	14. 0	86. 0	7.4	78. 7			
$Preservative\ period.$														
First subperiod: Total Average	9. 393 . 939	23. 456 2. 346	2. 266 . 227	21. 190 2. 119	1. 620 . 162	19. 570 1. 957	1:12.1	9. 7	90. 3	6. 9	83. 4			
Second subperiod: Total Average Third subperiod:	9. 013 . 901	22. 504 2. 250	2. 991 . 299	19. 513 1. 951	1. 692 . 169	17. 821 1. 782	1:10.5	13.3	86.7	7.5	79.2			
Total	8. 971 . 897	22. 401 2. 240	2. 514 . 251	19. 887 1. 989	1. 669 . 167	18. 218 1. 822	1:10.9	11. 2	88. 8	7.5	81.3			
Total Average	9. 013 . 901	22. 505 2. 251	2. 874 . 287	19. 631 1. 963	1. 684 . 168	17. 947 1. 795	1:10.7	12.8	87.2	7.5	79. 7			
Entire preservative period: TotalAverage	36. 390 . 910	90. 866 2. 272	10. 645 . 266	80. 221 2. 006	6. 665 . 167	73. 556 1. 839	1:11.0	11.7	88.3	7.3	80. 9			
After period.														
First subperiod: Total Average Second subperiod:	9. 006 . 901	22. 488 2. 249	2. 409 . 241	20. 079 2. 008	1. 582 . 158	18. 497 1. 850	1:11.7	10. 7	89. 3	7.0	82. 3			
Total	8. 153 . 815	20. 358 2. 036	2. 296 . 230	18. 062 1. 806	1. 472 . 147	16. 590 1. 659	1:11.3	11. 3	88.7	7.2	81. 5			
Entire after period: Total Average	17. 159 . 858	42. 846 2. 142	4, 705 , 235	38. 141 1. 907	3. 054 . 153	35. 087 1. 754	1:11.5	11.0	89. 0	7.1	81. 9			

 $\begin{tabular}{ll} Table IX.-Urine & determinations-Ratio & of preformed & sulphates & to & ethereal & sulphates \\ & and & neutral & sulphur, & Series & VIII-Continued. \\ \end{tabular}$ 

SUMMARIES—Continued.

[Averages are per man per day.]

Nos. 1, 2, 4, 5, and 6.

	as S.	as SO <sub>3</sub> .	nur as	tes as	ates as	sulphates	ethereal to sulphates.	per	ilts ex cent c ur in te	of total	sul-
Period.	Total sulphur as	Total sulphur as	Neutral sulphur SO <sub>3</sub> .	Total sulphates $SO_3$ .	Ethereal sulphates as SO <sub>3</sub> .	Inorganie sul as SO <sub>3</sub> .	Ratio of ethereal to inorganic sulphates.	Neutral sul- phur.	Total sul- phates.	Ethereal sulphates.	Inorganic sul- phates.
Fore period.											
First subperiod: Total Average Second subperiod:	Grams. 21.655 .866	Grams. 54. 074 2. 163	Grams. 7. 714 . 309	Grams. 46.360 1.854	Grams. 3.751 .150	Grams. 42.609 1.704	1:11.4	P. ct. 14. 3	P. ct. 85. 7	P. ct. 6. 9	P. ct. 78.8
TotalAverage	23. 337 . 933	58. 273 2. 331	8.640 .346	49. 633 1. 985	4. 166 . 167	45. 467 1. 819	1:10.9	14.8	85. 2	7.1	78.0
Entire fore period: Total Average.	44. 992 . 900	112. 347 2. 247	16. 354 . 327	95. 993 1. 920	7. 917 . 158	88. 076 1. 762	1:11.1	14.6	85. 4	7.0	78. 4
Preservative period.									-		
First subperiod: Total Average Second subperiod:	22. 832 . 913	57. 015 2. 281	6. 879 . 275	50. 136 2. 005	3.619 .145	46. 517 1. 861	1:12.9	12.1	87.9	6.3	81. 6
Total	22, 932 . 917	57. 258 2. 290	7.888 .316	49.370 1.975	4.036 .161	45. 334 1. 813	1:11.2	13.8	86.2	7.0	79.2
Third subperiod: Total Average		57. 082 2. 283	6.886 .275	50. 196 2. 008	4.067 .163	46. 129 1. 845	1:11.3	12.1	87.9	7.1	80.8
First, second, and third subperiods: TotalAverage		171. 355 2. 285	21. 653 . 289	149. 702 1. 996	11. 722 . 156	137. 980 1. 840	1:11.8	12.6	87. 4	6.8	80. 5
After period.											
First subperiod: Total Average Second subperiod:		53. 989 2. 160	5. 659 . 226	48. 330 1. 933	3. 861 . 154	44. 469 1. 779	1:11.5	10.5	89. 5	7.2	82. 4
TotalAverage		51. 589 2. 064	6.041 .242	45. 548 1. 822	3. 558 . 142	41. 990 1. 680	1:11.8	11.7	88.3	6.9	81. 4
Entire after period: Total	42. 282 . 846	105. 578 2. 112	11. 700 . 238	93. 878 1. 878	7. 419 . 148	86. 459 1. 729	1:11.7	11.1	88.9	7.0	81.9

Table IX.—Urine determinations—Ratio of preformed sulphates to ethereal sulphates and neutral sulphur, Series VIII—Continued.

## SUMMARIES—Continued.

[Averages are per man per day.]

Nos. 7 to 12.

	as S.	as SO <sub>3</sub> .	iur as	ses as	ates as	sulphates	ethereal to sulphates.	per	eent o	presse of total erms of	sul-
Period.	Total sulphur	Total sulphur as	Neutral sulphur SO <sub>3</sub> .	Total sulphates SO <sub>3</sub> .	Ethereal sulphates as SO <sub>3</sub> .	Inorganic sul as SO <sub>3</sub> .	Ratio of ethereal to inorganic sulphates.	Neutral sul- phur.	Fotal sul- phates.	Ethereal suiphates.	Inorganic sul- phates.
	To	To	Ne	To	Et	In	Rain	ž	To	Ē	II
Fore period.											
First subperiod: Total Average	Grams. 26, 946 . 898	Grams. 67. 282 2. 243	Grams. 9. 457 . 315	Grams. 57.825 1.928	Grams. 4. 597 . 153	Grams. 53. 228 1. 774	1:11.6	P. ct. 14.1	P. ct. 85. 9	P. ct. 6. 8	P.ct. 79.1
Second subperiod: Total	26, 477 . 883	66. 115 2. 204	8. 763 . 292	57. 352 1. 912	4. 708 . 157	52. 644 1. 755	1:11.2	13. 3	86.7	7.1	79. 6
Entire fore period: TotalAverage	53. 423 . 890	133, 397 2, 223	18. 220 . 304	115. 177 1. 920	9. 305 . 155	105. 872 1. 765	1:11.4	13. 7	86. 3	7.0	79. 4
Preservative period.											
First subperiod: Total Average.	28. 825 . 961	71. 975 2. 399	8. 836 . 295	63. 139 2. 105	4. 844 . 161	58. 295 1. 943	1:12.0	12. 3	87.7	6.7	81.0
TotalAverageThird subperiod:	26. 478 . 883	66. 116 2. 204	7. 931 . 264	58. 185 1. 940	4. 335 . 145	53. 850 1. 795	1:12.4	12.0	88. 0	6. 6	81.4
Total Average	27. 045 . 902	67. 233 2. 241	8. 243 . 275	59. 290 1. 976	4. 527 . 151	54.763 1.825	1:12.1	12. 3	88. 2	6. 7	81. 5
First, second, and third subperiods: Total	82. 348 . 915	205. 324 2. 281	25. 010 . 278	180. 614 2. 007	13. 706 . 152	166. 908 1. 855	1:12.2	12. 2	88. 0	6. 7	81. 3
After period.											
First subperiod:  Total  Average Second subperiod:	25. 492 . 850	63. 653 2. 122	6. 398 . 213	57. 255 1. 909	4. 252 . 142	53. 003 1. 767	1:12.5	10. 1	89. 9	6.7	83. 3
Total	26.064 .869	65. 081 2. 169	7.796 .260	57. 285 1. 910	4.066 .136	53. 219 1. 774	1:13.1	12.0	88. 0	6. 2	81.8
Entire after period: Total	51. 556 . 859	128. 734 2. 146	14. 194 . 237	114. 540 1. 909	8. 318 . 139	106. 222 1. 770	1:12.8	11.0	89. 0	6. 5	82. 5

23360—Bull. 84, pt 4—08——8

Table IX.—Urine determinations—Ratio of preformed sulphates to ethereal sulphates and neutral sulphur, Series VIII-Continued.

SUMMARIES-Continued.

[Averages are per man per day.]

# Nos. 1 to 12, omitting No. 3.

	1 1											
	28 S.	us SO3.	hur as	tes as	ntes as	sulphates ) <sub>3-</sub>	to in-	per	cent	of tota	l sul-	
Period.	Total sulphur as	Total sulphur as SO <sub>3</sub> .	Nentral sulphur SO <sub>3</sub> .	Total sulphates SO <sub>3</sub> .	Ethereal sulphates as SO <sub>3</sub> ,	Inorganic su as SO <sub>3</sub> .	Ratio ethereal to in- organic.	Neutral sul- phur.	Total sul-	Ethereal sul- plates.	Inorganic sul- phates.	
Fore period.												
First subperiod: Total Average Second subperiod:		Grams. 121. 356 2. 206		Grams. 104.185 1.894	Grams. 8.348 .152	Grams. 95. 837 1. 742	1:11.5	P. ct. 14.1	P. ct. 85. 9	P. ct. 6. 9	P.ct. 79.0	
Total		124. 388 2. 262	17. 403 . 316	106. 985 1. 945	8. S74 . 161	98.111 1.784	1:11.1	14.0	86.0	7.1	78.9	
Entire fore period: Total	98. 415 . 895	245. 744 2. 234	34. 574 . 314	211. 170 1. 920	17. 222 . 157	193. 948 1. 763	1:11.3	14.1	85.9	7.0	78.9	
Preservative period.												
First subperiod: Total Average Second subperiod:		128. 990 2. 345	15.715 .286	113. 275 2. 060	8. 463 . 154	104. 812 1. 906	1:12.4	12, 2	S7.8	6.6	81.3	
Total	49.410 .898	123, 374 2, 243	15.819 .288	107. 555 1. 956	8. 371 . 152	99.184 1.803	1:11.8	12.8	87.2	6.8	80. 4	
Third subperiod: TotalAverage		124.315 2.230	15. 129 2. 275	109. 486 1. 991	8. 594 . 156	100, 892 1, 834	1:11.7	12.2	88.1	6.9	81.2	
First, second, and third subperiods: TotalAverage		376. 679 2. 283	46. 663 . 283	330, 316 2, 002	25. 428 . 154	304, 888 1, 848	1:12.0	12.4	87.7	6.8	80.9	
After period.												
First subperiod: Total Average. Second subperiod:		117. 642 2. 139	12. 057 . 219	105, 585 1, 920	8.113 .148	97. 472 1. 772	1:12.0	10.2	89.8	6.9	82.9	
Total	46.724 .850	116. 670 2. 121	13.837 .252	102. 833 1. 870	7.624 .139	95. 209 1. 731	1:12.5	11.9	88.1	6.5	81.6	
Entire after period: Total Average		234, 312 2, 130	25. 894 . 235	208. 418 1. 895	15. 737 . 143	192, 681 1, 752	1:12.2	11.1	88. 9	6. 7	82.2	

### MICROSCOPICAL EXAMINATION OF THE URINE.

The numbers used in representing the relative occurrence of microscopic bodies have the same values as in the previous parts of this bulletin, namely, none, 0; very few, 1; few, 2; fairly numerous, 3; numerous, 4; extremely numerous, 5.

#### DISCUSSION OF OBSERVATIONS.

In Table X are given the results of the microscopical examination of the urine.

Uric acid crystals and urates.—In the case of No. 1 uric acid crystals are found only on two occasions, both in the preservative period. In the case of No. 2 there are a few in the fore period. In the case of No. 3 they exist only in the preservative period, a very few being found on two occasions. In the case of No. 4 they do not exist in the fore period and are present at all observations in the preservative period, reaching "fairly numerous" as a maximum. Nos. 5, 6, 9, 10, 11, and 12 show no uric-acid crystals whatever during any part of the observation. Nos. 7 and 8 have uric-acid crystals only during the preservative period, and then only very few were observed. The percentage figures for relative occurrence show 16.7 in the fore period, 37.1 in the preservative period, and 4.4 in the after period.

The existence of urates is not revealed by the microscope in any case with any of the men during the whole period of observation.

Crystals of calcium oxalate.—These crystals are present in all cases during the different periods of the observation, with the exception of No. 8. They are less numerous in the cases of Nos. 4, 9, and 12. The figures for relative occurrence again show an increase in the preservative period and a decrease in the after period.

Crystalline phosphates.—Crystalline phosphates are found in a few cases, notably Nos. 10 and 11. They are found in only one instance in the fore period, namely, the case of No. 10. The figures for relative occurrence show an increase in the preservative period but the data do not warrant very much importance being attached to them.

Amorphous phosphates.—Amorphous phosphates are found in a few instances, notably in the cases of Nos. 10 and 11. They occur more often in the preservative period, except in the cases of Nos. 2, 5, and 9 when they appear in the after period. The expression for relative occurrence shows a slight increase in the preservative period and this is further augmented in the after period.

Epithelial cells.—The epithelial cells are present quite uniformly throughout the whole period of observation. A few are uniformly present in the preservative period in the cases of Nos. 3, 4, 5, 6, and 7. They were fairly numerous throughout in the case of No. 2, and for the other members a very few were found at some observations and a few

at others. The percentage figures for relative occurrence indicate an increase in the preservative period and a decrease in the after period.

Leucocytes.—Leucocytes are quite uniformly present throughout the observation. They are somewhat more abundant in the preservative period in the cases of Nos. 7 and 9 than in the fore period. The relative occurrence is slightly greater in the preservative period and decreases in the after period.

Red blood cells.—The microscope does not reveal the presence of any red blood cells in the urine during any period of the observation.

Hyaline casts.—Hyaline casts are quite uniformly present throughout the observation in all the cases, but "a few" is the maximum amount recorded. The figures for relative occurrence show a decrease throughout the observation.

Finely granular casts.—A very few finely granular casts are found in all cases with the exception of Nos. 1, 8, and 12. They appear to be more numerous in the preservative period than in either of the others, as is shown in the figures for relative occurrence.

Coarsely granular casts.—A few coarsely granular casts appear at irregular intervals during the observation in all cases except Nos. 9 and 12. They are apparently again somewhat more numerous in the preservative period than in either of the others.

Epithelial casts.—In no case are any epithelial casts discovered in any of the samples during the whole period of the observation.

Mucous cylindroids.—The mucous cylindroids are uniformly present and in the cases of Nos. 1 and 6 are recorded as numerous on several occasions. They are fairly numerous in the cases of Nos. 4, 7, and 8. There is evidence of an increase in these bodies during the preservative period as indicated by the figures for relative occurrence which are 141.7, 205.7, and 152.2 for the three periods, respectively.

Mucous strands—Mucous strands are present throughout the whole period of observation, and they are recorded as numerous in the cases of Nos. 1, 4, 6, 7, and 8. In this case there is again shown a marked increase in the preservative period followed by a decrease in the after period, the figures for the relative occurrence being 225, 240, and 160.9, respectively.

#### CONCLUSION.

The general expression of the relative occurrence of all the microscopic bodies in the urine is 64.4, 75.2, and 59.1 for the three periods, respectively. These figures, therefo e, indicate a slight tendency to increase the presence of these bodies during the preservative period. A general survey of the individual data does not show a marked effect in the case of all these bodies, the figures for epithelial cells, mucous strands, and mucous cylindroids being most markedly increased. It may be fair to conclude that there is a slight tendency to promote renal activity during the preservative period.

Table X.—Microscopical examination of the urine, Series VIII.

(None, 0; very few, 1; few, 2; fairly numerous, 3; numerous, 4; extremely numerous, 5.)

			-									·	
	Fore period.	Pro	Preservative period.					Fore period.	Pro	eservat period	ive	Af per	ter iod.
No.	Apr. 18-21.	Apr. 25-27.	May 3-4.	May 6-11.	May 13-17.	May 19-21.	No.	Apr. 18-21.	Apr. 25-27.	May 3-4.	May 6-11.	May 13-17.	May 19-21.
URIC	-ACID	CRY	STAI	LS.			AMORP	Hous	РНО	SPH	TES		
1	0 2 0 0 0 0 0 0 0 0	0 0 1 2 0 0 0 0 0 0 0	1 0 0 3 0 0 0 0 1 1 0 0 0	2 0 1 1 0 0 1 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 1 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 0	1	0 0 0 0 0 0 0 0 0 0 0 0 4 0	0 0 0 0 0 0 0 0 0	0 0 0 3 0 0 0 0 0 0 2 2 3 0	0 0 1 0 0 0 0 0 0	0 2 0 0 0 0 0 0 0 1 5 4 0	0 1 0 0 5 5  0 0 3 2 0 0
Total	2	3	5	5	1	0	Total	4	0	8	8	12	11
Relative occur- rence	16, 67		37. 14		4	. 35	Relative occur-	33. 33		45.71		100	. 00
CRYSTALS	OF CA	LCIU	IUM OXALATE.				EPITHELIAL CELLS.						
1	2 1 0 1 2 2 2 0 0 2 3 2	3 2 2 1 3 2 2 0 1 3 1 0	3 1 2 0 2 1 1 0 1 2 1 1	1 2 2 1 1 2 1 1 0 2 1 0	2 1 0 1 2 1 1 0 1 3 2 1	2 0 0 1 1 1  0 0 2 1 2 0	1	1 2 2 2 2 2 2 1 1 2 2 2 2 2 2 2 2 2 2 2	2 3 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	1 3 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	2 a 3 2 2 2 a 2 1	$ \begin{array}{c} 1 \\ 2 \\ a & 2 \\ 2 \\ 2 \\ 2 \\ 1 \\ 1 \end{array} $	a 1 a 2 a 2 a 1 1 1 2 a 2 2 1
Total	16	20	15	13	15	9	Total	21	24	23	20	19	17
Relative occur-	133. 33		137. 14		104	. 35	Relative occur-	175. 00		191. 43		156	. 52
CRYSTA	LLINE	PHO	эврн	ATE	S.		I	LEUCO	СҮТ	ES.			
1	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 2 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 0 2 2 2 0	0 0 1 0 0 0 0 0 0 0	0 0 0 0 0 0 0 0 0 2 1 2 0	0 1 0 0 0 0 0 1 1 1 0 0	1	0 1 1 1 1 1 1 1 1 1 1 1 1 0 1 1 1 1 1 1	1 1 1 0 1 1 1 1 1 1 1 1 1 1 1	0 1 1 1 1 1 2 1 2 1 1 1 1 1 1 1 1 1 1 1	1 1 1 1 1 1 2 0 1	1 0 0 0 0 1 1 0 1 0 1 1 0	1 1 0 2 1 1 1 0 1 1 1 1
Relative occur-			1			_	Relative occur-				10		
rence	16. 67		28. 57		34.	. 78	rence	83. 33		97.14		69.	. 57

a Some in sheets.

Table X.—Microscopical examination of the urine, Series VIII—Continued.

(None, 0; very few, 1; few, 2; fairly numerous, 3; numerous, 4; extremely numerous, 5.)

	Fore period.		eserva period			fter iod.		Fore period.		servat period		Af	ter iod.
No.	Арг. 18-21.	Apr. 25-27.	May 3-4.	May 6-11.	May 13-17.	May 19-21.	No.	Apr. 18-21.	Apr. 25-27.	May 3-4.	May 6-11.	May 13-17.	May 19-21.
Н	YALIN	E C.	ASTS.				MUC	ous c	YLIN	DRO	DS.		
1	2 1 1 1 1 1 1 0 2 1 1 1	1 1 1 1 1 2 1 1 1 1 2 2 2 2 2	1 1 1 1 0 1 0 1 0 1 0 1 0 2	1 1 1 2 0 1 1 1 1 1 1	1 1 0 1 0 2 0 0 1 0 0 0	1 1 1 2 0 0 0 0 0 0 1 1	1	1 1 1 4 2 1 1 1 1	2 1 1 3 1 4 3 1 2 2 2 2	3 2 2 2 1 3 2 3 2 2 1 1	4 2 2 2 2 4 2 2 2 1 1 1 2	2 1 1 1 2 3 1 1 1 1 1 1 1 1 1 1 1 1 1	2 2 2 1 1 1 1 2 1
Total Relative cccur-		16	9	10	7	9	Total	17	24	24	24	16	19
rence	108.33		100.00		69.	. 57	Relative occur- rence	141.67		205. 71		152	. 17
FINEL	Y GRA	NUI	AR C	ASTS	3.		MU	cous	STR	ANDS		1	
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Relative occur-							Total	27	30	-29	25	18	19
COARSE		A NYTT	25. 71	CAG		. 39	Relative occur-	225, 00		240.00		160	. 87
COARSE	LI GR	ANU	LAK	CAS	1 1			SUM	MAR	Y.			
1 2 3 4 5 6 7 8	0 1 1 0 0 0 0 0	0 0 0 1 1 1 0 1	0 0 0 0 0 0 0	0 1 0 0 0 0 1	0 0 0 0 0 0 0 0 0	1 0 1 0 0  0 0	TotalRelative occurrence			395 75, 24		59	1 13
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13.04

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20.00

Total....

Relative cccurrence 16.67

## MICROSCOPICAL EXAMINATION OF THE BLOOD.

Table XI contains the data showing the number of red and white corpuscles and the percentage of hemoglobin in the blood as observed for the three periods.

#### INDIVIDUAL DATA.

In the case of No. 1 it is seen that there is a progressive increase in the number of red corpuscles in the preservative and after periods. There is a diminution in the white corpuscles in the preservative period and the same number is found in the after period as in the preservative period. The percentage of hemoglobin is slightly diminished in the preservative period and increased in the after period.

There are no data for the fore period in the case of No. 2, but an increase both in the number of red and white corpuscles is shown in the after period. The percentage of hemoglobin remains the same in

the two periods.

The data for No. 3 show a marked diminution in the number of red corpuscles in the preservative period and an increase in the number of white corpuscles. There is a very slight increase in the number of red corpuscles in the after period over the preservative period and a marked decrease in the number of white corpuscles. There is no difference in the percentage of hemoglobin in the blood in the fore and preservative periods, but an increase is recorded in the after period.

No. 4 shows a decrease in the number of red and white corpuscles in the preservative period and the decrease in red corpuscles is continued in the after period, while the white corpuscles return in the after period to the same magnitude as in the fore period. There is a very slight decrease in the percentage of hemoglobin in the blood in the preservative and after periods as compared with the fore period.

The case of No. 5 shows a notable decrease of nearly 2,000,000 in the number of red corpuscles in the preservative period. The number increases in the after period but does not reach that of the fore period. The decrease in the number of white corpuscles in the preservative period is also very marked and followed by a slight decrease in the after period. There is a slight increase in the hemoglobin in the preservative period with a return in the after period to the figure of the fore period.

The data for No. 6 also show a decrease in the number of red corpuscles in the preservative period and an increase in the after period. The white corpuscles are increased very considerably in the preservative period and show a decrease in the after period. The hemoglobin increases slightly both in the preservative and the after periods.

In the case of No. 7 there is a marked increase of over a million in the number of red corpuscles in the blood in the preservative period and this number is somewhat increased in the after period. There is also a marked increase in the number of white corpuscles during the preservative period and a very slight increase in the percentage of hemoglobin. In the after period the hemoglobin remains unchanged.

No. 8 shows a marked increase in the number of red corpuscles in the preservative period and a very decided decrease in the after period. There is also a slight increase in the number of white corpuscles in the preservative period and a marked decrease in the after period. The percentage of hemoglobin is less in the preservative period than in either the fore or after periods.

In the case of No. 9 there is a decrease in the number of red corpuscles in the preservative period and an increase in the after period, and the same is true of the number of white corpuscles. There is a very marked decrease in the quantity of hemoglobin in the preservative period and a return to normal in the after period.

No. 10 shows an increase in the number of red corpuscles both in the preservative and after periods. There is a very marked decrease in the number of white corpuscles in the preservative period which is not wholly restored in the after period. There is a notable deficiency of hemoglobin during the preservative period.

No. 11 shows a decrease in the number of red corpuscles in the preservative period and an increase in the after period. There is an increase in the number of white corpuscles in the preservative period and a decrease in the after period. The hemoglobin in the preservative and after periods is very slightly increased over that of the fore period.

In the case of No. 12 there is again an increase in the number of red corpuscles in the blood during the preservative period and a decrease in the after period. The number of white corpuscles is also slightly greater in the preservative period and markedly less in the after period. The hemoglobin is slightly greater both in the preservative and after periods than in the fore period.

#### SUMMARIES.

A summary of the data for Nos. 1 to 6, inclusive, who received benzoic acid, shows that the number of red corpuscles in the blood is very notably diminished in the preservative period, while in the after period it rises again almost to the number of the fore period. The number of white corpuscles is very slightly diminished in the preservative period and still further decreased in the after period. There is practically no effect produced upon the hemoglobin either in the preservative or after periods. The conclusion to be drawn from this summary is that there is a tendency on the part of the benzoic acid to diminish the number of red corpuscles in the blood.

From the summary for Nos. 7 to 12 it is seen that there is a notable increase in the number of red corpuscles in the blood and the

increase continues, though not to the same extent, in the after period. There is scarcely any change in the number of white corpuscles in the blood in the preservative period but a diminution of the number of white corpuscles occurs in the after period. There is scarcely any change produced in the percentage of hemoglobin in the blood.

The conclusion drawn from this series of data is that there is a tendency on the part of the preservative, when administered in the form of benzoate of soda, to increase the number of red corpuscles in the blood, accompanied by a very slight increase in white corpuscles.

In this connection attention should be called to the fact that no particular significance was attached to the count of the blood corpuscles in this study, and for this reason it was made only once during each of the periods. The data, however, show that not enough attention was paid to this particular phase of investigation. In one instance in the administration of benzoic acid the number of red corpuscles was increased, while in two cases in the administration of the benzoate of soda the number of red corpuscles was decreased. Therefore in the interpretation of the data these facts must be kept in mind. While the general effect of the benzoic acid appears to be to diminish the red corpuscles and that of the benzoate of soda to increase their number, there are exceptions in the individual data. Before drawing a final conclusion respecting this matter it would be desirable to repeat the test, making daily counts of the blood corpuscles in order that the accidental variation which may take place in a blood count might be eliminated. It may be further suggested that the tendency to increase the red corpuscles shown by the benzoate of soda may have arisen from the greater alkalinity of the blood induced by the soda rather than from any specific action of the compound as a whole.

Table XI.—Averages, by periods, of corpuscles and hemoglobin in the blood, Series VIII.

	-	]	No. 1.		1	No. 2.	
Period.	Date.	Red corpuscles per cubic millimeter.	White cor- puscles per cubic milli- meter.	Hem- oglo- bin.	Red corpuscles per cubic millimeter.	White cor- puscles per cubic milli- meter.	Hem- oglo- bin.
Fore period.	1904. Apr. 19 to 20	3,770,000	5,595	Per ct.			Per ct.
Preservative period	May 6 to 11 May 18 to 20	4,415,000	5,318 5,318	94 97	5,100,000 5,670,000	7,922 7,978	98 98
Period.	Date.		No. 3.		1	No. 4.	
Fore period Preservative period After period	1904. Apr. 19 to 20 May 6 to 11 May 18 to 20	5,180,000 4,765,000 4,780,000	5,595 5,817 4,377	92 92 94	5,625,000 5,470,000 4,960,000	7,257 6,316 7,257	97 96 96
Period.	Date.	1	No. 5.		1	No. 6.	
Fore period	1904. Apr. 19 to 20 May 6 to 11 May 18 to 20	6,150,000 4,395,000 5,390,000	9,861 6,482 6,371	96 97 96	5,570,000 5,125,000 5,620,000	9,529 11,357 8,199	96 97 98
Period.	Date.	]	No. 7.		1	No. 8.	
Fore period	May 6 to 11	4,275,000 5,250,000 5,380,000	7,091 9,473 7,147	96 97 97	4,875,000 5,575,000 4,535,000	6,260 6,703 5,263	97 96 97
Period.	Date.	1	No. 9.		1	Vo. 10.	
Fore period		5,060,000 4,640,000 5,525,000	6,537 6,039 7,424	98 93 98	4,670,000 5,425,000 5,775,000	9,473 6,039 8,310	99 95 97
Period.	Date.	N	o. 11.		N	o. 12.	
Fore period	1904. Apr. 19 to 20 May 6 to 11 May 18 to 20	5,495,000 5,285,000 5,775,000	6,205 7,590 6,043	95 96 96	5,285,000 5,750,000 4,695,000	8,365 8,919 6,039	94 95 96

#### SUMMARIES.

	Nos	. 1 to 6.		Nos.	7 to 12.		Nos. 1 to 12.			
Period.	Red corpuscles per cubic millimeter.	White corpus- cles per cubic milli- meter.	Hem- oglo- bin.	Red corpuscles per cub c millimeter.	White corpus- cles per cubic milli- meter.	Eem- oglo- bin.	Red corpuscles per cubic millimeter.	White corpus- cles per cubic milli- meter.	Hem- oglo- bin.	
Fore period: Total	a26,245,000 5,249,000	37,837 7,567	P. ct. 476 95	29,660,000 4,943,333	43,9g1 7,322	P. ct. 579 97	b55,905,000 5,082,273	81,768 7,433	P. ct. 1,055 96	
Total	29,270,000 4,878,333	43,212 7,202	574 96	31,925,000 5,320,833	44,763 7,461	572 95	c61,195,000 5,099,583	87,975 7,331	1,146 96	
Total	31,375,000 5,229,167	39,500 6,583	579 97	31,685,000 5,280,833	40,226 6,704	581 97	c63,060,000 5,255,000	79,726 6,644	1, 160 97	

a Five men only.

## METABOLIC PROCESSES.

#### NITROGEN BALANCE.

INDIVIDUAL DATA.

No. 1.

In the case of No. 1 the average daily content of nitrogen in the feces in the fore period is 0.68 gram, in the preservative period 0.73 gram, and in the after period 0.85 gram. There is a slightly larger quantity of nitrogen, however, in the food in the preservative period and the weight of dry feces decreases. The increase in the quantity of nitrogen in the feces in the after period over the fore period is probably due to decreased assimilation, as the weight of the dry feces increases, indicating a tendency in this case to increase the excretion of nonmetabolized nitrogen. The quantity of nitrogen appearing in the urine is greater in the preservative period and considerably diminished in the after period. The percentage of nitrogen excreted in the feces in both the preservative and after periods is greater than in the fore period, while in the urine a slightly larger percentage is excreted during the preservative period and a decidedly smaller percentage in the after period than in the fore period. The balance is positive in all cases and amounts to 0.53 gram in the fore period, 0.39 gram in the preservative period, and 1.41 grams in the after period.

### No. 2.

In the case of No. 2 the quantity of nitrogen excreted in the feces is increased in the preservative and in the after periods over the fore period, the larger increase occurring in the preservative period. The amount in the urine is practically the same in the fore and the after periods, but is increased about 1 gram in the preservative period. The total excretion of nitrogen in both feces and urine is increased 1.32 grams during the preservative period, while in the after period the increase as compared with the fore period is only 0.32 gram, showing a tendency to return to the original conditions. The nitrogen excreted in the feces is 1.76 per cent greater in the preservative period and 1.42 per cent greater in the after period than in the fore period. The percentage excreted in the urine increases 4.44 per cent in the preservative period and 4.78 per cent in the after period as compared with the fore period, making a total percentage increase in elimination of 6.2 in both feces and wrine in the preservative and after periods as compared with the fore period. The balance is positive in all cases and amounts to 1.65 grams in the fore period, decreasing to 0.44 gram in the preservative period and to 0.42 gram in the after period. These data would indicate a decided increase in the excretion both of the metabolized and non-metabolized nitrogen.

No. 3.

In the case of No. 3 the quantity of nitrogen excreted in the feces is somewhat increased in the preservative period and notably diminished in the after period as compared with the fore period. quantity of nitrogen in the urine is practically the same in the fore and in the preservative periods, and less in the after period. total nitrogen in the feces and urine is almost exactly the same in the fore and the preservative periods and about 1 gram per day less in the after period. The percentage data show that in the feces the nitrogen excretion is greater in the preservative period and decidedly less in the after period. In the urine it is again greater in the preservative period and notably less in the after period. In both feces and urine the excretion is 3.52 per cent greater in the preservative period, and 9.39 per cent less in the after period than in the fore period. The balance is positive in all cases and amounts to 1.35 grams, 0.73 gram, and 3.03 grams daily for the three periods. respectively. These data are excluded from the summaries, as the subject became ill in the third preservative subperiod and the administration of the benzoic acid was discontinued.

## No. 4.

In the case of No. 4 there is a slight decrease in the quantity of nitrogen in the feces in the preservative period and also in the after period. There is a slight decrease of nitrogen in the urine in the preservative period, but in the after period it is almost the same as in the fore period. In the feces and urine together there is a decrease of nitrogen of 0.41 gram in the preservative period and a very slight decrease in the after period, as compared with the fore period. Expressed in percentages it is seen that the percentage excretion of nitrogen in the feces is almost the same in the three periods. percentage excretion of nitrogen in the urine is greatest in the fore and after periods, with the same relation for the total percentage, the figures being 99.31, 95.88, and 99.63 for the three periods, respectively. The high percentage of excretion in the fore and after periods is deserving of note in this connection. The daily balance is positive throughout and amounts to 0.10 gram, 0.58 gram, and 0.05 gram, respectively, for the three periods. The nitrogen equilibrium is well maintained in this case, there being a tendency to increase the assimilation of nitrogen slightly.

No. 5.

The case of No. 5 shows a marked increase in the excretion of nitrogen in the feces both in the preservative and after periods over the

fore period. There is also a marked increase in the excretion of nitrogen in the preservative period in the urine, and a slight increase over the fore period in the after period. The total elimination shows an increase of 1.43 grams in the amount of nitrogen excreted in the feces and urine in the preservative period, while the figure for the after period is almost the same as in the fore period. Expressed as percentage excretion it is seen that a much larger percentage is excreted in the feces in the preservative period, amounting to 2.12 per cent. This is true also of the urine, with the result that the increase in total elimination is 9.86 per cent. The balance is positive in all cases and amounts to 1.58 grams, 0.53 gram, and 1.56 grams, respectively, for the three periods, showing a marked decrease in the preservative period, while the nitrogen ingested was slightly increased throughout the observation.

## No. 6.

No. 6 shows a decrease in the amount of nitrogen excreted in the feces in the preservative period and a still further decrease in the after period. There is also a decrease of a similar character in the nitrogen excreted in the urine. It is to be observed in this connection that the nitrogen in the food also decreases very slightly throughout. Expressed as percentage amounts it is seen that there is a much larger percentage excreted both in the feces and urine in the fore period than in either the preservative or after period. The balance is positive in all cases and its magnitude is 0.18 gram, 1.04 grams, and 1.43 grams, respectively, for the three periods. These data indicate an opposite tendency to those for the preceding cases, only No. 4 having shown an increased balance in the preservative period.

#### No. 7.

The data for No. 7 show a decrease in the quantity of nitrogen both in the feces and in the urine during the preservative period. In the after period there is an increase in the quantity excreted in the feces but a further decrease in the quantity excreted in the urine. In the urine and feces together the largest excretion is during the fore period, followed by a continuous decrease in the preservative and after periods. It is to be noted that there is also a decrease in the amount of nitrogen ingested throughout the experiment. Expressed as percentages, the largest amount excreted in the feces is in the after period and the smallest in the preservative period. In the urine the largest percentage is excreted in the fore period and the smallest in the after period. The total elimination is largest in the fore period and decreases throughout. The balance is positive in all cases, the magnitudes being 0.79 gram, 1.55 grams, and 1.58 grams, respectively, for the three periods. In this case there is again an

increase in the balance in the preservative period, notwithstanding the decrease in the nitrogen ingested.

#### No. 8.

The data for No. 8 indicate an increase in the amount of nitrogen excreted in the feces both in the preservative and after periods. There is a similar increase in the metabolized nitrogen excreted in the urine, giving an increase in total elimination of about 1 gram daily in the preservative period and of 1.32 grams in the after period as compared with the fore period. The nitrogen ingested increased 0.47 gram in the preservative period and only 0.3 gram in the after period. The largest percentage excretion in the feces occurs in the after period and the smallest in the fore period, and the same relative excretion is given for the urine. The balance is positive in the fore and preservative periods, and negative in the after period, the figures being 0.54 gram, 0.05 gram, and -0.48 gram for the average daily balance in the three periods. This marked continuous decrease in the balance is the more important when the variations in the nitrogen ingested are considered

#### No. 9.

The balance sheet for No. 9 shows a decrease in the quantity of nitrogen excreted in the feces in the preservative period and a restoration of the quantity to even more than the original amount in the after period. There is an increase in the quantity of nitrogen excreted in the urine in the preservative period and a slightly greater increase in the after period. In both feces and urine the average daily amounts excreted in the fore and preservative periods are the same, while the average amount excreted daily in the after period is greater. Expressed in percentages the smallest excretion of nitrogen in the feces is in the preservative period and the largest in the after period. In the urine the percentages excreted in the fore and in the preservative periods are almost identical, while that for the after period is increased. The balance in all cases is positive and its magnitude is 1.55 grams, 2.03 grams, and 1.09 grams, respectively, for the three periods. These data are in marked contrast to those for No. 8, but it will be noted that the increased balance is accompanied by an increased ingestion of 0.48 gram daily in the preservative period, exactly the increase in the balance.

#### No. 10.

The table for No. 10 shows an increase in the quantity of nitrogen excreted in the feces both in the preservative and after periods. The quantity of nitrogen excreted in the urine is almost the same for the fore and preservative periods, and is but slightly greater in the after

period. The total elimination of nitrogen in the feces and urine is slightly greater both in the preservative and after periods than in the fore period, notwithstanding the fact that the quantity ingested in the preservative period decreases 1.13 grams daily. This is brought out by the percentage data, which show an increased excretion in the preservative period of 1.18 and 8.8 per cent in the feces and urine, respectively. In the after period the nitrogen in the feces again increased while that in the urine decreased but still exceeded the figure for the fore period. In both feces and urine the largest percentage excreted is in the preservative period and the smallest in the fore period. The balance is positive in all cases and is abnormally high, being 3.59 grams in the fore period, 1.87 grams in the preservative period, and 2.46 grams in the after period. The decrease in the balance exceeds the decrease in nitrogen ingested by 0.59 gram daily.

### No. 11.

The data for No. 11 show an increase in the excretion of nitrogen in the feces and in the urine for both the preservative and after periods as compared with the fore period. There is, however, a continuous increase in the nitrogen ingested. The largest percentage of nitrogen excreted in the feces is in the preservative period, and the smallest in the fore period, and the same is true of the percentage of nitrogen excreted in the urine. The balances are positive in all cases and unusually high, amounting to 2.59 grams in the fore period, 0.91 gram in the preservative period, and 2.03 grams in the after period. In this case the balance decreases despite the increase in the nitrogen ingested.

#### No. 12.

In the case of No. 12 the nitrogen excreted in the feces in the three periods is almost identical. There is a slight increase in the quantity excreted in the urine in the preservative period and a marked decrease in the after period. In feces and urine together the largest quantity of nitrogen is excreted during the preservative period and the smallest in the after period. The largest percentage of nitrogen excreted in the feces is in the after period and the smallest in the preservative period. The largest percentage of nitrogen occurring in the urine is in the preservative period and the smallest in the fore period. Considering both feces and urine, the largest percentage of nitrogen is excreted in the preservative period and the smallest in the fore period. The balances are positive and abnormally high in all cases, being 3.60 grams, 2.06 grams, and 2.36 grams daily for the three periods, respectively. There is also a slight decrease in the nitrogen ingested in the preservative period and a very marked decrease in the after period.

#### SUMMARIES.

The summaries give the data for Nos. 1 and 4 throughout the whole period of observation and for Nos. 1, 2, 4, 5, and 6, excluding the fourth preservative subperiod. The men thus compared received the preservative as benzoic acid. The summary for Nos. 7 to 12 allows a comparison of the average effect of the preservative administered as benzoate of soda, while the mass effect on Nos. 1 to 12 (omitting No. 3) is shown in the final summary covering the entire observation with the exception of the fourth preservative subperiod.

The figures for Nos. 1 and 4 show a very slight increase in the quantity of metabolized and nonmetabolized nitrogen excreted in the preservative period, which is less than the increase in nitrogen ingested. The percentage data show a slight decrease in total elimination amounting to 1.15 per cent in the preservative period. In the after period there is a slight increase in the percentage of nitrogen excreted in the feces and a decrease in the metabolized nitrogen excreted and in the total excretion, the nitrogen in the food remaining practically constant as compared with the fore period. The balances are all

positive and show a slight increase throughout.

The data for Nos. 1, 2, 4, 5, and 6 show a slight increase in the quantity of nitrogen excreted in the feces during the preservative period, while the amount excreted in the after period is almost exactly that of the fore period. There is a notable increase of the nitrogen excreted in the urine in the preservative period, while in the after period the quantity is slightly less than that of the fore period. the feces and urine together 13.90 grams of nitrogen are excreted in the fore period, 14.44 grams in the preservative period, and 13.55 grams in the after period, an increase of 0.54 gram daily in the preservative period. In this connection, however, it is to be noted that the daily average amount of nitrogen ingested increased 0.38 gram daily, again decreasing in the after period. The percentage data expressing this relation show that 7.69 per cent of the nitrogen occurs in the feces in the fore period, 8.01 per cent in the preservative period, and 7.68 per cent in the after period. In the urine the relative percentages excreted are almost the same for the three periods, being slightly greater in the preservative period and slightly less in the after period than in the fore period. The balances are positive in all cases and have a magnitude of 0.81 gram, 0.65 gram, and 0.97 gram, respectively, for the three periods, thus showing a small decrease in the balance in the preservative period notwithstanding the increase in the amount ingested. This summary shows a slight increase in the quantity of nitrogen excreted both in the feces and the urine in the preservative period (1.18 per cent), but this increase in itself is hardly of sufficient magnitude to demonstrate that the benzoic acid produced an injurious effect upon nitrogen metabolism.

The summary for Nos. 7 to 12, inclusive, who received benzoate of soda, shows that the amount of nitrogen excreted in the feces is almost the same for the fore and preservative periods, while it is slightly increased in the after period. There is a tendency to increase the excretion of nitrogen in the urine during the preservative period, amounting to 0.70 gram daily, while in the after period the amount excreted is almost the same as in the fore period. In the total excretion there is an increase in the quantity of nitrogen excreted during the preservative period, amounting to 0.73 gram daily, while there is a tendency shown in the after period to return to the original conditions. In this case the average ingestion increased 0.31 gram daily in the preservative period and decreased in the after period. largest percentage of nitrogen excreted in the feces is in the after period and the smallest in the fore period. In the urine the largest percentage of nitrogen excreted is in the preservative period and the smallest in the fore period, and the percentages of total elimination also show an increase in the preservative period and a slight further increase in the after period. The balances are positive in all cases and their magnitudes are 2.11 grams, 1.69 grams, and 1.51 grams, respectively. The decrease of 0.42 gram daily in the balance is the more marked since the nitrogen ingested increased 0.31 gram daily. These data indicate a slight tendency on the part of the benzoate of soda to increase the excretion of the metabolized and nonmetabolized nitrogen.

The mass action of both the benzoic acid and the benzoate of soda is shown in the summary for the eleven men. This summary indicates a very slight increase in the quantity of nitrogen in the feces in the preservative and after periods. There is an average increase of nitrogen in the urine in the preservative period of 0.59 gram daily, while in the after period the amount excreted is less than in the fore period. In the feces and urine 13.82 grams of nitrogen are excreted daily in the fore period, 14.47 grams in the preservative period, and 13.75 grams in the after period, an increase of 0.65 gram daily in the preservative period. The increase in nitrogen ingested was 0.35 gram daily. The largest percentage excretion of nitrogen in the feces is in the after period and the smallest in the fore period. The largest percentage of nitrogen excreted in the urine is in the preservative period. The balances are all positive and of very nearly the same magnitude, being 1.52 grams, 1.22 grams, and 1.26 grams daily, for the three periods, respectively, a decrease of practically 0.30 gram in connection with which the increased ingestion of 0.35 gram daily should be noted. While the average data do not show any great disturbance of the nitrogen metabolism there is a uniform tendency to decrease the nitrogen balance, while the amounts ingested were

slightly increased. The percentages of metabolized and nonmetabolized nitrogen excreted in the preservative period are both increased, especially the metabolized nitrogen, which increases about 2 per cent in the preservative period for Nos. 1 to 12, excluding No. 3.

A review of the individual sheets shows that in seven out of the twelve cases an increase of total nitrogen excreted, in both feces and urine, occurs in the preservative period while in five of these cases there is an increase in the nitrogen ingested in the food. The increased elimination, however, exceeds the increase in ingestion. All of the data, therefore, show a slight tendency on the part of the preservatives employed to retard the assimilation of the nitrogenous constituents of the food and to increase slightly the katabolic activities.

Table XII.—Nitrogen balances for Series VIII.

[Averages are per day.]

No. 1.

NO. 1.											
	1	2	3	4	5	6	7	8	9		
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (?÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Ben- zoie acid admin- istered.		
Fore period.											
First subperiod: Total Average	Grams. 64. 70 12. 94	Grams. 2.66 .53	Grams. 58. 26 11. 65	Grams. 60. 92 12. 18	Per ct. 4. 11	Per ct. 90, 05	Per ct. 94. 16		Grams. 0. 0 . 0		
Second subperiod: TotalAverage	71. 60 14. 32	4. 13 . 83	65. 93 13. 19	70. 06 14. 01	5. 77	92. 08		+ 1.54 + .31	.0		
Entire fore period: Total Average	136. 30 13. 63	6. 79 . 68	124. 19 12. 42	130. 98 13. 10	4. 98	91. 12		+ 5.32 + .53	.0		
Preservative period.											
First subperiod: TotalAverageSecond subperiod:	71. 33 14. 27	4. 30 . 86	66. 44 13. 29	70. 74 14. 15	6. 03	93. 14	99. 17	+ .59 + .12	5. 00 1. 00		
TotalAverageThird subperiod:	68. 35 13. 67	2. 81 . 56	61. 18 12. 24	63. 99 12. 80	4. 11	89. 51	93. 62	+ 4.36 + .87	7. 50 1. 50		
TotalAverage. Fourth subperiod:	71. 62 14. 32	4. 51 . 90	65. 87 13. 17	70. 38 14. 08	6. 30	91. 97	98. 27	+ 1.24 + .24	10. 00 2. 00		
Total	68. 80 13. 76	2. 95 . 59	64.36 12.87	67. 31 13. 46	4. 29	93. 55		+ 1.49 + .30	12. 50 2. 50		
Entire preservative period: Total	280. 10 14. 01	14. 57 . 73	257. 85 12. 89	272, 42 13, 62	5, 20	92. 06	97. 26	+ 7.68 + .39	35. 00 1. 75		
$After\ period.$											
First subperiod: Total Average Second subperiod:	70. 40 14. 08	4. 20	58. 42 11. 68	62. 62 12. 52	5. 97	82. 98	88. 95	+ 7.78 + 1.56	.0		
TotalAverage	66, 23 13, 25	4. 28 . 86	55. 64 11. 13	59. 92 11. 98	6. 46	84. 01	90. 47	+ 6.31 + 1.25	.0		
Entire after period: TotalAverage	136. 63 13. 66	8. 48 . 85	114. 06 11. 41	122. 54 12. 25	6. 21	83. 48		+14.09 + 1.41	.0		

[Averages are per day.]

No. 2.

_		1	2	3	4	5	6	7	8	9
	Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Ben- zoic acid admin- istered.
	Fore period.									
	st subperiod: Total Average	Grams. 93. 17 18. 63	Grams. 6.71 1.34	Grams. 73. 13 14. 63	Grams. 79.84 15.97	7.20	78. 49	85.69	Grams. +13.33 + 2.66	Grams. 0.0 .0
Sec	ond subperiod: Total Average	101. 32 20. 26	7. 92 1. 58	90. 25 18. 05	98. 17 19. 63	7.82			+ 3.15 + .63	.0
En	rire fore period: Total Average	194 49 19. 45	14. 63 1. 46	163. 38 16. 34	178. 01 17. 80	7. 52			+16.48 + 1.65	.0
	Preservative period.									
	st subperiod: Total Averageond subperiod:	99. 76 19. 95	8. 54 1. 71	88. 32 17. 66	96.86 19.37	8. 56	88. 53	97.09	+ 2.90 + .58	5. 00 1. 00
	TotalAveragerd subperiod:		9.30 1.86	86. 12 17. 22	95. 42 19. 08	9. 57	88. 66	98. 23	+ 1.72 + .35	7. 50 1. 50
	Total	102. 26 20. 45	9. 68 1. 94	88. 47 17. 69	98. 15 19. 63	9. 47	86. 51		+ 4.11 + .82	10.00 2.00
FO	rth subperiod: Total Average		8.78 1.76	83. 12 16. 62	91. 90 18. 38	9. 53		99. 79		2. 50 . 50
En	tire preservative period: TotalAverage	391. 25 19. 56	36, 30 1, 82	346. 03 17. 30	382. 33 19. 12	9. 28			+ 8.92 + .44	25. 00 1. 25
	After period.									
	st subperiod: Total Average ond subperiod:		8.81 1.76	82. 23 16. 45	91. 04 18. 21	9. 48			+ 1.92 + .38	.0
566	TotalAverage		7. 76 1. 55	82. 38 16. 48	90. 14 18. 03	8.39			+ 2.32 + .46	.0
En	tire after period: Total Average	185. 42 18. 54	16. 57 1. 66	164. 61 16. 46	181. 18 18. 12	8. 94	88.78	97.71	+ 4.24 + .42	.0

[Averages are per day.]

No. 3.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).		In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1—4).	Ben- zoic acid admin- istered.
Fore period.								,	
First subperiod: Total	Grams. 81.36 16.27	Grams. 5.03 1.01	Grams. 70.97 14.19	Grams. 76.00 15.20	6.18	87.23		+5.36	Grams. 0.0 .0
Second subperiod: Total Average	85.02 17.00	4.62 .92	72.29 14.46	76.91 15.38	5.43			$^{+\ 8.11}_{+\ 1.62}$	.0
Entire fore period: Total. Average.	166.38 16.64	9.65 .97	143.26 14.33	152.91 15.29	5.80			$+13.47 \\ +1.35$	.0
Preservative period.									
First subperiod: Total		6.01 1.20	73.51 14.70	79.52 15.90	6.99	85.53		+ 6.43 + 1.29	5.00 1.00
Total. Average.		6.48 1.30	74.44 14.89	80.92 16.18	7.44			$+6.23 \\ +1.25$	7.50 1.50
Third subperiod: Total	62.78 12.56	2.73 .55	71.31 14.26	74.04 14.81	4.35			$-11.26 \\ -2.25$	1.00 .20
Total. Average.		6.00 1.20	65.51 13.10	71.51 14.30	7.08			$^{+13.28}_{+\ 2.66}$	.0
Entire preservative period: Total	320.67 16.03	21.22 1.06	284.77 14.24	305.99 15.30	6.62			+14.68 + .73	13.50 .68
After period.									
First subperiod: TotalAverage		3.46 .69	70.53 14.11	73.99 14.80	3.93	80.06		+14.11 + 2.82	.0
Second subperiod: TotalAverage		3.50 .70	65.77 13.15	69.27 13.85	4.09	76.89	80.99	+16.26 + 3.26	.0
Entire after period: Total. Average.	173.63 17.36	6.96	136.30 13.63	143.26 14.33	4.01			+30.37 + 3.03	.0

[Averages are per day.]

## No. 4.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine	In feces and urine (4÷1).	Bal- ance (1-4).	Benzoic acid admin- istered.
Fore period.									
First subperiod: Total Average Second subperiod:	Grams. 69. 69 13. 94	Grams. 5.11 1.02	Grams. 60.55 12.11	Grams. 65. 66 13. 13	7. 33	Per ct. 86, 88	94, 22	Grams. + 4.03 + .81	Grams. 0.0 .0
Total		3. 93 . 79	70. 49 14. 10	74. 42 14. 89	5.51	98.78	104. 29	- 3.06 62	.0
Entire fore period: Total	141. 05 14. 11	9. 04 . 90	131. 04 13. 10	140. 08 14. 01	6. 41	92, 90	99. 31	+ .97 + .10	.0
Preservative period.									
First subperiod: Total	71.35 14.27	4. 52 . 90	67. 96 13. 59	72. 48 14. 49	6. 33	95. 25	101.58	- 1.13 22	5. 00 1. 00
Total	69. 27 13. 85	4. 21 . 84	63. 11 12. 62	67. 32 13. 46	6.08	91.11		+ 1.95 + .39	7. 50 1. 50
TotalAverageFourth subperiod:		4.06 .81	61. 66 12. 33	65. 72 13. 14	5.55	84. 32		+ 7.41 + 1.49	10. 00 2. 00
Total		4. 63 . 93	61. 93 12. 39	66. 56 13. 31	6.62	88.56	95. 18	+ 3.37 + .68	12. 50 2. 50
Entire preservative period: Total		17. 42 . 87	254. 66 12. 73	272. 08 13. 60	6. 14	89.77		+11.60 + .58	35. 00 1. 75
After period.									
First subperiod: Total		4.75 .95	70. 45 14. 09	75. 20 15. 04	6. 71			- 4.43 89	.0
TotalAverage		3. 88 . 78	59.79 11.96	63. 67 12. 73	5.66			+ 4.94 + .99	.0
Entire after period: Total		8. 63 . 86	130. 24 13. 02	138. 87 13. 89	6. 19	93. 44	99. 63		.0

[Averages are per day.]

No. 5.

	1	2	3	4	5	6	7	8	9
Period.	Infood.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Ben- zoic acid admin- istered.
Fore period.									
First subperiod: TotalAverage. Second subperiod:	Grams. 52. 15 10. 43	Grams. 2.87 .57	Grams. a 41. 86 8. 37	Grams. 44,73 8,95	Per ct. 5. 50	Per ct. 80. 27	Per ct. 85. 77	Grams. + 7.42 + 1.48	Grams. 0.0 .0
Total	55. 47 11. 09	4. 78 . 96	42.34 8.47	47. 12 9. 42	8. 62	76.33	84.95	+ 8.35 + 1.67	.0
Entire fore period: Total Average	107. 62 10. 76	7.65 .76	84. 20 8. 42	91. 85 9. 19	7.11	78. 24	85. 35	+15.77 + 1.58	.0
Preservative period.									
First subperiod: TotalAverageSecond subperiod:	55. 07 11. 01	5.39 1.08	44, 43 8, 89	49. 82 9. 96	9.79	80.68	90, 47	+ 5.25 + 1.05	5.06 1.00
Total	55. 49 11. 10	4.39	a 49, 62 9, 92	54, 01 10, 80	7. 91	89. 42	97.33	+ 1.48 + .30	7. 50 1. 50
Total. Average Fourth subperiod:	58. 55 11. 71	4. 85 . 97	53. 63 10. 73	58. 48 11. 70	8. 28	91.60	99.88	+ .07 ÷ .01	8. 00 1. 60
Total. Average.	53. 94 10. 79	5. 95 1. 19	a 44. 11 8. 82	50, 06 10, 01	11. 03	81.78	92.99	+ 3,88 + .78	3. 00 2. 66
Entire preservative period: Total	223, 05 11, 15	20. 58 1. 03	191. 79 9. 59	212, 37 10, 62	9. 23		95. 21	+10.68	23. 50 1. 18
After period.									
First subperiod: Total	56. 20 11. 24	6. 04 1. 21	a 45. 52 9. 10	51.56 10.31	10.75	81.00	91.74	+ 4.64 + .93	.0
TotalAverage		3.88 .78	41. 81 8. 36	45. 69 9. 14	6. 85	73.76	80, 61	+10.99 + 2.20	.0
Entire after period: TotalAverage	112. 88 11. 29	9, 92	87. 33 8. 73	97, 25 9, 73	8. 79	77. 37	86. 15	+15.63 + 1.56	.0

a Daily average added to complete record.

[Averages are per day.]

No. 6.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine $(4 \div 1)$ .	Bal- ance (1—4).	Ben- zoic acid admin- istered.
Fore period.									
First subperiod: Total	Grams. 74.49 14.90	Grams. 9.94 1.99	Grams, 66, 55 13, 31	Grams. 76. 49 15. 30	13. 34		Per (t. 102.68	Grams. -2.00 40	Grams. 0.0 .0
TotalAverage	81. 46 16. 29	8.53 1.71	69. 15 13. 83	77. 68 15. 54	10. 47	84. 89	95. 36	+3.78 + .75	.0
Entire fore period: Total	155. 95 15. 60	18. 47 1. 85	135. 70 13. 57	154. 17 15. 42	11. 84	87. 02	98. 86	+1.78 + .18	.0
Preservative period.									
First subperiod: Total Average Second subperiod:		9. 03 1. 81	64. 24 12. 85	73. 27 14. 65	11.02	78. 42	89. 44	+8.65 +1.73	5. 00 1. 00
Total	78. 18 15. 64	6.76 1.35	66. 18 13. 24	72.94 14.59	8. 65	84.65	93.30	+5.24 +1.05	7. 50 1. 50
Third subperiod: Total	78. 12 15. 62	8. 24 1. 65	65, 09 13, 02	73.33 14.67	10.55	83. 32	93. 87	+4.79 + .95	10.00 2.00
Fourth subperiod: Total Average	72.36 14.47	6.78 1.36	63. 52 12. 70	70.30 14.06	9. 37	87.78	97. 15	+2.06 + .41	.0
Entire preservative period: Total	310. 58 15. 53	30. 81 1. 54	259. 03 12. 95	289. 84 14. 49	9. 92	83. 40		+20.74 + 1.04	22, 50 1, 13
After period.									
First subperiod: Total	74. 61 14. 92	8. 39 1. 68	64. 87 12. 97	73. 26 14. 65	11. 25	86.95		+ 1.35 + .27	.0
TotalAverage	a 77. 16 15. 43	a 3. 79 . 76	a 60. 46 12. 09	64. 25 12. 85	4.91	78.36	83. 27	+12.91 + 2.58	.0
Entire after period: Total	151. 77 15. 18	12. 18 1. 22	125. 33 12. 53	137. 51 13. 75	8. 03	82. 58		+14.26 + 1.43	.0

a Daily average added to complete record.

[Averages are per day.]

No. 7.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).		In urine (3÷1).	In feces and urine (4+1).	Bal- ance (1-4).	Sodium benzo- ate ad- minis- tered (calcu- lated as ben- zoic acid).
. Fore period.									
First subperiod: Total	Grams. 69. 40 13. 88	Grams. 6. 27 1. 25	Grams. 62.01 12.40	Grams. 68. 28 13. 66	9.03	Per ct. 89. 35	98.39	Grams. + 1.12 + .22	Grams. 0.0 .0
Total	74. 58 14. 92	5. 94 1. 19	61, 92 12, 38	67. S6 13. 57		83.02		+ 6.72 + 1.35	.0
Entire fore period: Total Average	143. 98 14. 40	12. 21 1. 22	123. 93 12. 39	136. 14 13. 61		86.07		+ 7.84 + .79	.0
Preservative period.									
First subperiod: Total	73. 30 14. 66	5. 47 1. 09	61. 95 12. 39	67, 42 13, 48		84. 52	91.98	+ 5.88 + 1.18	4.90
TotalAverage	71. 04 14. 21	6.86 1.37	55. 96 11. 19	68, 82 12, 56	9.66	78.77	88.43	+8.22 + 1.65	7. 50 1. 50
Total	75. 24 15. 05	4.89 .98	54. 17 10. 83	59.06 11.87		72.00			10. 00 2. 00
Total		5. 11 1. 02	60.72 12.14	65. 83 13. 17				+ .84 + .16	6. 50 1. 30
Entire preservative period: Total Average		22. 33 1. 12	232. 80 11. 64	255. 13 12. 76	7. 80	81.33	89. 13	+31.12 + 1.55	28.90 1.45
After period.									
First subperiod: Total		6. 21 1. 24	50. 94 10. 19	57. 15 11. 43	8.97	73. 58	82. 55	+12.08 + 2.42	.0
Total		7.71 1.54	53. 80 10. 76			82. 49		+ 3.71 + .74	.0
Entire after period: Total Average.		13. 92 1. 39	104. 74 10. 47	118. 66 11. 87	10.35	77. 90		+15.79 + 1.58	.0

[Averages are per day.]

No. 8.

110.0											
	1	2	3	4	5	6	7	8	9		
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Sodium ben- zoate admin- istered (calcu- lated as benzoic acid).		
Fore period.											
First subperiod: Total Average Second subperiod:	Grams. 64. 26 12. 85	Grams. 9. 25 1. 85	Grams. 55. 38 11. 08	Grams. 64. 63 12. 93	Per ct. 14.39		Per ct. 100. 58	Grams. -0.37 08	Grams. 0.0 .0		
Total	68. 94 13. 79	3. 53 . 71	59. 68 11. 94	63. 21 12. 64	5. 12	86. 56	91.69	+5.73 +1.15	.0		
Entire fore period: TotalAverage	133. 20 13. 32	12. 78 1. 28	115.06 11.51	127. 84 12. 78	9. 59		95. 98	+5.36 + .54	.0		
Preservative period.											
First subperiod: Total Average Second subperiod:	70.12 • 14.02	8. 38 1. 68	62. 47 12. 49	70. 85 14. 17	11.95	89. 09	101.04	73 15	4.90		
Total	66. 97 13. 39	7.35 1.47	a 61, 29 12, 26	68. 64 13. 73	10.98	91. 52	102. 49	$ \begin{array}{r r} -1.67 \\34 \end{array} $	7. 50 1. 50		
Total	70. 02 14. 00	7.35 1.47	58. 88 11. 78	66. 23 13. 25	10.50	84.09	94. 59	+3.79 + .75	10.00 2.00		
Total	68. 62 13. 72	7.73 1.55	61. 29 12. 26	69. 02 13. 80	11. 26	89. 31	100. 58	40 08	12. 50 2. 50		
Entire preservative period: Total	275. 73 13. 79	30. 81 1. 54	243. 93 12. 20	274.74 13.74	11.17	88. 47	99.64	+ .99 + .05	34. 90 1. 75		
After period.											
First subperiod: Total Average. Second subperiod:	69. 58 13. 92	7.96 1.59	62. 19 12. 44	70. 15 14. 03	11. 44	89. 38	100. 82	57 11	.0		
Total	66. 60 13. 32	8. 48 1. 70	62. 39 12. 48	70. 87 14. 17	12.73	93. 68	106. 41	-4.27 85	.0		
Entire after period: Total. Average.	136. 18 13. 62	16. 44 1. 64	124. 58 12. 46	141. 02 14. 10	12.07	91. 48	103. 55	-4.84 48	.0		

a Daily average added to complete record.

[Averages are per day.]

No. 9.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Sodium benzo- ate ad- minis- tered (calcu- lated as ben- zoic. acid).
Fore period.									
First subperiod: Total		Grams. 5.17 1.03	Grams. a 68.98 13.80	74.15		89.03	95.70		Grams. 0.0 .0
Total		4.52 .90	68.46 13.69	72.98 14.60		80.42			.0
Entire fore period: Total. Average		9.69	137. 44 13. 74	147. 13 14. 71		84.52			.0
Preservative period.									
First subperiod: Total		2.30 .46	a 70.62 14.12	72.92 14.58	2.74		86.98	+10.92 + 2.19	4.90
TotalAverageThird subperiod:	82. 29 16. 46	4.80 .96	64. 96 12. 99	69.76 13.95	5, 83	78.94		+12.53 +2.51	7.50 1.50
Total Average	85.01 17.00	2. 23 . 45	75. 70 15. 14	77. 93 15. 59		89.05			10.00 2.00
First, second, and third sub- periods:									
Total	251. 14 16. 74	9.33	211. 28 14. 09	220.61 14.71		84.53			22.40 b 1.12
After period.									1
First subperiod: Total		4.64 .93	71.30 14.26	75.94 15.19	5. 50	84.45	89.94	+ 8.49 + 1.70	.0
TotalAverage	81. 95 16. 39	6.40 1.28	73. 17 14. 63	79.57 15.91		89. 29		+ 2.38 + .48	.0
Entire after period: TotalAverage		11.04 1.10	144. 47 14. 45	155. 51 15. 55		86.83			.0

a Daily average added to complete record. b Average for 20 days.

[Averages are per day.]

No. 10.

	7			T.					
	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Sodium ben- zoate admin- istered (calcu- lated as ben- zoic acid).
Fore period.									
First subperiod:	Grams.	Grams.	Grams.	Grams.	Per ct.	Per ct.	Per ct.	Grams.	Grams.
Total		6. 28	53. 83	60. 11	8. 38	71.85	80. 23	+14.81	0.0
Average Second subperiod:	14. 98	1. 26	10. 77	12. 02				+ 2.96	. 0
Total	82. 23	3, 33	57.82	61. 15	4. 05	74. 31	74. 36	+21.08	. 0
Average	16. 44	. 67	11. 56	12. 23				+ 4.21	. 0
Entire fore period:									
Total	157. 15	9. 61	111. 65	121. 26	6. 12	71. 05	77. 16	+35.89	. 0
Average	15. 72	. 96	11. 17	12. 13				+ 3.59	. 0
Preservative period.									
First subperiod:									
Total	80. 94	3. 26	67. 57	70. 83	4. 03	83. 48	87. 51	+10.11	4. 90
Average	16. 19	. 65	13. 51	14. 17				+ 2.02	. 98
Second subperiod: Total	78. 12	9. 15	a 62. 75	71. 90	11. 71	80. 33	02.04	+ 6.22	7, 50
Average	15. 62	1. 83	12. 55	14. 38	11. (1	00.00	32.04		1. 50
Third subperiod:									
Total	72. 51 14. 50	4.84	54. 46 10. 89	59. 30 11. 86	6. 67	75. 11	81. 78	+13.21 +2.64	8. 00 1. 60
Fourth subperiod:	14. 00	. 91	10. 00	11. 00				+ 2.04	1. 00
Total	60. 28	4. 06	48. 25	52. 31	6.74	80. 04		+ 7.97	.0
Average	12.06	. 81	9. 65	10. 46	• • • • • • •			+ 1.60	. 0
Entire preservative period:									
Total	291. 85	21. 31	233. 03	254. 34	7. 30	79.85		+37.51	20. 40
Average	14. 59	1. 07	11. 15	12.72				+ 1.87	1. 02
After period.									
First subperiod:									
Total	80. 86	6. 27	58. 99	65. 26	7. 75	72.95		+15.60	.0
Average Second subperiod:	16. 17	1. 25	11. 80	13. 05				+ 3.12	. 0
Total	69. 45	6. 10	54. 31	60, 41	8, 78	78. 20	86, 98	+ 9.04	. 0
Average	13. 89	1. 22	10. 86	12.08				+ 1.81	. 0
Entire after period:									
Total	150. 31	12. 37	113. 30	125. 67	8. 23	75. 38	83. 61	+24.64	. 0
Average	15. 03	1. 24	11. 33	12. 57				+ 2.46	. 0

a Daily average added to complete record.

[Averages are per day.]

No. 11.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Sodium ben- zoate admin- istered (calcu- lated as benzoic acid).
Fore period.									
First subperiod: TotalA verage	Grams. 83.00 16:60	Grams. 4.70 .94	Grams. 71. 23 14. 25	Grams. 75. 93 15. 19		Per (t. 85. 82		Grams. + 7.07 + 1.41	Grams. 0 0 . 0
Second subperiod: Total	93. 14 18. 63	5. 22 1. 04	69. 08 13. 82	74. 30 14. 86	5. 60	74. 16	79. 76	+18.84 + 3.77	.0
Entire fore period: Total Average	176. 14 17. 61	9. 92	140. 31 14. 03	150. 23 15. 02	5. 63	79. 66	85. 29	+25. 91 + 2. 59	.0
Preservative period.									
First subperiod: Total	93. 74 18. 75	7. 94 1. 59	81. 41 16. 28	89. 35 17. 87	8. 47	86. 85	95. 32	+ 4.39 + .88	4. 90 ·. 98
Total	17. 26	7.59 1.52	67. 67 13. 53	75. 26 15. 05	8.80	78. 43	87. 23	+11.02 + 2.21	7.50 1.50
Total	18. 93	4.77	84. 01 16. 80	88. 78 17. 76	5. 04	88. 76	93. 80	+ 5.87 + 1.17	10.00
TotalAverage	82. 02 16. 40	6. 37 1. 27	7. 782 15. 74	85. 09 17. 02	7.77	95, 98	103.74	- 3.07 62	2.50
Entire preservative period: Total	356. 69 17. 83	26. 67 1. 33	311.81 15.59	338. 48 16. 92	7.48	87.42	94.89	+18.21 + .91	24, 90 1, 25
After period.									
First subperiod: Total	92. 60 18. 52	7.07 1.41	72. 07 14. 41	79. 14 15. 83	7. 63	77.83	85.46	+13.46 + 2.69	.0
Total Average.	88. 58 17. 72	6. 35 1. 27	75.40 15.08	81.75 16.35	7.17	85. 12	92.29	+ 6.83 + 1.37	.0
Entire after period: TotalAverage	181. 18 18. 12	13. 42 1. 34	147. 47 14. 75	160. 89 16. 09	7.41	81.39	88. 80	+20. 29 + 2. 03	.0

# [Averages are per day.]

No. 12.

				_					
	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Sodium benzo- ate ad- minis- tered (calcu- lated as benzoic acid).
Fore period.									
First subperiod:	Grams.	Grams.	Grams.	Grams.		Per ct.		Grams.	Grams.
Total	86. 27 17. 25	6.71 1.34	62.96 12.59	69.67 13.93	7.78	72.98	80.76	$+16.60 \\ +3.32$	0.0
Second subperiod:									i
· Total	92.80 18.56	5.11 1.02	68. 27 13. 65	73.38 14.68	5. 51	73.57		+19.42 +3.88	.0
e e	10.00	1.02	10.00	11.00				7 0.00	
Entire fore period:	179.07	11.82	131.23	143.05	6.60	73.28	70.88	+36.02	.0
Average	17.91	1.18	13. 12	14.31				+ 3.60	.0
Preservative period.									
First subperiod:									
Total	93.32 18 66	5.38 1.08	75. 79 15. 16	81. 17 16. 23	5.77	81.22		+12.15	4.90
Average Second subperiod:	18 00	1.08	15.16	10. 23				+ 2.43	.98
Total	89.46	4.52	71.38 14.28	75. 90 15. 18	5.05	79.79		+13.56	7.50
Average Third subperiod:	17.89	.90	14. 28	10.18				+ 2.71	1.50
Total	89.64 17.93	4.93	71.59 14.32	76. 52 15. 30	5.50	79.86		+13.12 + 2.63	10.00 $2.00$
Fourth subperiod:									2.00
Total	71.21 14.24	7. 46 1. 49	61.37 12.27	68.83 13.77	10.48	86.18		+ 2.38 + .47	.0
	11.21	1. 10	12.21	10.77				T .11	
Entire preservative period: Total	343. 63	22. 29	280.13	302. 42	6. 49	81.52	88 01	+41.21	22.40
Average	17. 18	1.11	14.00	15. 12				+ 2.06	1. 12
After period.									
First subperiod:									
Total	80.75	5.94	62.92	68.86	7.36	77.92	85.28	+11.89	.0
Average Second subperiod:	16.15	1.19	12.58	13.77				+ 2.38	.0
Total	76. 25	5.94	58.59 11.72	64.53	7.79	76.84	84.63	+11.72	.0
Average	15. 25	1.19	11.72	12.91				+ 2.34	.0
Entire after period:	157.00	11.88	121.51	133.39	7.57	77.39	94.06	+23.61	.0
Average	15.70	1.19	121.51	13.34				+23.01 +2.36	.0
			l e						

#### SUMMARIES.

[Averages are per man per day.]

# Nos. 1 and 4.

	1	2	3	4	5	6	7	8	9
Period.∗	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Ben- zoic acid admin- istered.
Fore period.									
First subperiod: Total Average	Grams. 134.39 13.44	Grams. 7.77	Grams. 118. 81 11. 88	Grams. 126. 58 12. 66	Per ct. 5.78	Per ct. 88. 41	94.19	Grams. + 7.81 + .78	Grams. 0.0 .0
Second subperiod: Total	142.96 14.30	8.06 .81	136. 42 13. 64	144. 48 14. 45	5. 64		101.06	- 1.52 15	.0
Entire fore period: TotalAverage	277. 35 13. 87	15. S3 . 79	255. 23 12. 76	271.06 13.55	5.71	92.02		+ 6.29 + .32	.0
Preservative period.									
First subperiod: Total	142. 68 14. 27	8. 82 . 88	134. 40 13. 44	143. 22 1. 432	6.18	94. 20		54 05	10.00 1.00
TotalAverageThird subperiod:		7.02 .70	124. 29 12. 43	131. 31 13. 13	5. 10			+ 6.31 + .63	15.00 1.50
Total	144.75 14.48	8.57 .86	127. 53 12. 75	136. 10 13. 61	5. 92			+ 8.65 + .87	20.00 2.00
Total	138. 73 13. 87	7. 58 . 76	126. 29 12. 63	133. 87 13. 39	5. 46	91. 03		+ 4.86 + .48	25. 00 2. 50
Entire preservative period: Total	563. 78 14. 10	31.99 .80	512. 51 12. 81	544. 50 13. 61	5. 67	90. 91	96. 58	+19.28 + .49	70.00 1.75
After period.									
First subperiod: Total	141. 17 14. 12	8. 95 . 90	128. 87 12. 89	137.82 13.78	6.34	91.29		+ 3.35 + .34	.0
TotalAverage	134. 84 13. 48	8.16 .82	115. 43 11. 54	123. 59 12. 36	6.05	85. 61	91.66	$^{+11.25}$ $^{+1.12}$	.0
Entire after period: TotalAverage	276. 01 13. 80	17.11 .86	244.30 12.22	261. 41 13. 07	6. 20	88. 51	94.71	+14.60 + .73	.0

Table XII.—Nitrogen balances for Series VIII—Continued.

SUMMARIES-Continued.

[Averages are per man per day.]

Nos. 1, 2, 4, 5, and 6.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Ben- zoic acid ad- minis- tered.
Fore period.									
First subperiod: Total Average Second subperiod:	Grams. 354. 20 14. 17	Grams. 27. 29 1. 09	Grams, 300. 35 12. 01	Grams. 327. 64 13. 10	Per ct. 7.70	Per ct. 84.80	Per ct. 92. 50	Grams. 26, 56 1, 07	Grams. 0.0 .0
Total	381. 21 15. 25	29. 29 1. 17	338. 16 13. 53	367. 45 14. 70	7.68	88.71	96.39	13. 76 . 55	.0
Entire fore period: Total Average.	735. 41 14. 71	56. 58 1. 13	638. 51 12. 77	695. 09 13. 90	7. 69	86. 82	94. 52	40. 32 . 81	.0
Preservative period.									
First subperiod: Total	379. 43 15. 18	31.78 1.27	331.39 13.26	363. 17 14. 53	8. 36	87.34	95.71	16. 26 . 65	25. 00 1. 00
TotalAverageThird subperiod:	368. 43 14. 74	27. 47 1. 10	326. 21 13. 05	353. 68 14. 15	7. 46	88. 54	96.00	14.75 .59	37. 50 1. 50
Total Average.	383. 68 15. 35	31.34 1.25	334. 72 13. 39	366.06 14.64	8. 17	87. 24	95. 41	17. 62 . 71	48. 00 1. 92
First, second, and third subperiods: Total	1,131.54 15.09	90. 59	992. 32 13. 23	1,082.91 14.44	8. 01	87.70	95.70	48. 63	110. 50 1. 47
After period.			10.20						
First subperiod: Total	364. 94 14. 60	32. 19 1. 29	321, 49 12, 86	353. 68 14. 15	8.82	88. 09	96.91	11. 26 . 45	.0
TotalAverage	361. 14 14. 44	23. 59 . 94	300. 08 12. 00	323. 67 12. 94	6. 53	83. 09	89.62	37. 47 1. 50	.0
Entire after period: TotalAverage	726. 08 14. 52	55. 78 1. 12	621. 57 12. 43	677. 35 13. 55	7. 68	85. 61	93. 29	48.73	.0

## Table XII.—Nitrogen balances for Series VIII—Continued.

#### SUMMARIES-Continued.

[Averages are per man per day.]

Nos. 7 to 12.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Sodium ben- zoate admin- istered (calcu- lated as ben- zoic acid).
Fore period.									
First subperiod: Total Average	Grams. 455.33 15.18	Grams. 38.38 1.28	Grams. 374.39 12.48	Grams. 412.77 13.76	Per ct. 8. 43	Per ct. 82. 23	Per ct. 90.65	Grams. 42. 56 1. 42	Grams. 0.0 .0
Second subperiod: Total	496. 82 16. 56	27: 65 . 92	385. 23 12. 84	412. 88 13. 76	5. 57	77.54	83.11	83. 94 2. 80	.0
Entire fore period: Total	952. 15 15. 87	66. 03 1. 10	759. 62 12. 66	825. 65 13. 76	6.93	79.78	86.71	126. 50 2. 11	.0
Preservative period.									
First subperiod: Total	495. 26 16. 51	32. 73 1. 09	419. 81 13. 99	452. 54 15. 08	6.61	84.77	91.37	42.72 1.43	29. <b>40</b> . 98
Total. Average	474.16 15.80	40.27 1.34	384. 01 12. 80	424. 28 14. 14	8. 49	80. 99	89. 48	49.88 1.66	45. 00 1. 50
Third subperiod: TotalAverage	487. 07 16. 24	29. 01 . 97	398. 81 13. 29	427. 82 14. 26	5.96	81. 88	87.84	59. 25 1. 98	58. 00 1. 93
First, second, and third subperiods: Total	1, 456. 49 16. 18	102. 01 1. 13	1, 202. 63 13. 36	1, 304. 64 14. 49	7.00	82. 57	89. 57	151. 85 1. 69	132. 40 1. 47
After period.									
First subperiod: Total Average.	477. 45 15. 85	38. 09 1. 27	378. 41 12. 61	416. 50 13. 88	7.98	79. 26	87.23	60. 95 1. 97	.0
Second subperiod: Total	448. 05 14. 94	40.98 1.37	377. 66 12. 59	418. 64 13. 96	9. 15	84. 29	93. 44	29. 41 . 98	.0
Entire after period: Total. Average.	925. 50 15. 43	79. 07 1. 32	756. 07 12. 60	835. 14 13. 92	8. 54	81. 69	90. 24	90.36 1.51	.0

Table XII.—Nitrogen balances for Series VIII—Continued.

SUMMARIES-Continued.

[Averages are per man per day.]

Nos. 1 to 12, omitting No. 3.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine	In feces and urine (4÷1).	Balance (1-4).	Preserva- tive calcu- lated as ben- zoic acid.
Fore period.									
First subperiod: Total. Average. Second subperiod:	Grams. 809. 53 14. 72	Grams. 65. 67 1. 19	Grams. 674. 74 12. 27	Grams. 740. 41 13. 46	Per ct. 8. 11	Per ct. 83. 35	Per ct. 91. 46	Grams. 69. 12 1. 26	Grams 0.0 .0
TotalAverage	878. 03 15. 96	56. 94 1. 04	723.39 13.15	780. 33 14. 19	6.48	82. 39	88. 87	97. 70 1. 77	.0
Entire fore period: Total. Average.	1, 687. 56 15. 34	122. 61 1. 11	1,398.13 12.71	1,520.74 13.82	7. 26	82.85	90.11	166. 82 1. 52	.0
Preservative period.									
First subperiod: Total	874. 69 15. 90	64. 51 1. 17	751.20 13.66	815. 71 14. 83	7.38	85, 88	93. 26	58. 98 1. 07	54. 40 . 99
Total	842. 59 15. 32	67. 74 1. 23	710. 22 12. 91	777. 96 14. 14	8.04	84. 29	92.33	64. 63 1. 18	82. 50 1. 50
Third subperiod: Total. Average	870, 75 15, 83	60.35 1.10	733. 53 13. 33	793. 88 14. 43	6.93	84.24	91.17	76. 87 1. 40	106.00 1.93
First, second, and third subperiods: Total. Average	2, 588. 03 15. 69	192.60 1.17	2, 194. 95 13. 30	2,387.55 14.47	7.44	84. 81	92. 25	200. 48 1. 22	242. 90 1. 47
After period.	10.00								
First subperiod: Total Average Second subperiod:	842. 39 15. 32	70. 28 1. 28	699.90 12.73	770. 18 14. 01	8.34	83, 09	91. 43	72. 21 1. 31	.0
TotalAverage	809. 19 14. 71	64. 57 1. 17	677. 74 12. 32	742. 31 13. 49	7.98	83. 76	91. 73	66. 88 1. 22	.0
Entire after period: Total. Average	1, 651. 58 15. 01	134. 85 1. 23	1, 377. 64 12. 52	1, 512. 49 13. 75	8. 16	83. 41	91.58	139. 09 1. 26	:0

#### PHOSPHORIC ACID BALANCE.

INDIVIDUAL DATA.

No. 1.

No. 1 in the fore period shows some abnormal activity in the excretion of phosphoric acid inasmuch as the balance is negative. The normal condition is restored in the preservative period where the quantity of phosphoric acid excreted in the urine is less than in the fore period. In the after period there is a still further diminution of the phosphoric acid excreted in the urine; and the balance becomes strongly positive

23360-Bull. 84, pt 4-08-10

No. 2.

In the case of No. 2, the quantity of phosphoric acid excreted in the feces during the preservative period is notably greater, not-withstanding a slight decrease in the amount ingested, with the result that the percentage excretion increases 9.29 per cent. It is somewhat diminished in the after period, as is also the amount ingested, but does not fall to the quantity of the fore period, being still 6.66 per cent greater than in that period. The quantity of phosphoric acid excreted in the urine remains practically constant throughout the three periods, increasing about 1 per cent in the preservative period. The balances are positive in all cases and amount to 0.711, 0.173, and 0.333 gram daily for the three periods, respectively, the decrease of 0.538 being due almost entirely to the increased excretion of nonmetabolized phosphoric acid.

No. 3.

In the case of No. 3, the quantity of phosphoric acid excreted in the feces is very notably increased in the preservative period, while in the after period it falls below that of the fore period, amounting to a loss of 5.70 per cent. The quantity excreted in the urine increases but little in actual amount (0.171 gram daily), the amount ingested decreases slightly, and the percentage increase of metabolized phosphoric acid excreted is 6.34. The balance is positive and its magnitude is 0.839 gram, 0.112 gram, and 1.169 grams daily for the three periods, the decrease again being largely due to the amount of nonmetabolized phosphoric acid excreted.

No. 4.

In the case of No. 4, there is a decrease in the quantity of phosphoric acid excreted in the feces in the preservative period, while in the after period the amount rises to a somewhat larger figure than in the fore period. There is a decrease also in the quantity of phosphoric acid excreted in the urine in the preservative period and a further decrease in the after period. As in the previous cases, there is a slight decrease in the phosphoric acid ingested throughout. The balances are positive in all cases and their magnitudes are 0.258. 0.340, and 0.428 gram daily for the three periods, respectively. This is contrary to the two previous cases, in which a marked decrease in balance occurred.

No. 5.

There is an increase in the case of No. 5 of 0.173 gram daily in the quantity of phosphoric acid excreted in the feces in the preservative period, and this increase remains about the same in the after period.

The quantities of phosphoric acid excreted in the urine are remarkably constant for the three periods. In this case the phosphoric acid ingested increased slightly throughout. The percentage of phosphoric acid excreted in the feces and urine increases almost 4 per cent in the preservative period, returning to practically the figure of the fore period in the after period. The balances are positive in all cases and their magnitudes are 0.574 gram, 0.472 gram, and 0.632 gram daily for the three periods, respectively. Again the decrease in balance is due to the increase in excretion of non-metabolized phosphoric acid (5.35 per cent), there being in this case no appreciable change in the phosphoric acid eliminated in the urine.

### No. 6.

The data for No. 6 show a decrease in the quantity of phosphoric acid excreted in the feces during the preservative period and a still further decrease in the after period. The quantity excreted in the urine during the three periods remains remarkably constant, which is also true of the amounts ingested. The balances are positive in all cases and their values are 0.341 gram, 0.483 gram, and 0.581 gram daily for the three periods. Again there is a slight increase in the balance, as in the case of No. 4.

### No. 7.

In the case of No. 7 there is again a decrease in the quantity of phosphoric acid excreted in the feces in the preservative period, while in the after period the amount is larger than in the fore period. A notable decrease is found in the amount of phosphoric acid in the urine, both in the preservative and after periods. There is a slight continuous decrease in the amount of phosphoric acid ingested and the percentage decrease in total elimination amounts to 10.12 per cent, the actual decrease being 0.442 gram daily, while the decrease in the amount ingested was only 0.154 gram. The balances are positive and their values are 0.062 gram, 0.350 gram, and 0.139 gram daily for the three periods, respectively, showing a marked increase in the balance in the preservative period, notwithstanding the slight decrease in the amount ingested.

#### No. 8.

In the case of No. 8 an increase is shown in the quantity of phosphoric acid excreted in the feces both in the preservative and after periods. There is also a slight increase in the quantity of phosphoric acid excreted in the urine during the preservative period, followed by a slight decrease in the after period. The amounts ingested remain practically constant throughout. The percentage data show an increase of 5.19 per cent in nonmetabolized phosphoric acid and of

2.10 per cent of phosphoric acid in the urine in the preservative period, and the magnitudes of the balances are 0.350 gram, 0.121 gram, and 0.167 gram daily for the three periods. This decrease of 0.229 gram per day in the preservative period, as in the previous cases, is due to the increased excretion of nonmetabolized phosphoric acid.

#### No. 9.

In the case of No. 9 there is a notable decrease (0.393 gram daily) in the excretion of phosphoric acid in the feces during the preservative period. There is, however, an almost equal increase in the amount excreted in the after period as compared with the fore period. The quantity of phosphoric acid excreted in the urine decreases slightly both in the preservative and after periods. The percentage decrease in total elimination is 12.04, apparently an abnormal figure, especially as in the after period there is an increase of 3.49 per cent as compared with the fore period. The balances are all positive, and by reason of the abnormal condition just mentioned the figure for the preservative period is very high, showing an increase of 0.473. The balances for the three periods respectively are 0.354 gram, 0.827 gram, and 0.205 gram daily.

#### No. 10.

No. 10 shows a slight increase in the excretion of phosphoric acid in the feces in the preservative period and a marked increase in the after period. The quantity of phosphoric acid excreted in the urine does not vary greatly in the three periods, but decreases very slightly throughout. The amount of phosphoric acid ingested decreases in the preservative period 0.239 gram daily with the result that the percentage excretion both in the feces and urine increases slightly, the total increase amounting to 2.45 per cent. The balances are all high and positive and their values are 0.932 gram, 0.788 gram, and 0.597 gram daily for the three periods respectively.

### No. 11.

The data for No. 11 show a notable increase in the quantity of phosphoric acid excreted in the feces in the preservative period and this increase is maintained in the after period. The quantity of phosphoric acid excreted in the urine shows practically no variation in the fore and preservative periods and is slightly less in the after period. The amounts of phosphoric acid ingested are practically constant, decreasing only 0.098 gram in the preservative period. The percentage figures show an increase of 8.97 per cent in nonmetabolized phosphoric acid and of only 2.73 per cent in the phosphoric acid in the urine. The balances are positive and high, amounting to 1.104 grams, 0.548 gram, and 0.939 gram daily for the three periods, the

decrease in the balance in the preservative period being again accounted for by the increase in the excretion of the phosphoric acid in the feces.

### No. 12.

In the case of No. 12, there is a decrease in the quantity of phosphoric acid excreted in the feces in the preservative period and this decrease is still continued in the after period. The quantities of phosphoric acid excreted in the urine are almost the same for the fore and preservative periods and slightly less in the after period. The phosphoric acid ingested also decreased slightly throughout the observation and the percentage data show a decrease of 2.91 per cent of nonmetabolized phosphoric acid in the preservative period and an increase of 4.2 per cent of metabolized phosphoric acid.

### SUMMARIES.

The summary for Nos. 1 and 4 is of interest only because these members were able to take the preservative throughout the fourth subperiod, and, therefore, the data can be summarized for the entire period of observation. The amounts of phosphoric acid ingested were practically constant throughout. The phosphoric acid in the feces suffered but little variation, being almost the same in the fore and preservative periods and only 0.109 gram greater in the after period than in the fore period. The phosphoric acid in the urine decreased slightly throughout. The percentage figures show a very slight increase in nonmetabolized phosphoric acid excretion and a more decided decrease (4.71 per cent) in metabolized phosphoric acid. The total elimination decreases 4.06 per cent, and the balance increases 0.115 gram in the preservative period, the increase continuing in the after period. Manifestly in the case of these two subjects there was practically no injurious effect produced by the preservative on phosphoric acid metabolism as a whole.

The summary for Nos. 1, 2, 4, 5, and 6 is complete with the exception of the fourth preservative subperiod. This table shows a slight increase in the quantity of phosphoric acid excreted in the feces during the preservative period, and this increase is almost maintained in the after period, the figures being 0.970 gram, 1.065 grams, and 1.041 grams daily for the three periods. The amounts of phosphoric acid excreted in the urine are 2.325 grams, 2.273 grams, and 2.077 grams daily for the three periods, showing a slight decrease throughout. The average amounts of phosphoric acid ingested remain practically constant. The percentages of phosphoric acid excretion show the same relation, there being 26.56 per cent, 29.65 per cent, and 29.08 per cent, respectively, excreted in the feces during the three periods; 63.66 per cent, 63.27 per cent, and 58.06 per cent, respec-

tively, excreted in the urine. It is seen that the increase in total elimination of phosphoric acid during the preservative period is due exclusively to the increase in the nonmetabolized phosphoric acid excreted. The balances are positive, having values of 0.357 gram. 0.255 gram, and 0.460 gram daily for the three periods respectively, showing a very slight decrease in the preservative period with an increase in the after period, in which the balance exceeds that of the

A similar summary for those receiving benzoate of soda is shown in the table for Nos. 7 to 12 omitting the fourth perservative subperiod. In this case it is noticed that there is a slight decrease in the amount of phosphoric acid excreted in the feces in the preservative period and a notable increase in the after period, the figures being 1.112 grams, 1.088 grams, and 1.293 grams daily, for the three periods. In the urine there is a progressive decrease in the amount excreted, the daily average being 2.177 grams, 2.145 grams, and 1.957 grams for the three periods respectively. The amounts of phosphoric acid ingested are fairly constant, showing a decrease of less than 0.1 gram daily in the preservative and after periods. The percentages of excretion show such slight variations in the preservative period that no conclusions could be drawn from them, both the metabolized and nonmetabolized phosphoric acid excreted being practically constant. In the after period there is an increased excretion in the feces and a decrease in the urine. The balances average 0.601 gram, 0.569 gram, and 0.473 gram daily for the three periods respectively, showing a slight continuous decrease. These data show practically no effect produced by benzoate of soda in modifying the metabolism of phosphoric acid.

A general summary showing the mass action of the preservative in the two forms upon all of the men, except No. 3, and omitting the fourth preservative subperiod, gives the following results. The average daily amounts of phosphoric acid excreted in the feces are 1.047 grams, 1.077 grams, and 1.178 grams for the three periods. There is, therefore, shown a very slight tendency on the part of the preservative to increase the amount of phosphoric acid excreted in the feces, this increase being due to the effect produced by the preservative administered as benzoic acid. For the urine the averages are as follows: 2.244 grams, 2.203 grams, and 2.012 grams daily for the three periods. There is a slight tendency on the part of benzoic acid in both forms to decrease the quantity of phosphoric acid excreted in the urine. The numbers expressing percentage excretion bear out these inferences, the percentage excreted in the feces increasing throughout, while the percentage excreted in the urine is practically the same in the fore and preservative periods and decidedly less in

the after period.

It would, therefore, appear from a study of the phosphoric acid balance sheets that while the effects produced on the metabolism of this substance are not marked, there is a tendency, especially when the preservative is administered as benzoic acid, to increase the quantity and percentage of phosphoric acid excreted in the feces and to a less extent diminish the phosphoric acid excreted in the urine, and this effect is continued in a marked degree in the after period. The administration of these bodies therefore diminishes the excretion of metabolized phosphoric acid and increases the excretion of non-metabolized phosphoric acid, and may be said to interfere in a slight degree with the normal metabolism of phosphoric acid.

Table XIII.—Phosphoric acid balances for Series VIII.

[Averages are per day.]

No. 1.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Ben- zoic acid ad- minis- tered.
Fore period.									
First subperiod: Total	Grams. 13. 283 2. 657	Grams. 2. 285 . 457	Grams. 10. 674 2. 135	Grams. 12. 959 2. 592	Per ct. 17. 20	Per ct. 80. 36	Per ct. 97. 56	Grams. +0.324 +.065	Grams. 0.0 .0
Second subperiod: Total. Average.	13. 601 2. 720	3. 516 . 703	11. 389 2. 278	14. 905 2. 981	25. 85	83.74	109. 59	-1. 304 261	.0
Entire fore period: Total. Average.	26. 884 2. 688	5. 801 . 580	22. 063 2. 206	27. 864 2. 786	21. 58	82. 07	103. 65	980 098	.0
Preservative period.									
First subperiod: Total	12. 770 2. 554	3. 335 . 667	10. 000 2. 000	13. 335 2. 667	26. 12	78. 31	104. 42	565 113	5. 00 1. 00
Total	12. 695 2. 539	2. 465 . 493	9. 728 1. 946	12. 193 2. 439	19.42	76.63	96. 05	+ .502 + .100	7. 50 1. 50
Total	13. 254 2. 651	3. 642 . 728	10. 309 2. 062	13. 951 2. 790	27. 48	77. 78	105. 26	697 139	10. 00 2. 00
Total Average	13. 238 2. 648	2. 129 . 426	9. 382 1. 876	11. 511 2. 302	16. 08	70.87	86. 95	+1.727 + .346	12. 50 2. 50
Entire preservative period: Total Average.	51. 957 2. 598	11. 571 . 579	39. 419 1. 971	50. 990 2. 550	22. 27	75. 87	98. 14	+ . 967 + . 048	35. 00 1. 75
After period.									
First subperiod: Total Average. Second subperiod:	13. 273 2. 655	3. 380 . 676	7. 897 1. 579	11. 277 2. 255	25. 47	59, 50	84.96	+1.996 + .400	.0
Total	13. 235 2. 647	4. 087 . 817	7. 882 1. 576	11. 969 2. 394	30. 88	59. 55	90. 43	$+1.266 \\ + .253$	.0
Entire after period: Total. Average.	26. 508 2. 651	7. 467 . 747	15. 779 1. 578	23. 246 2. 325	28. 17	59. 53	87. 69	+3. 262 + . 326	.0

[Averages are per day.]

No. 2.

	1	2	3	4	5	6	7	8	9
Period,	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Ben- zoic acid ad- minis- tered.
Fore period.									
First subperiod: Total Average	Grams. 26. 189 5. 238	Grams. 5. 363 1. 073	Grams. 15.664 3.133	Grams. 21. 027 4. 205	Per ct. 20. 48	Per ct. 59.81	Per ct. 80. 29	Grams. +5.162 +1.033	Grams. 0.0 .0
Second subperiod: Total	26. 095 5. 219	6. 960 1. 392	17. 187 3. 437	24. 147 4. 829	26. 67	65. 86	92, 53	+1.948 + .390	.0
Entire fore period: Total	52. 284 5. 228	12. 323 1. 232	32. 851 3. 285	45. 174 4. 517	23. 57	62.83	86. 40	+7. 110 + . 711	.0
Preservative period.		-							
First subperiod: Total Average	25. 645 5. 129	8. 330 1. 666	16. 621 3. 324	24. 951 4. 990	32. 48	64.81	97. 29	+ .694 + .139	5. 00 1. 00
Second subperiod: Total	25. 391 5. 078	8. 354 1. 671	17. 157 3. 431	25. 511 5. 102	32.90	67. 57	100, 47	120 024	7. 50 1. 50
Third subperiod: Total	26. 700 5. 340	8.848 1.770	16. 873 3. 375	25. 721 5. 144	33. 15	63. 19	96. 33	+ .979 + .196	10.00
Fourth subperiod: Total	25. 872 5. 174	8. 514 1. 703	15. 436 3. 087	23. 950 4. 790	32. 91	59, 66	92. 57	+1. 922 + . 384	2. 50 . 50
Entire preservative period: Total Average.	103. 608 5. 180	34. 046 1. 702	66. 087 3. 304	100. 133 5. 007	32. 86	63. 79	96. 65	+3. 475 + . 173	25. 00 1. 25
After period.									
First subperiod: Total. Average.		7. 658 1. 532	15. 361 3. 072	23. 019 4. 604	31. 36	62. 91	94. 27	+1. 400 + . 280	.0
Second subperiod: Total		7. 488 1. 498	16. 268 3. 254	23. 756 4. 751	29. 15	63. 33	92. 48	+1.931 + .386	.0
Entire after period: Total Average.		15. 146 1. 515	31. 629 3. 163	46. 775 4. 678	30. 23	63. 12	93. 35	+3.331 + .333	.0

[Averages are per day.]

No. 3.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Ben- zoic acid ad minis- tered.
Fore period.									
First subperiod: Total	Grams. 24. 384 4. 877	Grams. 7.319 1.464	Grams. 12. 546 2. 509	Grams. 19. 865 3. 973	Per ct. 30. 02	Per ct. 51. 45	Per ct. 81. 47	Grams. + 4.519 + .904	Grams. 0.0
TotalAverage	23. 696 4. 739	7. 798 1. 560	12. 024 2. 405	19. 822 3. 964	32. 91	50.74	83. 65	+ 3.874 + .775	.0
Entire fore period: TotalAverage	48. 080 4. 808	15. 117 1. 512	24. 570 2. 457	39. 687 3. 969	31. 44	51. 10		+ 8.393 + .839	.0
Preservative period.									
First subperiod: Total	23. 577 4. 715	9. 017 1. 803	12. 901 2. 580	21. 918 4. 384	38. 24	54. 72		+ 1.659 + .331	5. 00 1. 00
Total	24. 061 4. 812	11. 473 2. 295	18. 594 3. 719	30. 067 6. 013	47. 68	77. 28	124. 96	- 6.006 - 1.201	7. 50 1. 50
Total	19. 299 3. 860	4. 639 . 928	10.751 2.150	15. 390 3. 078	24. 04	55. 71	79. 75	+ 3.909 + .782	1.00 .20
Total	24. 583 4. 917	11. 591 2. 318	10. 324 2. 065	21. 915 4. 383	47. 15	42.00	89. 15	+ 2.668 + .534	.0
Entire preservative period: Total	91.520 4.576	36. 720 1. 836	52. 570 2. 628	89. 290 4. 464	40. 12	57. 44	97. 56	+ 2.230 + .112	13.50 .68
After period.									
First subperiod: Total	24. 440 4. 888	5. 762 1. 152	11. 863 2. 373	17. 625 3. 525	23. 58	48. 54		+ 6.815 + 1.363	.0
Total	24. 756 4. 951	6.900 1.380	12. 984 2. 597	19. 884 3. 977	27. 87	52. 45		+ 4.872 + .974	.0
Entire after period: Total. Average.	49. 196 4. 920	12. 662 1. 266	24. 847 2. 485	37. 509 3. 751	25. 74	50. 51		+11.687 + 1.169	.0

[Averages are per day.]

No. 4.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Ben- zoic acid ad- minis- tered.
Fore period.									
First subperiod: Total. Average. Second subperiod:	Grams. 17. 856 3. 571	Grams. 5. 074 1. 015	Grams. 11. 609 2. 322	Grams. 16. 683 3. 337	Per ct. 28. 42		Per ct. 93. 43	Grams. +1.173 + .234	Grams.
Total		4. 013 . 803	10. 485 2. 097	14. 498 2. 900	25. 23	65. 93	91.17	$+1.405 \\ + .281$	.0
Entire fore period: Total		9. 087 . 909	22. 094 2. 209	31. 181 3. 118	26. 92	65. 45	92. 36	+2.578 + .258	.0
Preservative period.		-							
First subperiod: Total		4. 434 . 887	10. 526 2. 105	14. 960 2. 992	28.18	66. 91	95.09	+ .772 + .154	5. 00 1. 00
Total Average		4. 181 . 836	10. 203 2. 041	14.384 2.877	26. 77	65.33	92. 10	+1.233 + .246	7. 50 1. 50
Third subperiod: Total Average	16. 330 3. 266	4. 252 . 850	9. 682 1. 936	13. 934 2. 787	26. 04	59. 29	85. 33	+2.396 + .479	10.00
Fourth subperiod: TotalAverage		4. 834 . 967	9. 263 1. 853	14. 097 2. 819	29.30	56.14	85. 44	$^{+2.403}_{+.481}$	12. 50 2. 50
Entire preservative period: Total. Average.	64. 179 3. 209	17. 701 . 885	39. 674 1. 984	57. 375 2. 869	27.58	61. 82	89. 40	+6.804 + .340	35. 00 1. 78
After period.									
First subperiod: Total		5. 764 1. 153	10. 131 2. 026	15. 895 3. 179	36. 73	64. 57	101. 30	204 041	.0
Total Average		3. 827 . 765	S. 072 1. 614	11. 899 2. 380	23. 37	49. 29	72.66	$^{+4.478}_{+.895}$	.0
Entire after period: Total Average		9. 591 . 959	18. 203 1. 820	27. 794 2. 779	29. 91	56. 76	86. 67	+4.274 + .428	.0

Table XIII.—Phosphoric acid balances for Series VIII—Continued.

[Averages are per day.]

No.5.

	1		1						
	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Ben- zoie acid ad- minis- tered.
Fore period.									
First subperiod: Total	Grams. 14. 546 2. 909	465	Grams. a 9. 251 1. 850	Grams. 11. 574 2. 315	Per ct. 15. 97	Per ct. 63. 60	Per ct. 79. 57	Grams. 2.972 .594	Grams. 0.0 .0
TotalAverage		3.917 .783	7. 682 1. 536	11. 599 2. 319	27.28	53. 49	80. 77	2.762 .553	.0
Entire fore period: Total Average	28. 907 2. 891	6. 240 . 624	16. 933 1. 693	23. 173 2. 317	21. 59	58. 58	80.16	5. 734 . 574	.0
Preservative period.									
First subperiod: Total	14. 356 2. 871	3. 763 . 753	8. 548 1. 710	12. 311 2. 463	26.21	59. 54	85.76	2.045 .408	5.00 1.00
Total.  Average Third subperiod:	14. 624 2. 925	3. 687 . 737	a 8, 776 1, 755	12. 463 2. 492	25. 21	60. 01	85.22	2.161 .433	7. 50 1. 50
Total	15. 820 3. 164	3. 984 . 797	8. 757 1. 751	12. 741 2. 548	25.18	55.35	80. 54	3.079 .616	8. 00 1. 60
Total	14. 377 2. 875	4. 508 . 902	a 7. 718 1. 544	12. 226 2. 446	31. 36	53. 68	85.04	2. 151 . 429	3. 00 . 60
Entire preservative period: Total	59. 177 2. 959	15. 942 . 797	33. 799 1. 690	49. 741 2. 487	26.94	57. 12	84. 05	9. 436 . 472	23. 50 1. 18
After period.									
First subperiod: Total	14. 805 2. 961	5.044 1.009	a 8. 469 1. 694	13. 513 2. 703	34. 07	57. 20	91. 27	1.292 .258	.0
Total	15. 579 3. 116	2. 833 . 567	7.709 1.542	10. 542 2. 109	18. 18	49. 48	67. 67	5. 037 1. 007	.0
Entire after period: TotalAverage	30. 384 3. 038	7. 877 . 788	16. 178 1. 618	24. 055 2. 406	25. 92	53. 25	79. 17	6. 329	.0

a Average added to complete period.

[Averages are per day.]

No. 6.

-	1	2	3	4	5	6	7	S	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine	In feces and urine (4÷1).	Bal- ance (1-4.	Ben- zoic acid ad- minis- tered.
Fore period.									
First subperiod: Total. Average		Grams. 7.508 1.502	Grams. 11.385 2.277	Grams. 18. 893 3. 779	36.31		91.37	Grams. +1.785 + .357	Grams. 0.0 .0
Second subperiod: Total Average		7. 535 1. 507	10. 931 2. 186	18. 466 3. 693	37. 50	54. 39		$^{+1.630}_{+\ .326}$	.0
Entire fore period: Total Average	40.774 4.077	15. 043 1. 504	22.316 2.232	37. 359 3. 736	36. 89	54.73	91. 62	+3.415 + .341	.0
Preservative period.		-							
First subperiod: Total Average	20. 429 4. 086	7. 446 1. 489	11.174 2.235	18. 620 3. 724	36. 45	54.70	91.14	+1.809 + .362	5. 00 1. 00
Second subperiod: Total. Average.	19.940 3.988	5.952 1.190	11. 475 2. 295	17. 427 3. 485	29.85	57. 55	87. 40	$^{+2.513}_{+.503}$	7. 50 1. 50
Third subperiod: Total	20. 202 4. 040	7. 222 1. 444	10. 675 2. 135	17. 897 3. 579	35.75	52.84	88. 59	+2.305 + .461	10.00 2.00
Fourth subperiod: Total. Average	19. 922 3. 984	5. 790 1. 158	11. 124 2. 225	16. 914 3. 383	29.06	55. 84	84.90	+3.008 + .601	.0
Entire preservative period: Total	\$0.493 4.025	26. 410 1. 320	44. 448 2. 222	70. 858 3. 542	32, 81	55.22	88.03	+9.635 + .483	22.50 1.13
After period.									
First subperiod: Total Average		8.327 1.665	11. 431 2. 286	19. 758 3. 951	42.83	58.80	101.63	316 063	.0
Second subperiod: TotalAverage	a20.380 4.076	a 3. 620 . 724	a10. 634 2. 327	14. 254 2. 851	17.76	52.18		$+6.126 \\ +1.225$	.0
Entire after period: Total Average		11. 947 1. 195	22. 065 2. 206	34. 012 3. 401	30.00	55. 41	85. 41	+5.810 + .581	.0

a Daily average added to complete record.

[Averages are per day.]

No. 7.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Balance (1-4).	Sodium benzo- ate ad- minis- tered (calcu- lated as benzoic acid).
Fore period.									
First subperiod: Total Average Second subperiod:		Grams. 5.339 1.068	Grams. 9.854 1.971	Grams. 15. 193 3, 039	Per ct 34. 43	Per ct. 63. 55	Per ct. 97.98	Grams. +0,314 + .062	Grams. 0.0 .0
TotalAverage	14.796 2.959	5. 252 1. 050	9. 239 1. 848	14. 491 2. 898	35. 50	62. 44	97. 94	+ .305 + .061	.0
Entire fore period: TotalAverage	30. 303 3. 030	10. 591 1. 059	19. 093 1. 909	29. 684 2. 968	34. 95	63. 01	97. 96	+ .619 + .062	.0
Preservative period.									
First subperiod: Total. Average	14. 246 2. 849	4. 471 . 894	8. 902 1. 780	13. 373 2. 674	31. 38	62. 49	93. 87	+ .873 + .175	4. 90 . 98
Second subperiod: TotalAverageThird subperiod:	2.875	5. 803 1. 161	8.377 1.675	14. 180 2. 836	40.37	58. 28	98. 65	+ .194 + .039	7. 50 1. 50
Total		3.710 .742	7. 685 1. 537	11. 395 2. 279	24.72	51. 20	75. 92	+3.614 + .723	10.00 2.00
TotalAverage		3. 636 . 727	7. 939 1. 588	11. 575 2. 315	26. 18	57. 16	83. 33	+2.315 + .463	6. 50 1. 30
Entire preservative period: Total		17. 620 . 881	32.903 1.645	50. 523 2. 526	30. 63	57. 20	87.84	+6.996 + .350	28. 90 1. 45
After period.									
First subperiod: Total		5. 036 1. 007	7. 398 1. 480	12. 434 2. 487	36. 44	53. 53	89. 97	+1.386 + .277	.0
Second subperiod: TotalAverage		6.063 1.213	7. 193 1. 439	13. 256 2. 652	45. 73	54. 25	99. 98	+ .003 + .000	.0
Entire after period: Total Average		11.099 1.110	14. 591 1. 459	25. 690 2. 569	40. 99	53. 88	94. 87	+1.389 +.139	.0

[Averages are per day.]

No. S.

	1	2	3	4	5	6		8	0
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine	In feces and urine (4÷1).	Balance (1-4).	Sodium ben- zoate admin- istered (calcu- lated as ben- zoic acid).
Fore period.									
First subperiod: Total Average	15.884	Grams. 6.767 1.353	Grams. 9. 160 1. 832	Grams. 15. 927 3. 185	Per ct. 42.60	Per ct. 57. 67	Per ct. 100. 27	Grams. -0.043 008	Grams. 0.0 .0
Second subperiod: Total. Average		2. 568 . 514	9. 458 1. 892	12.026 2.406	16. 49	60. 72	77.20	+3.551 + .709	.0
Entire fore period: Total. Average.		9. 335 . 934	18. 618 1. 862	27. 953 2. 796	29. 67	59. 18	88.85	+3.508 + .350	.0
Preservative period.									
First subperiod: Total		5. 867 1. 173	10.152 2.030	16. 019 3. 203	37.71	65.26	102.96	462 092	4. 90 . 95
Total. Average		5. 050 1. 010	a10. 480 2. 096	15. 530 3. 106	33.02	68.54	101. 56	239 048	7. 50 1. 50
Third subperiod: Total		4.820 .964	8. 649 1. 730	13. 469 2. 694	30. 33	54. 43	84.76	+2. 422 + . 484	10.00 2.00
TotalAverage	15. 714 3. 143	6. 031 1. 206	8. 988 1. 798	15. 019 3. 004	38. 38	57. 20	95. 58	+ .695 + .139	12. 50 2. 50
Entire preservative period: Total	62. 453 3. 123	21. 778 1. 089	38. 269 1. 913	60. 037 3. 002	34.86	61.28	96.13	+2.416 + .121	34.90 1.75
After period.									
First subperiod: Total. Average	15. 702 3. 140	5. 646 1. 129	8. 694 1. 739	14. 340 2. 868	35. 96	55. 37	91. 33	+1.362 + .272	.0
Second subperiod: TotalAverage	16. 004 3. 201	6. 141 1. 228	9. 560 1. 912	15. 701 3. 140	38. 37	59.74	98. 11	+ .303 + .061	.0
Entire after period: Total		11. 787 1. 179	18. 254 1. 825	30. 041 3. 004	37. 18	57. 57	94.75	+1.665 + .167	.0

a Daily average added to complete period.

[Averages are per day.]

No. 9.

								(	
	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Sodium benzo- ate ad- minis- tered (calcu- tated as benzoic acid).
Fore period.									
First subperiod: Total Average	Grams. 20. 692 4. 138		Grams. a13, 154 2, 631	Grams. 20. 079 4. 016	Per ct. 33. 47	Per ct. 63. 57	Per ct. 97.04	Grams. + 0.613 + .122	Grams. 0.0 .0
Second subperiod: Total	20. 568 4. 114	6. 394 1. 279	11. 246 2. 249	17. 640 3. 528	31. 09	54. 68	85. 76	+ 2.928 + .586	.0
Entire fore period: Total	41. 260 4. 126	13. 319 1. 332	24. 400 2. 440	37. 719 3. 772	32.28	59. 14	91. 42	+ 3.541 + .354	.0
Preservative period.									
First subperiod: Total		4. 024 . 805	a11. 772 2. 354	15. 796 3. 159	20. 13	58.89	79. 02	+ 4.195 + .839	4.90 .98
TotalAverage		6. 993 1. 399	10. 589 2. 118	17. 582 3. 517	35. 36	53. 54	88. 91	+ 2.194 + .438	7. 50 1. 50
Total	20. 428 4. 086	3.068 .614	11. 336 2. 267	14. 404 2. 881	15. 02	55. 49	70. 51	+ 6.024 + 1.205	10.00 2.00
First, second, and third sub- periods: Total Average.	60. 195 4. 013	14. 085 . 939	33. 697 2. 247	47. 782 3. 186	23. 40	55. 98	79. 38	+12. 413 + . 827	22. 40 b 1. 12
After period.									
First subperiod: Total	20. 050 4. 010	6. 591 1. 318	10. 589 2. 118	17. 180 3. 436	32.87	52.81	85. 69	+ 2.870 + .574	.0
TotalAverage	20. 340 4. 068	10. 235 2. 047	10.919 2.184	21, 154 4, 231	50. 32	53. 68	104.00	814 163	0.0
Entire after period: Total	40. 390 4. 039	16. 826 1. 683	21. 508 2. 151	38. 334 3. 834	41.66	53. 25	94.91	+ 2.056 + .205	.0

 $<sup>^</sup>a$  Daily average added to complete record.  $^b$  Average for 20 days.

[Averages are per day.]

No. 10.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Sodium benzo- ate ad- minis- tered (calcu- lated as benzoic acid).
Fore period.					1				
First subperiod: Total Average	Grams. 18. 332 3. 666	Grams. 4.552 .910	Grams. 10. 562 2. 112	Grams. 15.114 3.022	Per ct. 24.83		82. 45	Grams. + 3.218 + .644	Grams. 0.0 .0
Second subperiod: TotalAverage	18. 319 3. 664	2. 439 . 488	9. 774 1. 955	12. 213 2. 443	13. 31	53. 35		+ 6.106 + 1.221	.0
Entire fore period: Total	36. 651 3. 665	6, 991 . 699	20. 336 2. 034	27. 327 2. 733	19.07	55. 49		+ 9.324 + .932	.0
Preservative period.									
First subperiod: Total	18. 135 3. 627	2. 081 . 416	11. 172 2. 234	13. 253 2. 650	11. 48	61.60	73.08	+ 4.882 + .977	4.90
Total	17. 865 3. 573	6. 231 1. 246	a10. 564 2. 113	16. 795 3. 359	34. 88	59. 13		+ 1.070 + .214	7. 50 1. 50
Third subperiod: Total Average.	16. 906 3. 381	3. 470 . 694	8. 298 1. 660	11.768 2.354	20. 53	49. 08	69. 61	+ 5.138 + 1.027	8. 00 1. 60
Fourth subperiod: TotalAverage	15. 608 3. 122	2. 519 . 504	a 8, 429 1, 686	10.948 2.190	16.14	54.00		+ 4.660 + .932	.0
Entire preservative period: Total. Average.	68. 514 3. 426	14. 301 . 715	38. 463 1. 923	52. 764 2. 638	20. 87	56.14		+15.750 + .788	20. 40 1. 02
After period.									
First subperiod: Total		5. 995 1. 199	9. 900 1. 980	15.895 3.179	32.85	54. 25	87. 10	+ 2. 355 + . 471	.0
TotalAverage	17. 074 3. 415	4. 164 . 833	9. 294 1. 859	13. 458 2. 692	24. 39	54. 43	78.82	+ 3.616 + .723	:0
Entire after period: Total		10. 159 1. 016	19. 194 1. 919	29. 353 2. 935	28.76	54. 34	83. 10	+ 5. 971 + . 597	.0

a Daily average added to complete record.

Table XIII.—Phosphoric acid balances for Series VIII—Continued.

[Averages are per day.]

### No. 11.

		0	.,		- 1		~ 1	0	0
	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Sodium benzo- ate ad- minis- tered (calcu- lated as benzoic acid).
Fore period.									
First subperiod: TotalAverage	23. 290	Grams. 4.832 .966	Grams. 13, 543 2, 709	Grams. 18. 375 3. 675	Per ct. 20.75	Per ct. 58. 15	Per ct. 78.90	Grams. 4.915 .983	Grams. 0.0
Second subperiod: Total Average	23, 232	6. 174 1. 235	10. 929 2. 186	17. 103 3. 421	26. 58	47.04	73. 62	6, 129 1, 225	.0
Entire fore period:	4.040	1. 200	2.100	0. 421				1.220	
Total		11.006 1.101	24. 472 2. 447	35. 478 3. 548	23. 66	52, 60	76. 26	11. 044 1. 104	.0
Preservative period.									
First subperiod: Total		9.700 1.940	13. 208 2. 642	22. 908 4. 582	41.71	56.80	98. 51	.346	4.90
Second subperiod: Total Average		7. 355 1. 471	11. 030 2. 206	18.385 3.677	34. 22	51.32	85. 55	3. 106 . 621	7. 50 1. 50
Third subperiod: Total Average	23.891	5. 152 1. 030	13. 250 2. 650	18.402 3.680	21. 56	55, 46	77.02	5. 489 1. 098	10.00
Fourth subperiod: Total	22. 436	7. 513 1. 503	12. 904 2. 581	20. 417 4. 084	33. 47	57.51	90.99	2. 019 . 403	2. 50 . 50
Entire preservative period: Total. Average.	91.072	29. 720 1. 486	50. 392 2. 520	80. 112 4. 006	32. 63	55. 33	87. 97	10. 960 . 548	24. 90 1. 25
After period.	-								
First subperiod: Total		7. 779 1. 556	11. 004 2. 201	18. 783 3. 757	33. 18	46. 94	80. 12	4. 661 • 932	.0
Second subperiod: Total Average		7.150 1.430	11.366 2.273	18. 516 3. 703	30. 76	48. 90	79. 66	4. 728 . 946	.0
Entire after period: Total Average.		14. 929 1. 493	22. 370 2. 237	37. 299 3. 730	31. 98	47. 91	79.89	9. 389	.0

23360—Bull. 84, pt 4—08——11

[Averages are per day.]

No. 12.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces $(2 \div 1)$ .	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Sodium benzo- ate ad- minis- tered (calcu- lated as benzoic acid).
Fore period.									
First subperiod: Total. Average	22. 952	Grams. 9.152 1.830	Grams. 11. 596 2. 319	Grams. 20.748 4.149	Per ct. 39.87	Per ct. 50. 52	Per ct. 90. 39	Grams. 2.204 .441	Grams. 0.0 .0
Second subperiod: Total Average		6. 345 1. 269	12.080 2.416	18. 425 3. 685	26. 16	49.81	75. 97	5.828 1.166	.0
Entire fore period: Total		15. 497 1. 550	23. 676 2. 368	39. 173 3. 917	32.83	50. 16	82. 98	8. 032 . 803	, :0
Preservative period.									
First subperiod: Total. Average		7. 325 1. 465	13. 306 2. 661	20. 631 4. 126	30. 60	55. 59	86. 19	3. 305 . 661	4. 90
Second subperiod: Total Average Third subperiod:		6. 286 1. 257	12. 737 2. 547	19. 023 3. 804	26. 64	53. 98	80. 62	4. 573 . 915	7. 50 1. 50
Total Average. Fourth subperiod:		6. 482 1. 296	11. 526 2. 305	18.008 3.602	28.79	51.21	80.01	4. 500 . 900	10.00 2.00
Total. Average.		6. 786 1, 357	$^{11. 266}_{\ 2, 253}$	18.052 3,610	34. 27	56.89	91. 15	1. 752 . 351	.0
Entire preservative period: Total. Average.		26. 879 1. 344	48. 835 2. 442	75. 714 3. 786	29. 92	54. 36	84. 27	14. 130 . 706	22. 40 1. 12
After period.									,
First subperiod: Total		6, 377 1, 275	10.765 2.153	17. 142 3. 428	30. 57	51. 61	82. 18	3,716 .744	.0
Second subperiod: TotalAverage		6. 424 1. 285	10. 747 2. 149	17. 171 3. 434	30.06	50. 28	80. 34	4. 203 . 841	.0
Entire after period: Total Average		12.801 1.280	21. 512 2. 151	34. 313 3. 431	30. 31	50. 94	81.25	7. 919 . 792	.0

#### SUMMARIES.

## [Averages are per man per day.]

### Nos. 1 and 4.

	1	2	3	4	5	6	7	8	9
Period.	Infood.	In feces.	In urine.	In feces and urine (2+3).	In feees (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Ben- zoic acid admin- istered.
Fore period.									
First subperiod: TotalAverage	Grams. 31. 139 3. 114	Grams. 7. 359 . 736	Grams. 22. 283 2. 228	Grams. 29, 642 2, 964	Per ct. 23. 63	Per ct. 71. 56	Per ct. 95. 19	Grams. 1. 497 . 150	Grams. 0.0
Second subperiod: TotalAverage	29. 504 2. 950	7. 529 . 753	21. 874 2. 187	29. 403 2. 940	25. 52	74.14	99. 66	. 101	.0
Entire fore period: Total	60. 643 3. 032	14. 888 . 744	44. 157 2. 208	59. 045 2. 952	24. 55	72.81	97. 36	1. 598 . 080	.0
Preservative period.									
First subperiod: Total	28. 502 2. 850	7. 769 . 777	20. 526 2. 053	28. 295 2. 830	27. 26	72.01	99. 27	. 207	10.00 1.00
Total	1	6. 646 . 665	19. 931 1. 993	26. 577 2. 658	23. 47	70. 40	93. 87	1. 735 . 173	15.00 1.50
Total	29. 584 2. 958	7. 894 . 789	19. 991 1. 999	27. 885 2. 788	26. 68	67. 57	94. 25	1. 699 . 170	20.00
TotalAverage		6. 963 . 696	18. 645 1. 865	25. 608 2. 561	23. 41	62. 70	86. 10	4. 130 . 413	25. 00 2. 50
Entire preservative period: Total		29. 272 . 732	79. 093 1. 977.	108. 365 2. 709	25. 20	68. 10	93. 30	7. 771 . 195	70.00 1.75
After period.									
First subperiod: TotalAverage. Second subperiod:	28. 964 2. 896	9. 144 . 914	18. 028 1. 803	27. 172 2. 717	31. 57	62. 24	93. 81	1. 792 . 179	.0
Total	29. 612 2. 961	7. 914 . 791	15. 954 1. 595	23. 868 2. 386	26. 72	53. 88	80. 60	5. 744 . 575	.0
Entire after period: Total		17. 058 . 853	33. 982 1. 699	51. 040 2. 552	29. 12	58. 01	87. 13	7. 536 . 377	.0

SUMMARIES—Continued.

[Averages are per man per day.]

Nos. 1, 2, 4, 5, and 6.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Ben- zoic acid admin- istered.
Fore period.									
First subperiod: Total		Grams. 22. 553 . 902	Grams. 58. 583 2. 343	Grams. 81. 136 3. 245	Per ct. 24.37	Per ct. 63. 30	Per ct. 87. 66	Grams. 11. 416 . 457	Grams. 0.0 .0
Second subperiod: TotalAverage		25. 941 1. 038	57. 674 2. 307	83. 615 3. 345	28. 81	64. 04	92.86	6. 441 . 257	.0
Entire fore period: Total	182, 608 3, 652	48. 494 . 970	116. 257 2. 325	164. 751 3. 295	26. 56	63.66	90. 22	17. 857 . 357	.0
Preservative period.									
First subperiod: Total. Average		27. 308 1. 092	56. 869 2. 275	84. 177 3. 367	30. 71	63. 95	94. 65	4. 755 . 190	25. 00 1. 00
Second subperiod: TotalAverage	88. 267 3. 531	24. 639 . 986	57. 339 2. 294	81. 978 3. 279	27. 91	64.96	92. 88	6, 289 , 252	37. 50 1. 50
Third subperiod: TotalAverage		27. 948 1. 118	56. 296 2. 252	84. 244 3. 370	30. 28	60.99	91. 27	8. 062 . 322	48. 00 1. 92
First, second, and third sub- periods: Total. Average.		79. 895 1. 065	170. 594 2. 273	250. 399 3. 338	29. 65	63. 27	92. 91	19. 106 . 255	110. 50 1. 47
After period.					-				
First subperiod: Total Average Second subperiod:		30. 173 1. 207	53. 289 2. 132	83. 462 3. 339	34. 43	60. 81	95. 24	4. 168 . 166	.0
Total		21. 855 . 874	50. 565 2. 023	72. 420 2. 897	23.95	55. 41	79.36	18. 838 . 753	.0
Entire after period: Total		52. 028 1. 041	103. 854 2. 077	155. 882 3. 118	29.08	58.06	87.14	23. 006 . 460	.0

### SUMMARIES—Continued.

[Averages are per man per day.]

Nos. 7 to 12.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feees (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Sodium benzo- ate ad- minis- tered (calcu- lated as benzoic acid).
Fore period.		*							
First subperiod: Total		Grams. 37.567 1.252	Grams. 67.869 2.262	Grams. 105. 436 3. 514	Per ct. 32.20	Per ct. 58.18	Per ct. 90.38	Grams. 11.221 .375	Grams. 0.0 .0
Second subperiod: Total		29.172 .972	62.726 2.091	91.898 3.063	24.99	53.73	78.72	24.847 .829	.0
Entire fore period: TotalAverage.	233. 402 3.890	66.739 1.112	130.595 2.177	197.334 3.289	28.59	55.95	84.54	36.068 .601	.0
Preservative period.		=							
First subperiod: Total Average		33.468 1.116	68.512 2.284	101.980	29.07	59.51	88.58	13.139 .438	29.40 .98
Second subperiod: Total		37.718 1.257	63.777 2.126	101.495 3.383	33.56	56.74	90.30	10.898 .363	45.00 1.50
Total Average.		26.702 .890	60.744 2.025	87.446 2.915	23.29	52.99	76.28	27.187 .906	58.00 1.93
First, second and third sub- periods: Total. Average.	342.145 3.802	97.888 1.088	193.033 2.145	290.921 3.233	28.61	56.42	85.03	51.224 .569	132.40 1.47
After period.									
First subperiod. Total		37.424 1.247	58.350 1.945	95.774 3.192	33.38	52.04	85. 42	16.350 .545	.0
Total		40.177 1.339	59.079 1.969	99.256 3.308	36.10	53.08	89.18	12.039 .402	.0
Entire after period: Total	223. 419 3. 724	77.601 1.293	117. 429 1. 957	195.030 3.251	34.73	52.56	87.29	28.389 .473	.0

#### SUMMARIES-Continued.

#### [Averages are per man per day.]

### Nos. 1 to 12, omitting No. 3.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Preserva- tive calcu- lated as benzoic acid.
Fore period.									
First subperiod: TotalAverageSecond subperiod:	209. 209	60. 120	126. 452	186.572	28.74	Per ct. 60. 44	89. 18	Grams. 22.657 .412	Grams. 0.0 .0
Total	206. S01 3. 760	55. 113 1. 002	120. 400 2. 189	175. 513 3. 191	26.65	58. 22	84. 87	31. 288 . 569	.0
Entire fore period: Total. Average.	416. 010 3. 782	115. 233 1. 047	246. 852 2. 244	362. 085 3. 291	27. 70	59. 34	87. 04	53. 925 . 491	.0
Preservative period.									
First subperiod: Total. Average		60, 776 1, 105	125. 381 2. 280	186. 157 3. 385		61. 45		17. 894 . 325	54. 40 . 99
Second subperiod: Total	3, 648	1.134	121. 116 2. 202	3, 356	31.08	60. 36	91. 43	17. 187 . 312	82. 50 1. 50
Total Average	206. 959 3. 763	54. 650 . 994	117. 040 2. 128	171. 690 3. 122	26. 41	56. 56	82.97	35. 249 . 641	106. 00 1. 93
First, second and third sub- periods: Total. Average.	611. 650 3. 707	177. 783 1. 077	363. 537 2. 203	541, 320 3, 281	29. 07	59. 44	88. 50	70. 550 . 426	242. 90 1. 47
After period.									
First subperiod: Total	199. 754 3. 632	67. 597 1. 229	111. 639 2. 030	179. 236 3. 259	33. 84	55. 89	89. 73	20. 518 . 373	.0
Total. Average.	202. 553 3. 683	62. 032 1. 128	109. 644 1. 994		30. 63	54.13	84.76	30, 877 . 561	.0
Entire after period: TotalAverage	402, 307 3, 657	129. 629 1. 178	221. 283 2. 012	350. 912 3. 190	32. 23	55. 00	87. 22	51. 395 . 467	.0

### SULPHUR BALANCE.

### INDIVIDUAL DATA.

No. 1.

The data for No. 1 show a gradual increase in the sulphur excreted in the feces from the fore to the after period. There is a slight increase in the amount of sulphur in the urine in the preservative period, but a marked decrease in the after period. The sulphur ingested remained practically constant. There is a slight increase in the percentage of sulphur excreted in the feces in the preservative period, and a notable increase in the after period. The percentage of sulphur excreted in the urine is notably greater in the preservative

than in the fore period, while it is much less in the after period than in the fore period. The sulphur balance is positive in all cases and its magnitude is the same in the fore and after periods (0.092 gram), while in the preservative period it is but little more than one-third that amount. There seems to be in this case a tendency on the part of the benzoic acid to increase the excretion of sulphur, the total elimination increasing 4.87 per cent, practically all of which is due to the increase in excretion of metabolized sulphur.

#### No. 2.

The data for No. 2 show an increase in the quantity of sulphur in the feces in the preservative period, although the amount in the food is not quite so great as in the fore period. The increase over the fore period is continued but to a less extent in the after period, although the amount of sulphur ingested decreases 0.123 gram daily. There is also a slight increase in the amount of sulphur in the urine in the preservative period but a decrease in the after period. The percentage of sulphur excreted in the feces is notably larger in the preservative and after periods than in the fore period, and the same is true of the percentage excreted in the urine. The balances are positive and have the following magnitudes: 0.205, 0.070, and 0.026 gram daily for the three periods. In the case of No. 2, there is a tendency manifested to increase the amount of sulphur excreted both in the feces and in the urine, the increase in total elimination amounting to 8.94 per cent, with a continued increase of 2.97 in the after period.

#### No. 3.

The data for No. 3 show an increase in the quantity of sulphur excreted in the feces in the preservative period and a decrease in the after period. The amount of sulphur excreted in the urine in the preservative period is practically unchanged, the very slight decrease being somewhat more marked in the after period. The balances are all positive and of the following magnitudes: 0.192 gram, 0.083 gram, and 0.262 gram daily for the three periods. The decrease in the balance is accompanied by a decrease in the amount of sulphur ingested in the preservative period of 0.1 gram, and the percentage figures show a slight increase (1.8) of sulphur in the feces and an increase in the urine of 6.19 per cent. In the after period there is a strong tendency to decrease the percentage excretion of both metabolized and nonmetabolized sulphur, the figures being even smaller than in the fore period, although the amount of sulphur ingested is increased, returning to practically the same figures as in the fore period.

#### No. 4.

In the case of No. 4 the quantity of sulphur in the feces remains practically constant, a negligible decrease being recorded. There is

also a very slight decrease in the amount excreted in the urine. The balances are positive but of small magnitude, being 0.087 gram, 0.089 gram, and 0.028 gram daily for the three periods. The only tendency shown is to diminish very slightly the quantity of sulphur excreted both in the feces and in the urine, the increased excretion in the after period being more marked, as shown by the decrease in the balance, while the figures for the fore and preservative periods show but slight variation.

No. 5.

The data for No. 5 show a slight increase in the sulphur in the feces in the preservative period and the same figure is obtained for the after period. There is an increase of the sulphur in the urine during the preservative period, while during the after period it is practically the same as in the fore period. The balances are again positive and their values are 0.153 gram, 0.080 gram, and 0.126 gram daily. The amount of sulphur ingested shows but little variation, increasing very slightly in the preservative period. The slightly increased excretion both in the feces and urine amounts to 2.24 and 7.14 per cent, respectively, with a tendency to return to the conditions of the fore period in the after period for the metabolized sulphur, although the nonmetabolized sulphur excreted continues to increase slightly.

No. 6.

The data for No. 6 show a diminution in the sulphur excreted in the feces both in the preservative and after periods and a like diminution occurs in the urine. This decrease tends to increase the magnitude of the positive balance both in the preservative and after periods, the values for the balances being 0.091 gram, 0.101 gram, and 0.131 gram daily for the three periods respectively. In the after period the balance is again slightly increased, owing to a considerable decrease in the percentage of sulphur excreted in the feces and a slight decrease in the metabolized sulphur. The amounts of sulphur ingested decrease very slightly throughout, and while the percentage amount of sulphur excreted in the feces shows a decrease of 1.73 per cent the figure for the urine is practically unchanged.

No. 7.

The data for No. 7 show practically no change in the sulphur excreted in the feces during the fore and preservative periods and quite a marked increase during the after period. There is a slight progressive diminution of the amount of sulphur excreted in the urine for the three periods. The balances are all positive, amounting to 0.097 gram, 0.141 gram, and 0.058 gram daily for the three periods. The ingestion is practically constant, there being a very slight decrease throughout. The percentage data show the same relations, the decrease of

4.21 per cent in total elimination being due almost entirely to the decrease in excretion of metabolized sulphur. In the after period the balance is decreased below that of the fore period, due largely to the increase in nonmetabolized sulphur. There appears to be no influence in this case on the part of the preservative to increase the excretion of sulphur in the feces until the after period, but there is a tendency, on the other hand, to diminish very slightly the excretion of the sulphur in the urine, though a partial recovery takes place in the after period.

#### No. 8.

In the case of No. 8 there is an increase in the amount of sulphur excreted in the feces, both in the preservative and after periods. There is also a slight increase in the amount of sulphur excreted in the urine in the preservative period, while in the after period the figure is the same as in the fore period. The percentage data show the same relations in the preservative period, but in the after period the percentages of sulphur in the urine and of total excretion slightly increase. The balances are positive and the daily averages are 0.116 gram, 0.040 gram, and 0.009 gram for the three periods. In this case there appears to be a tendency on the part of the preservative to increase the excretion of sulphur in the feces and also in the urine.

#### No. 9.

The data for No. 9 show a marked decrease in the excretion of sulphur in the feces in the preservative period, but this decrease is more than restored in the after period. There is a slight increase in the excretion of sulphur in the urine both in the preservative and after periods. The balances are positive and amount to 0.147 gram, 0.155 gram, and 0.053 gram daily for the three periods, respectively. The percentages bear out these data and there seems to be a tendency on the part of the preservative to diminish the excretion of sulphur in the feces and to increase slightly its excretion in the urine, resulting in a small increase of the balance in the preservative period.

#### No. 10.

The data for No. 10 show a slight increase in the excretion of sulphur in the feces, both in the preservative and after periods. The quantity excreted in the urine is practically the same throughout, diminishing very slightly in the after period. The balances are positive and rather large, amounting to 0.325 gram, 0.192 gram, and 0.205 gram daily for the three periods. There is a decrease of 0.125 gram daily in the sulphur ingested in the preservative period and practically the same amount is recorded in the after period as in the preservative period. In this case there is a tendency, shown more

clearly by the percentage figures, to increase the excretion of sulphur, especially in the feces, which effect is continued in the after period.

No. 11.

In the case of No. 11 there is an increase in the quantity of sulphur excreted in the feces in the preservative period and practically no further change in the after period. The sulphur excreted in the urine is also increased slightly in the preservative period and shows but a slight decrease in the after period. The balances are positive and rather large, namely, 0.292 gram, 0.151 gram, and 0.148 gram daily for the three periods respectively. The amounts of sulphur ingested are practically constant and the percentage data show the same relations as those for actual amounts, namely, rather a marked tendency on the part of the preservative to increase the percentage of sulphur both in the feces and in the urine in the preservative period.

No. 12.

The data for No. 12 show an increase in the quantity of sulphur excreted in the feces in the preservative period and a slight decrease in the after period. There is also an increase in the quantity of sulphur excreted in the urine in the preservative period, but a decrease in the after period to a figure below that of the fore period. The balances are positive and quite large, namely, 0.348 gram, 0.184 gram, and 0.169 gram daily for the three periods respectively. The sulphur ingested decreases slightly throughout but the decrease in the balance to almost one-half its original magnitude is due largely to the increase of 9.47 per cent in the metabolized sulphur excreted, the increase in the sulphur in the feces being only 1.35 per cent. In the after period there is very little change from the conditions of the preservative period.

### SUMMARIES.

The summary for Nos. 1 and 4 is of interest chiefly as representing the effect of the benzoic acid upon the two men who were able to take the full amount of preservative and complete the fourth preservative subperiod. As would be expected from the previous balances no marked effects on the metabolism of sulphur were produced in this case. The average daily amounts of sulphur ingested are practically constant, with a tendency to decrease; the amount appearing in the feces is virtually unchanged throughout, with a slight tendency to increase; the amounts of sulphur in the urine show a very slight decrease throughout, but the percentage data show a slight increase in the preservative period for both feces and urine which is continued in the case of the feces in the after period, while the metabolized sulphur slightly decreases. The balance shows a very slight decrease throughout.

The summaries which are of the most interest are those for the five men (Nos. 1, 2, 4, 5, and 6) who received benzoic acid, for the six men (Nos. 7 to 12, inclusive) who received sodium benzoate, and for eleven men, omitting No. 3.

The summary for Nos. 1, 2, 4, 5, and 6 indicates that the administration of benzoic acid very slightly increases the excretion of sulphur in the feces during the preservative period, while a very slight increase in the quantity of sulphur excreted in the urine is also shown. In each case the quantity excreted in the after period is less than that excreted in the fore period. It is seen also in the feces and urine combined that there is a slight increase in the amount of sulphur excreted in the preservative period and a decrease in the after period. The average amounts ingested are quite uniform in the three periods with a very slight tendency to decrease. The percentage figures show that 9.76 per cent of sulphur appears in the feces in the fore period, 10.58 per cent in the preservative period, and 10.42 per cent in the after period, while in the urine it is noticed that a similar percentage of increase takes place, rising from 79.16 per cent in the fore period to 82.19 per cent in the preservative period and decreasing to 81.80 per cent in the after period. In both cases there is a smaller quantity of sulphur excreted in the after period than in the fore period, but owing to the slight decrease in the quantity of food the percentage of excretion is larger. The balances are positive and of the following values: 0.126 gram, 0.080 gram, and 0.080 gram daily for the three periods. These data show a slight tendency on the part of the preservative to increase the excretion of sulphur in the feces and urine, thus decreasing the balance, while in the after period the conditions of the preservative period are maintained.

Nos. 7 to 12, inclusive, received benzoate of soda. The data in this case also show a tendency on the part of the benzoate of soda to increase the total quantity of sulphur in the feces both in the preservative and after periods. There is also a similar increase in the urine in the preservative period though the total amount excreted in the after period is slightly less than in the fore period. The amount of sulphur ingested is almost the same in the fore and preservative periods and slightly less in the after period. A comparison made by using the percentage figures is here of value. It is seen that in the feces the percentage excretion rises from 8.62 per cent in the fore period to 9.23 per cent in the preservative period and 11.75 per cent in the after period. In the case of the urine the increase is from 73.21 per cent in the fore period to 76.78 per cent in the preservative period and 78.50 per cent in the after period. The balances are positive and of the following magnitudes: 0.221 gram, 0.167 gram and 0.107 gram daily, for the three periods, showing a uniform

decrease throughout. This summary shows a distinct effect on the part of the benzoate of soda to increase the excretion of sulphur both in the feces and in the urine. The concurrence of the two summaries indicates a decided disturbance of the sulphur metabolism.

The combined effect of the benzoic acid and benzoate of soda is shown in the summary for the eleven men, omitting the fourth preservative subperiod. The increase in the quantity of sulphur excreted in the feces both in the preservative and after periods amounts to only 0.006 and 0.011 gram, respectively, as compared with the fore period. There is also a very slight increase in the quantity of sulphur excreted in the urine in the preservative period (0.020 gram). while the actual quantity excreted in the after period is less than in the fore period. The average daily quantity in the food decreases slightly throughout, and the percentage figures are more marked inasmuch as the actual amounts excreted increase. In the case of the feces the percentage of excretion rises from 9.12 in the fore period to 9.82 in the preservative period and to 11.16 in the after period. The percentage excreted in the urine rises from 75.81 in the fore period to 79.15 in the preservative period and 79.95 in the after period. The balances are positive and of the following magnitudes: 0.177 gram, 0.127 gram, and 0.095 gram daily for the three These data show in another form the tendency on the part of the benzoic acid and benzoate of soda to increase the excretion of sulphur both in the feces and in the urine, and to the extent indicated the metabolism of sulphur may be said to be harmfully affected by the preservative.

## Table XIV.—Sulphur balances for Series VIII.

[Averages are per day.]

No, 1,

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feees and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Benzoic acid admin- istered.
Fore period.									
First subperiod: Total	$Grams. \\ 5.626 \\ 1.125$	Grams. 0.253 .051	Grams. 4.431 .886	Grams. 4.684 .937	Per ct. 4.50	Per ct. 78.76	Per ct. 83.26	Grams. +0.942 + .188	Grams. 0.0 .0
Total	5.278 1.056	. 428 - 086	4.867 .973	5.295 1.059	8.11	92.21	100.32	017 003	.0
Entire fore period: Total. Average.	10.904 1.090	.681	9.298 .930	9.979 .998	6.25	85.27	91.52	+ . 925 + . 092	.0
Preservative period.									
First subperiod: Total	5. 486 1. 097	.433	4.730 .946	5.163 1.033	7.89	86.22	94.11	+ .323 + .064	5.00 1.00
Total	5. 189 1. 038	.305 .061	4.735 .947	5.040 1.008	5.88	91.25	97.13	+ .149 + .030	7.50 1.50
Total	5.213 1.043	.438 .088	4.767 .953	5.205 1.041	8.40	91.44	99.85	+ .008 + .002	10.00 2.00
Fourth subperiod: TotalAverage	5.250 1.050	.288	4.678 .936	4.966 .993	5.49	89.10	94.59	+ .284 + .057	12.50 2.50
Entire preservative period: Total	21.138 1.057	1.464 .073	18.910 .946	20.374 1.019	6.93	89.46	96.39	+ .764 + .038	35.00 1.75
After period.									
First subperiod: Total	5.102 1.020	. 457 . 091	4.311 .862	4.768 .954	8.96	84.50	93.45	+ .334 + .066	.0
TotalAverage	4.963 .993	.401	3.973 .795	4.374 .875	8.08	80.05	88.13	+ .589 + .118	.0
Entire after period: Total	10.065 1.006	.858	8.284 .828	9.142 .914	8.52	82.31	90.83	+ .923 + .092	.0

[Averages are per day.]

No. 2.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Benzoic acid admin- istered.
Fore period.									
First subperiod: Total	7. 559	Grams. 0.615 .123	Grams. 5. 248 1. 050	Grams. 5. 863 1. 173	Per ct. 8.14	69.43	Per ct.	Grams. 1.696 .339	Grams. 0.0 .0
Total. Average.	7. 167 1. 433	. 726 . 145	6. 086 1. 217	6. 812 1. 362		84.92	95.05	.355 .071	.0
Entire fore period: Total. Average.		1.341 .134	11. 334 1. 133	12. 675 1. 268	9.11	76.97	86.08	2.051 .205	.0
Preservative period.									
First subperiod: Total Average	7.396 1.479	.701 .140	5. 987 1. 197	6, 688 1, 338	9.48	80.95	90.43	. 708 . 141	5. 00 1. 00
Second subperiod: Total	7. 029 1. 406	. 855 . 171	5. 968 1. 194	6, 823 1, 365	12.16	84.91	97.07	. 206 . 041	7. 50 1. 50
Total. Average. Fourth subperiod:	7. 219 1. 444	. 922 . 184	5. 950 1. 190	6.872 1.374	12.77	82.42	95. 19	.347	10.00 2.00
TotalAverage	6. 676 1. 335	. 791 . 158	5. 736 1. 147	6. 527 1. 305	11.85	85.92	97.77	.149	2. 50 . 50
Entire preservative period: Total. Average.	28, 320 1, 416	3. 269 . 163	23, 641 1, 182	26, 910 1, 346	11, 54	83. 48	95, 02	1. 410 . 070	25. 00 1. 25
After period.									
First subperiod: Total. Average.	6, 416 1, 283	. 814 . 163	5. 545 1. 109	6, 359 1, 272	12.69	86, 42	99.11	.057	.0
Second subperiod: Total	6. 512 1. 302	. 693 . 139	5. 616 1. 123	6. 309 1. 262	10.64	86, 24	96.88	. 203 . 040	.0
Entire after period: Total. Average.		1. 507 . 151	11. 161 1. 116	12. 668 1. 267	11.66	.\$6.33	97. 99	. 260 . 026	.0

[Averages are per day.]

No. 3.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Benzoie acid admin- istered.
Fore period.									
First subperiod: TotalAverage	Grams. 6.704 1.341	Grams. 0.475 .095	Grams. 5.027 1.005	Grams. 5. 502 1. 100	Per ct. 7.09	Per ct. 74.99	Per ct. 82.07	Grams. +1.202 + .241	Grams. 0.0 .0
Second subperiod: Total	6. 138 1. 228	. 430	4. 986 . 997	5. 416 1. 083	7.01	81.23	88.24	+ .722 + .145	.0
Entire fore period: Total. Average.	12.842 1.284	.905	10. 013 1. 001	10. 918 1. 092	7.05	77.97	85.02	+1.924 + .192	.0
Preservative period.									
First subperiod: Total	6.586 1.317	. 579 . 116	5. 224 1. 045	5, 803 1, 161	8.79	79.32	88.11	+ .783 + .156	5. 00 1. 00
Total	6.376 1.275	. 626 . 125	5. 124 1. 025	5.750 1.150	9.82	80.36	90.18	+ .626 + .125	7. 50 1. 50
Total	4. 492 . 898	.269	4. 939 . 988	5. 208 1. 042	5.99	109.95	115.94	716 144	1.00 .20
Total	6. 185 1. 237	.618	4. 607 . 921	5. 225 1. 045	9.99	74. 49	84, 48	+ .960 + .192	.0
Entire preservative period: Total	23. 639 1. 182	2.092 .105	19. 894 . 995	21. 986 1. 099	8. 85	84.16	93.01	+1.658 + .083	13. 50 . 68
After period.									
First subperiod: Total	6.248 1.250	.376 .075	4. 602 . 920	4. 978 . 996	6.02	73.66	79.67	+1.270 + .254	.0
TotalAverage	6. 137 1. 227	.345	4. 437 . 887	4. 782 . 956	5.62	72.30	77.92	+1.355 + .271	.0
Entire after period: Total	12.385 1.238	. 721 . 072	9. 039 . 904	9. 760 . 976	5. 82	72.98	78. 81	+2.625 + .262	.0

[Averages are per day.]

No. 4.

			1 -	1					
	1	2	3	4	õ	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Benzoic acid admin- istered.
Fore period.									
First subperiod: Total	Grams. 5.801 1.160	Grams. 0.482 .096	Grams. 4.391 .878	Grams. 4.873 .975	Per ct. 8.31	Per ct. 75.69	Per ct. 84.00	Grams. +0.928 + .185	Grams. 0.0 .0
Total. Average.	5. 289 1. 058	. 428 . 086	4.914 .983	5.342 1.068	8.09	92.91		053 010	.0
Entire fore period: Total. Average.	11.090 1.109	.910	9.305 .930	10, 215 1, 022	8.21	83.90	92.11	+ .875 + .087	.0
Preservative period.		-							
First subperiod: Total	5. 477 1. 095	. 441	4. 663 . 933	5. 104 1. 021	8.05	85.14	93. 19	+ .373 + .074	5. 00 1. 00
Total	5. 147 1. 029	.425 $.085$	4, 278 . 856	4. 703 . 941	8.26	83.12	91. 37	+ .444 + .088	7. 50 1. 50
Total. Average Fourth subperiod:	5. 204 1. 041	. 418	4, 204 . 841	4.622 .924	8.03	80.78	88, 82	+ . 582 + . 117	10.00 2.00
Total. Average.	5. 180 1. 036	. 469 . 094	4.335 .867	4. 804 . 961	9.05	83.69	92.74	+ .376 + .075	12. 50 2. 50
Entire preservative period: Total	21.008 1.050	1.753 .087	17. 480 . 874	19. 233 . 961	8.34	83. 21	91.55	+1.775 + .089	35. 00 1. 75
After period.					,				
First subperiod: Total. Average	5.033 1.007	. 481 . 096	4. 695 . 939	5. 176 1. 035	9.56	93, 28	102.84	143 028	.0
Second subperiod: Total	4. 974 . 995	. 374 . 075	4. 180 . 836	4.554 .911	7. 52	84.04	91, 56	+ .420 + .084	.0
Entire after period: TotalAverage	10. 007 1. 001	. 855	8. 875 . 876	9. 730 . 973	8. 54	88. 69	97, 22	+ .277 + .028	.0

[Averages are per day.]

No. 5.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Benzoic acid admin- istered.
Fore period.									
First subperiod: Total	Grams. 4. 260 . 852	Grams. 0, 281 . 056	Grams. a 2, 915 . 583	Grams. 3. 196 . 639	Per ct. 6. 60	Per ct. 68, 43	Per ct. 75.02	Grams. 1.064 .213	Grams. 0.0 .0
Total	3. 772 . 754	. 478 . 096	2.820 .564	3. 298 . 660	12.67	74.76	87. 43	. 474 . 094	.0
Entire fore period: Total	8. 032 . 803	. 759 . 076	5. 735 . 574	6. 494 . 650	9. 45	71. 40	80. 85	1. 538 . 153	.0
Preservative period.						-	====		
First subperiod: Total	4. 237 . 847	. 535	3. 078 . 616	3.613 .723	12.63	72, 65	85. 27	. 624 . 124	5. 00 1. 00
Total	4. 142 . 828	. 466 . 093	a 3. 421 . 684	3. 887 . 777	11. 25	82. 59	93. 84	. 255 . 051	7. 50 1. 50
Total	4. 252 . 850	. 462 . 092	3. 431 . 686	3. 893 . 779	10.87	80. 69	91, 56	. 359	8. 00 1. 60
Total	3. 916 . 783	. 471	a 3, 066 . 613	3. 537 . 707	12.03	78. 29	90. 32	. 379	3.00
Entire preservative period: Total	16, 547 . 827	1. 934 . 097	12. 996 . 650	14. 930 . 747	11. 69	78. 54	90. 23	1. 617 . 080	23. 50 1. 18
After period.									
First subperiod: TotalAverageSecond subperiod:	3. 982 . 796	. 588	a 2, 954 , 591	3. 542 . 708	14.77	74. 18	88, 95	. 440	.0
Total	3. 997 . 799	. 383 . 076	2. 802 . 560	3. 185 . 637	9. 58	70. 10	79. 68	. 812 . 162	.0
Entire after period: - Total	7. 979 . 798	. 971	5.756 .576	6. 727 . 673	12. 17	72.14	84. 31	1. 252 . 126	.0

a Daily average added to complete record.

23360—Bull. 84, pt 4—08——12

[Averages are per day.]

No. 6.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Benzoic acid admin- istered.
Fore period.									
First subperiod: Total	Grams. 6.244 1.249	Grams. 0.905 .181	Grams. 4. 670 . 934	Grams. 5.575 1.115	Per ct. 14. 49	Per ct. 74.79	Per ct. 89. 29	Grams, 0.669 .134	Grams. 0.0
Total	5. 841 1. 168	.952	4. 650 . 930	5.602 1.120	16.30	79.61	95. 91	.239 .048	.0
Entire fore period: Total	12.085 1.208	1.857 .186	9.320 .932	11.177 1.118	15. 37	77.12	92. 49	.908	.0
Preservative period.									
First subperiod: Total	6. 191 1. 238	. 887 . 177	4. 374 . 875	5. 261 1. 052	14.33	70.65	84. 98	. 930 . 186	5. 00 1. 00
Total	5.736 1.147	.745 .149	4. 530 . 906	5. 275 1. 055	12.99	78.97	91.96	. 461 . 092	7.50 1.50
Total	5. 579 1. 116	. 805 . 161	4.509	5. 314 1. 063	14.43	80.82	95. 25	. 265 . 053	10.00 2.00
Total	5. 324 1. 065	. 678 . 136	4. 289 . 858	4.967	12.73	80.56	93. 29	. 357 . 072	.0
Entire preservative period: Total	22. 830 1. 142	3. 115 . 156	17. 702 . 885	20. 817 1. 041	13. 64	77.54	91.18	2.013 .101	22. 50 1. 13
After period.		. 7							
First subperiod: Total	5. 278 1. 056	. 839	4.118 .824	4. 957 . 991	15.90	78.02	93. 92	.321	.0
Total	a 5, 435 1, 087	a. 355 . 071	a 4. 089 . 818	4. 444 . 889	6.53	75. 23	81.77	. 991 . 198	.0
Entire after period: Total Average	10.713 1.071	1.194 .119	8. 207 . 821	9. 401 . 940	11.15	76. 61	87.75	1.312 .131	.0

a Daily average added to complete record.

## [Averages are per day.]

## No. 7.

	1	2	3	4	5	6	¥	8	9
- Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Balanee (1-4).	Sodium benzo- ate ad- minis- tered (calcu- lated as benzoic acid).
Fore period.									
First subperiod: Total Average	Grams. 5.715 1.143	Grams. 0.529 .106	Grams. 4, 423 , 885	Grams. 4.952 .990	Per ct. 9.26	Per ct. 77.39	Per ct. 86.65	$\begin{array}{l} Grams. \\ + \ 0.763 \\ + \ .153 \end{array}$	Grams. 0.0 .0
Second subperiod: TotalAverage	5.332 1.066	.548	4.576 .915	5.124 1.025	10.28	85.82	96.10		.0
Entire fore period: Total Average	11. 047 1. 105	1.077 .108	8.999 .900	10.076 1.008	9.75	81.46	91.21		.0
Preservative period.									
First subperiod: TotalAverage	5. 598 1. 120	. 543 . 109	4. 564 . 913	5. 107 1. 021	9.70	81.53	91.23	+ .491 + .099	4.90 .98
Second subperiod: TotalAverageThird subperiod:	5. 345 1. 069	. 637 . 127	3.987 .797	4.624 .925	11.92	74.59	86, 51	+ .721 + .144	7.50 1.50
Total	5, 836 1, 167	. 435 . 087	3.796 .759	4.231 .846	7.45	65.04	72.50	$^{+\ 1.605}_{+\ .321}$	10.00 2.00
Total	4.958 .992	. 486	4. 464 . 893	4.950	9.80	90.04	99.84		6, 50 1, 30
Entire preservative period: Total	21.737 1.087	2.101 .105	16.811 .841	18.912 .946	9.67	77.34	87.00	+ 2.825 + .141	28.90 1.45
After period.									
First subperiod: Total	4.826 .965	.577 .115	3.603 .721	4.180 .836	11.96	74.66	86.61	+ .646 + .129	.0
Second subperiod: Total Average		.747	3.996 .799	4.743 .949	15.98	85.46	101.43	067 014	.0
Entire after period: Total Average		1.324 .132	7.599 .760	8.923 .892	13.93	79.97	93.91	+ .579 + .058	-0

[Averages are per day.]

No. 8.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Sodium benzo- ate admin- istered (calcu- lated as benzoic acid).
Fore period.									
First subperiod: Total	Grams. 5.387 1.077	Grams. 0.818 .164	Grams, 4. 133 . 827	Grams. 4.951 .990	Per ct. 15.18	Per ct. 76.72	Per ct. 91. 91	Grams. +0.436 + .087	Grams. 0.0 .0
Total	5. 185 1. 037	.324 .065	4. 132 . 826	4.456 .891	6.25	79.69	85.94	+ .729 + .146	.0
Entire fore period: Total Average	10. 572 1. 057	1. 142 . 114	8. 265 . 826	9. 407 . 941	10.80	78.18	88.98	+1.165 + .116	.0
$Preservative\ period.$									
First subperiod: Total	5.378 1.076	.810 .162	4.373 .875	5. 183 1. 037	15.06	81.31	96.37	+ · 195 + · 039	4.90
Total	5.034 1.007	.690 .138	a 4, 252 . 850	4.942 .988	13.71	84. 47	98. 17	+ .092 + .019	7.50 1.50
Third subperiod: TotalAverage	5. 089 1. 018	.681 .136	4.113 .822	4.794 .959	13.38	80.82	94. 20	+ .295 + .059	10.00 2.00
Fourth subperiod: Total	5.036 1.007	.773 .155	4.047 .809	4.820 .964	15.35	80. 36	95.71	+ .216 + .043	12.50 2.50
Entire preservative period: Total	20. 537 1. 027	2.954 .148	16. 785 . 839	19. 739 . 987	14.38	81.73	96.11	+ .798 + .040	34.90 1.75
After period.						1			
First subperiod: Total. Average	4.988 .998	. 756 . 151	4. 074 . 815	4.830 .966	15. 16	81.68	96. 83	+ .158 + .032	.0
Second subperiod: TotalAverage		. 781 . 156	4.182 .836	4.963 .993	15.97	85. 50	101. 47	072 015	.0
Entire after period: Total Average	9. 879 . 988	1. 537 . 154	8. 256 . 826	9. 793 . 979	15, 56	83. 57	99. 13	+ .086 + .009	.0

a Daily average added to complete record.

[Averages are per day.]

No. 9.

									-
	1_	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Sodium benzo- ate ad- minis- tered (calcu- lated as benzoic acid).
Fore period.									
First subperiod: Total Average	Grams. 6, 168 1, 234	Grams. 0.514 .103	Grams. a 4, 832 , 966	Grams. 5, 346 1, 069	Per ct. 8.33	Per ct. 78.34	Per ct. 86, 67	Grams. 0.822 .165	Grams. 0.0 .0
Second subperiod: TotalAverage	5. 956 1. 191	. 550 . 110	4. 753 . 951	5. 303 1. 061	9. 23	79. 80	89. 04	. 653 . 130	.0
Entire fore period: TotalAverage	12.124 1.212	1.064 .106	9. 585 . 958	10. 649 1. 065	8.78	79. 06	87. 83	1. 475 . 147	-0
Preservative period.									
First subperiod: Total Average Second subperiod:	6. 074 1. 215	. 259 . 052	a 4. 860 . 972	5. 119 1. 024	4. 26	80. 01	84. 28	. 955 . 191	4.90 .98
Total	5. 928 1. 186	. 504	4. 464 . 893	4. 968 . 994	8, 50	75, 30	83. 81	. 960 . 192	7. 50 1. 50
Total	5. 861 1. 172	. 232 . 046	5. 219 1. 044	5. 451 1. 090	3.96	89. 05	93.00	. 410 . 082	10.00 2.00
First, second, and third subperiods:	17. 863	. 995	14, 543	15, 538	5, 57	81. 41	86, 98	2, 325	22, 40
Average	1. 191	. 066	. 970	1.036			00, 50	. 155	b 1. 12
After period.									
First subperiod: Total. Average	5. 763 1. 153	. 503	4. 919 . 984	5. 422 1. 084	8. 73	85. 35	94. 08	. 341	.0
Second subperiod: Total Average	5. 697 1. 139	. 696 . 139	4. 810 . 962	5. 506 1. 101	12. 22	84. 43	96.65	. 191 . 038	. Ú . 0
Entire after period: Total	11. 460 1. 146	1. 199 . 120	9. 729 . 973	10. 928 1. 093	10. 46	84. 90	95. 36	. 532	.0

a Daily average added to complete record.

b Average for 20 days.

[Averages are per day.]

No. 10.

	1	0				2		-	
	1	3	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	feces	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Sodium benzo- ate ad- minis- tered calcu- lated as benzoie acid].
Fore period.									
First subperiod: Total. Average. Second subperiod:	6,024	Grams. 0.611 .122		Grams. 4.472 .894	10.14		Per ct. 74.24	1.552	Grams. 0.0 .0
Total. Average		. 353 . 071	3. 542 . 768	4. 195 . \$39	5, 99	65.14	71.13	1.703 .341	.0
Entire fore period: Total. Average	11. 922 1. 192	. 964	7. 703 . 770	8. 667 . 867	8, 09	64. 61	72.70	3. 255 . 325	.0
Preservative period.						_			
First subperiod: Total Average		.312	4.394 .479	4.708 .941	5. 12	72.09	77. 21	1. 389 . 278	4. 90 . 98
Second subperiod: Total Average. Third subperiod:		. \$99 . 180	a 4, 236 . 847	5. 135 1. 027	15.63	73. 63	89, 26	. 618 . 124	7.50 1.50
Total. Average Fourth subperiod:		. 459 . 092	3. 555 . 711	4. 014 . 803	8.94	69. 24	78. 18	1.120	8.00 1.60
Total. Average.		393 . 079	a 3. 244 . 649	3. 637 . 727	9.02	74.42	83.44	. 722	.0
Entire preservative period: Total. Average		2.063 .103	15. 429 . 771	17. 492 . \$75		72. 30	81.96	3. \$49 . 192	20. 40 1. 02
After period.									
First subperiod: Total. Average. Second subperiod:		. 619 . 124	3. 674 . 735	4. 293 . 859	10. \$3	64. 26	75.09	1.424 .284	.0
Total. Average		. 636 . F27	3. 654 . 731	4. 290 . 858	12.95	74.40	\$7, 35	. 621 . 124	.0
Entire after period: Total Average		1. 255 . 126	7. 328 . 733	8, 583 , 858	11.81	68, 95	80, 76	2. 045 . 205	.0

a Daily average added to complete record.

## [Averages are per day.]

## No. 11.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces aud urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Sodium benzo- a te admin- istered (calcu- lated as benzoic acid).
$For e\ period.$									
First subperiod:			Grams.		Per ct.	Per ct.	Per ct.	Grams.	Grams.
Total	6.907 1.381	0.445	5. 188 1. 038	5.633 1.127	6.44	75.11	81.55	1.274	0.0
Second subperiod:									
Total	6.692 1.338	. 479	4.569 .914	5.048 1.010	7.16	68. 28	75. 43	1.644	.0
Entire fore period:	13. 599	. 924	9.757	10.681	6.79	71.75	78. 54	2.918	.0
Average	1.360	.092	.976	1.068				. 292	.0
Preservative period.									
First subperiod:	0.005	701		0.00	10.45	<b>=</b> 2 20			
Total	6.985 1.397	.731	5.356 1.071	6.087	10.47	76.68	87.14	. 898	4.90
Second subperiod: Total	6, 433	.670	4,655	5, 325	10.42	72.36	82.78	1.108	7, 50
Average	1.287	.134	. 931	1.065	10.42	12.00	02.10	. 222	1.50
Third subperiod:	6, 731	.432	5, 437	5,869	6.42	80.78	87.19	. 862	10,00
Average	1.346	.086	1.087	1.174	0.12			.172	2.00
Fourth subperiod:	5.994	- 596	5.241	5, 837	9.94	87.44	97.38	. 157	2,50
Average	1.199	.119	1.048	1.167				.032	. 50
Entire preservative period:									
Total	26. 143 1. 307	2.429	20.689 1.034	23.118 1.156	9.29	79.14	88.43	3.025	24.90 1.25
	1.307	. 121	1.004	1.100				. 151	1.20
After period.									
First subperiod:									
Total. Average	6.583	.648	5.027 1.005	5.675 1.135	9.84	76.36	86.21	. 908	.0
Second subperiod: Total					0.00	00.00	01.10		
Average	6.363	.574	5. 223 1. 045	5. 797	9.02	82.08	91.10	. 566	0.0
Entire after period:					-				
Total	12.946	1.222	10.250	11.472	9.44	79.18	88.61	1.474	.0
Average	1.295	.122	1.025	1. 147				.148	.0
				0				C	

[Averages are per day.]

No. 12.

	1	2	3	4	5	6	7	8	9		
Period.	Infood.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Sodium benzo- ate ad- minis- tered (calcu- lated as benzoic acid).		
Fore period.											
First subperiod: Total.	Grams. 6. 901 1. 380	Grams. 0. 577 . 115	Grams 4.507 .901	Grams. 5. 084 1. 017	Per ct. 8. 36	Per ct. 65. 31	Per ct. 73. 67	Grams. 1. 817 . 363	Grams. 0.0		
Average Second subperiod: Total. Average		. 545	4. 605 . 921	5. 150 1. 030	8, 01	67.65	<b>75.</b> 66	1. 657 . 331	.0		
Entire fore period: Total	13. 708 1. 371	1. 122 . 112	9. 112 . 911	10. 234 1. 023	8, 19	66. 47	74.66	3. 474 . 348	.0		
Preservative period.											
First subperiod: Total Average	7. 002 1. 400	. 583 . 117	5. 277 1. 055	5. 860 1. 172	8, 33	75. 36	83. 69	1. 142 . 228	4. 90 · . 98		
Second subperiod: Total. Average	6. 599 1. 320	. 498 . 100	4. 882 . 976	5, 380 1, 076	7. 55	73.98	81. 53	1. 219 . 244	7. 50 1. 50		
Third subperiod: Total Average	6. 366 1. 273	. 526 . 105	4. 925 . 985	5. 451 1. 090	8. 26	77. 36	85. 62	. 915 . 183	10. 00 2. 00		
Fourth subperiod: Total. Average	5. 354 1. 071	. 808 . 162	4. 146 . 829	4. 954 9. 91	15. 09	77. 44	92, 53	. 400 . 080	.0		
Entire preservative period: Total Average		2. 415 . 121	19. 230 . 962	21. 645 1. 082	9. 54	75. 94	85. 48	3. 676 . 184	22. 40 1. 12		
After period.											
First subperiod: TotalAverage Second subperiod:		. 584 . 117	4. 195 . 839	4. 779 . 956	10. 17	73.06	83, 23	. 963	.0		
Total. Average		. 594 . 119	4. 199 . 834	4. 793 . 959	10. 76	76.03	\$6.78	. 730 . 146	.0		
Entire after period: Total. Average		1. 178 . 118	8. 394 . 839	9. 572 . 957	10. 46	74. 51	84. 97	1. 693 . 169	.0		

#### SUMMARIES.

## [Averages are per man per day.]

## Nos. 1 and 4.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Benzoic acid admin- istered.
' Fore period.									
First subperiod: Total	Grams. 11. 427 1. 143	Grams. 0.735 .074	Grams. 8. 822 . 882	Grams. 9. 557 . 956	Per ct. 6. 43	Per ct. 77. 20	Per ct. 83.64	Grams. +1.870 + .187	Grams. 0.0 .0
Total	$10.567\\1.057$	. 856 . 086	9.781 .978	10.637 1.064	8.10	92. 56	100.66	070 007	.0
Entire fore period: Total. Average.	21. 994 1. 100	1.591 .079	18. 603 . 930	20. 194 1. 010	7. 23	84. 58	91.82	+1.800 + .090	.0
Preservative period.									
First subperiod:  Total  Average Second subperiod:	10. 963 1. 096	.874 .087	9.393 .939	10. 267 1. 020	7. 97	85. 68	93. 66	+ .696 + .070	10, 00 1, 00
TotalAverageThird subperiod:	10.336 1.034	. 730 . 073	9. 013 . 901	9. 743 . 974	7.06	87. 20	94. 26	+ .593 + .060	15. 00 1. 50
Total	10. 417 1. 042	. 856 . 086	8. 971 . 897	9. 827 . 983	8. 22	86. 12	94.34	+ .590 + .059	20. 00 2. 00
Total. A verage	10. 430 1. 043	.757 .076	9. 013 . 901	9. 770 . 977	7. 26	86. 41	93.67	+ .660 + .066	25. 00 2. 50
Entire preservative period: Total. Average.	42. 146 1. 054	3. 217 . 080	36, 390 , 910	39. 607 . 990	7. 63	86. 34	93.98	+2.539 + .064	70. 00 1. 75
After period.									
First subperiod: Total	10. 135 1. 014	. 938	9. 006 . 901	9. 944 . 995	9. 26	88.86	98.12	+ .191 + .019	.0
Total	9. 937 . 994	. 775 . 078	8. 153 . 815	8. 928 . 893	7.80	82.05	89.85	+1.009 + .101	.0
Entire after period: Total	20. 072 1. 004	1.713 .086	17. 159 . 858	18.872 .944	8. 53	85. 49	94. 02	+1.200 + .060	.0
							*		

SUMMARIES-Continued.

[Averages are per man per day.]

Nos. 1, 2, 4, 5, and 6.

	. 1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Benzoic acid admin- istered.
Fore period.									
First subperiod: Total	Grams. 29.490 1.180	Grams. 2.536 .101	Grams. 21.655 .866	Grams. 24.191 .968	Per ct. 8.60	Per ct. 75.43	Per ct. 82.03	Grams. 5.299 .212	Grams. 0.0 .0
Total	27.347 1.094	3.012 .120	23.337 .934	26.349 1.054	11.01	86.34	96.35	.998 .040	.0
Entire fore period: Total. Average	56.837 1.137	5. 548 . 111	44. 992 . 900	50.540 1.011	9.76	79.16	88.92	6.297 .126	.0
Preservative period.  First subperiod: Total	28. 787 1. 151	2.997 .120	22.832 .913	25.829 1.033	10.41	79.31	89.72	2.958 .118	25.00 1.00
Total	27. 243 1. 090 27. 467	2.796 .112 3.045	22.932 .917 22.861	25.728 1.029 25.906	10.26	84.18 83.23	94.44	1.515 .061 1.561	37.50 1.50 48.00
Average	1.099	.122	, 914	1.036				.063	1.92
periods: Total	83.497 1.113	8.838 .118	68.625 .915	77.463 1.033	10.58	82.19	92.77	6.034 .080	110.50 1.47
After period.									
First subperiod: Total	25.811 1.032	3.179 .127	21.623 .865	24.802 .992	12.32	83.77	96.09	1.009 .040	.0
Second subperiod: Total	25.881 1.035	2.206 .088	20.660 .826	22.866 .914	8.52	79.83	88.35	3.015 .121	.0
Entire after period: Total. Average.	51.692 1.034	5.385 .108	42.283 .846	47.668 .954	10.42	81.80	92.22	4.024 .080	.0

## SUMMARIES—Continued.

## [Averages are per man per day.]

Nos. 7 to 12.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Sodium benzo- ate ad- minis- tered (calcu- lated as benzoic acid).
Fore period.									
First subperiod: Total Average	Grams. 37. 102 1. 237	Grams. 3. 494 . 116	Grams. 26. 944 . 898	Grams. 30, 438 1, 015	Per ct. 9. 42	Per ct. 72. 62	Per ct. 82. 04	Grams. 6, 664 , 222	Grams. 0.0 .0
Second subperiod: Total	35. 870 1. 196	2.799 .093	26. 477 . 883	29. 276 . 976	7. 80	73. 81	81. 62	6, 594 , 220	.0
Entire fore period: Total Average	72. 972 1. 216	6. 293 . 105	53. 421 . 890	59. 714 . 995	8, 62	73. 21	81. 83	13. 258 . 221	.0
Preservative period.									
First subperiod: Total	37. 132 1. 238	3. 238 . 108	28. 824 . 961	32. 062 1. 069	8.72	77. 63	86. 35	5. 070 . 169	29. 40 . 98
Second subperiod: TotalAverage	35. 092 1. 170	3. 898 . 130	26. 476 . 883	30. 374 1. 012	11. 11	75. 45	86. 56	4.718 .158	45. 00 1. 50
Third subperiod: Total	35. 017 1. 167	2. 765 . 092	27. 045 . 902	29. 810 . 994	7. 90	77. 23	85, 13	5. 207 . 173	.58.00 1.93
First, second, and third subperiods:	107 041	0.001	00.245	00.040	0.02	70.70	00.00	14.005	190 10
Total	107. 241 1. 192	9. 901 . 110	82. 345 . 926	92. 246 1. 025	9. 23	76. 78	86. 02	14. 995 . 167	132. 40 1. 47
After period.									
First subperiod: TotalAverage	33. 619 1. 121	3. 687 . 123	25. 492 . 850	29. 179 . 973	10. 97	75. 82	86. 79	4. 440 . 148	.0
Second subperiod: Total	32. 061 1. 069	4. 028 . 134	26. 664 . 869	30. 092 1. 003	12. 56	81. 29	93. 86	1.969 .066	.0
Entire after period: Total	65. 680 1. 095	7. 715 . 129	51, 556 . 859	59. 271 . 988	11. 75	78. 50	90. 24	6. 409 . 107	.0

#### SUMMARIES-Continued.

[Averages are per man per day.]

#### Nos. 1 to 12, omitting No. 3.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Preserva- tive cal- culated as ben- zoic acid.
Fore period.									
First subperiod: Total	Grams. 66. 592 1. 211	Grams. 6.030 .110	Grams. 48.599 .884	Grams, 54. 629 . 994	Per ct. 9.06	Per ct. 72.98	Per ct. 82.04	Grams. 11.903 .217	Grams. 0.0 .0
TotalAverage	63. 217 1. 149	5. 811 . 105	49. 814 . 906	55. 625 1. 011	9.19	78. 80	87.99	7.592 .138	.0
Entire fore period: Total. Average.	129. 809 1. 180	11.841	98. 413 . 895	110. 254 1. 003	9. 12	75. 81	84. 93	19. 555 . 177	.0
Preservative period.				k 					
First subperiod: Total	65. 919 1. 199	6. 235 . 113	51. 656 . 939	57. 891 1. 052	9 46	78. 36	87.82	8. 028 . 147	54. 40
Second subperiod: Total. Average. Third subperiod:	62.335 1.133	6. 694 . 122	49. 408 . 898	56. 102 1. 020,	10.74	79.26	90.00	6. 233 . 113	82. 50 1. 50
TotalAverage	62. 484 1. 136	5. 810 . 106	49. 906 . 907	55. 716 1. 013	9.20	79.87	89. 17	6.768 .123	106.00 1.93
First, second, and third subperiods:									
Total	190, 738 1, 156	18.739	150. 970 . 915	169. 709 1. 029	9.82	79. 15	88 97	21.029 .127	242.90 1.47
After period.									
First subperiod:  • Total	59. 430 1. 080	6. 866 . 125	47. 115 . 857	53. 981 . 982	11.55	79.28	90. 83	5. 449 . 098	.0
Total	57.942 1.053	6. 234 . 113	46. 724 . 850	52, 958 . 963	10.76	80.64	91. 40	4. 984 . 091	.0
Entire after period: TotalAverage	117.372 1.067	13. 100 . 119	93. 839 . 853	106.939 .972	11.16	79 95	91.11	10. 433 . 095	.0

## FAT BALANCE.

#### INDIVIDUAL DATA.

No. 1.

In the case of No. 1 there is little effect produced upon the amount and percentage of fat which is digested and absorbed in the fore and preservative periods. There is an increase of 0.41 gram daily in the undigested fat in the feces in the after period. The decrease in the balance corresponds almost exactly to the decrease in the amount ingested, but the percentage of fat appearing in the feces indicate a slight increased excretion in the preservative and after periods, the daily averages being 2.21, 2.37, and 2.78, respectively. In this case

there seems to be a very slight tendency on the part of the benzoic acid to increase the percentage excretion of the fat, notwithstanding the decrease in the amount ingested.

#### No. 2.

In the case of No. 2 the influence manifested on the part of the preservative in inhibiting the digestion and absorption of the fat is much more marked, the quantity in the feces having increased 1.05 grams in the preservative period despite a decrease in amount ingested of 3.68 grams, and this increase does not entirely disappear in the after period, though the amount ingested again decreases 6.81 grams. Expressed as percentages of the fat ingested, the amounts found in the feces for the three periods are 4.39, 5.45, and 5.27, respectively. The decrease in the balance in the preservative period is about 1 gram greater than the decrease in amount ingested.

#### No. 3.

The data for No. 3 show an increase of fat in the feces during the preservative period and a very great decrease in the after period, while the amount ingested again decreases greatly (16.44 grams) but increases in the after period (7.89 grams). Expressed in percentages of the fat ingested, the quantities in the feces are 3.43, 4.18, and 2.41 per cent, respectively. The variations in the balance correspond to those in ingestion. In this case, there seems to be again a slight tendency on the part of the benzoic acid to inhibit the metabolism of fat.

#### No. 4.

The data for No. 4 show a decreased excretion of the fat in the preservative and after periods as compared with the fore period. The percentages of fat ingested appearing in the feces for the three periods are 3.73, 3.36, and 3.11, respectively. In this case the amounts of fat ingested are much smaller than in the preceding cases; they decrease somewhat throughout, and the absorption of the fat is more complete.

#### No. 5.

In the case of No. 5 there is an increase of the fat in the feces in the preservative period of 0.4 gram and also a slight increase in the after period as compared with the fore period. The percentages of fat ingested appearing in the feces are 3.73, 4.53, and 3.90, respectively. There is again a slight increase in excretion though the amounts ingested are very small, and remarkably constant, decreasing only 1 gram in the preservative period and being practically the same in the after period.

### No. 6.

In the case of No. 6 there is a very marked decrease in the quantity of fat appearing in the feces in the preservative period, and this decrease becomes greater in the after period. Expressed in percentages the amounts appearing in the feces are 5.98 per cent, 4.09 per cent, and 3.25 per cent, respectively. The decrease in the balance throughout is less than the decrease in ingestion. Here there seems to be a strong tendency on the part of the preservative to increase the metabolism of fat.

No. 7.

In the case of No. 7 there is a slight diminution in the quantity of fat appearing in the feces in the preservative period and an increase in the after period. Expressed in percentages of fat ingested there occur in the feces 3.32 per cent, 3.07 per cent, and 4.56 per cent for the three periods respectively. The decrease in the balance throughout again corresponds to the decrease in ingestion. In this instance there again appears to be a slight influence exerted on the part of the preservative to increase the metabolism of fat.

#### No. 8.

The data for No. 8 show a slight increase of fat in the feces in the preservative period and an equal increase occurs in the after period. Expressed as percentages of fat ingested there are found in the feces 2.87 per cent, 3.38 per cent, and 3.85 per cent, respectively, in the three periods. The amounts ingested decrease very slightly in this case, and there is an apparent tendency on the part of the preservative to decrease slightly the assimilation of fat.

#### No. 9.

In the case of No. 9 the quantity of fat in the feces is notably diminished in the preservative period, while in the after period it is increased to a larger quantity than in the fore period. Expressed as percentages of fat ingested there occur in the feces 2.72 per cent, 2.12 per cent, and 3.58 per cent for the three periods respectively. The balances and the amounts ingested decrease throughout. The effect in this case is not marked, but a slightly greater assimilation of the fat under the influence of the preservative is indicated.

## No. 10.

No. 10 shows a slight increase in the quantity of fat in the feces in the preservative period, and this increase is continued in the after period. Expressed as percentages of fat ingested there occur in the feces 3.23 per cent, 3.84 per cent, and 4.15 per cent in the three periods respectively. In this case a slight inhibition of the fat metabolism is indicated.

#### No. 11.

The data for No. 11 show a notable increase in the quantity of fat found in the feces in the preservative period, while in the after period the amount is not so great. Expressed as percentages of fat ingested there occur in the feces 2.04 per cent, 2.94 per cent, and 2.54 per cent for the three periods respectively. These data show a slight tendency on the part of the preservative to inhibit the digestion and absorption of the fat. The balance decreases in the preservative period and remains unchanged in the after period, which is also true of the amounts ingested.

### No. 12.

In the case of No. 12 less fat is found in the feces in the preservative period than in the fore period, while in the after period there is an increased quantity, but it is not so great as in the fore period. Expressed in percentages of fat ingested there occur in the feces 3.57 per cent, 3.09 per cent, and 3.68 per cent in the three periods respectively. These data show a tendency on the part of the benzoate of soda to increase the absorption of the fat during the preservative period. The balances and amounts ingested show the usual relative decrease throughout.

#### SUMMARIES.

The average action of the benzoic acid and the benzoate of soda are shown in the summary for Nos. 1, 2, 4, 5, and 6, and Nos. 7 to 12, inclusive, including all the observations except those for the fourth preservative period, for which the data are irregular owing to the illness of the subjects. The data for Nos. 1, 2, 4, 5, and 6 show a diminution of the actual quantity of fat in the feces during the preservative period and a still further decrease in the after period. The decrease in the balance is in almost exact proportion to the decrease in amounts ingested as is shown also by the percentage data, which show that 3.99 per cent, 3.90 per cent, and 3.68 per cent of the ingested fat occur in the three periods respectively. These data indicate that the benzoic acid tends to increase very slightly the absorption of fat, but the variation is so small and the variation in the individual data so wide that no positive conclusion can be drawn.

The summary for Nos. 7 to 12, inclusive, shows a slight diminution of the quantity of fat in the feces during the preservative period and a notable increase in the after period, while the amounts ingested decrease throughout, the decrease being greater in the after period. Expressed as percentages of fat ingested, it is seen that there occur in the feces 2.96 per cent, 2.83 per cent, and 3.66 per cent in the three periods respectively. These data again show a slight tendency on

the part of the preservative to increase the digestibility and absorption of fat during the preservative period, while in the after period a marked effect is produced of the opposite character, despite the decrease in ingested fat.

Regarding the data as a whole, including the eleven men, it is noticed that the quantity of fat in the feces falls from 3.48 grams daily in the fore period to 3.26 grams daily in the preservative period, and rises again to 3.46 grams daily in the after period. The amount of fat ingested decreases approximately 3 and 5 grams in the preservative and after periods, respectively. Expressed as percentages of fat ingested it is seen that 3.39 per cent is found in the feces in the fore period, 3.28 per cent in the preservative period, and 3.67 per cent in the after period.

These data show a very slight effect on the part of the benzoic acid and benzoates to increase the digestibility and absorption of the fat but that this effect is followed in the after period by an increase in the fat excreted, the percentage amount being slightly greater than in the fore period. The data, therefore, are not conclusive, and it appears that no notable effect is produced by benzoic acid and benzoate of soda upon the metabolism of fat.

Nos. 1 and 4, who completed the entire observation covering four subperiods, show a slight decrease in both quantity and percentage of fat excreted in the preservative period, with an increase in the after period, and the amounts ingested decreasing throughout. It will be seen that practically the same effect is shown in this case as in the larger summaries, strengthening the conclusion that the preservative produces no demonstrable effect upon the metabolism of fat.

## Table XV.—Fat balances for Series VIII.

## [Averages are per day.]

#### No. 1.

	1	2	3	4	5 Benzoic
Period.	In food.	In feces.	In feees (2÷1).	Balance (1-2).	acid admin- istered.
Fore period.					
First subperiod: Total	Grams. 587.39	Grams.	Per cent.	Grams. 577.54	Grams.
Average	117.48	1.97	1.00	115.51	.0
Second subperiod: Total	592.25	16.25	2.74	576.00	.0
Average	118.45	3.25		115.20	.0
Entire fore period: Total	1,179,64	26, 10	2.21	1, 153, 54	.0
Average	117.96	2.61	2.21	115.35	.0,
Preservative period.					
First subperiod:					
Total	542.86 108.57	15.20 3.04	2.80	527.66 105.53	5.00 1.00
Second subperiod: Total	540.64	10.08	1.86	530, 56	7, 50
Average	108.13	2.02	1.00	106.11	1.50
Third subperiod: Total	525.06	16.06	3.06	509.00	10.00
Average	105.01	3.21		101.80	2.00
Total. Average.	523.48 104.70	9.28 1.86	1.77	514.20 102.84	12.50 2.50
Entire preservative period:		1.00		102.01	2.00
Total	2, 132. 04	50.62	2.37	2,081.42	35.00
Average	106.60	2.53		104.07	1.75
After period.					
First subperiod: Total	521.61	14.85	2.85	506.76	.0
Average	104.32	2.97		101.35	.0
Total	536.97 107.39	14.57 2.91	2.71	522.40 104.48	.0
	107.09	2.31		101.40	.0
Entire after period: Total		29.42	2.78	1,029.16	.0
Average.	105.86	2.94		102.92	.0

23360--Bull. 84, pt 4--08----13

## [Averages are per day.]

No. 2.

	1	2	3	4	5
Period.	In food.	In feces.	In feces (2÷1).	Balance (1-2).	Benzoic acid admin- istered.
Fore period.					
First subperiod:	Grams.	Grams.	Per cent.	Grams.	Grams
Total	592.34	23.52	3.97	568.82	0.0
AverageSecond subperiod:	118.47	4.70		113.77	.0
Total	579, 69	27, 89	4.81	551.80	.0
Average.	115.94	5.58	1.01	110.36	.0
Entire fore period:	1 170 00	F1 41	4.00	1 100 60	
Total. Average.	1,172.03 117.20	51. 41 5. 14	4.39	1,120.62 112.06	.0
Average	117.20	3.14		112.00	.0
Preservative period.					-
First subperiod:					
Total	602.96	31.97	5,30	570,99	5.0
Average	120.59	6.39		114.20	1.0
Second subperiod:	****	0= 00		<b>200.0</b> 4	
Total	563.90 112.78	27.86 5.57	4.94	536.04 107.21	7. 5 1. 5
Average	112.70	9.97		107.21	1.0
Total.	571.59	30, 66	5,36	540.93	10.0
Average	114.32	6.13		108.19	2.0
Fourth subperiod:					
Total	531.89 106.38	33. 27	6. 26	498.62	2.5
Average	100. 38	6.65		99. 73	. 5
Entire preservative period:					
Total	2,270.34	123.76	5.45	2, 146. 58	25.0
Average	113.52	6.19		107.33	1.2
After period.					
First subperiod:					
Total	533.84	30.14	5.65	503.70	.0
Average	106. 77	6.03		100.74	.0
Second subperiod:	F00 00	26, 07	4.00	507.15	0
Total Average	533. 22 106. 64	26.07 5.21	4.89	507.15 101.43	.0
Average	100.04	0.21		101.45	.0
Entire after period:					
Total	1,067.06	56. 21	5.27	1,010.85	.0
Average	106.71	5.62		101.09	.0

## [Averages are per day.]

No. 3.

	1	2	3	4	5
Period.	In food.	In feces.	In feces (2÷1).	Balance (1-2).	Benzoie acid admin- istered.
Fore period.					
First subperiod: TotalAverage	Grams. 628.48 125.70	Grams. 20.90 4.18	Per cent. 3.33	Grams. $607.58$ $121.52$	Grams. 0.0 .0
Second subperiod: Total Average	593. 58 118. 72	20.96 4.19	3.53	572.62 114.53	.0
Entire fore period: Total	1, 222. 06 122. 21	41.86 4.19	3.43	1,180.20 118.02	.0
Preservative period.					
First subperiod: Total Average	618.56 123.71	23.39 4.68	3.78	595. 17 119. 03	5.00 1.00
Second subperiod: Total	584.00 116.80	25.95 5.19	4.44	558.05 111.61	7.50 1.50
Total Average Fourth subperiod:	371.83 74.37	10.06 2.01	2.71	361.77 72.36	1.00
Total	541.02 108.20	29.00 5.80	5.36	512. 02 102. 40	.0
Entire preservative period: Total Average	2, 115. 41 105. 77	88.40 4.42	4.18	2,027.01 101.35	13.50 .68
After period.					
First subperiod: Total Average Second subperiod:	573.85 114.77	16.55 3.31	2.88	557.30 111.46	.0
Total	562.70 112.54	10.84 2.17	1.93	551.86 110.37	.0
Entire after period: Total. Average	1,136.55 113.66	27.39 2.74	2.41	1,109.16 110.92	.0

## [Averages are per day.]

## No. 4.

	1	2	3	4	5
Period.	In food.	In feces.	In feces (2÷1).	Balance (1-2).	Benzoic acid admin- istered.
Fore period.					
First subperiod:	Grams. 462.56	Grams. 18.07	Per cent.	Grams. 444.49	Grams.
Average. Second subperiod:	92.51	3.61		88.90	.0
Second subperiod:	416, 08	14,72	3, 54	401.36	.0
Average	83. 22	2.94		80.28	.0
Entire fore period:					
Total	878.64 87.86	32.79 3.28	3.73	845.85 84.58	.0
		0.20	=====		
Preservative period.					
First subperiod:	425, 21	16,67	3,92	408, 54	5.00
Average	85.04	3.33	5.92	81.71	1.00
Second subperiod: Total	411.92	12,75	3,10	399, 17	7.50
Average		2.55		79.83	1.50
Third subperiod: Total	404.86	12.46	3.08	392.40	10.00
Average	80.97	2.49		78.48	2.00
Total	408.35	13.54	3.32	394.81	12.50
Average	81.67	2.71		78.96	2.50
Entire preservative period:	1,650,34	40	0.00	1 504 00	07.00
Total Average	82.52	55.42 2.77	3.36	1,594.92 79.75	35.00 1.78
After period.					
First subperiod:					
Total. Average	401.51 80.30	13.96 2.79	3.48	387.55 77.51	.0
Second subperiod: Total	400.72	11, 27	2, 75	398, 46	.0
Average	409.73 81.95	2.25	2. (3	598.46 79.70	0
Entire after period:					
Total	811.24	25.23	3.11	786.01	.0
Average	81.12	2.52	• • • • • • • • • • • • • • • • • • • •	78.60	.0

[Averages arc per day.]

No. 5.

	1	2	3	4	5
Period.	In food.	In feces.	In feces (2÷1).	Balance (1-2).	Benzoic acid admin- istered.
Fore period.					
First subperiod: Total	Grams. 273. 88 54. 78	Grams. 8. 33 1. 67	Per cent. 3. 04	Grams. 265. 55 53. 11	Grams. 0.0 .0
Second subperiod: Total	280. 51 56. 10	12. 34 2. 47	4. 40	268. 17 53. 63	.0
Entire fore period: TotalAverage	554. 39 55. 44	20. 67 2. 07	3.73	533. 72 53. 37	.0
$Preservative\ period.$					
First subperiod: Total	296. 92 59. 38	12. 14 2. 43	4. 09	284. 78 56. 95	5. 00 1. 00
Second subperiod: Total A verage. Third subperiod:	267. 21 53. 44	10. 73 2. 15	4. 02	256. 48 51. 29	7. 50 1. 50
Total	275. 24 55. 05	11. 70 2. 34	4. 25	263. 54 52. 71	8. 00 1. 60
Total. Average.	249. 29 49. 86	14. 76 2. 95	5. 92	234. 53 46. 91	3.00
Entire preservative period: Total. Average	1,088.66 54.43	49. 33 2. 47	4. 53	1, 039. 33 51. 96	23. 50 1. 18
After period.					
First subperiod: Total Average. Second subperiod:	282. 41 56. 48	12. 15 2. 43	4. 30	270. 26 54. 05	.0
Total Average		8. 99 1. 80	3. 46	251. 15 50. 23	.0
Entire after period: Total. A verage.		21. 14 2. 11	3. 90	521. 41 52. 15	.0

## [Averages are per day.]

## No. 6.

·	1	2	3	4	5
Period.	In food.	In feces.	In feces (2÷1).	Balance (1-2).	Benzoic acid admin- istered.
Fore period.					
First subperiod:	Grams.	Grams.	Per cent.	Grams.	Grams.
Total	515. 42	33.49	6.50	481.93	0.0
Average	103.08	6. 70		96.38	.0
Second subperiod: Total	490, 18	26, 64	5, 43	463, 54	.0
Average	98.04	5. 33		92.71	.0
Entire fore period:					
Total	1,005.60	60.13	5.98	945. 47	.0
Average	100.56	6.01		94.55	.0
Preservative period.					
First subperiod:					
Total	508.54	21. 43	4. 21	487.11	5.00
Average	101. 71	4. 29		97.42	1.00
- Total	473, 69	15.49	3, 27	458. 20	7.50
Average	94.74	3.10		91.64	1.50
Third subperiod: Total	454, 57	22, 69	4.99	431.88	10, 00
Average.	90.91	4.54		86. 37	2.00
Fourth subperiod:	443. 57	17, 31	3, 90	426, 26	.0
Total Average	88, 71	3.46	5. 90	85, 25	.0
0					
Entire preservative period: Total.	1,880.37	76.92	4, 09	1,803.45	22, 50
Average	94.02	3.85		90.17	1. 13
After period.					
First subperiod:					
Total	452.75	19.97	4. 41	432.78	.0
Average.	90.55	3.99		86. 56	.0
Second subperiod: Total.	a 467, 16	a 9.96	2. 13	457, 20	.0
Average	93. 43	1.99		91.44	.0
Entire after period:					
Total	919.91	29.93	3.25	889.98	.0
Average	91.99	2.99		89.00	.0

a Daily average added to complete record.

[Averages are per day.]

## No. 7.

	1	2	3	4	5
Period.	In food.	In feces.	In feces (2÷1).	Balance (1-2).	Sodium benzoate admin- istered (calcu- lated as benzoic acid).
Fore period.					
First subperiod: Total Average Second subperiod:	Grams. 553. 03 110. 61	Grams. 18. 57 3. 71	Per cent. 3.36	Grams. 534. 46 106. 90	Grams. 0.0 .0
Total	520. 46 104. 09	17. 09 3. 42	3.28	503. 37 100. 67	.0
Entire fore period: Total Average	1,073.49 107.35	35. 66 3. 57	3, 32	1,037.83 103.78	.0
Preservative period.					-
First subperiod: Total	536.21 107.24	14. 10 2. 82	2.63	522. 11 104. 42	4.90
Second subperiod: Total Average. Third subperiod:	516. 88 103. 38	21. 93 4. 39	4. 24	494. 95 98. 99	7. 50 1. 50
Total	533. 77 106. 75	14. 34 2. 87	2.69	519. 43 103. 88	10.00 2.00
Total	454. 94 90. 99	12.30 2.46	2.70	442. 64 88. 53	6. 50 1. 30
Entire preservative period: Total Average	2,041.80 102.09	62. 67 3. 14	3. 07	1,979.13 98.95	28. 90 1. 45
After period.					
First subperiod: Total Average	495. 51 99. 10	22. 05 4. 41	4. 45	473. 46 94. 69	.0
Second subperiod: Total Average	418. 22 83. 64	19.59 3.92	4. 68	498. 63 79. 72	.0
Entire after period: Total Average	913. 73 91. 37	41. 64 4. 16	4. 56	872.09 87.21	.0

[Averages are per day.]

No. 8.

	1	2	3	4	5
$\operatorname{Period}_{ullet}$	In food.	In feces.	In feces (2÷1).	Balance (1-2).	Sodium benzoate admin- istered (calcu- lated as benzoic acid).
Fore period.					
First subperiod: Total. Average.	Grams. 365. 95 73. 19	Grams. 15. 51 3. 10	Per cent. 4.24	Grams. 350. 44 70. 09	Grams. 0.0 .0
Second subperiod: Total	344. 16 68. 83	4. 88 . 98	1.42	339. 28 67. 85	.0
Entire fore period: Total	710. 11 71. 01	20. 39 2. 04	2. 87	689. 72 68. 97	.0
Preservative period.					
First subperiod: Total. Average	364. 21 72. 84	12. 57 2. 51	3. 45	351. 64 70. 33	4. 90 . 98
Second subperiod: Total. Average. Third subperiod:	344. 18 68. 84	10. 10 2. 02	2. 93	334. 08 66. 82	7. 50 1. 50
Total. Average Fourth subperiod:	352. 05 70. 41	10. 09 2. 02	2.87	341. 96 68. 39	10.00 2.00
Total. Average.	321. 03 64. 21	13. 95 2. 79	4. 35	307. 08 61. 42	12. 50 2. 50
Entire preservative period: Total. Average.	1,381.47 69.07	46. 71 2. 34	3. 38	1,334.76 66.73	34. 90 1. 75
After period.					
First subperiod: Total	346. 64 69. 33	13. 21 2. 64	3. 81	333. 43 66. 69	.0
Second subperiod: Total	340. 21 68. 04	13. 22 2. 64	3. 89	326. 99 65. 40	.0
Entire after period: Total Average	686. 85 68. 68	26. 43 2. 64	3. 85	660. 42 66. 04	.0

[Averages are per day.]

No. 9.

	1	2	3	4	5
Period.	In food.	In feces.	In feces (2÷1).	Balance (1-2).	Sodium benzoate admin- istered (calcu- lated as benzoic acid).
Fore period.					
First subperiod:	Grams. 653,67	Grams. 19.38	Per cent. 2.96	Grams. 634.29	Grams.
Average	130.73	3.88		126.85	.0
Second subperiod: Total.	627.40	15.51	2.47	611.89	.0
Average	125.48	3.10		122.38	.0
Entire fore period:					
Total. Average.	1,281.07 128.11	34.89	2.72	1,246.18 124.62	0.0
ŭ					
Preservative period.					
First subperiod:	400.07	0.00	1 00	200.25	4.00
Total. Average.	638.87 127.77	8.22 1.64	1.29	630.65 126.13	4.90
Second subperiod: Total	614.49	22.25	3.62	592.24	7.50
Average		4.45	3,02	118.45	1.50
Third subperiod:	595.61	8.76	1.47	586.85	10.00
Average	119.12	1.75		117.37	2.00
First, second, and third subperiods:					<u></u>
Total	1,848.97	39.23	2.12	1,809.74	22.40
Average	123.26	2.62		120.64	a 1.12
After period.					
First subperiod:		17.62	3.00	569.04	.0
Average		3.52		113.81	.0
Total		24.87	4.13	576.68	.0
Average	120.31	4.97		115.34	.0
Entire after period:					
Total	1,188.21 118.82	42.49	3.58	1,145.72 114.57	.0-
	120,02	1			

a Average for 20 days.

## [Averages are per day.]

## No.10.

	1	2	3	4	5			
Period.	In food.	In feces.	In feces (2÷1).	Balance (1-2).	Sodium benzoate admin- istered (calcu- lated as benzoic acid).			
Fore period.								
First subperiod: Total. Average.	Grams. 464. 52 92. 90	Grams. 19. 80 3. 96	Per cent. 4.28	Grams. 444.72 88.94	Grams. 0.0 .0			
Second subperiod: Total Average.	455. 21 91. 04	9. 88 1. 98	2. 17	445. 33 89. 06	.0			
Entire fore period: Total	919. 73 91. 97	29. 68 2. 97	3. 23	890. 05 89. 00	.0			
Preservative period.								
First subperiod: TotalAverage	474. 47 94. 89	9. 06 1. 81	1.91	465. 41 93. 08	4.90			
Second subperiod: Total Average Third subperiod:	447. 52 89. 50	23.71 4.74	5. 30	423. 81 84. 76	7.50 1.50			
Total	428. 41 85. 68	16. 52 3. 30	3. 86	411. 89 82. 39	8. 00 1. 60			
Total Average	357. 12 71. 42	16. 38 3. 28	4. 59	340.74 68.14	.0			
Entire preservative period: Total Average	1,707.52 85.38	65. 67 3. 28	3.84	1,641.85 82.10	20. 40 1. 02			
After period.								
First subperiod: Total. Average. Second subperiod:	450. 41 90. 08	18. 93 3. 79	4. 20	431. 48 86. 29	.0			
Total	409. 46 81. 89	16. 77 3. 35	4. 10	392, 69 78, 54	.0			
Entire after period: Total Average	859. 87 85. 99	35. 70 3. 57	4. 15	824. 17 82. 42	.0			

[Averages are per day.]

## No. 11.

	1	2	3	4	5			
Period.	In food.	In feces.	In feees (2÷1).	Balance (1-2).	Sodium benzoate admin- istered (ealcu- lated as benzoic aeid).			
Fore period.								
First subperiod: Total. Average. Second subperiod:	Grams. 588. 00 117. 60	Grams. 11. 52 2. 30	Per cent. 1.96	Grams. 576. 48 115. 30	Grams. 0.0			
Total. Average.	593. 49 118. 70	12. 55 2. 51	2.11	580. 94 116. 19	.0			
Entire fore period: Total Average	1, 181. 49 118. 15	24. 07 2. 41	2.04	1, 157. 42 115. 74	.0			
Preservative period.								
First subperiod: Total	625. 32 125. 06	19. 20 3. 84	3.07	606. 12 121. 22	4. 90 . 98			
Total	563, 09 112, 62	17. 78 3. 56	3.16	545.31 109.06	7. 50 1. 50			
Total	589. 32 117. 86	12. 85 2. 57	2.18	576. 47 115. 29	10.00 2.00			
Total	518. 88 103. 78	17. 72 3. 54	3. 42	501. 16 100. 23	2.50 .50			
Entire preservative period: Total. Average.	2,296.61 114.83	67. 55 3. 38	2.94	2, 229. 06 111. 45	24. 90 1. 25			
After period.								
First subperiod: Total	581. 53 116. 31	14. 55 2. 91	2.50	566, 98 113, 40	.0			
Total	561. 61 112. 32	14. 45 2. 89	2.57	547. 16 109. 43	.0			
Entire after period: Total. Average.	1, 143. 14 114. 31	29. 00 2. 90	2. 54	1, 114. 14 111. 41	.0			

[Averages are per day.]

## No. 12.

	1	2	3	4	5
Period.	In food.	In feces.	In feces (2÷1).	Balance (1-2).	Sodium benzoate admin- istered (calcu- lated as benzoic acid).
Fore period.					
First subperiod: Total	Grams. 663.70 132.74	Grams. 25. 38 5. 08	Per cent. 3.82	Grams. 638. 32 127. 66	Grams. 0.0
Second subperiod: Total Average	660. 01 132. 00	21. 86 4. 37	3. 31	638. 15 127. 63	.0
Entire fore period: Total Average	1,323.71 132.37	47. 24 4. 72	3. 57	1,276.47 127.65	.0
Preservative period.					
First subperiod:					
Total	681. 87 136. 37	19.06 3.81	2.80	662. 81 132. 56	4.90
Total Average	645. 99 129. 20	16. 25 3. 25	2.52	629.74 125.95	7. 50 1. 50
Third subperiod: Total Average	611. 74 122. 35	13. 67 2. 73	2.23	598. 07 119. 67	10.00 2.00
Fourth subperiod: Total Average	557.39 111.48	28. 20 5. 64	5.06	529. 19 105. 84	.0
· ·	111.40	3.04		105. 64	
Entire preservative period: Total Average	2, 496. 99 124. 85	77. 18 3. 86	3.09	2, 419. 81 120. 99	22. 40 1. 12
After period.					
First subperiod: Total Average	594. 95 118. 99	21. 99 4. 40	3. 70	572.96 114.59	.0
Second subperiod: Total Average	570. 93 114. 19	20. 98 4. 20	3. 67	549. 95 109. 99	.0
Entire after period:					
TotalAverage	1,165.88 116.59	42. 97 4. 30	3. 68	1, 122. 91 112. 29	.0

#### SUMMARIES.

[Averages are per man per day.]

## Nos. 1 to 6, inclusive, omitting No. 3.

	1	2	3	4	5
Period.	In food.	In feces.	In feces (2÷1).	Balance (1-2).	Benzoic acid admin- istered.
Fore period.					
First subperiod: TotalAverage	Grams. 2, 431. 59 97. 26	Grams. 93. 26 3. 73	Per cent. 3.83	Grams. 2, 338. 33 93. 53	Grams. 0.0 .0
Second subperiod: Total Average.	2, 358. 71 94. 35	97. 84 3. 91	4. 15	2, 260. 87 90. 43	.0
Entire fore period: TotalAverage	4, 790. 30 95. 80	191. 10 3. 82	3. 99	4. 599. 20 91. 98	.0
Preservative period.					
First subperiod: Total. Average. Second subperiod:	2, 376. 49 95. 06	97. 41 3. 90	4. 10	2, 279. 08 91. 16	25. 00 1. 00
Total	2, 257. 36 90. 29	76. 91 3. 08	3. 41	2, 180. 45 87. 21	37. 50 1. 50
Total	2, 231. 32 89. 25	93. 57 3. 74	4. 20	2, 137. 75 85. 51	48. 00 1. 92
First, second, and third subperiods: Total. Average.	6, 865. 17 91. 54	267. 89 3. 57	3.90	6, 597. 28 87. 97	110. 50 1. 47
After period.					
First subperiod: Total. A verage. Second subperiod:	2, 192. 12 87. 68	91. 07 3. 64	4. 15	2, 101. 05 84. 04	.0
Total. Average.	2, 207. 22 88. 29	70. 86 2. 83	3. 21	2, 136. 36 85. 46	.0
Entire after period: Total. Average.	4, 399. 34 87. 99	161. 93 3. 24	3. 68	4, 237. 41 84. 75	.0
Average  Entire after period: Total	4, 399. 34	2. 83		85. 46 4, 237. 41	.0

## Table XV.—Fat balances for Series VIII.

## SUMMARIES-Continued.

[Averages are per man per day.]

## Nos. 7 to 12, inclusive.

	1	2	3	4	5
Period.	In food.	In feces.	In feces (2÷1).	Balance (1-2).	Sodium benzoate admin- istered (calcu- lated as benzoic acid.
Fore period.					
First subperiod: Total Average Second subperiod:	Grams. 3,288.87 109.62	Grams. 110.16 3.67	Per cent. 3. 35	Grams. 3,178.71 105.95	Grams. 0. û . 0
Total	3,200.73 106.69	81. 77 2. 73	2. 55	3,118.96 103.96	.0
Entire fore period: Total. Average	6, 489. 60 108. 16	191. 93 3. 20	2.96	6,297.67 104.96	.0
$Preservative \ period.$					
First subperiod: Total. Average Second subperiod:	3,320.95 110.70	82.21 2.74	2. 48	3,238.74 107.96	29. 40 . 98
Total. Average Third subperiod:	3,132.15 104.41	112.02 3.73	3. 58	3,020.13 100.68	45. 00 1. 50
Total Average	3,110.90 103.70	76. 23 2. 54	2. 45	3,034.67 101.16	58.00 1.93
First, second, and third subperiods: Total. Average.	9,564 00 106.27	270. 46 3. 01	2.83	9,293 54 103.26	132. 40 1. 47
After period.					
First subperiod: Total. Average.	3,055.70 101.86	108.35 3.61	3. 55	2,947.35 98.25	.0
Second subperiod: TotalAverage	2,901.98 96.73	109. 88 3. 66	3.79	2,792.10 93.07	.0
Entire after period: Total. Average	5,957.68 99.29	218. 23 3. 64	3.66	5,739.45 95.65	.0

## SUMMARIES—Continued.

[Averages are per man per day.]

Nos. 1 to 12, inclusive, omitting No. 3.

	1 2		3	4	5	
Period.	In food.	In feces.	In feces (2÷1).	Balance (1-2).	Preserv- ative ealeu- lated as benzoic aeid.	
Fore period.				,		
First subperiod: Total	Grams. 5,720.46 104.01	Grams. 203.42 3.70	Per cent. 3.56	Grams. 5,517.04 100.31	Grams. 0.0 .0	
Second subperiod: Total Average	5,559.44 101.08	179.61 3.27	3.23	5,379.83 97.81	.0	
Entire fore period: Total Average	11,279.90 102.54	383.03 3.48	3.39	10,896.87 99.06	.0	
Preservative period.						
First subperiod: Total Average	5,697.44 103.59	179.62 3.27	3.15	5, 517.82 100.32	54.40 .99	
Second subperiod: Total Average Third subperiod:	5,389.51 97.99	188.93 3.44	3.51	5,200.58 94.55	82.50 1.50	
TotalAverage	5,342.22 97.13	169.80 3.07	3.18	5,172.42 94.06	106.00 1.93	
First, second, and third subperiods: Total Average	16, 429.17 99.57	538.35 3.26	3.28	15,890.82 99.57	242.90 1.47	
After period.						
First subperiod: Total	5,247.82 95.41	199.42 3.63	3.80	5,048.40 01.78	.0	
Total	5, 109.20 92.90	180.74 3.29	3.54	4, 928. 46 89. 61	.0	
Entire after period: Total Average	10, 357.02 94.16	380.16 3.46	3.67	9, 976.86 90.70	.0	

#### SUMMARIES-Continued.

[Averages are per man per day.]

### Nos. 1 and 4.

	1	2	3	4	5					
Period.	In food.	In feces.	In feces (2÷1).	Balance (1-2).	Benzoic acid adminis- tered.					
Fore period.										
First subperiod:	Grams.	Grams.	Per cent.	Grams.	Grams.					
Total	1,049.95	27. 92	2.66	1,022.03	0.0					
Average	104. 99	2, 79		102. 20	. 0					
Total	1,008.33	30. 97	3. 07	977. 36	.0					
Average	100. 83	3. 10		97. 73	.0					
Entire fore period:										
Total	2, 058. 28	58. 89	2.86	1,999.39	.0					
Average	102. 91	2. 94		99. 97	.0					
Preservative period.										
First subperiod:										
Total Average	968. 07 96. 81	31. 87 3. 19	3. 29	936. 20 93. 62	10.00					
Second subperiod:	50. 61	5. 10		90.02	1.00					
Total	952. 56	22. 83	2. 40	929. 73	15.00					
AverageThird subperiod:	95.26	2. 28		92. 98	1.50					
Total	929. 92	28. 52	3.07	901. 40	20.00					
Average. Fourth subperiod:	92.99	2.85		90.14	2, 00					
Total	931. 83	22. 82	2, 45	909. 01	25.00					
Average	93. 18	2. 28		90. 90	2.50					
Entire preservative period:										
Total	3, 782. 38	106. 04	2.80	3, 676, 34	70.00					
Average	94. 56	2.65		91. 91	1, 75					
After period.										
First subperiod:										
Total	923. 12	28. 81 2. 88	3. 12	894. 31 89. 43	.0					
Average	92. 31	2.88		09. 43	.0					
Total	946. 70	25. 84	2.73	920. 86	.0					
Average	94. 67	2. 58		92. 09	.0					
Entire after period:										
Total	1,869.82 93.49	54. 65 2. 73	2, 92	1, 815. 17 90, 76	.0					
Average	93. 49	2.13		50.70	.0					

#### CALORIES BALANCE.

This study is of interest, as an increase of calories in the feces would show a disposition on the part of the preservative to retard the digestive processes, whereas an increase of calories in the urine would indicate a tendency to increase the katabolic activities.

#### INDIVIDUAL DATA.

#### No. 1.

In the case of No. 1 it is noticed that there is no change in the calories in the feces in the fore and preservative periods, but they are materially increased in the after period, and there is a slight decrease in the numbers ingested. There is a very slight increase in the calories in the urine in the preservative period and they are

diminished notably in the after period. The total elimination is increased throughout, both in actual amount and in percentage, due chiefly in the preservative period to the increase in the urine. The variations in the after period in this case are of equal interest, as there was a marked tendency to increase the calories of the feces and decrease the calories of the urine.

No. 2.

In the case of No. 2 there is a notable increase in the calories of the feces in the preservative period (34 calories daily, or 1.06 per cent), and this increase is continued, though not to the same degree, in the after period, as compared with the fore period. There is also a very slight increase in the calories of the urine in the preservative period (6 calories, or 0.2 per cent), but there is a tendency to return to the conditions of the fore period in the after period. The increase in total elimination of calories is 1.27 per cent in the preservative period, and this increase is practically maintained in the after period. In this instance the benzoic acid appears to have decreased to a slight extent the absorption of the calories in the intestinal canal.

No. 3.

The data for No. 3 show a very slight increase in the calories in the feces in the preservative period (8 calories) and a notable decrease in the after period (31 calories) as compared with the preservative period, accompanied by a marked decrease in the number ingested of 232 calories daily. There is a progressive, though slight, decrease in the calories in the urine from the beginning to the end of the observation. The percentage data show an increase of 0.61 per cent in total elimination, and a marked decrease, 1.46 per cent, in the after period, the changes being due to the increase in calories in the feces in the preservative period and the decrease in the after period indicating a very slight inhibition of the absorption of the heat elements under the influence of the preservative.

No. 4.

The data for No. 4 show a slight decrease in the calories in the feces both in the preservative and after periods. There is a very slight decrease in the calories in the urine in the preservative period. The percentage data show this total increase to amount to only 0.17 per cent, with virtually no change in the after period. These figures are not of sufficient magnitude to warrant any conclusion, but the tendency shown is toward an increased assimilation.

No. 5.

In the case of No. 5 there is a notable increase in the calories in the feces in the preservative period (19 calories daily), and this increase is continued, though not to the same extent, in the after period. The calories in the urine also increased by 6 in the preservative period and decreased by 5 in the after period. The percentage figures show an increase in total elimination of 1.07 per cent and a slight decrease in the after period. The preservative appears again to have decreased slightly the absorption of the calories in the alimentary canal.

#### No. 6.

The data for No. 6 show a marked decrease in the calories in the feces during the preservative period, and this decrease is continued in the after period. There is a slight decrease in the calories in the urine throughout. The decrease is principally in the feces, as is shown by the percentage data, the total decrease in elimination amounting to about 1 per cent, with an almost equal decrease in the after period. In this case the preservative seems to have increased the absorption of the calories in the alimentary canal.

#### No. 7.

In the case of No. 7 there is again a decrease in the calories in the feces in the preservative period and a notable increase in the after period. The calories in the urine decrease throughout the observation. The percentage data show a slight decrease, both in the feces and urine, in the preservative period, the decrease in the amount ingested modifying the percentage results, and an increase in the after period. Here there is apparently a stimulation of the absorption of the calories in the intestinal canal and at the same time an inhibition of the katabolic processes to which the solids in the urine are due.

#### No. 8.

In the case of No. 8 there is a notable increase in the calories in the feces in the preservative period, and this increase is augmented in the after period. There is also a slight increase in the calories in the urine both in the preservative and after periods. The percentage data show a total increase of 0.82 per cent, which is slightly increased in the after period, the increase in the feces being relatively greater than that in the urine. In this instance the benzoic acid appears to have decreased the absorption of the calories in the intestinal canal and to have stimulated to a slight degree the katabolic activities which produce solids in the urine.

## No. 9.

The data for No. 9 show a decrease of 27 calories in the feces during the preservative period, which, however, amounts to only 0.87 per cent, and an increase in the after period over the fore period of 16 calories, or 0.68 per cent. The calories in the urine increase very

slightly throughout, and the percentage data for total elimination show a slight decrease in the preservative period and an increase in the after period to a figure exceeding that of the fore period. There is again shown a tendency to increase assimilation in the preservative period, while the katabolic activities, evidenced by the excretion of solids in the urine, are practically unaffected, a negligible increase being recorded.

## No. 10.

The data for No. 10 show an increase of 10 calories daily in the feces during the preservative period and a further increase of 12 calories in the after period. The percentage figures also increase throughout. There is also a slight increase in the calories in the urine in the preservative period, while during the after period they are practically the same as in the fore period. There is a marked decrease in ingestion in the preservative period, and the percentage figures for total elimination increase very slightly throughout. There is a slight influence exerted by the benzoate of soda apparently to increase the excretion of calories, both in the feces and the urine.

#### No. 11.

No. 11 shows a notable increase in the calories in the feces in the preservative period, and this increase is practically maintained in the after period. There is also an increase of the solids of the urine in the preservative period, but this increase is lost during the after period, in which the number falls below that of the fore period. The percentage data show an increase in total excretion of 1.04 per cent, with a tendency to return to the conditions of the fore period during the after period. The greater increase is in the feces, indicating a tendency to decrease assimilation, and to a less degree the katabolic activities are increased.

#### No. 12.

In the case of No. 12, there is a slight loss of calories in the feces during the preservative period, and this figure is maintained during the after period. In the urine there is a slight increase during the preservative period and a slight loss during the after period. The percentage data show the same relative changes as do the actual amounts, but the percentage of total elimination remains practically unchanged in the preservative period. These data show a very slight tendency to increase assimilation, but also increase the katabolic activities, as is evidenced by the increase of calories in the urine.

#### SUMMARIES.

In the case of Nos. 1 and 4, there is practically no effect upon the calorization of the heat-forming elements of the food as indicated by the calories balance, the figures being remarkably constant throughout.

The mass action of the benzoic acid and the benzoate of soda as affecting the calories in the excretion may be compared in the summaries for Nos. 1, 2, 4, 5, and 6, and for Nos. 7 to 12, inclusive, omitting the fourth preservative subperiod, while the summary for the eleven men, omitting No. 3 and the fourth preservative period, shows the average result for the whole observation.

In the summary for Nos. 1, 2, 4, 5, and 6, there is seen to be a slight increase in the calories in the feces during the preservative period and a decrease in the after period. In the urine there is also a slight increase in the preservative period, while in the after period the number falls below that of the fore period. Expressed as percentages of the calories ingested it is seen that 3.21 per cent is found in the feces in the fore period, 3.40 per cent in the preservative period, and 3.24 per cent in the after period. These data show a slight retarding influence upon the metabolic activities in so far as the utilization of the calories is concerned. The percentage of calories in the food excreted in the urine in the fore period is 2.49, in the preservative period 2.62, and in the after period 2.52. These data also show a slight influence on the part of the preservative to increase the percentage of metabolized solids excreted. The percentage of total elimination, however, is increased very slightly in the preservative period and decreases again in the after period.

In the summary for Nos. 7 to 12, inclusive, it is seen that there is no change in the quantity of calories in the feces in the fore and preservative periods, but a notable increase in the after period. In the case of the urine, there is a slight increase in the calories during the preservative period, but in the after period the figure falls below that of the fore period. Expressed in percentages of the calories ingested it is seen that 2.92 per cent is excreted in the feces in the fore period, 2.96 per cent in the preservative period, and 3.60 per cent in the after period; and in the urine 2.35 per cent in the fore period, 2.51 per cent in the preservative period, and 2.37 per cent in the after period. The general effect is not very marked, but tends toward restricting slightly the absorption of the calories and at the same time increasing slightly the excretion of solids in the urine.

The average data for the eleven men show a slight increase in the calories in the feces in the preservative period, and this is accentuated in the after period. There is also a slight increase in the calories of the urine in the preservative period, but this is lost in the after

period. Expressed as percentages of the total calories ingested, 3.05 per cent appears in the feces in the fore period, 3.15 per cent in the preservative period, and 3.44 per cent in the after period, and in the urine 2.41 per cent appears in the fore period, 2.56 per cent in the preservative period, and 2.44 per cent in the after period. There is, therefore, manifested a uniform but very slight inclination on the part of the preservatives, benzoic acid and benzoate of soda, to disturb the metabolic processes, with a tendency toward decreased assimilation and increased katabolic activity.

Table XVI.—Calories balances for Series VIII.

[Averages are per day.]

No. 1.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine	In feces and urine (4÷1).	Balance (1-4).	Ben- zoic acid admin- istered.
Fore period.									
First subperiod: TotalAverage	Calo- ries. 15,510 3,102	Calo- ries. 225 45	Calo- ries. 329 66	Calo- ries. 554 111	Per ct. 1. 45	Per ct. 2.12	Per ct. 3.57	Calories. 14, 956 2, 991	Grams. 0.0
Second subperiod: Total Average	15,999 3,200	355 71	372 74	727 145	2. 22	2.33	4, 54	15,272 3,055	.0
Entire fore period: Total Average	31,509 3,151	580 58	701 70	1,281 128	1.84	2. 22	4. 07	30, 228 3, 023	.0
Preservative period.									
First subperiod: Total	15,244 3,049	340 68	375 75	715 143	2. 23	2. 46	4.70	14,529 2,906	5. 00 1. 00
Second subperiod: Total	15,179 3,036	232 46	345 69	577 115	1.53	2.27	3. 80	14,602 2,921	7, 50 1, 50
Total	14,952 2,990	360 72	372 74	732 146	2. 41	2.49	4. 90	14,220 2,844	10.00 2.00
Total. Average.	15, 202 3, 040	218 44	363 73	581 116	1. 43	2.39	3.82	14,621 2,924	12.50 2.50
Entire preservative period: Total. Average.	60, 577 3, 029	1,150 58	1, 455 73	2,605 130	1.90	2. 40	4.30	57, 972 2, 899	35.00 1.75
After period.									
First subperiod: Total	14,736 2,947	348 70	329 66	677 135	2.36	2.23	4.59	14,059 2,812	.0
Total	$14,582 \\ 2,916$	340 68	314 63	654 131	2.33	2, 15	4.48	13,928 2,785	.0
Entire after period: Total	29, 318 2, 932	688 69	643 64	1,331 133	2. 35	2. 19	4. 54	27, 987 2, 799	.0

[Averages are per day.]

No. 2.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Balance (14).	Ben- zoic acid admin- istered.
Fore period.									
First subperiod: Total. Average. Second subperiod:	Calo- ries. 16,809 3,362	Calo- ries. 472 94	Calo- ries. 412 82	Calo- ries. 884 177	Per ct. 2.81	Per ct. 2. 45	Per ct. 5. 25	Calories. 15,925 3,185	Grams. 0.0
Total	$17,143 \\ 3,429$	661 132	510 102	1,171 234	3.86	2.97	6.83	15,972 3,195	.0
Entire fore period: Total	33,952 3,395	1,133 113	922 92	2,055 206	3.34	2.72	6. 05	31,897 3,190	.0
Preservative period.									
First subperiod: Total	17,081 3,416	721 144	498 100	1,219 244	4. 22	2.92	7.14	15,862 3,172	5. 00 1. 00
TotalAverageThird subperiod:	16,666 3,333	727 145	486 97	1,213 243	4.36	2.92	7. 28	15,453 3,090	7.50 1.50
Total	16,981 3,396	770 154	499 100	1,269 254	4. 53	2.94	7. 47	15,712 3,142	10.00 2.00
Total	$16,108 \\ 3,222$	724 145	469 94	1,193 239	4. 49	2.91	7. 41	14,915 2,983	2.50 .50
Entire preservative period: TotalAverage	66,836 3,342	2,942 147	1,952 98	4,894 245	4. 40	2.92	7.32	61,942 3,097	25, 00 1, 25
After period.									
First subperiod: Total	16,148 3,230	714 143	464 93	1,178 236	4. 42	2.87	7.30	14,970 2,994	.0
Second subperiod: Total. Average	$16,123 \\ 3,225$	625 125	465 93	1,090 218	3.88	2.88	6. 76	15,033 3,007	.0
Entire after period: Total. Average.	32,271 3,227	1,339 134	929 93	2,268 227	4. 15	2.88	7. 03	30,003 3,000	.0

[Averages are per day.]

No. 3.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine	In feces and urine (4÷1).	Balance (1-4).	Ben- zoic acid admin- istered.
Fore period.									
First subperiod: Total Average	Calo- ries. 16,790 3,358	Calo- $ries.$ $453$ $91$	Calo- ries. 400 80	Calo- ries. 853 171	Per ct. 2.70	Per ct. 2.38	Per ct. 5. 08	Calories. 15,937 3,187	Grams. 0.0 .0
Second subperiod: Total Average	16,762 3,352	449 90	408 82	857 171	2. 68	2. 43	5. 11	15,905 3,181	.0
Entire fore period: Total	33,552 3,355	902 90	808 81	1,710 171	2. 69	2. 41	5. 10	31,842 3,184	.0
Preservative period.		8							
First subperiod: Total Average Second subperiod:	17,061 3,412	536 107	415 83	951 190	3. 14	2. 43	5. 57	16,110 3,222	5. 00 1. 00
TotalAverageThird subperiod:	16,897 3,379	591 118	420 84	$1,011 \\ 202$	3. 50	2. 49	5. 98	15,886 3,177	7. 50 1. 50
Total	12,320 2,464	239 48	402 80	641 128	1.94	3. 26	5. 20	11,679 2,336	1. 00 • 20
TotalAverage	16,180 3,236	595 119	369 74	964 193	3. 68	2.28	5. 96	15,216 3,043	.0
Entire preservative period: Total. Average.	62,458 3,123	1,961 98	1,606 80	3,567 178	3. 14	2. 57	5. 71	58,891 2,945	13. 50 . 68
After period.									
First subperiod: TotalAverageSecond subperiod:	17,097 3,419	351 70	398 80	749 150	2.05	2. 33	4. 38	16,348 3,269	.0
TotalAverage	16,737 3,347	317 63	371 74	688 138	1.89	2. 22	4. 11	16,049 3,209	.0
Entire after period: Total Average	33,834 3,383	668 67	769 77	1,437 144	1. 97	2. 27	4. 25	32,397 3,240	.0

[Averages are per day.]

### No. 4.

				1	1			r.	
	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Balance (1-4).	Ben- zoic acid admin- istered.
Fore period.									
First subperiod: Total Average Second subperiod:	Calo- ries. 13,587 2,717	Calo- ries. 425 85	Calo- ries. 342 68	Calo- ries. 767 153	Per ct. 3.13	Per ct. 2.52	Per ct. 5.65	Calories. 12,820 2,564	Grams
Total. Average	13,072 2,614	344 69	398 80	742 148	2.63	3.04	5.68	12,330 2,466	.0
Entire fore period: Total Average	26, 659 2, 666	769 77	740 74	1,509 151	2.88	2.78	5.66	$\begin{array}{c} 25,150 \\ 2,515 \end{array}$	.0
Preservative period.									
First subperiod. Total	13, 238 2, 648	388 78	383 77	771 154	2.93	2.89	5.82	12, 467 2, 494	5.00 1.00
Total. Average. Third subperiod:	$12,981 \\ 2,596$	333 67	356 71	689 138	2.57	2.74	5.31	$12,292 \\ 2,458$	7.50 1.50
Total. Average.	$13,087 \\ 2,617$	333 67	348 70	681 136	2.54	2.66	5. 20	$12,406 \\ 2,481$	10.00 2.00
Fourth subperiod: Total	$12,746 \\ 2,549$	366 73	349 70	715 143	2.87	2.74	5.61	12.031 2.406	12.50 2.50
Entire preservative period: Total		1,420 71	1, 436 72	2,856 143	2.73	2.76	5.49	49, 196 2, 460	35. 00 1. 75
After period.									
First subperiod: Total		383 77	397 79	780 156	2.96	3.07	6.04	12,140 2,428	.0
TotalAverage		306 61	337 67	643 129	2.33	2.57	4.89	12,494 2,498	.0
Entire after period: Total Average		689 69	734 73	1, 423 142	2.64	2.82	5.46	24, 634 2, 463	.0

[Averages are per day.]

No. 5.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Balance (1-4).	Ben- zoic acid admin- istered.
Fore period.									
First subperiod: TotalAverage	Calo- ries. 11,279 2,256	Calo- ries. 236 47	Calo- ries. a 236 47	Calo- ries. 472 94	Per ct. 2.09	Per ct. 2.09	Per ct. 4.18	Calories. 10,807 2,161	Grams. 0.0 .0
Second subperiod: Total Average	11,829 2,366	391 78	239 48	630 126	3.31	2.02	5. 33	11,199 2,240	.0
Entire fore period: TotalAverage	23, 108 2, 311	627 63	475 48	1, 102 110	2.71	2,06	4.77	22,006 2,201	.0
Preservative period.									
First subperiod: TotalAverageSecond subperiod:	11, 767 2, 353	428 86	251 50	679 136	3.64	2.13	5.77	11,088 2,218	5. 00 1. 00
Total	11,827 2,365	354 71	a 280 56	634 127	2.99	2.37	5.36	11, 193 2, 238	7. 50 1. 50
Third subperiod: Total Average	11,610 2,322	375 75	302 60	677 135	3. 23	2.60	5.83	10, 933 2, 187	8. 00 1. 60
Fourth subperiod: TotalAverage	11, 298 2, 260	476 95	a 249 50	725 145	4.21	2.20	6, 42	10,573 2,115	3.00
Entire preservative period: TotalAverage	46, 502 2, 325	1,633 82	1,082 54	2,715 136	3. 51	2. 33	5.84	43, 787 2, 189	23.50 1.18
After period.									
First subperiod: Total. Average.	11,751 2,350	464 93	a 256 51	720 144	3.95	2. 18	6.13	11,031 2,206	.0
Second subperiod: Total Average	11,748 2,350	306 61	236 47	542 108	2,60	2.00	4. 61	11,206 2,242	.0
Entire after period: Total	23, 499 2, 350	770 77	492 49	1,262 126	3. 28	2.09	5.37	22, 237 2, 224	.0

a Daily average added to complete record.

### [Averages are per day.]

No. 6.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1.	In urine (3÷1).	In feces and urine (4÷1).	Balance (1-4).	Ben- zoic acid admin- istered.
Fore period.									
First subperiod: TotalAverage	Calo- ries. 14,786 2,957	Calo- ries. 850 170	Calo- ries. 375 75	Calo- ries. 1,225 245	Per ct. 5.75	Per ct. 2. 54	Per ct. 8. 28	Calories. 13, 561 2, 712	Grams. 0.0 .0
Second subperiod: Total	$14,755 \\ 2,951$	693 139	390 78	1,083 217	4. 70	2.64	7.34	13,672 2,734	.0
Entire fore period: Total	29, 541 2, 954	1,543 154	765 77	2,308 231	5. 22	2. 59	7. 81	27, 233 2, 723	.0
Preservative period.									
First subperiod: Total	15,042 3,008	706 141	362 72	1,068 214	4. 69	2. 41	7. 10	13, 974 2, 794	5. 00 1. 00
TotalAverageThird subperiod:	14, 139 2, 828	529 106	373 75	902 180	3.74	2.64	6.38	13,237 2,648	7. 50 1. 50
Total	13,936 2,787	663 133	367 73	1,030 206	4.76	2.63	7.39	12,906 2,581	10. 00 2. 00
TotalAverage	$13,631 \\ 2,726$	549 110	358 72	907 181	4. 03	2.63	6, 65	$12,724 \\ 2,545$	.0
Entire preservative period: Total	56,748 2,837	2, 447 122	1,460 73	3,907 195	4. 31	2.57	6.88	52,841 2,642	22. 50 1. 13
After period.									
First subperiod: Total	13, 971 2, 794	655 131	366 73	1,021 204	4. 69	2.62	7.31	12,950 2,590	.0
Total	$a14,275 \\ 2,855$	a 319 64	a 341 68	660 132	2.23	2.39	4.62	13,615 2,723	.0
Entire after period: Total. Average	28, 246 2, 825	974 97	707 71	1,681 168	3. 45	2.50	5. 95	26, 565 2, 657	.0

a Daily average added to complete record.

[Averages are per day.]

No. 7.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Sodium benzo- ate ad- minis- tered (calcu- lated as benzoic acid).
Fore period.									
First subperiod: Total	Calo- ries. 13,595 2,719	Calo- ries. 483 97	Calo- ries. 350 70	Calo- ries. 833 167	Per ct. 3.55	Per ct. 2.57	Per ct. 6.13	Calories. 12,762 2,552	Grams. 0.0 .0
Second subperiod: Total. Average	14,050 2,810	451 90	349 70	800 160	3.21	2. 48	5. 69	13,250 2,650	.0
Entire fore period: Total Average	27,645 2,764	934 93	699 70	1, 633 163	3.38	2.53	5.91	26,012 2,601	.0
Preservative period.									
First subperiod: Total Average Second subperiod:	13, 286 2, 657	402 80	349 70	751 150	3.03	2.63	5.65	12,535 2,507	4. 90 . 98
Total	$13,659 \\ 2,732$	554 111	316 63	870 174	4.06	2.31	6.37	12,789 2,558	7.50 1.50
Third subperiod: Total. Average.	13,892 2,778	379 76	306 61	685 137	2.73	2.20	4.93	13,207 2,661	10.00 2.00
Fourth subperiod: Total	12,105 2,421	375 75	342 68	717 143	3. 10	2.83	5.92	11,388 2,278	6.50 1.30
Entire preservative period: Total	52,942 2,647	1,710 86	1,313 66	3,023 151	3.23	2. 48	5. 71	49,919 2,496	28. 90 1. 45
After period.									
First subperiod: Total	12,734 2,547	511 102	287 57	798 160	4. 01	2.25	6. 27	11,936 2,387	.0
Second subperiod: Total	11,046 2,209	598 120	303 61	901 180	5. 41	2.74	8.16	10,145 2,029	.0
Entire after period: Total	23,780 2,378	1,109 111	590 59	1,699 170	4. 66	2.48	7.14	22,081 2,208	.0

# ${\it Table~XVI.--Calories~balances~for~Series~VIII---Continued.}$

[Averages are per day.]

No. 8.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	feces	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Sodium benzo- ate ad- minis- tered (calcu- lated as benzoic acid).
Fore period.  First subperiod: Total.  Average	Calo- ries. 13,766 2,753	Calo- ries. 622 124	Calo- ries. 312 62	Calo- ries. 934 187	Per ct. 4.52	Per ct. 2.27	Per ct. 6.78	Calories. 12,832 2,566	Grams. 0.0 .0
Second subperiod: Total Average.	14,078 2,816	235 47	337 67	572 114	1.67	2.39	4.06	13,506 2,702	.0
Entire fore period: Total	27, 844 2, 784	857 86	649 65	1,506 151	3.08	2.33	5. 41	26,338 2,634	.0
Preservative period.									
First subperiod: Total	14,170 2,834	550 110	352 70	902 180	3.88	2. 48	6.37	13,268 2,654	4. 90 . 98
Total	$13,578 \\ 2,716$	487 97	a 346 69	833 167	3. 59	2.55	6. 13	12,745 2,549	7. 50 1. 50
Total	$13,726 \\ 2,745$	483 97	332 66	815 163	3. 52	2.42	5.94	12,911 2,582	10.00 2.00
Total	13, 417 2, 683	524 105	346 69	870 174	3.91	2.58	6. 48	12,547 2,509	12.50 2.50
Entire preservative period: Total. Average.	54, 891 2, 744	2,044 102	1,376 69	3,420 171	3.72	2.51	6. 23	51, 471 2, 573	34. 90 1. 75
After period.									
First subperiod: Total	13,969 2,794	539 108	351 70	890 178	3.86	2.51	6.37	13,079 2,616	.0
TotalAverage	13,696 2,739	571 114	352 70	923 185	4.17	2.57	6.74	12,773 2,554	.0
Entire after period: Total	27, 665 2, 767	1,110 111	703 70	1,813 181	4. 01	2.54	6. 55	25,852 2,585	.0

a Daily average added to complete record.

## [Averages are per day.]

No. 9.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Sodium benzo- ate ad- minis- tered (calcu- lated as ben- zoic acid).
Fore period.  First subperiod: Total	Calo- ries. 14, 478 2, 895	Calo- ries. 457 91	Calo- ries. a 389 78	Calo- ries. 846 169 778	Per ct. 3. 16	Per ct. 2.69	Per ct. 5. 85	Calories. 13,632 2,726	Grams. 0.0 .0
Average	2,869	78	77	156	2.75	2.03		2,713	.0
Entire fore period: TotalAverage	28, 823 2, 882	849 85	775 78	1,624 162	2.95	2. 69	5. 64	27, 199 2, 720	.0
Preservative period.									
First subperiod: Total. Average. Second subperiod: Total.	14, 261 2, 852 13, 990	214 43 462	a 399 80 366	613 123 828	1. 50 3. 30	2.80	4. 30	13. 648 2, 729 13, 162	4.90 .98 7.50
Average. Third subperiod: Total.	2, 798 13, 775	92 198	73 427	166 625	1. 44	3, 10	4, 54	2, 632 13, 150	1.50
Average	2,755	40	85	125		3. 10	4. 04	2,630	2.00
First, second, and third sub- periods: Total Average	42,026 2,802	874 58	1, 192 79	2,066 138	2.08	2.84	4. 92	39,960 2,664	22. 40 b 1. 12
After period									
First subperiod: Total	13,914 2,782	414 83	402 80	816 163	2.98	2.89	5. 87	13, 098 2, 619	.0
Total. Average.	$13,774 \\ 2,755$	592 118	413 83	1,005 201	4. 30	3.00	7. 30	$12,769 \\ 2,554$	.0
Entire after period: TotalAverage	27,688 2,769	1,006 101	815 82	1,821 182	3. 63	2.94	6, 58	25, 867 2, 587	.0

a Daily average added to complete record.

b Average for 20 days.

[Averages are per day.]

No. 10.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Balance (1-4).	Sodium ben- zoate admin- istered (calcu- lated as benzoid acid).
Fore period.  First subperiod: Total. Average. Second subperiod: Total.	Calo- ries. 14, 262 2, 852 15, 125	Calo- ries. 508 102	Calo- ries. 304 61	Calo- ries. 812 162	Per ct. 3. 56	Per ct. 2.13	Per ct. 5. 69	Calories. 13, 450 2, 690 14, 533	Grams. 0.0 .0
Average  Entire fore period: Total Average	3,025 29,387 2,939	774 77	630 63	1, 404 1,404	2.63	2.14	4. 78	27,983 2,798	.0
Preservative period.		-							
First subperiod: Total	14,344 2,869	253 51	381 76	634 127	1.76	2.66	4. 42	13,710 2,742	4.90
Total	14,336 2,867 13,390	728 146 395	a 354 71 307	1, 082 216 702	2.95	2. 48	7. 55 	13, 254 2, 651 12, 688	7. 50 1. 50 8. 00
Average Fourth subperiod: Total Average	2,678 12,107 2,421	79 360 72	61 a272 54	140 632 126	2. 97	2. 25	5. 22	2, 538 11, 475 2, 295	1.60
Entire preservative period: Total	54, 178 2, 709	1,736	1,314	3,050 152	3. 20	2. 42	5. 63	51, 128 2, 557	20. 40
After period.									
First subperiod: TotalAverageSecond subperiod:	14, 442 2, 888	500 100	333 67	833 167	3. 46	2.31	5.77	13,609 2,721	.0
Total	13, 533 2, 707	491 98	306 61	797 159	3.63	2, 26	5, 89	12,736 2,548	.0
Entire after period: TotalAverage	27, 975 2, 798	991 99	639 64	1, 630 163	3. 54	2. 28	5. 83	26, 345 2, 635	.0

a Average added to complete record.

[Averages are per day.]

### No.11.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Balance (1-4).	Sodium ben- zoate admin- istered (calcu- lated as benzoic acid).
Fore period.  First subperiod: Total. Average. Second period:	Calo- ries. 16,085 3,217	Calo- ries. 359 72	Calo- ries. 402 80	Calo- ries. 761 151	Per ct. 2.23	Per ct. 2. 50	Per ct. 4.73	Calories. 15, 324 3, 066	Grams. 0.0 .0
Total. Average.	17,022 3,404	393 79	390 78	783 157	2. 31	2. 29	4.60	16,239 3,247	.0
Entire fore period: Total Average	33, 107 3, 311	752 75	792 79	1,544 154	2. 27	2. 39	4. 66	31, 563 3, 156	.0
Preservative period.									
First subperiod: TotalAverageSecond subperiod:	17, 278 3, 456	587 117	459 92	1,046 209	3. 40	2.66	6.05	16, 232 3, 247	4. 90 . 98
Total	16,413 3,283	549 110	382 76	931 186	3.34	2.33	5. 67	15, 482 3, 097	7. 50 1. 50
Total Average. Fourth subperiod:	16, 864 3, 373	359 72	474 95	833 167	2. 13	2.81	4. 94	16,031 3,206	10. 00 2. 00
Total Average	15, 114 3, 023	491 98	444 89	935 187	3. 25	2.94	6. 19	14,179 2,836	2. 50 . 50
Entire preservative period: Total Average	65, 669 3, 283	1,986 99	1,759	3,745 187	3.02	2.68	5. 70	61,924 3,096	24. 90 1. 25
After period.									
First subperiod: Total	16,979 3,396	503 101	257 51	760 152	2.96	1.51	4. 48	16, 219 3, 244	.0
TotalAverage	16, 521 3, 304	468 94	425 85	893 179	2.83	2.57	5. 41	15,628 3,125	.0
Entire after period: TotalAverage	33,500 3,350	971 97	682 68	1,653 165	2. 90	2.04	4. 93	31, 847 3, 185	0

### [Averages are per day.]

No. 12.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Balance (1-4).	Sodium benzo- ate admin- istered (calcu- lated as benzoic acid).
Fore period.	0.7	0.1	0.7	0.7					
First subperiod: Total Average. Second subperiod:	Cal- ories. 17,640 3,528	Cal- ories. 636 127	Cal- ories. 355 71	Cal- ories. 991 198	Per ct. 3. 61	Per ct. 2. 01	Per ct. 5. 62	Calories. 16,649 3,330	Grams. 0.0 .0
Total	18, 151 3, 630	535 107	385 77	920 184	2. 95	2. 12	5. 07	17, 231 3 446	.0
Entire fore period: Total	35, 791 3, 579	1,171 117	740 74	1,911 191	3. 27	2. 07	5. 34	33, 880 3, 388	.0
Preservative period.									
First subperiod: Total Average	18, 197 3, 639	522 104	427 85	949 190	2.87	2.35	5. 22	17, 248 3, 449	4. 90
Second subperiod: Total Average	17,744 3,549	449 90	403 81	852 170	2. 53	2. 27	4. 80	16,892 3,379	7. £0 1. 50
Third subperiod: Total Average	17,163 3,433	433 87	404 81	837 167	2. 52	2. 35	4, 88	16, 326 3, 266	10. 00 2. 00
Fourth subperiod: Total	15, 809 3, 162	686 137	346 69	1,032 206	4. 34	2. 19	6. 53	14,777 2,956	.0
Entire preservative period: Total	68, 913 3, 446	2,090 105	1,580 79	3,670 184	3. 03	2. 29	5. 33	65, 243 3, 262	22. 40 1. 12
After period.									
First subperiod: Total. Average.	16,733 3,347	521 104	355 71	876 175	3. 11	2. 12	5. 24	15,857 3,172	.0
Second subperiod: Total Average	16,069 3,214	528 106	330 66	858 172	3. 29	2.05	5. 34	15, 211 3, 042	.0
Entire after period: Total	32, 802 3, 280	1,049 105	685 69	1,734 173	3. 20	2. 09	5. 29	31, 068 3, 107	.0

### SUMMARIES.

[Averages are per man per day.]

### Nos. 1 and 4.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine	In feces and urine (4÷1).	Balance (1-4).	Ben- zoie acid admin- istered.
Fore period.									
First subperiod: Total Average	Calo- ries. 29,097 2,910	Calo- ries. 650 65	Calo- ries. 671 67	Calo- ries. 1,321 132	Per ct. 2.23	Per ct. 2.31	Per ct. 4.54	Calories. 27,776 2,778	Grams. 0.0 .0
Second subperiod: Total Average	$29,071 \\ 2,907$	699 70	770 77	1, 469 147	2.40	2.65	5.05	27, 602 2, 760	.0
Entire fore period: Total	58, 168 2, 908	1,349 *67	1, 441 72	2,790 139	2.32	2.48	4.80	55, 378 2, 769	.0
Preservative period.									
First subperiod: Total Average Second subperiod:	28, 482 2, 848	728 73	758 76	1, 486 149	2.56	2.66	5. 22	26,996 2,699	10.00 1.00
Total	28, 160 2, 816	565 57	701 70	$1,266 \\ 127$	2.01	2. 49	4.50	26, 894 2, 689	15, 00 1, 50
Third subperiod: Total	28, 039 2, 804	693 69	720 72	1, 413 141	2. 47	2.57	5.04	26, 626 2, 663	20.00 2.00
Fourth subperiod: Total	27,948 2,795	584 58	712 71	1, 296 130	2.09	2. 55	4.64	26, 652 2, 665	25.00 2.50
Entire preservative period: Total Average	112, 629 2, 816	2,570 64	2,891 72	5, 461 137	2.28	2.57	4. 85	107, 168 2, 679	70.00 1.75
After period.									
First subperiod: TotalAverage	27, 656 2, 766	731 73	726 73	1, 457 146	2.64	2. 63	5. 27	26, 199 2, 620	.0
Second subperiod: Total Average	27, 719 2, 772	646 65	651 65	1, 297 130	2, 33	2.35	4. 68	26, 422 2, 642	.0
Entire after period: Total Average	55, 375 2, 769	1,377 69	1,377 69	2,754 138	2.49	2. 48	4.97	52, 621 2, 631	.0

23360—Bull. 84, pt 4—08——15

SUMMARIES—Continued.

[Averages are per man per day.]

Nos. 1, 2, 4, 5, and 6.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Balance (1-4).	Ben- zoic acid admin- istered.
Fore period.  First subperiod: Total. Average. Second subperiod: Total. Average.	Calo- ries. 71,971 2,879 72,798 2,912	Calo- ries. 2,208 88 2,444 98	Calo- ries. 1,694 68 1,909 76	Calo- ries. 3,902 156 4,353 174	Per ct. 3.07	Per ct. 2. 35	Per ct. 5. 42	Calories. 68,069 2,723 68,445 2,738	Grams. 0.0 .0 .0 .0 .0
Entire fore period: Total. Average  Preservative period.	144,769 2,895	4,652 93	3,603 72	8,255 165	3. 21	2. 49	5. 70	136,514 2,730	.0
First subperiod: Total. Average. Second subperiod: Total. Average. Third subperiod:	72,372 2,895 70,792 2,832 70,566	2,583 103 2,175 87	1,869 75 1,840 74 1,888	4,452 178 4,015 161 4,389	3. 57	2. 58 2. 60 2. 68	6. 15 5. 67	67,920 2,717 66,777 2,671 66,177	25.00 1.00 37.50 1.50 48.00
Total	213,730 2,850	2,501 100 7,259 97	5,597	12,856 172	3. 40	2. 62	6. 02	200,874 2,678	110. 50 1. 47
After period.  First subperiod: Total. Average. Second subperiod: Total Average.	69,526 2,781 69.865 2,795	2,564 103 1,896 76	1,812 72 1,693 68	4,376 175 3,589 144	3.69	2.60	6. 29	65,150 2,606 66,276 2,651	.0 .0 .0 .0
Entire after period: Total Average	139,391 2,788	4,460 89	3,505 70	7,965 159	3. 24	2. 52	5. 76	131,426 2,629	.0

### SUMMARIES—Continued.

[Averages are per man per day.]

Nos. 7 to 12.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feees and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Balance (1-4).	Sodium ben- zoate admin- istered (calcu- lated as benzoie acid).
Fore period.  First subperiod: Total. Average. Second subperiod:	Calo- ries. 89,826 2,994	Calo- ries. 3,065 102 2,272	Calo- ries. 2, 112 70 2, 173	Calo- ries. 5, 177 172	3. 41	2. 35	Per ct. 5. 76	Calories. 84,649 2,822 88,326	Grams 0 . 0
Total	92,771 3,092	76	72	4,445 148	2. 45	2. 34	4. 79	2,944	.0
Entire fore period: TotalAverage	182, 597 3, 043	5, 337 89	4,285 71	9,622 160	2. 92	2. 35	5. 27	172, 975 2, 883	.0
Preservative period.									
First subperiod: Total. Average	91,536 3,051	2, 528 84	2,367 79	4,895 163	2.76	2, 58	5. 34	86, 641 2, 888	29. 40 . 98
Second subperiod: TotalAverageThird subperiod:	89,720 2,990	3, 229 108	2, 167 72	5 396 180	3. 60	2. 41	6. 01	84, 324 2, 810	45. 00 1. 50
Total	88,810 2,960	2, 247 75	2,250 75	4, 497 150	2. 53	2. 53	5. 06	84,313 2,810	58. 00 1. 93
First, second, and third subperiods: Total	270, 066 3, 001	8, 004 89	6,784 75	14,788 164	2, 96	2. 51	5. 48	255, 278 2, 837	132. 40 1. 47
After period.									
First subperiod: Total Average	88, 771 2, 959	2,988 100	1, 985 66	4, 973 166	3. 36	2. 23	5, 59	83, 798 2, 793	.0
Second subperiod: Total Average	84,639 2,821	3, 248 108	2, 129 71	5, 377 179	3. 84	2. 51	6. 35	79, 262 2, 642	.0
Entire after period: Total	173, 410 2, 890	6,236 104	4,114 68	10, 350 172	3. 60	2. 37	5. 97	163, 060 2, 718	.0

#### SUMMARIES-Continued.

#### [Averages are per man per day.]

### Summary for Nos. 1 to 12, omitting No. 3.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Balance (1-4).	Preserva- tive admin- istered (calcu- lated as ben- zoic acid).
Fore period.  First subperiod: Total Average Second subperiod:	Calo- ries. 161, 797 2, 942	Calo- ries. 5, 273 96	Calo- ries. 3,806 69	Calo- ries. 9,079 165	3. 26	Per ct. 2. 35	Per ct. 5. 61	Calories. 152,718 2,777	Grams. 0.0
Total	165, 569 3, 010	4,716 86	4, 082 74	8,798 160	2.85	2. 47	5. 31	$156,771 \\ 2,850$	.0
Entire fore period: Total. Average.	327, 366 2, 976	9,989	7,888 72	17,877 163	3. 05	2. 41	5. 46	309, 489 2, 813	.0
$Preservative\ period.$	,								
First subperiod: Total	163,908 2,980	5, 111 93	4, 236 77	9,347 170	5. 12	2.58	5.70	154, 561 2, 810	54. 40 . 99
Total Average Third subperiod:	160, 512 2, 918	5, 404 98	4,007 73	9, 411 171	3.37	2.50	5. 86	151, 101 2, 747	82. 50 1. 50
Total	159,376 2,898	4,748 86	4,138 75	8,886 161	2.98	2.60	5. 58	150, 490 2, 737	106.00 1.93
First, second, and third subperiods: Total. Average	483, 796 2, 932	15, 263	12, 381 75	27,644 168	3. 15	2. 56	5. 71	456, 152 2, 764	242. 90 1. 47
After period.									
First subperiod: Total Average Second subperiod:	158, 297 2, 878	5, 552 101	3,797 69	9,349 170	3. 51	2. 40	5. 91	148,948 2,708	.0
Total	154, 504 2, 809	5, 144 94	3,822 69	8,966 163	3. 37	2.48	5. 85	145, 538 2, 646	.0
Entire after period: Total Average	312,801 2,844	10, 696 97	7, 619 69	18, 315 167	3. 44	2. 44	5.88	294, 486 2, 677	.0

### SOLIDS BALANCE.

The influence of the benzoic acid and benzoate of soda upon the excretion of the solids is a matter of only incidental importance in so far as it bears upon the metabolism of the different elements entering into the food.

#### INDIVIDUAL DATA.

#### No. 1.

The data for No. 1 show virtually no change in the excretion of the solids in the preservative period except that they are increased slightly in the feces during the after period and decreased in the urine, with a resulting decrease in total elimination of 4 grams daily. The percentage data show practically the same relations and both balances and amounts ingested decrease slightly throughout.

### No. 2.

In the case of No. 2, the solids in the feces are increased in the preservative period and this increase is continued, though not to the same degree, in the after period. The same changes take place in the solids excreted in the urine. The total solids, therefore, in both feces and urine are considerably greater in the preservative period than in the fore period (10 grams daily), while in the after period the increase is only 4 grams as compared with the fore period. This increased excretion takes place notwithstanding the slight continuous decrease in solids ingested, amounting to 8 and 17 grams daily in the preservative and after periods, respectively.

#### No. 3.

In the case of No. 3 there is also a slight increase in the solids excreted in the feces in the preservative period and the amount in the after period is less than in the fore period. The solids of the urine remain practically unchanged. Little effect is noticed in this case upon the excretion of total solids, the percentage data showing an increase in total elimination of only 1.05 per cent with a decrease of 2.05 per cent in the after period as compared with the preservative period.

#### No. 4.

In the case of No. 4, there is practically no effect produced upon the excretion of the solids either in the feces or in the urine, as is shown by both the actual quantities and the percentage data, the figures being remarkably constant throughout.

#### No. 5.

The data for No. 5 show a slight increase in the solids excreted in the preservative period both in the feces and in the urine and the decrease in the balance (4 grams daily), is accompanied by an increased ingestion of 4 grams. In the after period there is a uniform tendency to resume the conditions of the fore period.

### No. 6.

The data for No. 6 show a decrease in the solids excreted in the feces of 5 grams daily and no change in the solids in the urine in the preservative period. In the after period there is a decrease in both cases. The percentage figures show that there is practically no change in total elimination until the after period when a slight

decrease takes place. The decrease in the balance of 16 grams is accompanied by a decrease in ingestion of 20 grams in the preservative period; the ingestion in the after period is almost the same, but the balance increases 10 grams as compared with the preservative period.

No. 7.

In the case of No. 7 it is seen that there is a slight decrease in the solids both in the feces and the urine during the preservative period, the total decease amounting to only 2 grams per day; in the after period the decrease is again 2 grams, due to a large decrease in the metabolized solids, the nonmetabolized solids being increased 5 grams. The percentage data show practically no change in the preservative period and an increase of 1.25 per cent in the after period.

No. 8.

In the case of No. 8 there is an increase in the solids both in the feces and urine during the preservative period, the total amounting to 8 grams daily, while the amount ingested decreases 8 grams. In the after period the excretion decreases 2 grams, while the amount ingested increases 6 grams. The percentage data show an increase of 1.44 per cent in total excretion in the preservative period followed by a very slight decrease not returning to the figures of the fore period. The balance decreases 16 grams in the preservative period and 8 grams in the after period as compared with the fore period, accompanied by a decrease of 8 and 2 grams, respectively, in ingestion. These data would indicate a considerable decrease in the assimilation of solids.

No. 9.

In the case of No. 9 there is a decrease of 5 grams daily in the solids during the preservative period in the feces and a slight increase (2 grams) in the solids in the urine. The total percentage decrease in elimination is very slight, about 0.4 per cent. The balance in the preservative period decreases 10 grams daily, but the amount ingested decreases 14 grams. In the after period there is a further decrease of 2 grams in the amount of solids ingested, while the balance further decreases 12 grams. In this case there is practically no effect produced which can be attributed to the preservative, though there is a slight tendency to increase assimilation in the preservative period.

No. 10.

In the case of No. 10 there is little difference in the quantity of solids in the feces and urine in the fore and preservative periods, but the very slight tendency to increase excretion is accompanied by a decrease in ingestion of 46 grams per day. The total increase in

excretion is 3 grams, or 1.52 per cent. The balance decreases 49 grams, 3 grams more than the decrease in ingestion. In the after period there is a continued increase in total excretion amounting to 4 grams, but the amount of solids ingested increases 21 grams. The percentage data, therefore, express the correct relation, and they show practically no change in the after period as compared with the preservative period. The balance increases 17 grams as compared with the preservative period, but the amount ingested, as before stated, increases 21 grams. There would seem to be in this case a slight tendency to decrease the assimilation of solids under the influence of the preservative.

### No. 11.

In the case of No. 11 there is a notable increase in the solids both in the feces and in the urine during the preservative period, the total increase averaging 11 grams daily, a percentage increase of 1.85. In the after period the excretion is less than in the preservative period, but does not quite return to the figure of the fore period. The balance decreases in the preservative period 13 grams daily, while the amount of solids ingested is almost unchanged, decreasing only 2 grams. In the after period the average daily balance increases 23 grams, as compared with the preservative period, and the amount ingested increases 16 grams. There is again a slight tendency shown to decrease the assimilation of the total solids in the preservative period.

#### No. 12.

In the case of No. 12 there is a slight decrease in the solids in the feces and an increase in the solids in the urine in the preservative period, the effect on total excretion being an average increase of 5 grams daily, representing a percentage increase of 1.07. In the after period the total solids excreted decrease 10 grams, reaching a figure less than in the fore period, though the percentage of excretion is about the same. The balance decreases 25 grams daily in the preservative period, while the amount ingested decreased 20 grams; in the after period, there is a further decrease of 17 grams, the amount of solids ingested, however, decreasing 27 grams. There is again a slight tendency to decrease the assimilation of solids in the preservative period.

#### SUMMARIES.

The summary for Nos. 1 and 4 is of interest chiefly because they completed the entire observation covering a preservative period of twenty days. This summary shows practically no effect upon the metabolism of the solids as a whole. The actual amounts excreted in the three periods are virtually the same, decreasing 1 and 3 grams in the preservative and after periods, respectively, as compared with

the fore period, while the amounts ingested decrease 13 and 23 grams, respectively. The percentage data accordingly show a very slight increase in the preservative period, and this is maintained in the after period. The balance decreases 12 and 20 grams in the preservative and after periods, as compared with the fore period, being slightly less than the decreases in ingestion. The tendency to decrease assimilation in this case is so slight as to be purely theoretical, and no conclusion could be based upon these figures alone. It was to be expected that these subjects would show less effect from the preservative inasmuch as they showed a greater ability to tolerate it than the other subjects. For Nos. 1, 2, 4, 5, and 6, and Nos. 7 to 12, inclusive, both excluding the fourth preservative subperiod, and the combined data for the eleven men, including all but No. 3, for the same period, gives the final survey of these data in comparable form.

The summary in the case of the five men receiving benzoic acid show almost no change in the solids in the feces during the three periods. There is, however, an average increase of 1 gram daily accompanied by a decreased average ingestion of 5 grams. There is a slight increase in the solids in the urine during the preservative period, amounting to 3 grams daily. Expressed in percentages it is seen that of the solids ingested 3.18 per cent appears in the feces in the fore period, 3.40 per cent in the preservative period, and 3.23 per cent in the after period. This shows a very slight tendency on the part of the preservative as benzoic acid to increase the quantity of solids in the feces. In the urine there appears in the fore period 9.89 per cent of the solids ingested, 10.38 per cent in the preservative period, and 9.96 per cent in the after period, showing a slight tendency on the part of the benzoic acid to increase the solids in the urine also. This may be influenced to some extent by the increase in the hippuric acid in the urine and the benzoic acid excreted as such. The total excretion is increased only 0.71 per cent in the preservative period and decreases very slightly in the after period. The balance decreases throughout and to a slightly greater extent than the amount ingested in the preservative period. In this case there is a slight tendency to decrease the assimilation of the total solids.

In the case of Nos. 7 to 12, inclusive, there is no change in the quantity of solids in the feces in the preservative period and a slight increase in the after period. In the urine there is a slight increase in the solids in the preservative period and a decrease in the after period. The amounts of solids ingested decrease 8 grams in the preservative period and 17 grams more in the after period. Expressed as percentages of the amounts ingested, 3.05 per cent of solids appear in the feces in the fore period, 3.11 per cent in the preservative period, and 3.69 per cent in the after period, a slight increase throughout. In the case of the solids appearing in the urine

9.98 per cent occur in the fore period, 10.84 per cent in the preservative period, and 10.31 per cent in the after period, again an increase in the preservative period, but a slight decrease in the after period. The increase in total excretion in the preservative period is 0.92 per cent, with practiaclly no change in the after period. The balance decreases 12 grams and again 15 grams in the preservative and after periods, respectively, as compared with a decrease of 8 and 17 grams in ingestion. These data, therefore, uniformly indicate a very slight decrease in the assimilation of total solids.

In the total effect produced in the case of the eleven men it is seen that there is a slight increase in the quantity of solids excreted in the feces in the preservative period, and this is maintained in the after period. There is also a slight increase in the quantity of solids excreted in the urine in the preservative period, but this increase is lost in the after period. The increase in total elimination amounts to 4 grams daily in the preservative period, while the figure for the after period is exactly the same as in the fore period. Expressed as percentages, it is seen that of the total solids in the food 3.11 per cent is excreted in the fore period, in the preservative period 3.24 per cent, and in the after period 3.49 per cent, a slight increase throughout. Of the total solids ingested there appears in the urine in the fore period 9.94 per cent, in the preservative period 10.63 per cent, and in the after period 10.16 per cent, again a slight increase in the preservative period, but a practical return to the condition of the fore period in the after period. The balance is decreased 11 grams daily in the preservative period, while the ingestion decreases only 7 grams; in the after period there is a further decrease of 10 grams, but a decrease in amount ingested of 14 grams, indicating a tendency to increase assimilation on the withdrawal of the preservative.

We may, therefore, infer that there is a very slight effect produced as a whole by the benzoic acid and the benzoate of soda in increasing the quantity of solids excreted in the feces and in the urine, as shown by the figures giving actual amounts and by the decrease in balance as well as by the percentage figures. This effect, however, is of no practical magnitude and can only be regarded as showing a uniform tendency on the part of the preservative to disturb the metabolic processes.

# Table XVII.—Solids balances for Series VIII.

[Averages are per day.]

### No. 1.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In fece 3 (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Ben- zoic acid ad- minis- tered.
Fore period.									
First subperiod: Total. Average.	Grams. 2,980 596	Grams. 42 8	Grams. 298 60	Grams. 340 68	Per ct. 1.41	Per ct. 10.10	Per ct. 11.40	Grams. 2,640 528	Grams. 0.0 .0
Second subperiod: Total	3,076 615	64 13	312 62	376 75	2.08	10.14	12.22	2,700 540	.0
Entire fore period: Total	6,056 606	106 11	610 61	716 72	1.75	10.07	11.82	5, 340 534	.0
$Preservative\ period.$									
First subperiod: Total	2,957 591	61 12	305 61	366 73	2.06	10.31	12.37	2, 591 518	5.00 1.00
Total	2,953 591	42 8	309 62	351 70	1.42	10.46	11.89	2,602 520	7.50 1.50
Third subperiod: Total	2,908 582	66 13	302 60	368 74	2.27	10.39	12.65	2, 540 508	10.00 2.00
Fourth subperiod: TotalAverage	2,976 595	40 8	314 63	354 71	1.34	10.55	11.90	2,622 524	12.50 2.50
Entire preservative period: TotalAverage	11,794 590	209 10	1,230 62	1, 439 72	1.77	10. 43	12.20	10,355 518	35.00 1.75
After period.									
First subperiod: Total	2,860 572	64 13	289. 58	353 71	2.24	10.10	12.34	2,507 501	.0
TotalAverage	2,813 563	62 12	270 54	332 66	2.20	9.60	11.80	2,481 497	.0
Entire after period: TotalAverage	5, 673 567	126 13	559 56	685 68	2.22	9.85	12.07	4,988 499	.0

[Averages are per day.]

No. 2.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3+1).	In feces and urine (4÷1).	Bal- ance. (1-4)	Ben- zoic acid ad- minis- tered.
Fore period.									
First subperiod: Total	Grams. 3,255 651	Grams. 104 21	Grams. 327 65	Grams. 431 86	Per ct. 3. 20	Per ct. 10. 05	Per ct. 13. 24	Grams, 2,824 565	Grams. 0.0 .0
Second subperiod: Total	3,335 667	126 25	375 75	501 100	3.78	11. 24	15.02	2,834 567	.0
Entire fore period: Total	6, 590 659	230 23	702 70	932 93	3, 49	10. 65	14.14	5,658 566	.0
Preservative period.									
First subperiod: Total	3, 294 659	137 27	369 74	506 101	4. 16	11. 20	15. 36	2,788 558	5. 00 1. 00
Total	3, 250 650	144 29	385 77	529 106	4. 43	11.85	16. 28	2,721 544	7. 50 1. 50
Total	3,309 662	150 30	382 76	532 106	4.37	11.53	15. 90	2,777 556	10. 00 2. 00
Total	3, 165 633	136 27	356 71	492 98	4. 30	11. 25	15. 55	2,673 535	2.50 .50
Entire preservative period: Total. Average.	13, 018 651	567 28	1,492 75	2, 059 103	4. 35	11. 46	15. 82	10, 959 548	25. 00 1. 25
After period.									
First subperiod: Total	3, 167 633	137 27	357 71	494 99	4. 33	11. 27	15. 60	2,673 534	.0
Total	3,168 634	121 24	351 70	472 94	3. 82	11.08	14.90	2,696 540	.0
Entire after period: Total. Average.	6,335 634	858 26	708 71	966 97	4. 07	11.18	15. 25	5, 369 537	.0

[Averages are per day.]

No. 3.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Ben- zoic acid ad- minis- tered.
Fore period.									
First subperiod: Total. Average Second subperiod:	Grams. 3, 225 645	Grams. 91 18	Grams. 288 58	Grams. 379 76	Per ct. 2.82	Per ct. 8.93	Per ct. 11.75	Grams. 2,846 569	Grams. 0.0 .0
Total	3,257 651	93 19	306 61	399 80	2.86	9.40	12.25	2,858 571	.0
Entire fore period: Total. Average.	6,482 648	184 18	594 59	778 78	2.84	9.16	12.00	5, 704 570	.0
Preservative period.									
First subperiod: Total	3,300 660	112 22	303 61	415 83	3.39	9.18	12.58	2,885 577	5.00 1.00
TotalAverage	3,301 660	127 25	346 69	473 95	3.85	10.48	14.33	2,828 565	7.50 1.50
Total	2,483 497	52 10	258 52	310 62	2.09	10.39	12.48	2,173 435	1.00 .20
Fourth subperiod: Total. Average.	3, 183 637	124 25	279 56	403 81	3.90	8.77	12.66	2,780 556	.0
Entire preservative period: Total	12,267 613	415 21	1,186 59	1,601 80	3.38	9.67	13.05	10,666 533	13.50 .68
After period.									
First subperiod: Total	3, 362 672	75 15	306 61	381 76	2.23	9.10	11.33	2,981 596	.0
Second subperiod: Total. Average	3, 295 659	73 15	278 56	351 70	2.22	8.44	10.65	2,944 589	.0
Entire after period: TotalAverage	6, 657 666	148 15	584 58	732 73	2.22	8.77	11.00	5, 925 593	.0

[Averages are per day.]

No. 4.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feees.	In urine.	In feces and urine (2+3).	In feees (2÷1).	In urine (3÷1)	In feces and urine (4÷1).	Bal- anee (1-4).	Ben- zoie aeid ad- minis- tered.
Fore period.									
First subperiod Total Average	Grams. 2,654 531	Grams. 83 17	Grams. 261 52	Grams. 344 69	Per ct. 3. 13	Per ct. 9.83	Per ct. 12.96	Grams. 2,310 462	Grams. 0.0 .0
Second subperiod: Total Average	$2,578 \\ 516$	67 13	268 54	335 67	2.60	10. 40	12.99	2,243 449	.0
Entire fore period: Total	5, 232 523	150 15	529 53	679 68	2.87	10.11	12.98	4, 553 455	.0
Preservative period.									
First subperiod: TotalAverageSecond subperiod:	2,610 522	76 15	255 51	331 66	2. 91	9. 77	12.68	2,279 456	5. 00 1. 00
TotalAverageThird subperiod:	2, 569 514	68 14	261 52	329 66	2.65	10. 16	12.81	2, 240 448	7. 50 1. 50
Total Average Fourth subperiod:	2, 596 519	68 14	260 52	328 66	2.62	10. 02	12.63	2,268 453	10.00 2.00
TotalAverage	2, 515 503	74 15	258 52	332 66	2.94	10. 26	13. 20	2, 183 437	12. 50 2. 50
Entire preservative period: Total	10, 290 51 4	286 14	1,034 52	1,320 66	2.78	10.05	12.82	8, 970 448	35. 00 1. 75
After period.									
First subperiod: Total	2, 560 512	- 79 - 16	288 58	367 73	3.09	11. 25	14.34	2, 193 439	.0
TotalAverage	$2,615 \\ 523$	62 12	240 48	302 60	2.37	9.18	11. 55	2.313 463	.0
Entire after period: Total	5, 175 518	141 14	528 53	669 67	2.72	10. 20	12. 93	4, 506 451	.0

[Averages are per day.]

No. 5.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Ben- zoic acid ad minis- tered.
Fore period.					-				
First subperiod: Total. Average.	Grams. 2,363 473	Grams.	Grams. a 210 42	Grams. 256 51	Per ct. 1. 95	Per ct. 8.89	Per ct. 10.83	Grams. 2,107 422	Grams 0.0
Second subperiod: Total. Average.	2,486 497	78 16	205 41	283 57	3.14	8.25	11.38	2,203 440	.0
Entire fore period: Total	4,849 485	124 12	415 42	539 54	2.56	8.56	11.12	4, 310 431	.0
Preservative period.									
First subperiod: Total Average Second subperiod:	2,451 490	87 17	220 44	307 61	3.55	8.98	12.53	2,144 429	5.0 1.0
Total	$2,505 \\ 501$	72 14	a 246 49	318 64	2.87	9.82	12.69	2,187 437	7.5 1.5
Third subperiod: Total Average. Fourth subperiod:	2,435 487	75 15	241 48	316 63	3.08	9.90	12.98	2,119 424	8.0 1.6
Total	2,397 479	94 19	a 202 40	296 59	3.92	8.43	12.35	$^{2,101}_{420}$	3.0
Entire preservative period: Total	9, 788 489	328 16	909 45	1,237 62	3.35	9.29	12.64	8, 551 427	23.5 1.1
After period.									
First subperiod: TotalAverage	2,462 492	(7 19	a 222 44	319 64	3.94	9.02	12.96	2,143 428	.0
Second subperiod: TotalAverage	2,495 499	61 12	202 40	263 53	2.44	8.10	10.54	2,232 446	.0
Entire after period: TotalAverage	4,957 496	158 16	424 42	582 58	3.19	8.55	11.74	4, 375 438	.0

a Daily average added to complete record.

[Averages are per day.]

No. 6.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feees.	In urine.	In feees and urine (2+3).	In feees (2÷1).	In urine (3÷1).	In feees and urine (4÷1).	Bal- anee (1-4).	Ben- zoie aeid ad- minis- tered.
Fore period.									
First subperiod: Total	Grams. 2,880 576	Grams. 162 32	Grams. 289 58	Grams. 451 90	Per ct. 5. 62	Per ct. 10.03	Per ct. 15.66	Grams. 2, 429 486	Grams. 0.0 .0
Second subperiod: Total Average	2,888 578	135 27	273 55	408 82	4. 67	9. 45	14.13	2,480 496	.0
Entire fore period: Total	5,768 577	297 30	562 56	859 86	5. 15	9.74	14.89	4, 909 491	.0
Preservative period.									
First subperiod: Total Average Second subperiod:	2,938 588	147 29	282 56	429 86	5.00	9.60	14. 60	2,509 502	5. 00 1. 00
Total	$2,767 \\ 553$	$\frac{110}{22}$	289 58	399 80	3.98	10. 44	14. 42	2,368 473	7. 50 1. 50
Third subperiod: TotalAverage	$2,743 \\ 549$	134 27	282 56	416 83	4, 89	10.28	15. 17	2,327 466	10.00 2.00
Fourth subperiod: Total Average	2,695 539	114 23	273 55	387 77	4. 23	10.13	14.36	2,308 462	.0
Entire preservative period: Total	11, 143 557	505 25	1,126 56	1,631 82	4. 53	10.10	14. 64	9,512 475	22. 50 1. 13
After period.									
First subperiod: Total Average Second subperiod:	2,769 554	136 27	279 56	415 83	4. 91	10.08	14.99	2,354 471	.0
Total	a 2, 814 563	a 66 13	a 255 51	a 321 64	2.35	9.06	11. 41	2, 493 499	.0
Entire after period: TotalAverage	5, 583 558	202 20	534 53	736 73	3.62	9. 56	13. 18	4, 847 485	.0

a Daily average added to complete record.

## [Averages are per day.]

No. 7.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Sodium ben- zoate admin- istered (calcu- lated as benzoic acid).
Fore period.									
First subperiod: Total Average.	Grams. 2,530 506	Grams. 93 19	Grams. 271 54	Grams. 364 73	Per ct. 3. 68	Per ct. 10.71	Per ct. 14, 39	Grams. 2,166 433	Grams. 0. 0
Second subperiod: Total Average.	2,672 534	88 18	282 56	370 74	3. 29	10. 55	13. 85	2,302 460	.0
Entire fore period: Total	5, 202 520	181	553 55	734 73	3. 48	10. 63	14. 11	4, 468 447	.0
Preservative period.									
First subperiod: Total Average	2, 463 493	78 16	270 54	348 70	3. 17	10. 96	14, 13	2, 115 423	4, 90
Second subperiod: Total	2, 591 518	105 21	275 55	380 76	4. 05	10. 61	14. 67	$2,211 \\ 442$	7. 50 1. 50
Total	2,619 524	72 14	262 52	334 67	2, 75	10.00	12. 75	2, 285 457	10. 00 2. 00
Total	2,290 458	73 15	27 7 55	350 70	3. 19	12, 10	15. 28	1,940 388	6. 50 1. 30
Entire preservative period: Total Average	9, 963 498	326 16	1,084 54	1,412 71	3. 29	10. 88	14. 17	8, 551 427	28. 90 1. 45
$After\ period.$									
First subperiod: Total	2,387 477	95 19	237 47	332 66	3. 98	9. 93	13. 91	2,055 411	.0
Second subperiod: Total	2,075 415	117 23	239 48	356 71	5, 64	11. 52	17. 16	1,719 344	.0
Entire after period: TotalAverage.	4, 462 446	212 21	476 48	688 69	4.75	10. 67	15. 42	3, <b>77</b> 4 377	.0

[Averages are per day.]

No. 8.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2+1).	In urine (3÷1).	In feees and urine (4+1).	Bal- ance (1-4).	Sodium ben- zoate admin- istered (calcu- lated as benzoie acid).
Fore period.									
First subperiod: TotalAverage	Grams. 2,843 569	Grams. 126 25	Grams. 290 58	Grams. 416 83	Per ct. 4.43	Per ct. 10.20	Per ct. 14.63	Grams. 2,427 486	Grams. 0.0
Second subperiod: TotalAverage	2,935 587	49 10	280 56	329 66	1.67	9.54	11.21	2,606 521	.0
Entire fore period: TotalAverage	5,778 578	175 18	570 57	745 74	3.02	9.86	12.89	5, 033 504	.0
Preservative period.									
First subperiod: TotalAverageSecond subperiod:	2,933 587	112 22	303 61	415 83	3.82	10.33	14.15	2, 518 504	4.90
Total	2,820 564	100 20	a 306 61	406 81	3.55	10.85	14.40	2,414 483	7.50 1.50
Third subperiod: Total	2,840 568	99 20	308 62	407 81	3.49	10.85	14.33	2,433 487	10.00 2.00
Fourth subperiod: Total Average	2,806 561	105 21	300 60	405 81	3.74	10.69	14.43	2,401 480	12.50 2.50
Entire preservative period: Total	11,399 570	416 21	1,217 61	1,633 82	3.65	10.68	14.33	9,766 488	34.90 1.75
After period.									
First subperiod: Total	2,907 581	109 22	304 61	413 83	3.75	10.46	14.21	2,494 498	.0
Second subperiod: Total Average	2,858 572	117 23	275 55	392 78	4.09	9.62	13.72	2,466 494	.0
Entire after period: Total Average	5,765 576	226 23	579 58	805 80	3.92	10.04	13.96	4, 960 496	.0

a Average added to complete period.

23360—Bull. 84, pt 4—08——16

### [Averages are per day.]

No. 9.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Sodium benzo- ate ad- minis- tered (calcu- lated as ben- zoic acid).
Fore period.									
First subperiod: Total	Grams. 2,615 523	Grams. 92 18	Grams. a 338 68	Grams. 430 86	Per ct. 3. 52	Per ct. 12.93	Per ct. 16. 44	Grams. 2,185 437	Grams. 0.0 .0
Total Average	2,596 519	81 16	307 61	388 78	3. 12	11.83	14.95	2,208 441	.0
Entire fore period: Total Average	5,211 521	173 17	645 64	818 82	3, 32	12.38	15. 70	4,393 439	.0
Preservative period.									
First subperiod: Total	2,566 513	47 9	a 328 66	375 75	1.83	12.78	14. 61	2,191 438	4.90
Total	2,536 507	91 18	305 61	396 79	3. 59	12.03	15. 62	2,140 428	7. 50 1. 50
Total	2,502 500	39 8	354 71	393 79	1. 56	14.15	15. 71	2,109 421	10. 00 2. 00
First, second, and third sub- periods: Total Average	7,604 507	177 12	987 66	1,164 78	2, 33	12.98	15. 31	6,440 429	22. 40 b 1. 12
After period.									
First subperiod: Total. Average Second subperiod:	2,547 509	84 17	337 67	421 84	3. 30	13. 23	16. 53	2,126 425	.0
Total	2,502 500	122 24	342 68	464 93	4.88	13. 67	18. 55	2,038 407	.0
Entire after period: TotalAverage	5,049 505	206 21	679 68	885 88	4. 08	13. 45	17. 53	4,164 417	.0

a Average added to complete period.

b Average for 20 days.

[Averages are per day.]

No. 10.

In food.	In feces.	3 In	4 In feces	5	6	7	8	9 Sodium
		In	In feces					
		urine.	and urine (2+3).	In feees (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	ben- zoate admin- istered (calcu- lated as benzoic acid).
3rams. 2,808 562	Grams. 96 19	Grams. 246 49	Grams. 342 68	Per ct. 3. 42	Per ct. 8.76	*Per et. 12.18	Grams. 2,466 494	Grams. 0.0
3,018 604	51 10	250 50	301 60	1.69	8.28	9. 97	2,717 544	.0
5,826	147	496	643	2. 52	8. 51	11.04	5, 183	.0
583	15	50	64				519	.0
9 803	48	283	221	1 71	10 10	11 21	9 479	4, 90
561	10	57	- 66		10.10	11. 01	495	. 98
2,844 569	142 28	a 282 56	424 85	4. 99	9. 92	14. 91	2, 420 484	7. 50 1. 50
$2,647 \\ 529$	72 14	240 48	312 62	2. 72	9. 07	11.79	$2,335 \\ 467$	8. 00 1. 60
2, 446 489	64 13	a 218 42	282 56	2. 62	8.91	11. 53	2, 164 433	.0
10,740 537	326 16	1,023 51	1,349 67	3.04	9. 53	12. 56	9,391 470	20. 40 1. 02
2,858 572	94 19	275 55	369 74	3. 29	9.62	12.91	2, 489 498	.0
$2,717 \\ 543$	94 19	246 49	340 68	3. 46	9.05	12.51	2,377 475	.0
5, 575	188	521 52	709	3. 37	9. 35	12.72	4,866	.0
	2, 808 562 3, 018 604 5, 826 5, 826 5, 83 2, 803 561 2, 844 569 2, 647 529 2, 446 489 10, 740 537 2, 858 572 2, 858	2,808 96 562 19 3,018 51 604 10 5,826 147 583 15  2,803 48 561 10 2,844 142 569 28 2,647 72 529 14 2,446 64 489 13 10,740 326 537 16  2,858 94 572 19 2,717 94 543 19 5,575 188	2,808 96 246 562 19 49 3,018 51 250 604 10 50  5,826 147 496 583 15 50  2,803 48 283 561 10 57  2,844 142 a 282 569 28 56 2,647 72 240 6,447 72 240 8,446 64 a 218 489 13 42  10,740 326 1,023 51  2,858 94 275 572 19 55 2,717 94 246 543 19 49  5,575 188 521	2,808     96     246     342       562     19     49     49     68       3,018     51     250     301     60       5,826     147     496     643       583     15     50     64       2,803     48     283     331       561     10     57     66       2,844     142     a 282     424       569     28     56     85       2,647     72     240     312       529     14     48     62       2,446     64     a 218     282       489     13     42     56       10,740     326     1,023     1,349       537     16     51     67       2,858     94     275     369       572     19     55     74       2,717     94     246     340       5,575     188     521     709	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	2,808     96     246     342     3.42     8.76       562     19     49     68      8.76       3,018     51     250     301     1.69     8.28       5,826     147     496     643     2.52     8.51       5,826     15     50     64      8.28       5,826     15     50     64     2.52     8.51       2,803     48     283     331     1.71     10.10       561     10     57     66         2,844     142     a 282     424     4.99     9.92       2,647     72     240     312     2.72     9.07       529     14     48     62      8.91       489     13     42     56      8.91       10,740     326     1,023     1,349     3.04     9.53       5,77     19     55     74         2,858     94     275     369     3.29     9.62       5,77     19     55     74         2,717     94     246     340     3.46     9.05       5,575	2,808       96       246       342       3.42       8.76       12.18         3,018       51       250       301       1.69       8.28       9.97         5,826       147       496       643       2.52       8.51       11.04         5,826       15       50       64       2.52       8.51       11.04         2,803       48       283       331       1.71       10.10       11.81         2,844       142       a282       424       4.99       9.92       14.91         569       28       56       85         11.79         2,647       72       240       312       2.72       9.07       11.79         2,446       64       a218       282       2.62       8.91       11.53         10,740       326       1,023       1,349       3.04       9.53       12.56         572       19       55       74            2,858       94       275       369       3.29       9.62       12.91         5,75       188       521       709       3.37       9.35       12.72	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$

a Average added to complete period.

## [Averages are per day.]

## No. 11.

	1	2	3	4	5	6	7	8	9			
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Sodium ben- zoate admin- istered (calcu- lated as benzoic acid).			
Fore period.												
First subperiod: Total	Grams. 3,092 618	Grams. 75 15	Grams. 333 67	Grams. 408 82	Per ct. 2. 43	Per ct. 10.77	Per ct. 13. 20	Grams. 2,684	Grams.			
AverageSecond subperiod:	3,295	84	297	381	2. 55	9.01	11.56	536 2,914	.0			
Average	659	17	. 59	76				583	. 0			
Entire fore period: TotalAverage	6,387 639	159 16	630 63	789 79	2. 49	9 86	12.35	5,598 560	.0			
Preservative period.								=====				
First subperiod: Total Average	3,319 664	124 25	355 71	479 96	3.74	10.70	14. 43	2,840 568	4.90			
Second subperiod: Total	3, 201 640	112 22	331 66	443 89	3.50	10.34	13.84	2,758 551	7. 50 1. 50			
Total	3, 263 653	72 14	377 75	449 90	2. 21	11.56	13.76	2,814 563	10.00 2.00			
Total	2,948 590	100 20	337 67	437 87	3.39	11. 43	14.82	2,511 503	2. 50 . 50			
Entire preservative period: Total	12,731 637	408 20	1,400 70	1,808 90	3.20	11.00	14 20	10,923 547	24. 90 1. 25			
After period.												
First subperiod: Total	3,305 661	106 21	318 64	424 85	3. 21	9.62	12.83	2,881 576	.0			
Second subperiod: TotalAverage	3,226 645	97 19	306 61	403 81	3.01	9 40	12.50	2,823 564	.0			
Entire after period: TotalAverage	6,531 653	203 20	624 62	827 83	3. 11	9. 55	12.66	5,704 570	.0			

[Averages are per day.]

No. 12.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Balance (1-4).	Sodium ben- zoate admin- istered (calcu- lated as benzoic acid).
Fore period.									
First subperiod: Total Average	Grams. 3,382 676	Grams. 130 26	Grams. 311 62	Grams. 441 88	Per ct. 3.84	Per ct. 9. 20	Per ct. 13.04	Grams. 2,941 588	Grams. 0.0
Second subperiod: Total Average	701 3, 503	23 113	63 316	86 429	3. 23	9.02	12. 25	$\frac{615}{3,074}$	.0
Entire fore period: TotalAverage	6, 885 688	243 24	627 63	870 87	3. 53	9. 11	12.64	6, 015 601	.0
$Preservative\ period.$									
First subperiod: Total Average	3, 486 697	115 23	364 73	479 96	3. 29	10. 44	13.74	3,007 601	4.90
Second subperiod: Total Average Third subperiod:	3, 432 686	98 20	360 72	458 92	2. 86	10. 49	13.34	2, 974 594	7. 50 1. 50
Total	3,329 666	95 19	356 71	451 90	2.85	10.69	13. 55	2,878 576	10. 00 2. 00
TotalAverage	3, 104 621	139 28	304 61	443 89	4, 48	9. 79	14. 27	2,661 532	.0
Entire preservative period: Total Average	13,351 668	447 22	1,384 69	1,831 92	3.35	10.37	13.71	11, 520 576	22. 40 1. 12
After period.									
First subperiod: Total Average	3, 262 652	103 21	326 65	429 86	3. 16	9.99	13. 15	2,833 566	.0
Second subperiod: Total Average	3, 144 629	108 22	280 56	388 78	3. 44	8. 91	12.34	$2,756 \\ 551$	.0
Entire after period: Total. Average	6, 406 641	211 21	606 61	817 82	3. 29	9. 46	12.75	5, 589 559	0.0

### SUMMARIES.

### [Averages are per man per day.]

### Nos. 1 and 4.

	1	2	3	4	5	6	7	8	9			
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Benzoic acid admin- istered.			
Fore period.												
First subperiod: Total Average Second subperiod:	Grams. 5,634 563	Grams. 125 12	Grams. 559 56	Grams. 684 68	Per ct. 2. 25	Per ct. 10.08	Per ct. 12.33	Grams. 4,950 495	Grams. 0.0 .0			
Average Total Entire fore period:	5, 654 565	131 13	580 58	711 71	2.32	10. 25	12. 57	4,943 494	.0			
TotalAverage	11, 288 565	256 13	1, 139 57	1,395 70	2. 27	10.09	12.36	9, 893 495	.0			
Preservative period.												
First subperiod: Total	5, 567 557	137 14	560 56	697 70	2. 46	10.06	12. 52	4,870 487	10.00			
Total	5, 522 552	110 11	570 57	680 68	1.99	10.32	12.31	4, 842 484	15.00 1.50			
Total	5, 504 550	134 13	562 56	696 69	2. 43	10. 21	12.64	4, 808 481	20.00 2.00			
Total	5, 491 549	114 11	572 57	686 68	2.07	10. 42	12. 49	4, 805 481	25. 00 2. 50			
Entire preservative period: Total	22,084 552	495 12	2, 264 57	2,759 69	2. 24	10. 25	12. 49	19,325 483	70. 00 1. 75			
After period.												
First subperiod: Total	5, 420 542	143 14	577 58	720 72	2.64	10.64	13. 28	4, 700 470	.0			
TotalAverage	5, 428 542	124 12	510 51	634 63	2.28	9. 40	11.68	4, 794 479	.0			
Entire after period: TotalAverage	10,848 542	267 13	1, 087 54	1,354 67	2. 46	10.02	12. 48	9, 494 475	.0			

### SUMMARIES-Continued.

[Averages are per man per day.]

### Nos. 1 to 6, inclusive, omitting No. 3.

•	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Benzoid acid admin- istered.
Fore period.									
First subperiod: Total	Grams. 14, 132 565	Grams. 437 17	Grams. 1,385 55	Grams. 1,822 73	Per ct. 3.09	Per ct. 9.80	Per ct. 12.89	Grams. 12,310 492	Grams 0.0 .0
Total	14, 363 574	470 19	1,433 57	1,903 76	3.27	9.98	13.25	12,460 498	.0
Entire fore period: Total	28, 495 570	907	2,818 56	3,725 75	3.18	9.89	13.07	24,770 495	.0
Preservative period.									
First subperiod: Total Average. Second subperiod:	14, 250 570	508 20	1, 431 57	1,939 77	3.56	10.04	13.60	12,311 493	25.00 1.00
Total	14,044 562	436 17	1,490 60	1,926 77	3.10	10.61	13.71	12,118 485	37.50 1.50
Total Average	13, 991 560	493 20	1,467 58	1,960 78	3.52	10.49	14.01	12,031 482	48.00 1.92
First, second, and third sub- periods: Total. Average.	42, 285 565	1, 437 19	4,388	5, 825 78	3.40	10.38	13.78	36, 460 487	110.50 1.47
After period.									
First subperiod: Total	13, 818 553	513 21	1, 435 57	1,948 78	3.71	10.38	14.09	11,870 475	.0
TotalAverage	13,905 556	372 15	1,318 53	1,690 68	2.71	9.51	12.22	12,215 488	.0
Entire after period: Total Average	27,723 554	885 18	2,753 55	3,638 73	3.23	9.96	13.19	24, 085 481	.0

### SUMMARIES-Continued.

[Averages are per man per day.]

Nos. 7 to 12, inclusive.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feces and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Bal- ance (1-4).	Sodium ben- zoate admin- istered (calcu- lated as benzoic acid).
Fore period.									
First subperiod: TotalAverage	Grams. 17,270 576	Grams. 612 20	Grams. 1,789 60	Grams. 2,401 80	Per ct. 3.54	Per ct. 10.36	Per ct. 13.90	Grams. 14,869 496	Grams. 0.0 .0
Second subperiod: Total	18,019 601	466 16	1,732 58	$^{2,198}_{74}$	2.59	9.61	12.20	15, 821 527	.0
Entire fore period: Total	35, 289 588	1,078 18	3, 521 59	4, 599 77	3.05	9.98	13.03	30,690 511	.0
Preservative period.									-=
First subperiod: Total Average	17,570 586	524 17	1,903 63	2, 427 80	2.98	10.83	13.81	15,143 506	29.40 .98
Second subperiod: Total	17, 424 581	648 22	$1,859 \\ 62$	2,507 84	3.72	10.67	14.39	14, 917 497	45.00 1.50
Total	17,200 573	449 15	1,897 63	2,346 78	2.61	11.03	13.64	14, 854 495	58.00 1.93
First, second, and third subperiods: Total Average	52, 194 580	1,621 18	5,659 63	7,280 81	3.11	10.84	13.95	44, 914 499	132.40 1.47
After period.			===						
First subperiod: Total	17, 266 576	591 20	1,797 60	2,388 80	3.42	10.41	13.83	14,878 496	.0
Second subperiod: Total. Average	16, 522 551	655 22	1,688 56	2,343 78	3.96	10.22	14.18	14,179 473	.0
Entire after period: TotalAverage	33, 788 563	1,246 21	3, 485 58	4,731	3.69	10.31	14.00	29,057 484	.0

#### SUMMARIES-Continued.

[Averages are per man per day.]

Nos. 1 to 12, inclusive, omitting No. 3.

	1	2	3	4	5	6	7	8	9
Period.	In food.	In feces.	In urine.	In feccs and urine (2+3).	In feces (2÷1).	In urine (3÷1).	In feces and urine (4÷1).	Balance (1-4).	Preserva- tive admin- istered (calcu- lated as benzoic acid).
Fore period.									
First subperiod: Total	Grams. 31, 402 571	Grams. 1,049 19	Grams. 3, 174 58	Grams. 4, 223 77	Per ct. 3.34	Per ct. 10.11	Per ct. 13. 45	Grams. 27, 179 494	Grams, 0.0 .0
Second subperiod: Total Average	32, 382 589	936 17	3, 165 58	4, 101 75	2.89	9.77	12.66	28, 281 514	.0
Entire fore period: Total	63, 784 580	1,985 18	6, 339 58	8,324 76	3. 11	9.94	13. 05	55, 460 504	.0
$Preservative\ period.$									
First subperiod: Total Average	31, 820 579	1,032 19	3, 334 61	4, 366	3.24	10.48	13.72	27, 454 499	54. 40 . 99
Second subperiod: Total Average Third subperiod:	31, 468 572	1,084 20	3,349 60	4, 433 80	3. 44	10.64	14.08	27, 035 492	82. 50 1. 50
Total	31, 191 567	942 17	3,364 61	4,306 78	3. 02	10.78	13. 80	26, 885 489	106. 00 1. 93
First, second, and third subperiods: Total.	94, 479	3, 058	10, 047	12 105	2.04	10.62	12.07	01 974	242, 90
Average	573	19	61	13, 105 80	3. 24	10.63	13.87	81, 374 493	1. 47
After period.									
First subperiod: Total	31, 084 565	1, 104 20	3, 232 59	4, 336 79	3.55	10. 40	13.95	26, 748 486	.0
Second subperiod: TotalAverage	30, 427 553	1,027 19	3,006 55	4, 033 73	3. 42	9.91	13.33	26,394 480	.0
Entire after period: Total Average.	61, 511 559	2, 131 19	6,238 57	8,369 76	3. 49	10.16	13.65	53, 142 483	.0

### SUMMARY OF RESULTS.

### MEDICAL AND CLINICAL DATA.

The observations made show that both benzoic acid and benzoate of soda, when administered to healthy young men in the quantities described, produce marked symptoms of discomfort and malaise in the majority of cases. There was little difference noted in the effect of the two forms of the preservative in the production of these symptoms. The most common symptoms are nausea and headache which occurred in nine and eight cases, respectively. The nausea resulted in vomiting in only three cases. Seven of the subjects com-

plained of weakness and also of burning and irritating sensations in the esophagus. Hunger was increased in three cases, and indigestion was especially noted five times.

The fact that these symptoms were not produced in all cases illustrated a point prominently brought out in the previous investigations, namely, the different degrees of toleration of the substance administered in different individuals. It should not be forgotten that the subjects upon whom the experiments were made represent the highest type of health and resistance. Hence, it is fair to infer that with less resistant types, such as children and persons with weak stomachs or other disorders of the digestive functions, or those suffering from impaired vitality in any form, the effects of the administration of the drug would have been more pronounced. It is evident, therefore, that the administration of both benzoic acid and benzoate of soda results in serious disturbances of the digestive functions, with positive indications of illness, which may easily be increased to nausea and vomiting, while headache is a very common symptom, developed together with a feeling of physical weakness and an unfitness to per form ordinary work.

### BODY WEIGHT.

A study of the figures shows that in the case of the subjects who received benzoic acid there was an average loss of weight during the preservative period of about half a kilogram, or slightly more than one pound, and an additional loss during the after period of 0.46 kilogram, again a loss of about a pound. The loss in weight of those who received benzoate of soda was very much less, amounting to 0.22 kilogram, or about 0.5 pound, during the preservative period, and an additional loss of about 0.36 kilogram during the after period, making altogether a total average loss of 1.3 pounds for the entire observation. This illustrates a fact which is brought out in nearly all of the other studies, namely, that while the immediate effect of benzoate of soda on the metabolic activities was less marked than that of benzoic acid, the effect, after the withdrawal of the preservative, was more pronounced, so that the final result was almost as injurious as that produced by the benzoic acid alone.

The final conclusion, which is drawn from a study of these data, is that the administration of benzoic acid as such, or sodium benzoate, in the quantities mentioned, produces a condition of the digestive activities which causes a loss in the weight of the body. In other words, the activities of a katabolic nature, which result in the destruction and excretion of tissue, are greater than those of an anabolic nature, which build up the tissues. This effect does not cease immediately upon the withdrawal of the preservative, but is continued in the majority of the cases throughout the entire after period. Hence, it is evident that

the administration of these drugs in foods tends to derange the normal activities of the body and to cause a loss of tissue, resulting not only in disturbances of health but also in a slight decrease in the weight of the body.

### EXCRETION OF BENZOIC AND HIPPURIC ACIDS.

Hippuric acid is the most important natural constituent of the urine of herbivorous animals whose food contains large quantities of aromatic substances which, either by oxidation or reduction, are converted into bodies containing the benzene nucleus. The benzene nucleus by combination with glycocoll is converted into hippuric acid, in which form it is excreted. Hippuric acid is a normal constituent of the urine and the data show a fact, already well recognized by physiologists, namely, that the administration of benzoic acid or benzoate of soda to the human animal increases the quantity of hippuric acid so excreted. The limit of conversion of benzoic acid into hippuric acid is determined by the quantity of available glycocoll. Any excess of benzoic acid over the quantity which can thus be converted into hippuric acid is excreted as benzoic acid.

In the original experiment the total benzoic acid recovered (both as hippuric and as benzoic acid) amounts in the case of those receiving benzoic acid, to 81.32 per cent of the total quantity ingested, while for those receiving sodium benzoate the total quantity amounts to 61.41 per cent. Thus there is shown a marked tendency to restrict the excretion of benzoic acid when administered as benzoate of soda, the total decrease being almost exactly 20 per cent as compared with the excretion of benzoic acid. It is thus seen that much larger quantities of benzoic acid are retained in the system after a given time when administered as benzoate of soda than when administered as benzoic acid. This fact is another confirmation of what is shown in so many other instances in this study of the retarded effect of the preservative upon the system when administered as benzoate of soda.

The results of the supplemental study conducted with six subjects over a period of twenty-nine days (a fore period of five days, a preservative period of ten days, and an after period of fourteen days), and a smaller ingestion of the preservative (a total of 12.5 grams), again showed the slower elimination of the preservative when administered as benzoate of soda. During the preservative period 93 per cent of the amount ingested as benzoic acid was recovered as hippuric acid, while for those receiving benzoate of soda only 72 per cent was recovered. The differing conditions of the two experiments, especially the decreased amount of preservative and the fact that the analyses in the second case were made on the daily samples instead of

the composites, account largely for the fact that all of the benzoic acid was recovered as hippuric acid in the supplemental study. At the close of the first after subperiod the entire amount of benzoic acid ingested had been recovered, while in the case of those receiving benzoate of soda only 76 per cent had been recovered. The increased excretion of hippuric acid as compared with the fore period continued in the case of these subjects in the second after subperiod but only reached 77.6 per cent of the amount ingested. There is in this series, as in the preceding one, about 20 per cent less of the benzoic acid recovered when it is ingested as sodium benzoate.

The increase in the quantity of hippuric acid produced and excreted can not be neglected in studying the effects of the administration of preservatives upon health and digestion. The preservatives can only be regarded as foreign bodies of a toxic character which the system must eliminate. The normal burden imposed upon the kidneys in the excretion of the natural degradation products of metabolism is quite sufficient for the preservation of their healthy activity. The additional amount of excretory matter produced by the administration of benzoic acid in any form can only be regarded as an unnecessary burden.

### COMPOSITION OF THE FECES.

In the case of the young men who received benzoic acid a slight increase in the weight of the moist feces is shown in the preservative period, together with a slight decrease in the percentage of moisture therein and, of course, a corresponding increase in the weight of the dry feces. In the after period there is a marked loss in the weight of the moist feces and a continued diminution in the percentage of moisture, while the weight of the dry feces is slightly decreased, returning to the amount found in the fore period. These data show that the effect of the benzoic acid was to inhibit slightly the absorption of food material from the alimentary canal and thus to increase the quantity of feces excreted.

In the case of the young men receiving the benzoate of soda the data show a slight increase in the weight of the moist feces, and also of the percentage of moisture therein, while the amount of dry feces excreted is the same as in the fore period. In the after period there is a marked increase in the weight of the moist feces, with little change in the water content, and a correspondingly marked increase in the weight of the dry feces excreted. The benzoate of soda, therefore, appears to have had no immediate effect upon the absorption from the alimentary canal, but upon the withdrawal of the drug a diminished absorption took place. This is another indication of the retarded effect of the benzoate of soda. In almost every instance the data submitted show that the effect of the benzoate of soda

upon the system is less marked and is produced more tardily than in the case of the benzoic acid. These data do not show that the preservative has produced any marked effect of a systematic character upon the weight and water content of the feces. The average weight of dry feces per man per day increased very slightly (1 gram) in the preservative period in the case of those receiving benzoic acid, and 3 grams in the after period in the case of the six men who received benzoate of soda. While these data are not sufficiently marked to demonstrate a distinct effect produced by the preservative, still the small average increase in the feces in connection with the loss of body weight would indicate a tendency on the part of the preservative to decrease assimilation.

### THE URINE.

## VOLUME, SPECIFIC GRAVITY, AND TOTAL SOLIDS.

The summary of the data for the men receiving benzoic acid shows a very slight decrease in the volume of the urine with a slight increase in its specific gravity, and an increase in the total solids in the preservative period followed by a decrease in the after period.

In the case of the subjects who received benzoate of soda there is also observed a slight decrease in the volume of the urine during the preservative period, but the volume in the after period remains practically unchanged as compared with the preservative period. The specific gravity is slightly higher in the preservative period than in either the fore or after periods.

The total solids in the urine of those receiving benzoate of soda are markedly increased during the preservative period, and fall again in the after period, but do not reach the figure obtained in the fore period. The data show but little influence upon the volume of the urine due to the preservative, especially as during the progress of the experiment the weather was growing warmer, and this naturally would cause a slight decrease in volume. There is, however, a marked tendency shown to increase the amount of total solids excreted under the influence of the preservative.

It is evident that neither benzoic acid nor benzoate of soda has any diuretic effect, but their influence in promoting the degradation of the tissues of the body—that is, in increasing katabolic activity—is plainly marked by the increase in the total solids excreted in the urine, although the volume of the urine is slightly diminished.

#### SULPHUR.

Under the administration of the preservative in both forms, there is a slight tendency to decrease the excretion of sulphur and phosphoric acid in relation to the quantity of nitrogen excreted, while no

effect is produced upon the excretion of sulphates in the urine as compared with the nitrogen excreted, due to the fact that the inorganic sulphates and the nitrogen in the urine increase in about the same ratio.

In general, there is practically no difference in the effect produced by the preservative in the two forms on the excretion of sulphur in the urine. A slight tendency is manifested in both cases to increase the katabolic activities as shown by the greater excretion of metabolized sulphur in the preservative period. This increase is the more pronounced when the diminution in the sulphur ingested is considered. The amount of neutral sulphur eliminated decreases throughout the observation, while the ethereal sulphates are remarkably constant. It is evident, therefore, that the increased excretion of total sulphur is entirely in the inorganic form, which, considered in connection with the decrease in body weight, would lead to the conclusion that the preservative tends to increase sulphur katabolism.

#### MICROSCOPICAL EXAMINATION OF THE URINE.

The data relating to the microscopical examination of the urine show that the relative occurrence of microscopic bodies in the fore period, preservative period, and after period are represented by the numbers 64.44, 75.24, and 59.13, respectively. These figures indicate a tendency on the part of the benzoic acid and the benzoate of soda to increase the presence of these microscopic bodies during the preservative period. This is an indication of the effect of these bodies to increase the renal activity.

A general survey of the individual data does not show a marked effect in the case of all these bodies, but the epithelial cells, mucous strands, and mucous cylindroids are most markedly increased. The activities of the kidneys are, therefore, undoubtedly greater during the preservative period, owing to the additional amount of labor which they are called upon to perform in eliminating the products of tissue degradation. The microscopical examination of the urine, therefore, further indicates the deleterious effects of both benzoic acid and benzoate of soda on metabolism.

### MICROSCOPICAL EXAMINATION OF THE BLOOD.

In making the investigations in connection with the influence of benzoic acid and benzoates no particular significance was attached to the blood count and for this reason the microscopical examinations were confined to one test in each of the three periods—fore, preservative, and after. The results of the examinations, however, are so significant as to render necessary another study in greater detail, which will be undertaken as soon as possible. The

limited data obtained show a marked tendency on the part of the benzoic acid to diminish the number of red corpuscles in the blood (an average decrease per man of 370,000 per cubic millimeter), while on the contrary, when administered in the form of benzoate of soda the tendency is to increase the number of red corpuscles in the blood to the same extent. There is also in the latter case a slight increase in the number of white corpuscles.

In one instance in the administration of benzoic acid the number of red corpuscles was increased, while in two instances in the administration of benzoate of soda the number of red corpuscles was decreased. Therefore, in the interpretation of the data these facts must be kept in mind. While the general effect of the benzoic acid appears to be to diminish the number of red corpuscles, and that of the benzoate of soda to increase the number, there are marked exceptions in the individual data. It may be further suggested in this connection that the tendency to increase the red corpuscles shown by the benzoate of soda may have been due to the increased alkalinity of the blood, induced by the soda, rather than from any specific action of the compound as a whole.

## NITROGEN METABOLISM.

The percentage data show an increase in the nitrogen excreted both in the urine and in the feces during the preservative period, and there is a decrease in the after period in each case, with the exception of the nitrogen in the feces for those members who received benzoate of soda. While the average data do not show any marked disturbance of the nitrogen metabolism there is a uniform tendency to decrease the nitrogen balance, although the amounts ingested were slightly increased. The average data for the eleven men show an increase of 2 per cent in the preservative period of the amount of ingested nitrogen excreted in metabolized form, indicating a tendency to increase to this extent the katabolic activities, while the increase in the feces points to a decrease in nitrogen assimilation.

#### PHOSPHORIC ACID METABOLISM.

The summarized data in this case indicate a tendency on the part of the preservative in both forms to increase the percentage of phosphoric acid excreted in the feces, the increase being much more marked in the case of those receiving benzoic acid, the increase in the case of those receiving benzoic acid, the increase in the after period. There is but little change in the metabolized phosphoric acid excreted in the case of those who received benzoic acid, the percentage data showing a slight decrease in the preservative period and a very marked decrease in the after period. In the case of those who received benzoate of soda there is an increased excretion of phosphoric

acid in the urine in the preservative period and a marked decrease in the after period. These figures indicate, therefore, that the benzoic acid, either in the form of the free acid or as benzoate of soda, tends to increase the phosphoric acid in the feces, which effect is continued to a marked degree in the after period. In other words, a decrease in the assimilation of phosphoric acid is produced. On the other hand, there is practically no tendency to increase katabolism in this instance, the slight increase in the excretion in the urine in the case of those receiving sodium benzoate being followed by a marked decrease in the after period to an amount less than in the fore period. There appears to be a slight disturbance of the normal metabolism of phosphoric acid.

# SULPHUR METABOLISM.

These data show in an unmistakable manner that both the benzoic acid and the benzoate of soda increase the excretion in the feces and in the urine, thus establishing the effect of the preservative in decreasing the assimilation of sulphur and slightly increasing the sulphur katabolism. In the case of those receiving benzoic acid there is a tendency in the after period to return to the conditions of the fore period, while in the case of the members who received sodium benzoate there is a further marked increase in the after period. The increased excretion of metabolized sulphur is considered in detail under the special studies on the urine.

Table XVIII.—Comparative summary of principal determinations made, Series VIII.a

Data.	Benzoic acid (Nos. 1-6). b			Sodium benzoate calculated as benzoic acid (Nos. 7-12).		
	Fore period.	Preserv- ative period.	After period.	Fore period.	Preserv- ative period.	After period.
Body weight (kilos)	62. 10	61. 62	61.16	64.24	64. 02	63. 66
Blood (averages per man):  Red corpuscles (per cubic mm)  White corpuscles (per cubic mm)  Composition of feces:	5, 249, 000 7, 567	4, 878, 333 7, 202	5, 229, 167 6, 583	4, 943, 333 7, 322	5, 320, 833 7, 461	5, 280, 833 6, 704
Weight (grams) Water content (per cent) Dry matter (grams)		74. 78 19	73. 84 18	75. 72 18	76. 56 18	76. 72 21
Vrine: Volume (cc)	997	992	922	1,248	1,206	1,205
Microscopic sediment (per cent of relative occurrence) c	64. 44	75. 24	59.13			
Neutral Inorganic Ethereal Total Metabolism (percentage results):	. 327 1. 762 . 158 2. 247	. 289 1. 840 . 156 2. 285	. 238 1. 729 . 148 2. 112	. 304 1. 765 . 155 2. 223	. 278 1. 855 . 152 2. 281	. 237 1. 770 . 139 2. 146
Nitrogen— Nonmetabolized (feces) Metabolized (urine)		8. 01 87. 70	7. 68 85. 61	6. 93 79. 78	7. 00 82. 57	8. 54 81. 69
Phosphoric acid— Nonmetabolized (feces) Metabolized (urine)		29. 65 63. 27	29. 08 58. 06	28, 59 55, 95	28. 61 56. 42	34. 73 52. 56
Sulphur— Nonmetabolized (feces) Metabolized (urine)	9.76 79.16	10. 58 82. 19	10. 42 81. 80	8, 62 73, 21	9. 23 76. 78	11. 75 78. 50

a Omitting fourth preservative subperiod,

### GENERAL CONCLUSIONS.

From a careful study of the data in the individual cases and of the summaries of the results, it is evident that the administration of benzoic acid, either as such or in the form of benzoate of soda, is highly objectionable and produces a very serious disturbance of the metabolic functions, attended with injury to digestion and health.

As in the case of boric acid, salicylic acid, and sulphurous acid, this injury manifests itself in a number of different ways, both in the production of unfavorable symptoms and in the disturbance of metabolism. These injurious effects are evident in the medical and clinical data which show grave disturbances of digestion, attended by phenomena which are clearly indicative of irritation, nausea, headache, and in a few cases vomiting. These symptoms were not only well marked, but they were produced upon healthy individuals receiving good and nourishing food and living under proper sanitary conditions. It is only fair to conclude, therefore, that under similar conditions of administration of benzoic acid or benzoate of soda in the case of weaker systems, or less resistant conditions of health, much more serious and lasting injury would be produced.

It was also noticed that the administration of benzoic acid and benzoate of soda was attended with a distinct loss of weight, indicative of either a disturbance of assimilation or an increased activity in those processes of the body which result in destruction of tissue. The production of a loss of weight in cases of this kind must be regarded as indicative of injurious effects.

The influence of the benzoic acid and benzoate of soda upon metabolism was never of a character indicative of a favorable change therein. While often the metabolic changes were not strongly marked, such changes as were established were of an injurious nature. It is evident that the administration of these bodies, therefore, in the food tends to derange metabolism in an injurious way.

An important fact in connection with the administration of these bodies is found in the efforts which nature makes to eliminate them from the system. In so far as possible the benzoic acid is converted into hippuric acid. There is a tendency usually manifested, however, to retain the benzoic acid in the body for a notable length of time, and this is much more marked in the case of benzoate of soda than in the case of benzoic acid.

While the administration of both these bodies, therefore, is undoubtedly harmful, the injurious effects are produced more rapidly in the case of benzoic acid than they are in the case of benzoate of soda; the data, however, will show that the total harmful effect produced in the end is practically the same in both cases, hence

there appears to be no reason for supposing that the administration of the preservative in the form of benzoate of soda can be justified by any argument relating to the less injurious effect thereof upon health.

The occurrence of microscopic bodies in the urine is undoubtedly increased under the administration of benzoic acid in both forms, thus showing conclusively the tendency to stimulate the destructive activities of the body.

Coming to the final consideration of all of these different phases of the subject, there is only one conclusion to be drawn from the data which have been presented and that is that in the interests of health both benzoic acid and benzoate of soda should be excluded from food products. This conclusion is reached independently of any consideration of the conditions which it is alleged surround the processes of manufacture and which result in the demands of manufacturers to be allowed to continue the use of these substances. This is a subject which must be discussed from an entirely different point of view and has no bearing whatever upon the general conclusions which have been reached, namely, that both benzoic acid and benzoate of soda are bodies which, when added to foods, are injurious to health.

### LIST OF TABLES.

# SERIES VIII.

		Page.
ABLE I.	Dates of periods and subperiods	1045
II.	Schedule of administration of the preservative	1046
III.	Excretion of the benzoic acid in the urine.	1054
IV.	Excretion of benzoic acid—supplemental study	1058
V.	Amount of moist and dry food consumed, expressed as percentage of	
	body weight	1090
VI.	Weight and water content of feces, by periods	1101
VII.	Urine determinations—Volume, specific gravity, and total solids	1109
VIII.	Urine determinations—Ratio of sulphur, sulphates, and phosphates	
	to nitrogen	1118
IX.	Urine determinations—Ratio of preformed sulphates to ethereal	
	sulphates and neutral sulphur	1135
X.	Microscopical examination of the urine	1153
	Averages, by periods, of corpuscles and hemoglobin in the blood	1158
XII.	Nitrogen balances.	1166
XIII.	Phosphoric acid balances.	1187
	Sulphur balances	1209
	Fat balances	1229
XVI.	Calories balances	1249
XVII.	Solids balances	1270
XVIII.	Comparative summary of principal determinations made, Series	
	VIII	1292

